

W. F. HOLMAN & SON, HOOD RIVER HEIGHTS Cottage Market, DEALER IN Fresh and Cured Meats, GREEN VEGETABLES. FREE DELIVERY. Bicycle Department. Repairs made and supplies constantly on hand.

W. E. GODSEY, Blacksmith and Wagon Maker Horse-Shoeing and Repair Work A SPECIALTY. HOOD RIVER HEIGHTS.

STEAMER Charles R. Spencer. THE DALLES TRANSPORTATION CO. Fast time between The Dalles and Portland. Steamer leaves The Dalles Tuesdays, Thursdays and Saturdays, at 7 a. m., arriving at Portland at 2 p. m. Returning, leaves Portland Mondays, Wednesdays and Fridays, at 4 p. m., arriving at The Dalles at 8 p. m.

WHY KINLOCH PASTE IS THE IDEAL HOUSE PAINT. The purpose of House Paint is to Protect and Beautify. "Unused oil is the life of paint" because it is the binder, the vehicle, that holds the pigments (the dry parts) to the surface, and only when the oil leaves this binding quality through its degradation by atmospheric influences should the loosened dry particles of pigment come off.

FASHION STABLE Livery, Feed and Draying. STRANAHANS & BAGLEY. Horses bought, sold or exchanged. Pleasure parties can secure first-class rigs. Special attention given to moving Furniture and Pianos. We do everything horses can do. HOOD RIVER, OREGON.

SPOT CASH GROCERY WOOD BROS., Proprietors. Groceries, Flour and Feed FRESH VEGETABLES RECEIVED DAILY. Only Exclusive Grocery Store in the City. Free Delivery. Phone.

The New Music House is the Boss IT HAS ALL THE FINE PIANOS AND ORGANS THAT THE GREATEST PIANO HOUSE IN THE WEST HANDLES, SOME OF WHICH WE GIVE THE NAMES: The Celebrated Weber, the Renowned Chickering, Kimball Hobart M. Cable, Crown and Hardoroff. Then Come the Fine Kimbal and Burdett Organs These fine goods with a fine assortment of Violins, Guitars and Banjos And all kinds of Small Goods will be found EILERS MUSIC CO Successors to Parkins Grimes & Co., THE DALLES, OREGON

"Best by Test." A transcontinental traveler says: "I've tried them all and I prefer the North-Western Limited. It's the best to be found from coast to coast." It's "The Train for Comfort" every night in the year between Minneapolis, St. Paul and Chicago. Before starting on a trip no matter where you write for interesting information about comfortable traveling. H. L. SIBLER, Gen'l. Agt., 132 Third St., Portland, Or. T. W. TRASDALE, General Passenger Agent, St. Paul, Minn.

A TRIP TO REMEMBER Cloud Cap Inn AT SNOW LINE ON MOUNT HOOD ELEVATION 7,000 FEET. Pure Air, Cool Nights, Unrivaled Scenery, Health, Pleasure, Recreation. Open from July 1st to October 1st. FOR RATES AND INFORMATION ADDRESS MRS. S. LANGILLE, Mgr. HOOD RIVER, OR.

HOOD RIVER BAKERY T. H. WILLIAMS, Prop. Fresh Bread, Buns, Cakes, and Pastry Daily.

Dr. M. A. JONES DENTIST Office in Hannah residence, corner of Fourth and River sts., HOOD RIVER. Will be in Hood River Fridays and Saturdays.

HOOD RIVER STUDIO, W. D. ROGERS, Prop. High-Grade Portraiture a specialty. Amateur Supplies

LIPPINCOTT'S MONTHLY MAGAZINE A FAMILY LIBRARY The Best in Current Literature 12 COMPLETE NOVELS YEARLY MANY SHORT STORIES AND PAPERS ON TIMELY TOPICS \$2.50 PER YEAR; 25 CTS. A COPY EVERY NUMBER COMPLETE IN ITSELF

50 YEARS' EXPERIENCE PATENTS TRADE MARKS DESIGNS COPYRIGHTS & C. A. H. MUNN & CO., 361 Broadway, New York Branch Office, 25 F St., Washington, D. C.



WOMAN'S WORLD BUSY CLUB WOMAN. A New Yorker who is Doctor, Lawyer and Musical Club President. One of the most unique as well as one of the busiest clubwomen in New York city is Mrs. Albert Wallerstein, president of the Rubinstein club. Mrs. Wallerstein is unique because, besides being an active clubwoman and a member of scores of clubs, she has found time to be a society woman and in addition to all this has studied law, having graduated from the Women's Law school of the class of 1890 and found time to pursue a course in the Women's Medical college, which she entered in 1900. Her first experience as a club president was as president of her class in the medical college. Being a woman of ample means, she took up the study of medicine purely for philanthropic purposes, being actuated by a desire to open a free clinic for women and children.



