In Baking Powders "Royal" Leads.

As the result of my tests, I find the **ROYAL BAKING POWDER** superior to all the others in every respect. It is entirely free from all adulteration and unwholesome impurity, and in baking it gives off a greater volume of leavening gas than any other powder. *It is therefore not only the purest, but also the strongest powder with which I am acquainted.*

WALTER S. HAINES, M. D.,
Prof. of Chemistry, Rush Medical College,
Consulting Chemist, Chicago Board of Health.

All other baking powders are shown by analysis to contain alum, lime or ammonia.

ROYAL BAKING POWDER CO., 106 WALL ST., NEW-YORK.

Comical Names of Great Men.

Calderon de la Barca has quite an imposing sound, yet literally translated it reads Ship's Copper; Torquato Tasso means Chained Badger; Dante stands for Stag's Hide; Giovanni Boccaccio, Jack Bigmouth; Bramante, the famous architect, despite his melodious appellation, appears in the character of a Whiner, and Max Piccolomini is nothing more or less than a Little Dwarf.—Deutsche Warte.

But Perhaps He Does.

A Chicago photographer has eloped with another man's wife. He can hardly expect the abandoned husband to look pleasant.—Washington Post.

WALTER BAKER & CO.
The Largest Manufacturers of
PURE, HIGH GRADE COCOAS AND CHOCOLATES
On this Continent, have received
HIGHEST AWARDS
from the great
Industrial and Food EXPOSITIONS In Europe and America.

Unlike the Dutch Process, no Alkalies or other Chemicals or Dyes are used in any of their preparations. Their delicious BREAKFAST COCOA is absolutely pure and soluble, and *costs less than one cent a cup.*

SOLD BY GROCERS EVERYWHERE.

WALTER BAKER & CO. DORCHESTER, MASS.

DIRECTIONS for using CREAM BALM.—Apply a particle of the Balm well up into the nostrils After a moment draw strong breath through the nose. Use three times a day, after meals preferred, and before retiring.

CATARRH

ELY'S CREAM BALM Opens and cleanses the Nasal Passages, Allays Pain and Inflammation, Heals the Sores, Protects the Membrane from colds, Restores the Senses of Taste and Smell. The Balm is quickly absorbed and gives relief at once.

A particle is applied into each nostril, and is agreeable. Price, 50 cents at Druggists' or by mail. ELY BROTHERS, 56 Warren Street, New York.

R. HALL'S
PULMONARY BALSAM

The Best **CURE** for **Coughs,** Colds and **Consumption.**
Sold by all Druggists. Price, 50 cents.
J. R. GATES & CO., Proprietors, 417 Sansome St., S. F.

IMPROVE YOUR SIGHT...

EYES fitted by mail. Write for our home system of fitting the eyes—FREE.

REED & MALCOLM
Established 1884. Gregonian Bld'g, Portland, Or.

MEN DR. LIEBIG & CO., Special Doctors for Chronic, Private and Wasting Diseases.

Dr. Liebig's Invigorator the greatest remedy for Seminal Weakness, Loss of Manhood and Private Diseases, Overcomes Prematureness and prepares all for marriage life's duties, pleasures and responsibilities; $1 trial bottle given or sent free to any one describing symptoms; call or address 400 Geary St., private entrance 405 Mason St., San Francisco.

FRAZER AXLE GREASE
BEST IN THE WORLD.

Its wearing qualities are unsurpassed, actually outlasting two boxes of any other brand. Free from Animal Oils. GET THE GENUINE.
FOR SALE BY OREGON AND WASHINGTON MERCHANTS and Dealers generally.

MRS. WINSLOW'S SOOTHING SYRUP FOR CHILDREN TEETHING
For sale by all Druggists. 25 Cents a bottle.

TWENTY WHISTLING GIRLS.

They Warble In San Francisco, and Each Possesses a Rosebud Mouth.

