Health Officers Speak.

City, State and National Authorities report the Royal Baking Powder in every way Superior to all others.

STATE CHEMIST, CALIFORNIA: The ROYAL fulfils all the requirements. Our tests show it has greater leavening power than any other.

STATE CHEMIST, WASHINGTON: There is no question but the ROYAL is the strongest, purest and most wholesome baking powder in the market.

U. S. GOV'T FOOD REPORT: ROYAL BAKING POWDER is shown a pure cream of tartar powder, highest of all in leavening strength.

CANADIAN OFFICIAL TESTS: ROYAL BAKING POWDER is commended as of highest excellence, and shown to be greatest of all in leavening strength.

SAN FRANCISCO BOARD OF HEALTH: We cordially approve and recommend the ROYAL BAKING POWDER. It is absolutely pure and healthful, composed of the best ingredients, of the highest strength and character.

BOARD OF HEALTH, SEATTLE, WASHINGTON: Finding in analysis that it is entirely free from any adulteration, we heartily recommend the ROYAL BAKING POWDER for its great strength, purity and wholesomeness.

BOARD OF HEALTH, TACOMA, WASHINGTON: In our judgment the ROYAL is the best and strongest baking powder before the public.

BOARD OF HEALTH, SPOKANE: Certainly there is no baking powder known to us equal to the ROYAL.

DR. BINSWANGER, UNIVERSITY OF OREGON: It is also my opinion that there exists no purer, better or stronger baking powder than the ROYAL. I confidently recommend it.

Do not permit the slanderous stories of interested parties to influence you in using any other than The Best, The Royal.

1,400 Years Without a Woman.

There is a monastery at St. Honarat, on an island near Cannes, France, which was built in the fourth century. No woman has ever been allowed to enter its walls during the 1,400 years of its existence.

The recent letter from the Judge of Awards on Baking Powders at the Chicago World's Fair exposing the falsity of the claim of a Chicago house that its baking powder had received the highest award for strength, purity, excellence, etc., is a scathing rebuke to those manufacturers of inferior baking powders who have no regard for the truth, but habitually seek, in their public announcements to deceive consumers. The Judge of Awards states that no such award was given to the Chicago concern, and has notified it that it must cease publishing his name in connection with its false statements.

PHYSICAL STRENGTH,

cheerful spirits and the ability to fully enjoy life, come only with a healthy body and mind. The young man who suffers from nervous debility, impaired memory, low spirits, irritable temper, and the thousand and one derangements of mind and body that result from, unnatural, pernicious habits usually contracted in youth, through ignorance, is thereby incapacitated to thoroughly enjoy life. He feels tired, spiritless, and drowsy; his sleep is disturbed and does not refresh him as it should; the will power is weakened, morbid fears haunt him and may result in confirmed hypochondria, or melancholia and, finally, in softing of the brain, epilepsy, ("fits"), paralysis, locomotor ataxia and even in dread insanity.

To reach, re-claim and restore such unfortunates to health and happiness, is the aim of the publishers of a book of 136 pages, written in plain but chaste language, on the nature, symptoms and curability, by home-treatment, of such diseases. This book will be sent sealed, in plain envelope, on receipt of this notice with ten cents in stamps, for postage. Address, World's Dispensary Medical Association, Buffalo, N. Y.

For more than a quarter of a century physicians connected with this widely celebrated Institution have made the treatment of the diseases above hinted at their specialty. Thousands have consulted them by letter and received advice and medicines which have resulted in permanent cures.

Sufferers from premature old age, or loss of power, will find much of interest in the book above mentioned.

Growing too Fast

means that children do not get proper nourishment from food. They are therefore thin, narrow-chested and weak.

Scott's Emulsion

the cream of Cod-liver Oil and hypophosphites, supplies material for growth. It makes sound bones, solid flesh and healthy, robust children. *Physicians*, the world over, endorse it.

Don't be deceived by Substitutes!

Prepared by Scott & Bowne, N. Y. All Druggists.

TAKEN FOR A GHOST.

An Amusing Experience of a Young Irish Traveler In Ghent.

