HIS BACK UP.

When Noah blew his horn, the camel humped himself to get aboard, and by a ourious freak he stayed humped all his life. Lumbago or lame back humps a man's back simply because he cannot straighten himself on account of the stiffness and sorenumsel on account of the sumers and sore-noss accompanying the aliment. Nature helped the camel to his hump for a special purpose. Nature will help a man to get rid of his hump right off if he uses St. Jacobs Oil, because the character of the trouble is such that it needs just such a semedy to warm soften and straighten out remedy to warm, soften and straighten out the contracted muscles. From the time of Noah down to the present time men have had lame backs, but only since the intro-duction of St. Jacobs Oil has the best cure for it been known. Lumbago really dis-ables, but St. Jacobs Oil enables one to at-tend to business without loss of time.

Harriet Maxwell Converse, the Indian chieftain, is soon to start out on a lecturing tour, her subjects being the history and traditions of the red men. She is a fluent speaker and able writer.

REFORMS NEED MORE THAN A DAY

To bring them about, and are always more complete and lasting when they proceed with steady regularity to a consummation. Few of the observant among us can have failed to notice that permanently healthful changes in the human system are not wrought by abrupt and violent means, and that those are the most salutary medicines which are progressive. Hostetter's Stomach Bitters is the chief of these. Dyspepsia, a disease of obstinate character, is obliterated by it.

The proportion of blood to the total body weight is about one to ten. In the infant the relative quantity of blood is less that in the adult and is diminished in old age.

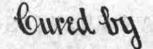
Some Things That Never Sleep. Naturalists have discovered that there are several species of fish which never sleep, and that many species of flies are awake from the time they are hatched until they die. There are some dogs and cats, also, that apparently never sleep-that is, at night.

Veteran of the Clans.

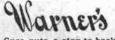
Sir R. Menzies, the hereditary chief of the Clan Menzies, is the oldest Highland chief of any clan now living. He is in his eightieth year, and wears a kilt winter and summer continuously. He stands 6 feet 3 inches in height.



is a disease which afflicts over 75 per cent. of the American people. It is a dangerous disease because it not only poisons the blood but causes heaviness, oppression, and dulls the intellect. Then follow chronic headache, loss of appe-tite, slow digestion, nervousness, bad breath, ding'y complexion and low spirits. It will eventually bring on liver and kidney disease in some incur-able form. But sufferers from this dreaded malady are speedily



Warner's SAFE Cure and Warner's SAFE Pills. Leading physicians the world over, have acknowledged this fact, and thousands of people through-out the land have testified to it.



SAFE Cure puts a stop to backaches, headaches, constipation, loss of appe-tite, dyspepsia, tired feelings and sleep-lessness. It builds up the exhausted system. It is a sure cure for liver and kidney complaint in any form, and the only remedy that has ever been able to cure Britcht's disease. oury Bright's disease. If you are feeling the need of such a remedy, you cannot do better than try this king of remedies, the great

BRIEF PACIFIC COAST NEWS A Resume of Events in the

Northwest.

EVIDENCE OF STEADY GROWTH

News Gathered in All the Towns of Our Neighboring States-Improvement Noted in All Industries-Oregon.

Baker City has something of a building boom.

Sherman county has paid into the state treasury the full amount of that county's tax for 1896.

Notwithstanding the long and snowy winter in Harney county, most of the horses that were left to winter on the range are at this time in good condition.

Treasurer Kern, of Umatilla county, had a \$12,000 county warrant call published one day last week, and on the same day paid out \$7,000 on warrants, included in the call.

The annual report of the county superintendent of Linn county shows the number of persons between the ages of 4 and 20 years residing in the county to be 7,210, of which 8,501 are males and 3,709 females.

The school superintendent's report in Curry county for the years 1896 and 1897 show a gain of just six children of school age in the county during the year ending March 1, 1897-five males and one female.

News from hop yards in Lane county is that but little work has been done toward getting them in shape for cultivation. The continued wet weather kept the ground in a condition that prevented cultivation.

The sheriff of Umatilla county has begun suit in Pendleton to ascertain what expenses he is allowed under the law to incur. The case will be taken to the supreme court, and the whole question of the salary law will come up for an opinion.