MRS. ALBERT WALLERSTEIN. something and reinforces her belief by setting an example which the majority of women would hardly be able to follow. In spite of her social and club duties and her studies she has found time to master four languages and to contribute frequently to the leading magazines. Besides being president of the Rubinstein club she is a member of the following organizations: Phelo Women's Press club, Daughters of the American Revolution, New York city chapter; National Society of New England Women, College Woman's club, Minerva, New Century Study circle, Woman's Republican club, Professional Woman's League, Ratny Day club, Society for Political Study, Yassar Students' Aid society, Euterpe Choral society, New England Glee club and the Woman's Health Protective association. Mrs. Wallerstein is a Catholic and a member of the Dora family of Worcester, Mass., one of the oldest families in the Bay State. When she was elected president of the Rubinstein club, which has been in existence seventeen years, she conceived the idea of forming a social club in connection with the choral club, and she has already secured over 150 members. The Rubinstein club holds two councils every year and in addition meets the second Saturday of each month in the myrtle room of the Waldorf-Astoria. The object of the club is entirely musical.—New York Globe.

Children's Eyes. Parents, teachers and playmates often think children dull when nothing else than nearsightedness or difficulty in hearing. Such troubles being corrected, as in most instances they can easily be, the children are found to be among the brightest in their classes. I knew a boy, now a brilliant college professor, who until he was twelve years of age his parents despaired of educating. They deemed him stupid. One day in a jeweler's store, quite by accident, he placed a pair of glasses in front of his eyes and looked around. The world seemed new. He jumped with delight. He had not known how bright the sun is, how green the grass and trees, how lovely the whole earth. This joy on the boy's part was the first hint that his parents, who were more than ordinarily intelligent, had that his trouble was mechanical, not mental. They provided him proper spectacles, whereupon he began to forge ahead in his studies and to display unusual talent.—Twentieth Century Home.

Stair Climbing. Under no circumstances but that of actual illness or extreme debility should stair climbing become a matter of dread. In every other case it should be attended by a pleasant feeling of exhilaration. The "panting collapse" which many women experience at the top of a flight of stairs is due to the assumption of an incorrect position of the body during the ascent and the employment of wrong muscles for the work. The spine should be kept straight, as in correct standing and breathing pose, and movement should come from the knees and not from the waist and hips. Lift the knees well, hold the chest erect and breathe deeply as you pass from stair to stair. The observance of these rules ought to make the exercise one of real benefit instead of a drudge, for it will be one or the other, since stair climbing is a daily necessity to every woman who has household duties. Then she need never complain that she has not time for physical culture.

Window Transparencies. Window transparencies are much in favor, and they are easily made. The glass is first cleansed with alcohol, after which the steel engraving or half-tone picture which is to be transferred is cleansed with a sponge. With a soft brush apply a paste made of alum and one ounce of nitrate of strontium to the face of the print and to the glass. Lay the picture face downward and with a dry cloth press until every part of the picture has adhered to the glass and no blisters are left. Then lay the glass away until perfectly dry, which will take several hours. When dry wet the paper and commence rubbing it off. Several wettings may be necessary before nothing but the outline of the picture remains. Oil with three parts of castor oil and oil of lavender mixed. If too thick add turpentine. Place in a transparency metal frame and hang in the light or set in the window pane.

Substitute For Milk. Where milk is not to be had or there is but little to use cornstarch may take its place in puddings, sauces, white sauce, etc., especially if butter and eggs are used. Mix the cornstarch—two tablespoons—with a little cold water, cook it by adding a pint of hot water, letting it cook thoroughly, then when a little cool beat in an egg thoroughly beaten. Return to the fire for a minute or two, then season with salt, a lump of butter or whatever seasoning you prefer—chopped parsley is good. This makes a white sauce good to serve with boiled onions, warmed over veal, dried beef or salt fish, like codfish or finnan haddie, or, with the addition of sugar and the juice of a lemon and lemon extract, makes a fairly good pudding sauce.

Making Washing Soap. "Instead of shaving soap over my clothes when they are all ready in the boiler on wash days," says an experienced housewife, "I make a solution of soap and kerosene, which I put into the boiler of water when the latter is hot. I shave half a bar of soap into a quart of water, add two tablespoonfuls of kerosene and set on the stove till the whole is blended. I then pour the solution into the boiler and put the clothes in, shaking them about and up and down for twenty minutes instead of boiling them." This method obviates the necessity of soaking the clothes and of boiling them.