Many years ago an Irish student, having obtained a traveling scholarship at Oxford, went abroad to see the world, of which he knew little. Crammed with the classics, he had not the slightest knowledge of any modern language save English.

On landing at the sleepy town of Ghent he put up at an old many passaged hotel and sallied forth in the evening to see the town. Shortly after 9 o'clock he returned to the hotel through streets ominously silent. He found the doors shut and saw no signs of life within. After making noise enough to rouse the "seven sleepers" he heard the sound of some one moving within.

The door was stealthily unbarred, and some one—whether man or woman he could not tell—holding a dim oil lamp reluctantly gave him admission. Then, barring the door and muttering unintelligible sounds, the figure disappeared. The guest yelled for the waiter and was answered by a mocking echo.

He groped his way up the creaking staircase and felt along the passage till he came to an open door. Thinking it the door of his room, which he had left open to guide him, he entered. A shriek was heard, and a gruff voice called out in French, "Who are you?" He retreated and heard the door angrily shut and bolted.

In a little tinder box he had some cigar fuses and a wax taper. He lighted one of the fuses, but before he could apply the flame to the taper it went out. After exhausting his stock of matches and filling the passage with a strong sulphurous odor he was left in the darkness of despair.

He regained the staircase, descended it and found his way to a subterranean passage. There suddenly he heard a piercing shriek and then a fall like that of a carpetbag. A rushing of many feet was followed by a light.

The feet were those of waiters and chambermaids. The fall was that of a plump English lady's maid. The bearer of the light spoke English, and from him the stranger learned the cause of his rescue.

The fruitless attempts to light his taper had covered his fingers with phosphorus from the matches. His gesticulations had rubbed the phosphorus over his clothes, and in the dark passage he glowed with unearthly light. The lady's maid's nerves were upset, and she went into hysterics. Having explained these facts, the waiter showed the guest to his room.—Philadelphia Times.

BRAND THE CLAIM AS FALSE.

World's Fair Officials Expose a Pretender to an Award.

One of the odd results of the World's Fair is the claim now made to awards by some who were not even exhibitors. Officials of the exposition have not as yet taken final action in the matter, believing the quick wit of the people will detect the spurious claims. But to the case of a New York baking powder, that has been widely advertising an award, the attention of the Chief of Awards for Agriculture has been directed. He brands the claim of this pretender as false, declaring "Neither the records of this department nor the official catalogue of the World's Columbian Exposition show that this New York company was an exhibitor; consequently it could not receive an award at the World's Fair."

Those who fairly won their honors at the fair seem disposed to treat this fraud as any other fraud should be treated. The Price Baking Powder Company of Chicago, having received the highest award, say they are convinced their claims and those of all other holders of rightful honors will be fully vindicated by the public.

WILD FIRES.

The devastation and suffering caused by the flames of the wild prairie and forest fires in the West last summer has a horrible detail in the loss of life and destruction of property. Men, women and children by scores choked by smoke and roasted alive; their homes destroyed and hundreds maimed and crippled. It is painful to contemplate, but still important and charitable to make it known that St. Jacobs Oil, used according to directions, is one of the best cures for burns and scalds, and should be kept on hand. There is no household that should be without the great remedy for pain, for there are none without the need of it. Little things like slight cuts and wounds it heals and cures like magic and helps the house work on.

A FRIVOLOUS AND SELFISH BIRD.

Immoral Life and Eviction of Its Hosts and Fellow Nestlings.

A popular fallacy tells us that a cuckoo lays eggs in another bird's nest. She does not. She lays eight eggs on the ground. The eggs are in size, color, spots and shape in accordance with the information obtained, say, in Leigh woods: Out of the eight eggs five or six would closely resemble the hedge sparrow's. The other two might be those of a titlark, a wren or a linnet. Her male friends—about three or four to each lady—now come forward, select each an egg and carry it in its mouth to the nest of the prearranged foster mother. Only one cuckoo egg is placed in one nest. If he finds a cuckoo has preceded him on the same errand, he seeks another cradle, knowing in a moment, amid all the eggs present, the cuckoo pedigree.