A cheese factory of 200 pounds daily cepacity is being built on Roberts hill, in Douglas county. The gentlemen connected with the enterprise are experienced in the cheesemaking business, and are confident of success in their new venture.

A Salem paper says that the Goodale Lumber Company is closing contracts with corporations in Mexico for 5,000,-000 feet of bridge timber. It will keep the mills running full force for several weeks. The lumber will be shipped direct to Mexican points.

Two children were playing on the sidewalk in Empire, Coos county, one day last week, when a band of racing cayuses ran upon the sidewalk and right over the children before they could move. The children were fortunately but slightly injured.

A liveryman of Albany says that there are absolutely no young horses in Linn county, and few on the coast. He says within five years a good horse will command a handsome figure. He is gathering up a band of thoroughbred animals to send to a ranch in Crook county.

Washington.

Sheep to the number of 50,000, from many ranges, will be driven to Wallula

WEEKLY MARKET LETTER.

Downing, Hopkins & Company's Review of Trade.

seen without a flower in his coat, and Buyers of wheat have been slaughtercan hurl defiance at the "great assased this week and many holders have sin" as forcefully as if he was 40 years loosened their grip on hitherto well vounger. Somebody who saw the held lines, believing as they did, in right honorable gentleman as he was the many crop reports telling of damage departing for Cannes not many weeks in the Southwest, and more particularly ago writes that he reminded her of an in stories from Indiana and Eastern ancient oak tree, with a pink blossom-Missouri. Their faith appears to have ing on its hoary trunk. been misplaced. They received no assistance from the general public, and people who are chronic sellers saw the opportunity and persistently fought pews when the same are too low has the campaign, and their efforts have been patented by a church-goer of Sandy met with success. The result has been Lake, Pa. It consists of brackets bea severe liquidation of the previously ing grooved to receive the end of a existing speculative interests, and there panel, and having a recess in the sides can but be little doubt that the marof the upper part of the bracket to reket at the close of the week is more ceive the top rail. Clamps in the cennearly evened up than at any time in ter of the panel strenghten the attachseveral years past. Wheat has lacked ment, which can be rendered as ornaa good cash demand for some time, and mental as may be desired. without it there is only the conclusion to be drawn that value should decline. The fact that red wheat commands a high premium has not had the slightbill providing that no foreign corporaest effect in preventing or even staying tion which is a member of a trust be the depression that set in early in the permitted to enforce any contract in the state. It also adopted an amendweek and which caused a loss of 5 cents in the future deliveries and a proporment to the general election law to allow the gold Democrats a place on the tionate break in the cash grades. A great many inclined to the belief that ticket and to enable them to retain their party organization. The house rejected a bill for the taxation of the break was due to manipulation and not from legitimate causes. This theory is rather doubtful and can be queschurch property. tioned. The market is always more or less subject to manipulation, but to the extent of the decline that has occurred this week does not seem probable. We out invitations to an international conare of the opinion that the current gress on leprosy, at which Dr. Koch, the eminent bacteriologist, will preweakness is due to disappointment with side. Sweden, Denmark, Norway and the rate of flour consumption, which is smaller than had been expected, and Russia have already intimated their with the larger arrivals than had been intention of being officially reprelooked for, and, although the public is sented. suffering this disappointment, it has no need to despair, for, at the slow rate of current consumption, the world ends in the last few years in the tonnage of the crop season lower in supply than in its foreign commerce. Liverpool still any season before since the price was 90 is far ahead in the matter of coastwise cents a bushel for an average of a seatrade by sea, and, owing to that fact. the total tonnage of shipping entering

For various reasons it is apparent that the present price is to be temporary only.

Market Quotations.

Portland, Or., April 13, 1897. Flour-Portland, Salem, Cascadia and Dayton, \$4.10; Benton county and White Lily, \$4.10; graham, \$3.40; superfine, \$2.75 per barrel.

Wheat-Walla Walla, 74@75c; Valley, 76c per bushel.

Oats-Choice white, 38@40c per bushel; choice gray, 37@39c.