Wide Hips. Many women appear to be under the delusion that these are unsightly. As a fact, sculptors, artists and anatomists are unanimous in crediting the ideal female form with pronounced width of hip. When really excessive width is present one may reasonably ask the question whether anything can be done to lessen it. The answer is: If the width be occasioned by superfluous fat the cure is to be found in the gymnasium, but that if the width results from shape of the bones nothing whatever can be done.

Tryng Work For Texts. Many physicians are "down" on beadwork, and they recommend mothers to discourage their little daughters in trying their eyesight over beadwork. Do not hasten the day when your daughter must go to the oculist to have her eyes examined for prescription glasses. The long curriculum of lessons in modern schools, the claims of text books, music lessons and drawing lessons, make quite enough demand on the eyesight of a growing girl without the unnecessary claims of "fancy work."

Bath Sachet. A French recipe for a bath sachet calls for three pounds of bran to one of powdered iris root, with a pound of starch, a pound and a half of almond meal and twelve ounces of good white soap. Five ounces may be put in each bag, which should be made large enough so that the mixture will have plenty of room to swell and will serve only for one bath.

RAPID FANCY WORK. RIBBON EMBROIDERY FOR DRESS GARNITURE AND DECORATION. A Simple Process Requiring Only Needles, Thread and Ribbon—A Deft Hand and Good Taste the Main Essentials. Now that all sorts of garnitures—motifs, beadwork, embroideries and the like—are in such high favor in dress, ribbon work comes in also for its share of popularity. Nowadays we want to do things that give best effect with least labor, and the sort of ribbon work in question answers this require-

ment perfectly. It is very simple, and the illustrations give a clear idea of it. The stock in trade is to be found in nearly every workbasket. A needle with a rather large eye and an embroidery frame are perhaps the most important items. With the frame one can use materials that would without it be too thin to work on with comfort and accuracy. For backgrounds the choice is unlimited, varying from satin and silk to coarse linen of a sufficiently open texture to permit ribbon to be drawn through. The ribbons themselves are various, one much used being the thin pompadour kind one-eighth of an inch wide. This is suited to fine and dainty work. A wider ribbon, sometimes variegated or crumpled, is employed for bigger undertakings, as it produces bold effects without very much stitching. A fancy edged ribbon, such as shown in the second cut, is suitable for other styles of work.

The work with the thin baby ribbon and with wide, soft silk or crape ribbon is the same and is done in two ways. The ribbon may be drawn through the material with the needle, as in the upper figure of the first cut, or it may be stitched into position with silk, as in the lower figure. The sketch shows purposely the very simplest flower forms, but much more elaborate effects may be obtained. The use of fancy edged ribbon is different. It is never drawn through the material. The first step is to run a thread through the pin edges, as shown in the second cut, on which to gather it up, and the next is to sew it on.

Some flowers can be worked without once cutting the ribbon. Others, owing to their shape, require the ribbon to be cut at the end of each row of petals, the end of the ribbon being turned under. Stems and usually leaves are worked in flosside. It is not possible to instruct the worker where and how to give all those little underturns and folds that go to give the exact formation of flowers, but practice and experiment soon make them clear.

Restoring Velvet. According to an exchange, shabby velvet may be restored by mixing two teaspoonfuls of liquid ammonia with half a pint of hot water and applying it to the velvet with a stiff brush, rubbing it well into the pile, so as to take out all the stains and creases. Then hold the velvet over a hot flatiron until the steam raises the pile and it is perfectly dry.

Rice Soup. One quarter of a pound of rice, two quarts of water and one teaspoonful of salt. Boil until only one quart of water remains. Add one pint of milk, a quarter of a teaspoonful of paprika, a teaspoonful of butter and one-half cup of rolled crackers.

Cut Flowers. Cut flowers should be placed in the refrigerator overnight. In the morning cut the stems about an inch, and put fresh cool water in the vase. Do not sprinkle them, as a rule, although roses do not seem to be injured that way.

Another Method of Attaching Ribbon. To their shape, require the ribbon to be cut at the end of each row of petals, the end of the ribbon being turned under. Stems and usually leaves are worked in flosside. It is not possible to instruct the worker where and how to give all those little underturns and folds that go to give the exact formation of flowers, but practice and experiment soon make them clear.

Restoring Velvet. According to an exchange, shabby velvet may be restored by mixing two teaspoonfuls of liquid ammonia with half a pint of hot water and applying it to the velvet with a stiff brush, rubbing it well into the pile, so as to take out all the stains and creases. Then hold the velvet over a hot flatiron until the steam raises the pile and it is perfectly dry.

