IN EVERY Receipt that calls for baking powder use the "Royal." It will make the food lighter, sweeter, of finer flavor more digestible and wholesome.

"We recommend the Royal Baking Powder as superior to all others."—*United Cooks and Pastry Cooks' Association of the United States.*

WHEN WOMEN REGISTER.

When the women come to voting
And to giving names and ages,
There'll be lots of funny capers
On those registration pages.

Whether she's a Miss or Mrs.
Will annoy the registrars.
Asking won't be safe—they'd rather
Read the answer in the stars.

As for ages—if the question
Must be asked—the man without
Faith in truthfulness of answers
Had best not display his doubt.

He'll put down the sweet voiced answers,
Ask not if they're what they seem,
And, for public satisfaction,
Use perhaps this little scheme:

Mark the age, when "claimed," in this way (+)
Each "refused to answer" so (++)
And all ages that are "sworn to"
With three daggers in a row (+++).

—Detroit Free Press.

WE GIVE AWAY

A Sample Package (4 to 7 doses) of

Dr. Pierce's Pleasant Pellets

To any one sending name and address to us on a postal card.

ONCE USED THEY ARE ALWAYS IN FAVOR.

Hence, our object in sending them out broadcast

—ON TRIAL.—

They absolutely *cure*

SICK HEADACHE,

Biliousness, Constipation, Coated Tongue, Poor Appetite, Dyspepsia and kindred derangements of the Stomach, Liver and Bowels.

Don't accept some substitute said to be "just as good."

The substitute costs the dealer less.

It costs you ABOUT the same.

HIS profit is in the "just as good."

WHERE IS YOURS?

Address for FREE SAMPLE,

World's Dispensary Medical Association,

No. 663 Main St., BUFFALO, N. Y.

Catarrh caused hoarseness and difficulty in speaking. I al o to a great extent lost hearing. By the use of Ely's Cream Balm dropping of mucus has ceased, voice and hearing have greatly improved.—J. W. Davidson, Attorney-at-Law, Monmouth, Ill.

CATARRH

ELY'S CREAM BALM Opens and cleanses the Nasal Passages, Allays Pain and Inflammation, Heals the Sores, Protects the Membrane from colds, Restores the Senses of Taste and Smell. The Balm is quickly absorbed and gives relief at once.

A particle is applied into each nostril, and is agreeable. Price, 50 cents at Druggists' or by mail.

ELY BROTHERS,
56 Warren Street, New York.

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The Largest Manufacturers of

PURE, HIGH GRADE COCOAS AND CHOCOLATES

On this Continent, have received

HIGHEST AWARDS

from the great

Industrial and Food EXPOSITIONS In Europe and America.

Unlike the Dutch Process, no Alkalies or other Chemicals or Dyes are used in any of their preparations. Their delicious BREAKFAST COCOA is absolutely pure and soluble, and *costs less than one cent a cup.*

SOLD BY GROCERS EVERYWHERE.

WALTER BAKER & CO. DORCHESTER, MASS.

IMPROVE YOUR SIGHT...

EYES fitted by mail. Write for our home system of fitting the eyes—FREE.

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Established 1884. Oregonian Bld'g. Portland, Or.

25 CTS. PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION 25 CTS.

CATARRH OF STOMACH

INTERESTING FACTS ABOUT THIS PECULIAR DISEASE.

A Well-Known St. Louis Man Relates His Experience and Tells How He Succeeded in Getting Relief.

From the St. Louis, Mo., Chronicle.]