Hay-Timothy, \$14.00@15.00 per ton; clover, \$11.50@12.50; wheat and

oat, \$10.00@11.00 per ton. Barley-Feed barley, \$17.50 per ton;

brewing, \$18@19. Millstuffs - Bran, \$14.50; shorts,

\$16.50; middlings, \$26. Butter-Creamery, 40c; dairy, 30@

821/c; store, 171/ @80c per roll. Potatoes-Oregon Burbanks, 55@ 65c;

Garnet Chilies, 65@75c; Early Rose, 80@85c per sack; sweets, \$3.00 per cental for Merced; new potatoes, 3c per pound.

Onions-\$2.00@2.75 per cental. Poultry-Chickens, mixed, \$2.50@ 3.00; geese, \$4.00@5.00; turkeys, live, 11@12c; ducks, \$6.00@7.00 per dozen.

Eggs-Oregon, 91/2c per dozen. Cheese - Oregon, 10c; Young

America, 12% per pound. Wool-Valley, 11c per pound; Eastern Oregon, 7@9c.

NEILL OF ARKANSAS.

Another U. S. Congressman Indorses Paine's Celery Compound.



Within the past year, among the the remedy is an excellent one, and do thousands of hearty testimonials to the not hesitate to recommend it to the wonderful curative powers of Paine's suffering." celery compound that have been re-

To postpone at such a vital time as ceived by Wells, Richardson & Com- this regulating the nerves and purifypany-among the thousands of grateful ing the blood is a serious mistake. letters received from every state and Men and women distressed by nervous town in the country, there have come troubles or the effects of impure blood no less than six hearty indorsements cannot afford now to lose a day before from members of the national house of taking advantage of Paine's celery compound.

In order to avoid disappointment acence should be published, believing cept nothing but Paine's celery comrightly that they might thus do good to pound. A clerk who tries to sell something else than what people ask for is In these columns have already been evidently not disinterested. He has an

published, the letters received from eye to profits more than to the good of Congressmen Meredith, Bell, Grout and customers. There can be no substitute for Paine's

celery compound. This has been shown time and time

"My home is at Batesville, Ark. again in cases where persons, too easily During the last spring and summer my led, have carried home something beeldest daughter, then 17 years of age, sides Paine's celery compound, and was in very poor health, suffering from have failed to get the decided benefit general debility, nervous prostration they had hoped for.

and frequent slight fevers. She had The strongest indorsement ever rethe best medical attention, but ap- ceived for this great spring remedyparently with little benefit. In the and no remedy ever compared with

My eyes

representatives.

sas, as follows:

others.

latter part of September last, while Paine's celery compound in the char-still feeble she began the use of Paine's acter and the number of the witnesses celery compound, and improved in to its efficiency-the strongest indorsehealth continuously. In three months ment it ever received did not overestishe had fully recovered, and is now in mate or exaggerate in the least its unperfect health. I am bound to think rivalled power of making people well. Full of

All were willing that their experi-

Powers. Now comes a letter from

Congressman Robert Neill of Arkan-

Means full of health. Are you slow, spirit-less? Are your nerves laxy, your muscles flabby and your vital functions lacking in energy and vim? Do you wake up in the morning with a dull healache, a tired, worn-out feeling, as if you had not rested? These are some of the evils that follow past wrongs. It is the weakness in your nerv-ous system, and you need just such a re-edy as

Life

by first-class grocers, in cans only. Manufac-tured by the Pacific Coast Synup Co. All gen-uine "*Tra Garden Drips*" have the manufac-turer's name lithographed on every can. \$100 REWARD \$100.

Gladstone Still a Dresser.

in spite of increasing decrepitude, he

dresses as jauntily as of yore, is never

Raising the Backs of Pews.

Legislation in Wisconsin.

The Wisconsin senate has passed a

Leprosy Congress.

Rival Seaports.

Hamburg has passed Liverpool with-

and clearing in a year is greater in the

HOME PRODUCTS AND PURE FOOD.

All Eastern Syrup, so-called, usually very light colored and of heavy body, is made from glucose. "Tea Gorden Drips" is made from Sugar Cane and is strictly pure. It is for sale

The German government is sending

A device for heightening the backs of

Mr. Gladstone is now very deaf, but,

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure knows to the medical fraternity. Catarrh being a constitu-tional disease, requires a constitutional treat-ment. Hall's Catarrh Cure is taken internally, setting directly upon the blood and mucous, antfaces of the system, thereby destroying the toundation of the disease, and giving the pa-tient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers, that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonies.

f testimonials. Address, F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 76c. Hall's Family Pills are the best.