San Francisco girls take no stock in the old saw that whistling girls and crowing hens never come to any good end. Whistling is the craze of the hour among the belles of the Golden Gate, and 20 of the girls whose mouths are unusually pretty when in a state of pucker are practicing by the hour and endeavoring to rival Mrs. Shaw, "La Belle Siffleuse," who has whistled her way into the hearts and pocketbooks of so many audiences in America and Europe. When Mrs. Shaw whistles, her mouth looks like a rosebud, and it is safe to say that there are at least 20 girls in San Francisco at the present moment who can form a rosebud at an instant's notice.

To the uninitiated learning to whistle is a simple thing, but learning to whistle in a scientific manner is not the modest task it seems to be. The San Francisco girls spend hours developing their breathing capacity, "hollowing out" their chests and taking full breaths that penetrate to the lowermost recesses of their lungs. The instructor first tests the candidate's regis-

A LESSON AT THE WHISTLING CLASS.

ter and ear. Without a good ear no ambitious whistler may even hope to succeed. The second step is learning to take a full breath, and the third is practicing the simple scale by the hour. Then the beginner is allowed to run scales and arpeggios and other things with extraordinary names. Next come chromatics, half steps or semitones of the scale, so called because they were formerly written or printed in colors. The chromatics are the most difficult exercises the whistler encounters.

The most determined and ambitious candidate for whistling honors in San Francisco is Miss Gertrude Judd, who says that a whistler, like a poet, is born and not made. But even when a siffleuse is born with the divine afflatus he or she must have cast iron lungs, a favorable mouth cavity formation, sound health and perseverance. The greater the lip power the better the artist.

The face of a confirmed and irreclaimable siffleuse usually bears what are called the whistle lines. They extend in the form of an inverted V from the nose to the chin. These lines are visible in the faces of such well known whistling experts as Mrs. Shaw and Messrs. Stevens and Kellogg. Miss Judd also possesses them, and although women are not usually fond of lines in their face Miss Judd professes to be very proud of hers.

BRANDING A CLAIM FALSE.

World's Fair Officials Expose a Pretender to an Award.

A most discreditable result of the late Chicago World's Fair is the fraudulent advertising of awards never received by a Chicago baking powder firm. Officials of the Exposition are much incensed, and have notified the offending parties that the misstatements must cease. They are defied, however, by the Chicago concern, who continue to advertise the false statement that they received the highest award for strength, purity and excellence. Mr. Thatcher, Chief of Agricultural Awards, shows in his letter that the awards granted were "for an exhibit of baking powder," merely, not for superiority; while the Judge of Awards on Baking Powders writes a letter saying that "no such award was given to the Chicago company," as the company claims and advertises.

Another fact in connection with the baking powder business at the Chicago Fair has come to light. The identical baking powder made by the Chicago concern, and so brazenly advertized as having received the highest award for purity and excellence, it now appears was found by the analysts who made the tests at the Fair to contain traces of ammonia and sulphates.

The officials believe that though they may be powerless to stop the misleading publications of which they complain, the quick wit of the people will doubtless detect the spurious claims and be able to apply the proper remedy.

FARM AND GARDEN

Suggestions and Facts That Tend to Profit.

A VOLUME ON SMALL FARMING

The Great Northern Railway Has the Work Under Preparation and Is Desirous of Obtaining all Information Possible.

A communication has been received from St. Paul from F. I. Whitney, general passenger and ticket agent of the Great Northern railway, on the subject of small and diversified farming. The railway officials recognize the fact that there is far more business for a road from a region thickly populated and producing many kinds of crops than from a thinly populated one devoted only to the production of staples. For this reason they are anxious to see the Pacific Northwest increase largely in population by the cutting up of the large farms into small tracts and their cultivation in such a manner that each small area shall support a family. This matter of immigration is an important one and affects the entire Northwest. The efforts of the railroads to induce the right kind of immigrants to come here, and to lay before them the facts necessary to accomplish that end, should receive general encouragement and aid. The information asked for in the letter should be supplied by the intelligent farmers, journalists and hopgrowers who have it at their command. Mr. Whitney's letter is as follows:

"We are desirous of securing a series of letters from practical men of your State devoted to the discussion of intensive farming. In our various publications, which we freely distribute about the East, we have made the broad claim that ten acres properly cultivated to vegetables or fruits will make a good living for a family. This we have done on account of the many instances of success attending the tillage of small areas, an acre, more or less, which have come to us from nearly every part of the Pacific Northwest. There is more waste land from an agricultural standpoint in your States than in the Mississippi Valley. All the land capable of cultivation in your country should be in small holdings and made to produce to the limit. Small farming means much. It means better roads, better schools, nearer neighbors and better markets. It means sociability, companionship and touch with the world; but I need not enlarge upon the importance of increased population and well-managed acres.

"Your climate invites out-door life; it invites people from more rigorous sections to come and prolong their lives and usefulness. Your varied resources invite capital, industry and development. New men will uncover new avenues to wealth and happiness. We believe in building for the future, in laying sure and firm foundations; but while doing it we should share some of its benefits. Let us ourselves partake of the fruits of the tree and garden and enjoy while we live some of the beauty and perfume of the flowers.

"We therefore respectfully invite contributions from farmers, fruit-raisers and gardeners, showing what can be done on one acre and upwards, and how to do it, so that others may be instructed in the art of right living and labor. 'Ten Acres Enough' gave an Eastern writer material sufficient to prepare a very readable and useful book. We believe volumes can be written upon your resources and possibilities. We do not want a book from any single person; matter to fill a newspaper column will be plenty from each one, and our hope is we may be favored with enough short articles to make a book. Address F. I. Whitney, G. P. & T. A., Great Northern Railway, St. Paul, Minn."

How to Measure an Acre.

It is desirable—in fact, indispensable—for good work that a farmer should know how many acres are in his field. Otherwise he cannot apportion seed or manure for it, nor can he tell how much time it should take to plow, harrow or cultivate. A good cotton cord, the size of a plow line, should be kept for this purpose. To make one, buy sixty-seven feet of cotton rope an inch round, fasten a ring at each end and make these rings precisely sixty-six feet apart. This is four rods. Tie a piece of red rag in the center. One acre of ground will be a piece 4 of these cords long and 2⅛ wide, equal to 16 by 10 rods, making 160 square rods to an acre. The advantage of the rings is that one person can measure alone by driving a stake in the ground to hold the rope while he stretches it out. The rope should be soaked in tar and then dried. This will prevent shrinking.

Last year a neighbor of the writer had a heavy sod plowed by contract at $2.50 per acre. Three persons stepped it off. One said it was 4 acres, another said it was a little over 5, and the third said it was 3½ acres. The contractor sent over and got this rope, and all five men measured it, and it was found to be just 3½ acres. He had paid to have the grass cut off it for three years $1 per acre, or $5 each season, counting it to be five acres in extent, thus losing $4.50 through ignorance.

Get a measuring rod and when not in use put it away, so that the hands cannot get at it or they will be very apt to cut a piece off it to tie up harness, thus making it worthless for measuring purposes.

POULTRY NOTES.

There is more in the management than in anything else. Everything depends on the poultryman.

Cheap egg foods are mostly ground oyster shells, and the benefits are only imaginary. Don't buy them.

Feed sulphur sparingly, as it will cause rheumatism or leg weakness. Never give it in damp weather.

Don't "break up" a setting hen. It is lost time. Let her get rid of her fat, and she will lay more eggs in the end.

To keep eggs for hatching turn them three times a week and keep them in a cool place, where they will not freeze. They will then keep a month.

THE NICARAGUA CANAL.

The project of the Nicaragua canal has been debated in the U. S. Senate very vigorously. One thing should be remembered about that climate; it is death to almost every foreigner who goes there, and laborers especially succumb. It is said that the Panama Railroad cost a life for every tie. What an idea of pains and aches is in this sentence. It is mostly due to carelessness. Every laborer provided with St. Jacobs Oil would be armed against these troubles. Men's muscles there are cramped with rheumatic pain and they ache all over. That's just the condition where this sovereign remedy can do its best work. The fearful malady is very much like the breakbone fever in certain parts of America.