The deluded mother hatches the intruder with her own brood, and the interloper, having the faculty of being hatched sooner than the others, is of course the first to come out of his shell. He manages to wriggle underneath his brothers and sisters and presents them as a heave offering to the expectant rodents, mice, rats, stoats and what not, and within 12 hours of his existence is the supreme occupier of the nest. He keeps his black mouth wide open continually, which the father and mother of the departed chickens as constantly fill until his body is too big for his home, and he departs therefrom forever.

The cuckoo leaves the last week of July. He is a restless being, like the soul of John Brown, always marching on. After leaving Europe he begins in the north of Africa and ends at the Cape of Good Hope, whence he returns to Europe in the spring. Why does he go away and why come back? Food—the food he loves—the hairy caterpillar. He will eat other grubs, but these are his hourly bread.

It has been estimated in round numbers that out of every 100 hairy caterpillars that wriggle into life 99 are devoured by cuckoos. Everywhere nature is careful to maintain her balance. The cuckoo keeps down the millions of billions of hairy caterpillars and preserves our cornfields from being eaten up by hedge sparrows. The cuckoo is a born conservative, and as long as he lives returns annually to the neighborhood of his birth.—Western (England) Press.

Concerning Cinderella.

The English Folklore society claims to have discovered through the patient investigation of years that the story of Cinderella is a familiar tale in the most ancient literature of India and Egypt, and that it has been rehearsed in 845 different ways.

A HERALD OF THE INFANT YEAR.

Clip the last thirty years or more from the century, and the segment will represent the term of the unbounded popularity of Hostetter's Stomach Bitters. The opening of the year 1895 will be signalized by the appearance of a fresh Almanac of the Bitters, in which the uses, derivation and action of this world-famous medicine will be lucidly set forth. Everybody should read it. The calendar and astronomical calculations to be found in the brochure are always astonishingly accurate, and the statistics, illustrations, humor and other reading matter rich in interest and full of profit. The Hostetter Company of Pittsbug, Pa., publish it themselves. They employ more than sixty hands in the mechanical work, and more than eleven months in the year are consumed in its preparation. It can be obtained, without cost, of all druggists and country dealers, and is printed in English, German, French, Welsh, Norwegian, Swedish, Holland, Bohemian and Spanish.

"Smith is looking very low-spirited. Has there been any trouble in the family?" Dubbs—Yes; a rich uncle has just recovered from a serious illness.

Scrofula in the Neck

Is a dangerous, disagreeable and tenacious, but Hood's Sarsaparilla as a thorough blood purifier, cures this and all other forms of scrofula. "I had a bunch on the side of my neck as large as a hen's egg. I was advised to have it cut out, but would not consent. A friend suggested that I take Hood's Sarsaparilla, which I am glad to say that I did, and soon the bunch

Mrs. Ella Billings

Entirely Disappeared.

I can truly praise Hood's Sarsaparilla for I know it is an excellent medicine. I have recommended Hood's Sarsaparilla highly in the past, and shall continue to do so."—MRS. ELLA BILLINGS, Red Cloud, Neb. Remember

Hood's Sarsaparilla Cures

Hood's Pills are the best after-dinner Pills, assist digestion, prevent constipation.

CURE THAT COUGH WITH SHILOH'S CURE

TAKE THE BEST

25cts., 50cts. and $1.00 Bottle. One cent a dose.

It is sold on a guarantee by all druggists. It cures Incipient Consumption and is the best Cough and Croup Cure.

Three Leading Scientists

Proclaim the Superior Value of

Dr. Price's Baking Powder.

Scientists are devoting closer attention to food products. Recent examinations of baking powders by Prof. Long, Dr. Haines, and Prof. Prescott, were made to determine which powder was the purest, highest in leavening strength, most efficient in service, and most economical in cost. They decide that Dr. Price's Cream Baking Powder excels in all the essentials of an ideal preparation for household use. They write:—

"Chicago, March 28th, 1894.

We have purchased in the open market cans of Dr. Price's Cream Baking Powder and also of the other leading brands of baking powders, and have submitted them to chemical analysis. We find that Dr. Price's Cream Baking Powder is a pure cream of tartar powder, that is has a considerably greater leavening strength than any of the other baking powders we have ever tested.

