

Be Sure to Use Only Cream of Tartar Baking Powder

Food made with alum baking powder carries alum to the stomach unchanged. Scientists have positively demonstrated this and that such food is partly indigestible and unhealthful.

THE RIGHT WAY TO PICK FRUIT

The first requirement is to grow the fruit right. That includes good varieties, healthy trees that have been supplied with proper proportions of fertility and run the hedges properly sprayed to keep off insects and fungi, and the fruit thinned to give it an opportunity to develop the best advantage. We use a half bushel round basket with one handle to pick the fruit in, writes U. T. Cox in Rural New Yorker, and have an iron hoop with a loop for a leather strap to fasten to basket, and the other end of the hoop bent so that it just hangs over a limb or a rung of the ladder. Quarter inch iron is plenty large enough for hooks, and eight or nine inches will be about right length to cut the iron for a hook. Cut a leather strap about a half inch wide and nine or ten inches long, and make a silk neck both ends, then run one end through the loop in the hook and put the other end of the strap through the slit and the strap and the hook are securely fastened together. Put the strap around the basket handle and run the hook through the other slit in the strap and draw up tight and it is fastened to the basket. This way is much better than tying. We use ladders made from two pieces of light timber sawed tapering, so the heaviest and strongest part is at the bottom. Heels are bored through some pieces of tough timber are split out for rungs and fitted into the holes, then wedged, and a few nails driven to hold it together securely. The ladder should be set almost straight for the picker to stand on while picking, just so it will not fall backward with him while climbing. If it is set leaning very much it is more apt to break a limb and throw the picker off than if stood straight as possible. The longer the ladder the straighter it can stand, and the shorter the more it must lean to stand while the picker is climbing. I do not like pickers to climb through the trees if they can get the fruit from ladders. They often skin the limbs and break them, which can be avoided by staying on the ladders. Poor pickers are a prolific source of damage to trees. The proper way to pick an apple or pear is not to take hold of the fruit and pull. By so doing the stem often pulls out of the fruit or the twig breaks off with the fruit, taking the buds that would make the fruit the following year. The picker should put his thumb or finger, or both, at the junction of stem and twig, and break sideways, so as to leave the stem with the fruit and the twig on the tree, and lay the fruit carefully in the basket, so as not to bruise it. Fruit does not all ripen at one time, and consequently it should not be picked all at once. We go over the orchard and pick the largest and best colored fruit as soon as it will do, and leave the others to grow and color for later picking. It will surprise any grower who has never done so, nor seen apples picked that way, to see how much the little green fruit will grow and color in two weeks. A picker may take all the fruit that will do for the best grade about the first of October, and not get more than half of the fruit picked, and two weeks later get nearly as many more first grade apples as he got the first time. What is the use of picking those little green apples the first of October, when they are almost worthless, and let some of the good ones drop from the trees because all of them cannot be gone over as soon as they should be? By picking only the best fruit the whole orchard can be gone over in much less time than when they are taken clean, and then a second picking can be made, and if necessary a third. If there is still quite a quantity of green fruit when the second picking is made, leave it for a third, because it is almost worthless when immature and if the foliage remains on the trees the fruit will grow and color.

When all the fruit is gathered at one picking I would not give much for the second grade, as it is not well colored and is immature, but by making two or three pickings nearly all of it will have good color, and be ripe enough to taste well, and the second grade will keep better than the first usually, and sell in the winter for about two-thirds as much as the first. By thorough spraying four or five times in a season, thinning so as to take off all the imperfect specimens to be readily seen, and then some of the small ones when they are too thick, and successive pickings, most of the culled and poor apples will be done away with and good fruit will be in its stead. The culled fruit hurts the market for good apples more than the same quantity of good apples without any culls. It is necessary for us growers to grow and put on the market nothing but good fruit that will keep and please the consumers. How often does the poor stuff put on the market so disgust the buyers that they do not care to make another purchase of the same variety, fearing they will not be satisfied? It is too often the case.

Non Lost Mother.
"Consumption runs in our family, and through it I lost my Mother," writes E. B. Reid, of Harmony, Me. "For the past five years, however, on the slightest sign of a Cough or Cold, I have taken Dr. King's New Discovery for Consumption, which has saved me from serious lung trouble." His mother's death was a sad loss for Mr. Reid, but he learned that lung trouble must not be neglected, and how to cure it. Quickest relief and cure for coughs and colds. Price 50c and \$1.00; guaranteed at C. N. Clark's drug store. Trial bottle free.

A WONDERFUL FRUIT COUNTRY

By General C. H. Howard.
If one wished to get a definite idea and full information as to the products of each county of Oregon, next to a visit to the county itself and a careful inspection of its agriculture and industries, could be a thorough examination of the exhibits of each county as found in the Agricultural building. These county exhibits were on either side of one of the principal aisles. We present herewith as a sample picture of Wasco.