Piso's Cure for Consumption has been a God-send to me.-William B. McClellan, Chester Florida, Sept. 17. 1895.



English city.



the Breast.

Mr. A. H. Crausby, of 158 Kerr St., Memphis, Tenn., says that his wife paid no attention to a small lump which appeared in her breast, but it soon developed into a cancer of the worst type, and notwithstanding the treatment of the best physicians, it continued to spread and grow rapidly, eating two holes in her breast. The doctors soon pronounced her incurable. A



Someone then re-commended S.S.S. and though little hope remained, she begun it, and an improvement was noticed. The cancer commenced to heal and when she had taken several bottles it disappeared entirely, and although several years have elapsed, not a sign of the disease has ever returned.

hopeless.

A Real Blood Remedy.

S.S.S. (guaranteed purely vegetable) is a real blood remedy, and never fails to cure Cancer, Eczema, Rheumatism Scrofula, or any other blood disease.

Our books will be mailed free to any address. Swift Specific Co.,

Atlanta Ga. Cresco Corsets Something New, Positively cannot break at waist line.

LADY CANVASSERS WANTED Write us for particulars.

BEN. J. SCHMIDT & CO., 125 Sansome St., San Francisco, Cal.

SURE CURE FOR PILES liching and Biled, Bleeding or Protroiting Piles yield at once DR. BO-SAN-KO'S PILE REMEDY, Slope tic Big, alworks tumors. A positive cure, Circulars and fee, Pri Son. Druggists or mail. DR. BOSANKO, Philes, Pato be shorn.

The grass is long enough around Coulee City now for cattle to be turned on the range.

A gentleman of Port Angeles will try the experiment of cultivating Eastern oysters in Washington harbor, Clallam county, Sequim bay.

Thirty-two mining companies have headquarters in Everett, not counting the Monte Cristo properties of the Rockefeller syndicate.

The auditor of Kittitas county last month received \$340.45 in fees, the largest amount received for any one month for a very long time.

The "scorcher" has been running over people in Port Townsend, and now the city marshal says he will enforce the ordinances prohibiting bicycle-riding on the sidewalks in the business part of the city.

The Wenatchee Water Power Company is taking advantage of the low stage of the river to secure the head of celebrated New York its ditch seven miles above Wenatchee. specialist then treat-The company is putting in a riprapping ed her, but she conwall 1,300 feet long, with a slope tinued to grow worse and when informed height of seven feet and a base of four ranch, 15@17. that both her aunt jeet the most of the distance, to protect and grandmother had their ditch from high water. died from cancer he

Professor Spillman, of the Pullman gave the case up as agricultural college, who has made a special study of the industry and the adaptability of the state for producing dairy products, estimates that 300 creameries could be kept busy supplying the market that can be built up for Washington dairy products by the proper development of the industry in the state.

> jured by the extraordinary bad January pound; veal, small, 8c. freeze were greatly exaggerated," says Secretary Cass, of the state board of salmon, 5@6c; salmon tro horticulture. "In my own orchard of flounders and soles, 3@4c. nearly 1,000 trees I found the damage

Walla Walla is soon to have a public library. The necessary \$1,000 to form the nucleus for a public library supported by city taxes, as provided by the laws of the state, is at last assured. Five hundred and fifty dollars was deposited in the Farmers' Savings bank some time ago by some one whose identity is unknown, for the purpose of establishing a public library. Nine seconds, 12@121/2c; fancy dairy, 12c; hundred dollars has been raised by the seconds, 101/2c. ladies of the city, and together with the old books stored away, the amount will reach the necessary \$1.000.

-9@10c per pound. HODE Beef-Gross, top steers, \$2.00@3.50; cows, \$2.25@3.00; dressed beef, 4@6c

per pound. Mutton-Gross, best sheep, wethers and ewes, \$3.50@3.75; dressed mut-

ton, 6c per pound. Hogs-Gross, choice, heavy, \$4.00@ 4.25; light and feeders, \$2.50@3.00; dressed \$4.50@5.25 per cwt.