PROF. JOHN H. LONG, *Northwestern University*, Chicago.
DR. WALTER S. HAINES, *Rush Medical College*, Chicago.
PROF. ALBERT B. PRESCOTT, *Univ. of Michigan*, Ann Arbor."

What Wearied Him.

A friend once asked an aged man what caused him to complain so often at eventide of pain and weariness. "Alas," replied he, "I have every day so much to do. I have two falcons to tame, two hares to keep from running away, two hawks to manage, a serpent to confine, a lion to chain and a sick man to tend and wait upon."

"Well, well," commented his friend, "you are busy, indeed! But I didn't know that you had anything to do with a menagerie. How, then, do you make that out?"

"Why," continued the old man, "listen. Two falcons are my eyes, which I must guard diligently; the two hares are my feet, which I must keep from walking in the ways of sin; the two hawks are my hands, which I must train to work, that I may provide for myself and those dependent on me, as well as for a needy friend occasionally; the serpent is my tongue, which I must keep ever bridled lest it speak unseemly; the lion is my heart, with which I have a continual fight lest evil things come out of it, and the sick man is my whole body, which is always needing my watchfulness and care. All this daily wears out my strength."—Exchange.

A Boston Confession.

Sometimes it seems as if the New York and Chicago jibes at Boston and their notion of the sort of conversation common here are not so baseless as they usually seem. It is undoubtedly true that one young girl who told another the other day that she had read Emerson until she was tired of him and longed for something "new and refreshing" was recommended by her friend to try Epictetus, "because of his nice short sentences," and Kant's "Critique of Pure Reason," "because it sounds so much like Mrs. Blank's 'sciences.'"—Boston Transcript.

Burns, the most extraordinary musical genius that England ever produced, died at the age of 37 from a cold contracted by being locked out of the house by his termagant wife. He was popularly said to be the handsomest man in London.

His Last Visit.

Stranger (to small boy)—Is your neighbor Jones at home?

Small Boy—No, sir. He went to the cemetery this morning.

"When will he return?"

"He's gone to stay."—Texas Siftings.

R. HALL'S

PULMONARY BALSAM

The Best **CURE** for **Coughs**, Colds and **Consumption.**

Sold by all Druggists. Price, 50 cents.
J. R. GATES & CO., Proprietors,
417 Sansome St., S. F.

SMOKE

Sweet Virginia

PLUG CUT

FRAZER AXLE GREASE

BEST IN THE WORLD.

Its wearing qualities are unsurpassed, actually outlasting two boxes of any other brand. Free from Animal Oils. GET THE GENUINE.

FOR SALE BY OREGON AND WASHINGTON MERCHANTS and Dealers generally.

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PISO'S CURE FOR

Consumptives and people who have weak lungs or Asthma, should use Piso's Cure for Consumption. It has **cured thousands.** It has not injured one. It is not bad to take. It is the best cough syrup. Sold everywhere. **25c.**

CONSUMPTION.

HOITT'S SCHOOL.

One of the best Schools for Boys on this Coast is in charge of Ex-State Superintendent Ira G. Hoitt, Ph. D., at Burlingame, San Mateo county, Cal.

"No; I never hang up my stocking. I get so little in it!" "Oh! yes—yes—certainly; I never thought of that."

ON THE OCEAN.

There is no place where ALLCOCK'S POROUS PLASTERS do not prove their value. George Augustus Sala, the well-known English writer, writing of his trip across the Pacific, says:

"I especially have a pleasant remembrance of the ship's doctor—a very experienced maritime medico indeed, who tended me most kindly during a horrible spell of bronchitis and spasmodic asthma, provoked by the sea fog which had swooped down on us just after we left San Francisco. But the doctor's prescriptions and the increasing warmth of the temperature as we neared the tropics, and in particular a couple of ALLCOCK'S POROUS PLASTERS clapped on—one on the chest and another between the shoulder blades—soon set me right."

BRANDRETH'S PILLS always act uniformly.