"No one knows except myself the amount of suffering I endured for upward of four years, from what I was told was catarrh of the stomach." The speaker was Mr. J. P. Fox, one of the best known professional swimmers in St. Louis, now at Prof. Clark's Natatorium, 19th and Pine. Prof. Fox's occupation necessitated his being in the water several hours every day. He contracted a severe cold, which he neglected, then another and another and finally he broke down, the effect of these colds seemed to debilitate and finally disease his stomach, and he had such symptoms as—stinging pains in his head, an inflammation of the membranes of the throat and air passages, which filled with a slimy substance, his appetite failed him, he became gaunt and thin and excessively nervous—all of which denoted Catarrh of the stomach. An attack of vertigo one day rendered him unconscious for half an hour after which he was confined to the house and scarcely able to walk across the room. He was sleepless, had violent pains and indigestion of the worst kind. Mr. Fox said to our reporter:

"Often I would be seized with a feeling of suffocation. This went on until one day a friend insisted that I try Dr. Williams' Pink Pills for Pale People, and he read to me a paper wherein several cures of cases similar to mine were reported. I determined to give them a trial. My mother threw the doctor's medicine away, and actually before I had taken half of the contents of the first box I began to feel a marked improvement. I began to sleep well, with my returning appetite I began to take a better view of life, the gnawing sensations in my stomach disappeared, I ceased to belch up gas and had no feelings of vomiting after eating, the soreness in my throat went away, and, well, within a month I ventured out of the house. I kept on with the pills, and—well you see me now. I feel as well as ever I did, and I don't suppose there is a sounder man physically than myself in the country. I am in and out of the water three and four times a day, giving swimming lessons, and I certainly attribute my present good health to Dr. Williams' Pink Pills. You can use my name if you want to, and I shall be pleased to tell of the great benefits I have derived from the use of the pills at any time."

Dr. Williams' Pink Pills for Pale People are now manufactured by the Dr. Williams' Medicine Company, Schenectady, N. Y., and are sold in boxes (never in loose form by the dozen or hundred, and the public are cautioned against numerous imitations sold in this shape) at 50 cents a box, or six boxes for $2.50, and may be had of all druggists, or direct by mail from Dr. Williams' Medicine Company.

A Mortuary Joke.

"I have recently had a strange experience," said a gentleman yesterday. "What was it? Well, the other day I met a lady acquaintance on the street, and after the exchange of the usual greetings she proceeded to condole with me over the death of my wife. I was dumfounded over her pathetic and profuse sympathy. When I recovered my senses, I ventured to enlighten the lady by assuring her that my wife was in the land of the living, well and hearty. The lady was astonished to learn that Mrs. ——, an intimate friend of my wife, who had told her, could have been so mistaken. In less than an hour after correcting this error I met another mutual friend, and she had also been told by Mrs. —— that my wife had gone to that undiscovered country.

"During that afternoon and the day following a dozen people expressed their sympathy over my loss, and strange to say all of them had learned the story from Mrs. ——. I of course told my better half, and we determined to call on Mrs. —— for an explanation. It was early in the evening when in answer to the ringing of the doorbell Mrs. —— opened the door. She pretended to be startled by my wife's presence and screamed: 'Why, Mary, can this be you? I thought you were dead.'

"'So I have heard from a dozen sources,' responded Mary, 'and I want you to explain.'

"'Explain? Why, that is easy. You told me a week ago that if you were alive you would come out on Wednesday and spend the day with me. You didn't come; hence I concluded that you were dead and said so to those acquaintances I met.'

"The women kissed, and Mary called Mrs. —— a mean rogue and so terminated the mortuary joke, in which I failed to discover the humor."—Louisville Courier-Journal.

ANTICS OF LIGHTNING

SOME OF ITS QUEER FREAKS IN PENNSYLVANIA AND OHIO.

A Lancaster Man Ran Across Some Experiences In the Buckeye State That Beat Anything He Had Seen at Home—Havoc Among the Sheep—In Big Oil Valley.

I was once driving over the Martic hills, in the lower part of this county, with my wife and baby, flying from a thunderstorm that was coming up rapidly in the valley, but I only did not escape from the storm, but ran right into another one equally heavy on the very summit of the ridge. When the two storms traveling in opposite directions met directly over our heads, streaks and balls of fire began playing around like the spitting and exploding offshoots of a miscellaneous collection of Fourth of July pyrotechnics. Lightning danced and flashed on every bit of metal there was in my horse's harness, whirled around with the tires on all four wheels and ran about and zigzagged everywhere about the buggy frame, until we were literally sitting in a fiery chariot drawn by a horse incased in flaming harness.