Running With a Human Trolley.

The novel sight of a man taking the place of the trolley on an electric car was seen last night on the Lake Roland elevated railway. The trolley on one of the large electric cars in crossing Lexington street at North street had its trolley wheel caught in the wire, and the entire trolley apparatus was torn off, falling to the street. The accident happened at a time when travel over the road was heavy, and it was necessary to prevent a blockade.

Lineman William Scott was equal to the occasion. He procured a piece of insulated wire, and after stripping each end of the insulating material connected one end through the car roof, and standing on the top of the car held the other end against the trolley wire. A connection being thus made the car was run over the elevated structure to the car barn at Walbrook without accident to Mr. Scott or delay to the other cars. Mr. Scott's position was a novel one and startled persons who are unused to electricity as he stood on the top of the car amid myriads of sparks and illuminated by lightninglike flashes from the trolley wire.—Baltimore Sun.

The Queen Receives a Pie.

In accordance with an ancient custom, Queen Victoria has been presented with a lamprey pie. It was an elaborate affair and was presented by the mayor, Mr. Matthews. He signified his intention of giving it, and the queen, through the lord high steward of Gloucester, intimated that she would be happy to receive it. Consequently the pie came, accompanied by two silver skewers bearing the arms of the city and the name of the mayor.—London Letter.

Mr. Ruskin's Finances.

Mr. Ruskin, says his biographer, Mr. W. G. Collingwood, is no longer a rich man. The £200,000 he inherited from his parents have gone, chiefly in gifts and in attempts to do good. The sale of his books is his only income, and a great part of that goes to an army of pensioners to whom in the days of his wealth he pledged himself. Nevertheless "he has sufficient for his wants and need not now feel poverty in his old age."

A County Without Taxes.

The county council of the North Riding of Yorkshire, England, have decided that they will not levy any taxes during the next 12 months. They are in a wonderfully happy position. The balance at their bankers is so large that they want no more money for a year.

It is not often that shares in the London Graphic and Daily Graphic newspapers come into the market. Some, however, were sold by auction the other day, and these realized as much as $277.50, these being $50 shares on which $35 only had been paid.

The highest honor of oratory at the commencement of Trinity college, in North Carolina, was carried off by a full blooded Choctaw Indian of the name of Joseph Maytubby.

HOW'S THIS?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure!
F. J. CHENEY & CO., Props., Toledo, Ohio.

We, the undersigned, have known F. J. Cheney for the past 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.
WEST & TRUAX, Wholesale Druggists, Toledo, O.
WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally acting directly upon the blood and mucous surfaces of the system. Price, 75c. per bottle. Sold by all Druggists. Testimonials free.

PURIFY YOUR BLOOD

Strengthen and invigorate your nerves and muscles, tone your stomach and digestive organs, and build up your whole system by the use of Hood's Sarsaparilla if you would avoid the grip, pneumonia, diphtheria and typhoid fever. These diseases seek for their most ready victims, persons who are weak, tired, debilitated and all run down, owing to impure and impoverished blood. Hood's Sarsaparilla purifies and vitalizes the blood, and wards off disease.

Hood's Sarsaparilla Cures

Hood's Pills cure nausea, sick headache.

A agreeable Laxative and NERVE TONIC. Sold by Druggists or sent by mail. 25c., 50c., and $1.00 per package. Samples free.

KO NO The Favorite TOOTH POWDER for the Teeth and Breath, 25c.