Rice Soup. One quarter of a pound of rice, two quarts of water and one teaspoonful of salt. Boil until only one quart of water remains. Add one pint of milk, a quarter of a teaspoonful of paprika, a teaspoonful of butter and one-half cup of rolled crackers.

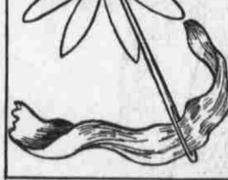
Cut Flowers. Cut flowers should be placed in the refrigerator overnight. In the morning cut the stems about an inch, and put fresh cool water in the vase. Do not sprinkle them, as a rule, although roses do not seem to be injured that way.

A TRUNK WARDROBE. When Closed It Makes a Convenient Bedroom Window Seat. When my baby girl was put into short clothes she required so many dresses that I found the hamper, previously used, inadequate. A neighbor gave me a small, old fashioned wooden trunk having one light tray inside. It was an unsightly object, being much soiled, both inside and out. I fastened all the paper lining, then carefully removed it, and when the wood was thoroughly dry I relined with scraps of wall paper in a dainty pattern of wild roses, using the border for the inside of the top and the bottom of the tray. I fitted this lining very carefully and pasted it on.

I covered the outside of the trunk with denim, tacking through the small plaits around the top. I covered the lid with a separate piece of denim, stretched very tightly over a stuffing of excelsior, and finished with a four inch ruffle tacked on with brass headed tacks. The trunk when it is closed makes a convenient window seat for my bedroom.

The receptacle under the tray is thirty inches long and gives ample room without folding or crushing for the two dozen little white dresses, with the cambric and flannel petticoats. The tray is convenient for smaller articles. The little shoes, each pair in its own box in a corner, and the little plique vealers and bonnets, also the tiny sheets and pillow cases, are easily within reach. I do not see how I could get along without this device, which would be equally useful for shirt waists or lingerie.—St. Louis Republic.

PRETTY WORK TABLE. It is Made of Bamboo Poles and a Cheese Box. Here is a charming work table made of some lengths of bamboo and an ordinary wooden cheese box. The height of the four lengths of bamboo, which form the foundation for the table, are regulated by your individual taste, and having cut them the required height cut a slot in each piece, as shown in Fig. 1, the exact measurement of the bottom of the box, which is then wedged in. (See Fig. 2.) The top of the box which forms the table is fixed in the same manner high-



or up. As the slots are only cut the width or a fraction more of the width of the box they naturally hold tightly and only require one or two screws to keep them in place. The structure being completed, the decoration must be considered, and you have endless variety to choose from. First there is enamel, with which lid and box can be covered, the different wood stains varnishing in this scheme the bamboo. Foker work, imitation marquetry, metallic painting, all these can be pressed into service with artistic results.

Household Lines. Modern housewives are beginning once more to pride themselves on their household linen, and this fact is very evident in the use of tablecloths woven in the most exquisite and artistic designs, the table napkins following them on a more minute scale. Some of the bedroom towels now in use are very useful both as to fitness and pattern, the borders being of floral design, beautifully handworked in washing thread or silk. They are finished with a deep fringe of linen thread, with a heading of the colors which prevail in the embroidery. Many of these face towels are of the finest imaginable Irish damask, with design and border of shamrocks or tiny fleur-de-lis.

Drippings. Grease, cooking butter and drippings of any kind that have become "strong" or discolored may be made sweet and white by being clarified with bits of raw potato. Turn all the drippings into a deep kettle which has a perfectly fitting cover and allow them to become heated through. In the meantime slice and peel one medium potato for three pounds of drippings. Slice and throw in and allow it all to cook together until the bits of potato are a deep brown. Strain and set away. When cold a quantity of snow white shortening material will repay the time and trouble.

The Really Clever Pose. There is much more intellectual cleverness among the girls of today than there was fifty years ago. A flippant cynic says: "It does not pay for a girl to be clever. Men are afraid of you if you are, and the other girls hate you." But between a pedantic prig and a well educated young woman there is a vast difference. The really clever woman are those who disguise their learning and pose as amiable and charming idiots.—London Ladies' Field.

Wholesale THE DALLES NURSERIES R. H. WEBER, Prop. THE DALLES, OREGON. GROWER AND DEALER IN FRUIT, SHADE AND ORNAMENTAL TREES GRAPE VINES AND SMALL FRUITS Evergreens, Roses and Shrubbery. Remember, Our Trees are Grown Strictly Without Irrigation.

R. RAND. HOTEL E. C. RAND. WAU-GUIN-GUIN HOOD RIVER, OR. A fine Summer Resort, two miles west of R. R. Station, overlooking the Columbia River. New, Neat and clean. \$2.00 per day. R. RAND & SON, Props.