Neither myself, my wife nor child suffered the slightest physical injury or inconvenience from that awful play of electricity about us, and the horse seemed to be improved by it, but the nervous strain on us all was terrible. That extraordinary electrical disturbance lasted at least a quarter of an hour.

Well, I thought that a little the queerest sort of an experience with lightning that any one ever had or was likely to have, but I have just come back from a visit to Ohio, and I want to say that that experience of mine might have been the boss queer one up to this summer, but it isn't any more. I ran across some others in Ohio that can beat it.

Take the one, for instance, at Bailyville. I got to Bailyville at about noon one day. A thunderstorm had just passed over that locality, and the clouds had nearly all broken away or rolled to the southward. The sun had come out and all uneasiness on account of the storm had passed away—for thunderstorms in that region are nearly always attended by more or less damage—when the most terrific thunderclap ever heard there or elsewhere, so close to the earth that the earth trembled as if from an earthquake, and preceded not more than a second by a flash of lightning of blinding sharpness, broke from the cloudless noonday sky. The sudden appearance and terrible nature of the startling phenomenon paralyzed the farming community with alarm, and it was several minutes before any one ventured forth to see what damage had been done by the thunderbolt.

Some very amazing things were discovered. In a field on the edge of the village a large flock of sheep were pasturing. The sheep had all huddled together as sheep will during a thunderstorm, and were still huddled when the surprising clap came. When the owner of the sheep went to the field to see if anything had befallen his flock, he found every sheep standing just as they had huddled in the storm, but out of the 40 in the flock 18 were dead. Not one of the dead sheep had fallen to the ground. That was strange enough, but the 18 dead sheep were black sheep, all the others being white and unhurt. Each dead sheep had a hole in the back of its neck around which the wool was burned away.

On a farm a short distance from the village a big flock of sheep had gathered in a circular bunch during the storm, and every outside sheep was killed, 20 in all, and all white fleeced. On that same farm, but in another field, was a small flock of sheep, all white except one, which was a big black ram. The ewes all huddled about the ram while the storm raged, and when the thunderclap came the ram was killed, no harm befalling one of the other sheep. More than that, the ram's fleece had been turned by the shock as white as that of any other sheep in the flock. That was all the damage that was reported during the hour I was in Bailyville, but it was enough to convince me that Ohio lightning knew a few tricks that Pennsylvania lightning hadn't learned yet.

My friend Simon Frey lives at Big Oil Valley with his wife and 7-weeks-old baby. One day Simon was hurrying home from the valley trying to get there before a big thunderstorm that was coming up caught him. The rain began falling before he got there, and was coming down for certain when he drove into his barn. Simon stood in the barn door waiting for the rain to slack up, when his house was struck by lightning. It seemed to hit both chimneys at once, and a streak of fire ran from one chimney along the peak of the roof, and midway between the two chimneys it met another streak of fire that was flashing along the peak from the other chimney, or, rather, where the chimney had been, for both chimneys had been knocked into brick dust by the lightning. When the two fiery currents met in the center of the ridge pole, there was an explosion like the discharge of a cannon, and a fountain of bluish flame, that threw off snapping and zigzagging sparks and jets of fire, shot up into the air at least 10 feet. Then all was over, the whole exhibition lasting not more than three seconds.

Simon was only three rods away from the house, but felt not the slightest effects of the terrible shock. He ran to the house, not knowing what horrifying sight might await him there, as it seemed impossible that his wife and baby could have escaped death beneath that terrible electrical bombardment. But they had, and after the first shock of his fright was over Simon couldn't do anything else but lie down and almost burst with laughter, the lightning had brought about so ludicrous a situation in the house. Mrs. Frey was sitting on the kitchen table, her head resting against the wall. In one hand she held a rolling pin, while the other was buried to the wrist in a roll of dough. She was covered with flour from head to foot. The baby lay in a basket of newly washed clothes in a far corner of the kitchen, yelling at the top of its lungs. The baby's cradle was turned upside down in the center of the room. Aside from a severe nausea that troubled Mrs. Frey all the rest of the day, neither she nor the baby suffered any ill effects from their extraordinary experience.—Lancaster (Pa.) Letter in New York Sun.