25 CTS. PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION 25 CTS.

HOPE CRUSHED TO EARTH

Will rise again in the bosom of a dyspeptic wise enough to substitute for the pseudo-tonics, which have bamboozled him out of his belief in the possibility of cure, the real invigorant and stomachic, Hostetter's Stomach Bitters. The bilious, the nervous, the dyspeptic, the rheumatic alike derive speedy benefit from this helpful botanic medicine. Persons suffering from indigestion will gain no positive permanent good from the fiery, unmedicated stimulants of commerce, too often used recklessly. The Bitters is immeasurably to be preferred to these as a tonic, since its pure basis is modified by the conjunction with it of vegetable ingredients of the highest remedial excellence. Malaria is prevented and remedied by it, and it infuses vigor into the weak and sickly. A wineglassful three times a day is the average dose.

Hoax—The question that worries me most is how to treat one's inferiors. De Tangue—Buy beer for 'em, that's good enough.

TELL YOUR FRIENDS.

Hosts of letters have been written, some to the proprietors of ALLCOCK'S POROUS PLASTERS, some to friends, telling of their inestimable value. Here is one from the Hon. Edmund L. Pitts, the late President of the New York State Senate:

"STATE OF NEW YORK, SENATE CHAMBER, ALBANY, March 11, 1886.

I have used ALLCOCK'S POROUS PLASTERS in my family for the past five years, and can truthfully say they are a valuable remedy and effect great cures. I would not be without them. I have in several instances given some to friends suffering with weak and lame backs, and they have invariably afforded certain and speedy relief. They cannot be too highly commended."

BRANDRETH'S PILLS will purify the blood

Teacher—When Robinson Crusoe was cast on the Island from whom did he get his clothes. Pupil—From the swell on the beach.

NEW WAY EAST—NO DUST.

Go East from Portland, Pendleton, Walla Walla via O. R. & N. to Spokane and Great Northern Railway to Montana, Dakotas, St. Paul, Minneapolis, Chicago, Omaha, St Louis, East and South. Rock ballast track; fine scenery; new equipment; Great Northern Palace Sleepers and Diners; Family Tourist Cars; Buffet-Library Cars. Write C. C. Donovan, General Agent, Portland, Oregon, or F. I. Whitney, G. P. & T. A., St. Paul, Minn., for printed matter and information about rates, routes, etc.

Higbee—Newed suffers terribly from dyspepsia. Robbins—Well, you know, his wife is a graduate of a cooking school.

PIANOS—Hardman—Chickering—Fischer. Low prices; easy terms. For sale by WILEY B. ALLEN CO. (the oldest and Largest music store), 211 First St., Portland.

Use Enameline Stove Polish; no dust no smell.

TRY GERMEA for breakfast.

THE ONWARD MARCH

of Consumption is stopped short by Dr. Pierce's Golden Medical Discovery. If you haven't waited beyond reason, there's complete recovery and cure.

Although by many believed to be incurable, there is the evidence of hundreds of living witnesses to the fact that, in all its earlier stages, consumption is a curable disease. Not every case, but *a large percentage of cases,* and we believe, **fully 98 per cent.** are cured by Dr. Pierce's Golden Medical Discovery, even after the disease has progressed so far as to induce repeated bleedings from the lungs, severe lingering cough with copious expectoration (including tubercular matter), great loss of flesh and extreme emaciation and weakness.

Do you doubt that hundreds of such cases reported to us as cured by "Golden Medical Discovery" were genuine cases of that dread and fatal disease? You need not take our word for it. They have, in nearly every instance, been so pronounced by the best and most experienced home physicians, who have no interest whatever in misrepresenting them, and who were often strongly prejudiced and advised against a trial of "Golden Medical Discovery," but who have been forced to confess that it surpasses, in curative power over this fatal malady, all other medicines with which they are acquainted. Nasty cod-liver oil and its filthy "emulsions" and mixtures, had been tried in nearly all these cases and had either utterly failed to benefit, or had only seemed to benefit a little for a short time. Extract of malt, whiskey, and various preparations of the hypophosphites had also been faithfully tried in vain.

The photographs of a large number of those cured of consumption, bronchitis, lingering coughs, asthma, chronic nasal catarrh and kindred maladies, have been skillfully reproduced in a book of 160 pages which will be mailed to you, on receipt of address and six cents in stamps. You can then write those cured and learn their experience. Address WORLD'S DISPENSARY MEDICAL ASSOCIATION, Buffalo, N.Y.