Cousin Kate—You have made it look as good as ever, Charley, you're a trump. Charley—Yes; but then it's no uncommon thing for women to refuse trumps.

CATARRH CANNOT BE CURED

With LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years, and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.

F. J. CHENEY & CO., Props., Toledo, O.

Sold by druggists; price, 75 cents.

Use Enameline Stove Polish; no dust no smell

TRY GERMEA for breakfast.

Ely's Cream Balm

QUICKLY CURES

COLD IN HEAD

Price 50 Cents.

Apply Balm into each nostril. ELY BROS., 56 Warren St., N.Y.

ELY'S CREAM BALM CURES COLD IN HEAD CATARRH HAY-FEVER ELY BROS.

HENRY'S CARBOLIC SALVE

The most powerful healing ointment ever discovered.

HENRY'S CARBOLIC SALVE cures sores.
" " " allays burns.
" " " heals pimples.
" " " cures wounds and cuts. Ask for Henry's; take no other. Beware of counterfeits. Sold by all druggists; 25 cents a box.

$100 FOR THE WIFE.

To the person or club returning us the largest number of

GOLDEN WEST BAKING POWDER

Certificates on or before June 1, 1894, we will give a cash prize of $100, and to the next largest numerous other prizes ranging from $5 to $75 IN CASH. CLOSSET & DEVERS, Portland, Or.

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Portland, Walla Walla, Spokane, via O. R. & N. Railway and Great Northern Railway to Montana points, St. Paul, Minneapolis, Omaha, St. Louis, Chicago and East. Address nearest agent. C. C. Donavan, Gen. Agt., Portland, Or.; R. C. Stevens, Gen. Agt., Seattle, Wash.; C. G. Dixon, Gen. Agt., Spokane, Wash. No dust; rock-ballast track; fine scenery; palace sleeping and dining cars; buffet-library cars; family tourist sleepers; new equipment.

Mothers, Wives and Sisters

The Divine Influence of Home is in Your Keeping. It is a Sacred Trust. If you will remember that

ALCOHOLISM

Is a disease, and will use your loving influence to have the **Patient** take a Cure, there will be **Sunshine** where **Sorrow** now dwells.

THE FITTZ CURE

Comes as a friend in time of need. It is **Safe, Reliable,** and a **Sure Cure.** Can be taken at home. No loss of time; no publicity.

Correspondence Confidential.
The Cure Guaranteed.
Price, $25.00.

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HIGHEST AWARD!

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THE GREAT MEDICINAL FOOD

Has justly acquired the reputation of being The Salvator for

INVALIDS and The Aged.

AN INCOMPARABLE ALIMENT for the GROWTH and PROTECTION of INFANTS and

CHILDREN

A superior nutritive in continued Fevers, **And a reliable remedial agent in all gastric and enteric diseases;** often in instances of consultation over patients whose digestive organs were reduced to such a low and sensitive condition **that the IMPERIAL GRANUM was the only nourishment the stomach would tolerate when LIFE seemed depending on its retention;**—And as a FOOD it would be difficult to conceive of anything more palatable.

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mechanically the best wheel. Prettiest model. We are Pacific Coast Agents. Bicycle catalogue, mailed free, gives full description, prices, etc., AGENTS WANTED.

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The life germ and vital force of plants and flowers; it gives vigor, power and size to the vital organs of man.

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For sale by all Druggists. 25 Cents a bottle.

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'TIS CHEAPER IN THE END.

MALARIA!

DO YOU FEEL BAD? DOES YOUR BACK ache? Does every step seem a burden? You need **MOORE'S REVEALED REMEDY.**

Three doses only. Try it.

HOW TO SAVE MONEY.

Buy your GROCERIES AND PROVISIONS of us, and we will save you money. We handle the best goods and deliver free to trains or boats. We buy and sell for spot cash, and sell goods cheaper than any other firm in the country. Send us your name and address, and we will mail you our new price list, which will be out soon. We offer to day: Climax tobacco, 40 cents per pound.

Dry granulated sugar in 10-lb sacks for	$5 00	Best coal oil per case	$1 80
Best brands of flour per barrel	2 15	Arbuckle's coffee per pound	22½

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