A Bit of Realistic Acting.

Henry Irving's story of Charlotte Cushman gives you a better idea of the methods and style of this great artist than a dozen impersonal and well padded essays would. She was acting Meg Merrilies. In one scene in answer to her appeal for money, he, personating an important character in the piece, hands her his purse filled with the broken crockery which is generally used for stage gold. One day Miss Cushman suggested gently to him the superior realism of opening the purse, selecting a coin and giving it to her. No matter how magnificent it might look it was hardly natural for a gentleman to hand over a purse full of money to a crazy beggar.—San Francisco Argonaut.

THE POPULIST.

Why shouldn't there be a third party? It is true they disturb the smooth running of the regular organizations and sometimes overturn elections, but what is popular is founded on merit: As for instance, among all the remedies used for sprains and bruises, St. Jacobs Oil is the most popular because it is known to be the best; hence it is the Populist in medicine. The more because it cures so promptly and surely. There is no crippling from sprain where this old remedy is used. It imparts new life and strength and the pain vanishes. Truly it is a Populist.

The Marquise Lanza of New York has some fine diamonds and some Mexican garnets which resemble rubies. She is also the owner of a scarfpin which formerly belonged to the French prince imperial, who was killed by the Zulus.

Every woman before leaving her room after the morning toilet should open wide the windows, placing the bedclothes so that the air will freshen the sheets, blankets and pillows.

An Eager and a Nipping Wind,

A continuous down pour of rain, inclement weather, generally in winter and spring, are unfavorable to all classes of invalids. But warmth and activity infused into the circulation counteracts these influences and interpose a defense against them. Hostetter's Stomach Bitters, most thorough and effective of stomachics and tonics, not only enriches the blood, but accelerates its circulation. For a chill, or premonitory symptoms of rheumatism and kidney complaint, particularly prevalent at these seasons, it is the best possible remedy. It is also invaluable for dyspepsia, liver complaint, constipation and nervousness. Never set out on a winter or spring journey without it. Elderly persons and the delicate and convalescent are greatly aided by it.

"There's a good deal that's swell about Cholly Cadkins," said one girl. "Yes," replied the other; "the only trouble is that most of it has gone to his head."

EXPOSURE TO CHANGES OF TEMPERATURE.

Public men are constantly liable to danger arising from sudden changes of temperature; sometimes from heat to cold, sometimes the reverse.

Henry Thorne, Traveling Secretary of the Y. M. C. A., writes from Exeter Hall, Strand, London, February 2d, 1888:

"I desire to bear my testimony to the value of ALLCOCK'S POROUS PLASTERS. I have used them for pains in the back and side arising from rheumatic and other causes never without deriving benefit from their application. They are easily applied and very comforting. Those engaged as I am in public work which involves exposure to sudden changes of temperature, will do well to keep a supply of ALLCOCK'S POROUS PLASTERS in their portmanteaus.

BRANDRETH'S PILLS act upon the whole system.

Mr. Baldy—Am I to apply this hair restorer every day? Barber—For heaven's sake, no. Do you want to look like the wild man from Borneo inside of a week?

$100 REWARD $100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers, that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address, F. J. CHENEY & Co., Toledo, O.

Sold by Druggists, 75c.

NEW WAY EAST—NO DUST.

Go East from Portland, Pendleton, Walla Walla via O. R. & N. to Spokane and Great Northern Railway to Montana, Dakotas, St. Paul, Minneapolis, Chicago, Omaha, St. Louis, East and South. Rock-ballast track; fine scenery; new equipment Great Northern Palace Sleepers and Diners; Family Tourist Cars; Buffet-Library Cars. Write C. C. Donovan, General Agent, Portland, Oregon, or F. I. Whitney, G. P. & T. A., St. Paul, Minn., for printed matter and information about rates, routes, etc.