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if you use the Petaluma Incubators & Brooders. Make money while others are wasting time by old processes. Catalog tells all about it, and describes every article needed for the poultry business.

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The "ERIE" mechanically the best wheel. Prettiest model. We are Pacific Coast Agents. Bicycle catalogue, mailed free, gives full description, prices, etc., AGENTS WANTED.
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SYRUP of FIGS

ONE ENJOYS

Both the method and results when Syrup of Figs is taken; it is pleasant and refreshing to the taste, and acts gently yet promptly on the Kidneys, Liver and Bowels, cleanses the system effectually, dispels colds, headaches and fevers and cures habitual constipation. Syrup of Figs is the only remedy of its kind ever produced, pleasing to the taste and acceptable to the stomach, prompt in its action and truly beneficial in its effects, prepared only from the most healthy and agreeable substances, its many excellent qualities commend it to all and have made it the most popular remedy known.

Syrup of Figs is for sale in 50c and $1 bottles by all leading druggists. Any reliable druggist who may not have it on hand will procure it promptly for any one who wishes to try it. Do not accept any substitute.

CALIFORNIA FIG SYRUP CO.
SAN FRANCISCO, CAL.
LOUISVILLE, KY. NEW YORK, N.Y.

W. L. DOUGLAS $3 SHOE IS THE BEST. FIT FOR A KING.

$5. CORDOVAN, FRENCH & ENAMELLED CALF.
$4. $3.50 FINE CALF & KANGAROO.
$3.50 POLICE, 3 SOLES.
$2.50 $2. WORKINGMEN'S. EXTRA FINE.
$2. $1.75 BOYS' SCHOOL SHOES.
LADIES. $3. $2.50 $2. $1.75 BEST DONGOLA.
SEND FOR CATALOGUE. W. L. DOUGLAS, BROCKTON, MASS.

Over One Million People wear the
W. L. Douglas $3 & $4 Shoes
All our shoes are equally satisfactory
They give the best value for the money.
They equal custom shoes in style and fit.
Their wearing qualities are unsurpassed.
The prices are uniform,—stamped on sole.
From $1 to $3 saved over other makes.
If your dealer cannot supply you we can.

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Always the best. Known everywhere. **Ferry's Seed Annual for 1895** tells you what, how, and when to plant. Sent Free. Get it. Address D. M. FERRY & CO., Detroit, Mich.

Manhood restored. Night Emissions, Weak memory, Atrophy, Sexual Weakness, etc., Surely cured by **POLLEN ACME** NATURE'S REMEDY

The life germ and vital force of plants and flowers; it gives vigor, power and size to the vital organs of man.

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POLLEN ACME The most wonderful achievement in Medical Science. *The only acknowledged permanent cure guaranteed.* New York 225-227 Fulton St.

Easy to carry in vest pocket. Price $1. Six for $5. Sent in plain wrapper, or at all Druggists. Address, STANDARD REM. CO. SEATTLE, WASH. PAC. COAST BRANCH.

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"A FAIR FACE MAY PROVE A FOUL BAGAIN." MARRY A PLAIN GIRL IF SHE US

SAPOLIO

MALARIA! DO YOU FEEL BAD? DOES YOUR BACK ache? Does every step seem a burden? You need **MOORE'S REVEALED REMEDY.** Three doses only. Try it.

HOW TO SAVE MONEY.

Buy your GROCERIES AND PROVISIONS of us, and we will save you money. We handle the best goods and deliver free to trains or boats. We buy and sell for spot cash, and sell goods cheaper than any other firm in the country. Send us your name and address, and we will mail you our new price list, which will be out soon. We offer to day: Climax tobacco, 40 cents per pound.

Dry granulated sugar in 10-lb. sacks for	$4 75	Best coal oil per case	$1 80
Best brands of flour per barrel	2 15	Arbuckle's coffee per pound	22½

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