Wasco is the county in which Hood River is situated. The Hood River apples were famous before the Lewis and Clark, having taken the first premiums at other fairs. Chicago has endeavored to obtain some of these apples, but one dealer in New York has succeeded thus far in purchasing the extra product. Other fruits, if we may judge from looks, smell and taste, are of a superior quality. The apples seemed to our rather amateur palate to be quite equal to Rockyford. The courteous agent in charge of the exhibit, Mr. G. R. Casner, did not hesitate to claim for the Wasco county apples a superiority to the "standard" product. Hood River apples are known in London and Edinburgh. The firm of F. Newhall & Sons, leading fruit dealers in Chicago, are quoted as saying: "Other sections of the Northwest can produce fine Ben Davis and Winesaps, but no section in the whole United States can produce Spitzburgs and Newtowns the equal of those grown at Hood River." It is claimed that with all its reputation of raising fine apples the apple industry is but in its infancy. It is stated authentically that with an area of more than 40,000 acres of land adapted to apple culture not to exceed 7,000 acres is in cultivation and only 1,000 acres have been utilized for orchards at this time. Notwithstanding the small area, comparatively devoted to the growth of fruit, Hood River stands without parallel as the greatest apple district of the world, judged by the quality of the fruit.

Wasco county is one of the oldest counties in the state. It extends along the Columbia river from the Cascade Locks to the south of the Deschutes river a distance of 60 miles and is traversed by the Oregon Railroad and Navigation company. There are forests of good timber in the western part. There is a definite fruit belt and a wheat belt. The climate is varied. In the western part the rainfall is heavy, but less in the east. In winter the thermometer rarely reaches zero. The Dalles is the county seat and is at the head of navigation of the Columbia, 88 miles east of Portland. Some of the valleys are devoted to stock. Alfalfa is a successful crop with three cuttings in a season.

Mosier has a reputation for fine fruit similar to that of Hood River. Well edited literature, giving the leading products of each part of the county, its soil and natural characteristics, were distributed at the fair, not only for Wasco, but nearly every other county. One of the wants for this county is set down as "10,000 more people who will make their homes here." There are three commercial clubs in the county—one at The Dalles, one at Hood River and one at Dufur. The secretaries of these clubs are ready to answer any letters of inquiry. Mr. A. D. Moser, editor of the Hood River Glacier, is named as one of the officers of that club. In a number of the counties the county court made an appropriation to meet the expenses of the exhibit and to pay for suitable advertising literature.—Orchard and Garden.

Home Grown Product Best.
Bickleton had an example of the inferiority of the mail order business last week. Some time ago a certain lady of this vicinity received a letter from a gentleman at Hood River who had in some manner got hold of her name. She replied and soon a correspondence was in full blast. Both of the parties seemed to be in the matrimonial market, and ere long a match was arranged and the date fixed for the wedding. But the well laid plans of mice and men gang aft agley. Last week the gentleman came up from Hood River but after they had met and become personally acquainted, they decided they were not suited to each other and Cupid went into mourning. Moral: "Take the home grown product."—Goldendale Sentinel.

But Few Are Free.
But few people are entirely free from indigestion at this season of the year. Kodol Dyspepsia Cure is not only the best remedy to use because it digests what you eat but because it also enables the digestive apparatus to assimilate and transform all foods into nourishing blood. Kodol relieves indigestion, heart burn, belching, and all forms of indigestion. Sold by G. E. Williams.

To Irrigate Rogue River Valley.
Plans are being completed to irrigate the Rogue River valley, capital having been attracted to that district by the fine quality of fruit raised there during the past season. It is said to be very feasible to irrigate this county and no less than five water companies are preparing estimates and having preliminary surveys made to supply water to these lands.

Every Ounce You Eat.
Every ounce of food that you eat that fails to digest does a pound of harm. It turns the entire meal into poison. This not only deprives the blood of the necessary assimilating material, but it poisons it. Kodol Dyspepsia Cure is a perfect digestant. It digests the food regardless of the condition of the stomach. It allows that organ to rest and get strong again. Believes Belching, Heart Burn, Sour Stomach, Indigestion, Palpitation of the heart, etc. Sold by G. E. Williams.

Woolen Mill For The Dalles.
A meeting of business men was held at The Dalles recently for the purpose of discussing plans for building a woolen mill at that place. It is proposed to capitalize it at \$50,000, and if built would be of the same capacity as the one at Pendleton, and employing about forty or fifty hands, with a pay roll of \$3,000. The matter was favorably received by those present and a committee appointed to make inquiries as to its feasibility.

Packed a Few Apples.
On November 3, Mr. Parson's crew of four men packed 315 boxes of apples in 10 hours and cleared the packing tables of apples three times. The records of the men were: H. D. Prouty, 98 boxes; Bert Kelly, 76 boxes; Howard McElroy, 71 boxes; Clinton Parson, 70 boxes.

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The finest berry and apple land in the world. Within the city limits of White Salmon. Ten-acre or smaller tracts just the thing for berries and vegetables.

After you have looked around come and see us and you will find just what you have been looking for.

Cherries from tract this year are the winners in the great fruit exhibits.

MAINE & BOWMAN, White Salmon, Wash.

Who Wants It?

It is an ill wind that blows no good. The Hood River has out my farm in two tracts and I am going to sell one of them cheap. There is about 19 acres, 15 of which is set in Newtowns and Spitzburgs apple trees; good soil; well watered; location in the heart of our best apple district; close to a town; graded school house, and rural delivery and telephone service at your door. Terms easy. For particulars, inquire of A. I. Mason.



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Nice lot of Yellow Newtowns, Spitzenberg, Baldwin, Mammoth Black Twig, Jonathan, Rome Beauty, Lawyer, etc. Also large line of general nursery stock. Send for catalog and price list. Breeders of Shorthorn Cattle and Berkshire Hogs; all stock registered.

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