PIANOS—Hardman—Chickering—Fischer. Low prices; easy terms. For sale by WILEY B. ALLEN CO. (the oldest and Largest music store), 211 First St., Portland.

Use Enameline Stove Polish; no dust no smell

TRY GERMEA for breakfast.

KNOWLEDGE

Brings comfort and improvement and tends to personal enjoyment when rightly used. The many, who live better than others and enjoy life more, with less expenditure, by more promptly adapting the world's best products to the needs of physical being, will attest the value to health of the pure liquid laxative principles embraced in the remedy, Syrup of Figs.

Its excellence is due to its presenting in the form most acceptable and pleasant to the taste, the refreshing and truly beneficial properties of a perfect laxative; effectually cleansing the system, dispelling colds, headaches and fevers and permanently curing constipation. It has given satisfaction to millions and met with the approval of the medical profession, because it acts on the Kidneys, Liver and Bowels without weakening them and it is perfectly free from every objectionable substance.

Syrup of Figs is for sale by all druggists in 50c and $1 bottles, but it is manufactured by the California Fig Syrup Co. only, whose name is printed on every package, also the name, Syrup of Figs, and being well informed, you will not accept any substitute if offered.

March April May

Are the Best Months in Which to

Purify Your Blood

And the Best Blood Purifier is

Hood's Sarsaparilla

Which Purifies, Vitalizes and Enriches the Blood.

At this season everyone should take a good spring medicine. Your blood must be purified or you will be neglecting your health. There is a cry from Nature for help, and unless there is prompt and satisfactory response you will be liable to serious illness.

This demand can only be met by the purifying, enriching and

Blood-Vitalizing

elements to be found in Hood's Sarsaparilla.

"My mother-in-law, Mrs. Elizabeth Wolfe, at the age of 72 years, was attacked with a violent form of salt rheum; it spread all over her body, and her hands and limbs were dreadful to look at. At the same time, my little daughter Clara, who was just one year old, was attacked by a similar disease, like scrofula. It appeared in

Large Sores

under each side of her neck; had the attendance of the family physician and other doctors for a long time, but seemed to grow worse. I read of many people cured of scrofula by Hood's Sarsaparilla. As soon as we gave Hood's Sarsaparilla to Clara, she began to get better, and before the first bottle was gone, the sores entirely healed up and there has never been any sign of the disease since. She is a

Healthy Robust Child.

Her grandmother took Hood's Sarsaparilla at the same time, and the salt rheum decreased in its violence and a perfect cure was soon effected. It took about three months for her cure, and she ascribes her good health and strength at her advanced age to Hood's Sarsaparilla. It has certainly been a Godsend to my family." MRS. SOPHIA WOLFE, Zaleski, Ohio.

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An agreeable Laxative and NERVE TONIC. Sold by Druggists or sent by mail. 25c., 50c., and $1.00 per package. Samples free.

KO NO The Favorite TOOTH POWDER for the Teeth and Breath, 25c.

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AN INCOMPARABLE ALIMENT for the GROWTH and PROTECTION of INFANTS and CHILDREN

A superior nutritive in continued Fevers, **And a reliable remedial agent in all gastric and enteric diseases;** often in instances of consultation over patients whose digestive organs were reduced to such a low and sensitive condition **that the IMPERIAL GRANUM was the only nourishment the stomach would tolerate when LIFE seemed depending on its retention;**—

And as a FOOD it would be difficult to conceive of anything more palatable.

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MEN DR. LIEBIG & CO., Special Doctors for Chronic, Private and Wasting Diseases.

Dr. Liebig's Invigorator the greatest remedy for Seminal Weakness, Loss of Manhood and Private Diseases, Overcomes Prematureness and prepares all for marriage life's duties, pleasures and responsibilities; $1 trial bottle given or sent free to any one describing symptoms; call or address 400 Geary St., private entrance 405 Mason St., San Francisco.

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LADIES. $3. $2.50 $2. $1.75 BEST DONGOLA.

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