Seattle, Wash., April 13, 1897. Wheat-Chicken feed, \$27 per ton. Oats-Choice, \$23@24 per ton. Barley-Rolled or ground, \$20 per ton.

-Whole, \$19 per ton; cracked Corn-\$19@20; feed meal, \$19@20.

Flour-(Jobbing)-Patent excellent, \$4.80; Novelty A, \$4.50; California brands, \$4.90; Dakota, \$5.65; patent, \$6.40.

Millstuffs-Bran, \$14.00 per ton; shorts, \$18.

Feed-Chopped feed, \$18.00 per ton; middlings, \$22; oilcake meal, \$30. Hay-Puget sound, per ton, \$10.00; Eastern Washington, \$14.

Butter - Fancy native creamery, brick, 22c; select, 22c; tubs, 23c;

Cheese-Native Washington, 12c. Vegetables-Potatoes, per ton, \$16.50

@18; parsnips, per sack, 75c; beets, per sack, 60c; turnips, per sack, 60c; rutabagas, per sack, 50c; carrots, per sack, 40@50c; cabbage, per 100 lbs, \$1.50; onions, per 100 lbs, \$3.25. Sweet potatoes—Per 100 lbs, \$4.00.

Poultry-Chickens, live, per pound, hens, 10@10c; ducks, \$6@6.50; dressed turkeys, 15c. Eggs—Fresh ranch, 12c.

Fresh Meats-Choice dressed beef, "The reports from Skagit county that steers, 7c; cows, 61/c; mutton, sheep, the Italian prune trees were badly in- 9c per pound; lamb, 5c; pork, 6c per

Fresh Fish - Halibut, 41/2@6c; salmon, 5@6c; salmon trout, 7@10c;

Provisions-Hams, large, 1114; hams, very slight and many of my neighbors small, 1134c; breakfast bacon, 10c; dry salt sides, 634c per pound. salt sides, 61/4c per pound.

> San Francisco, April 13, 1897. Potatoes-Salinas Burbanks, 90c@ \$1.10; Early Rose, 65@75c; River Burbanks, 50@70c; sweets, \$1.50@1.75 per cental.

Onions-\$3.00@3.50 per cental. Eggs-Ranch, 101/ @12c per dozen. Butter-Fancy creamery, 131/2c; do

Cheese-Fancy mild, new, 61/20; fair to good, 51/2@6c; Young America, 7@8c; Eastern, 14@141/c.



Gladness Comes

7 ith a better understanding of the W transient nature of the many physical ills, which vanish before proper efforts-gentle efforts-pleasant efforts-rightly directed. There is comfort in the knowledge, that so many forms of sickness are not due to any actual disease, but simply to a constipated condi-tion of the system, which the pleasant family laxative, Syrup of Figs, prompt-ly removes. That is why it is the only remedy with millions of families, and is remedy with mininos of ramines, and is everywhere esteemed so highly by all who value good health. Its beneficial effects are due to the fact, that it is the one remedy which promotes internal cleanliness without debilitating the organs on which it acts. It is therefore all important, in order to get its bene-ficial effects, to note when you purchase, that you have the genuine arti-cle, which is manufactured by the California Fig Syrup Co. only and sold by all reputable druggists. If in the enjoyment of good health, and the system is regular, laxatives or

other remedies are then not needed. If afflicted with any actual disease, one may be commended to the most skillful physicians, but if in need of a laxative, one should have the best, and with the well-informed everywhere, Syrup of Figs stands highest and is most largely and gives most general satisfaction



Dr. Sanden's Electric Belt... "My general health is a good deal better than before using the Belt. are brighter and have a much better luster than before. Have gained about four pounds, and am more cheerful and in better humor than I was before. By using your Belt another month or two I hope to be cured entirely. -CHRIS HANSEN, Ellensburg, Wash., Feb. 5, 1897.

MAKES PEOPLE STRONG.

It is a modern lifegiver. If you are weak in any respect, it will build you up. It cures all the effects of early habits and makes the nerve and vital forces as strong as ever. Examine it, if you can, or cut this out and we will send you our book, "THREE CLASSES OF MEN," free, closely sealed.



tes the chi

CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Dee In time. Bold by druppists. 0

N.P.N.U. No. 697 .- S.F.N.U. No. 774 ----