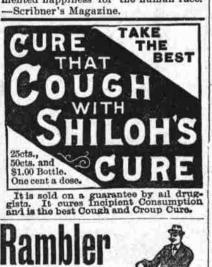
Be on your Guard.

> If some grocers urge another baking powder upon you in place of the "Royal," it is because of the greater profit upon it. This of itself is evidence of the superiority of the "Royal." To give greater profit the other must be a lower cost powder, and to cost less it must be made with cheaper and inferior materials, and thus, though selling for the same, give less value to the consumer.

> To insure the finest cake, the most wholesome food, be sure that no substitute for Royal Baking Powder is accepted by you.

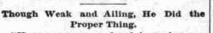
Nothing can be substituted for the Royal Baking Powder and give as good results.

John Drew on Acting. The actor, unless he be in nature perverted, must exhibit in his life the effect of his calling, a calling desirous of the same results as other arts-the advancement of the human mind through the ministration of beauty and truthan advancement out of which necessarily flow increased civilization and augmented happiness for the human race.



BICYCLES. wift, Light, Strong, Reliable and Beau-tiful.

A live agent wanted in every city and town in Ore-gon, Washington and Idaho. Send for catalogue and



"Have you ever wondered just what you would do if, without a word of warning, you were placed in a situation where you had the choice of risking your own life suddenly presented to you?" asked Gadderly at the club the other night. Several members declared they had not.

A GENUINE HERO.

"I recall a vivid instance of the kind." said Gadderly as he ordered another bottle and braced himself back in his chair. "It had often been a matter of speculation with me as to just what my action would be in a moment of extreme peril, and I am glad to say, gentlemen, that when the time did come I was not unequal to the occasion." There was a subdued murmur of sup-

ressed interest. "Some time ago," he continued, "my health was so poor that upon the advice of my physician I engaged passage in a schoon-er bound for Florida. The captain had on board his little daughter, a sweet child of 12 years. One balmy day after we had been out a week I was slowly pacing the deck, and I may say that it was a particularly memorable occasion for me, that being the first day I was strong enough to walk, when I heard a sudden splash, and looking up hastily I discovered that the little girl had fallen overboard. Gentlemen, you can imagine my feelings."

Several members nodded. "Here was the opportunity of my life,

There was a light breeze, and the schooner was moving lazily through the water. I rushed to the railing. For a brief instant I caught a glimpse of the terror stricken face of my little companion, and then she sank. In that brief moment, gentlemen, I have no hesitation in saying that I lived a lifetime. And yet—I say it calmly and dispassionate v-the determination to save that little girl's life never once was shaken. Before any one on deck knew what I was about I sprang to the railing and threw"-

"Excuse me a moment," interrupted his friend Gilback. "Old man, you know you can't swim."

AT ANTWERP'S FAIR. AMERICA WELL REPRESENTED IN THE

BELGIAN EXPOSITION.

It Will Be Pre-eminently a Business Exhibition and Offers Great Inducements to Our Merchants and Manufacturers-Antwerp's Advantages as a Market.

Belgium's international exposition, which open at Antwerp on May 5, will be more important, interesting and attractive to Americans than any other of the numerous European exhibitions of this year, though we shall probably be adequately represented at all of them in the matter of exhibits as well as by the number of our people in attendance. Antwerp's exhibi-tion will be by far the largest of the lot and is expected to surpass the famous Paris exposition and all others of recent years, excepting only that of last year at Chicago. It will be pre-eminently a business fair, and will probably afford more profitable opportunities to our merchants and man-ufacturers than were offered even at the

Columbian exposition. The advantages of Antwerp as a great exchange market for American products can hardly be overestimated. It is the great commercial emporium for all northwestern Europe, and as its neutrality is guaranteed by the powers the port is safe from blockade in case of war, a fact which gives it an advantage over any port in France or Germany as a place for the establishment of branches of foreign mercantile houses. The foreign trade of the city has increased enormously since the Scheldt was opened to commerce by the



THE AMERICAN BUILDING.

treaty of Paris in 1839, and probably no other city of the world has so many foreign establishments, if the various colonial branches in London and Liverpool be excepted.

To the scholar, the artist and the ordinary sightseeing tourist Antwerp is no less interesting than to the merchant. The archæologist must feel an interest in the city which had its beginning on the banks of the Scheldt two centuries before the Trojan war. The historical student must pay his respects to the city so closely associated with Godfrey of Boulogne, Philip II, William of Orange and the great struggle against Spanish domina-tion. The artist must feel a reverence for the city which cradled Rubens, Vandyke, the two Teniers, Jordaens, Frans Floris and Quentin Matsys and still guards their masterpleces as her most precious posses sions

The ordinary tourist will feel or affect an interest in the famous old cathedral, with its 400 foot tower and its great altar plece by Rubens, "The Descent From the Cross," in the great artist's equally fa-mous "Holy Family," which hangs in the Church of St. Jacques, or in some one or all of the hundred other examples of his finest productions which the city has to show, or perhaps they will grow enthusiastic over the celebrated well cover of delicate iron tracery forged by Quentin Matsys or over his pictures or those of some of the other great lights of the artistic world They will find much to interest them, too, in the Plantin museum, which includes the famous sixteenth century printing of fice of Christopher Plantin, where the great Polyglot Bible was printed, besides a priceless collection of books, pictures,

Not All From Her. Fiddleback (in Castleton's room)-Isn't that a picture of the girl you have been so much in love with? Castleton-Yes, that's the girl. pose she gave you that mouchoir case, didn't she?

Castleton-Yes. Fiddleback-Come to think of it, there are quite a number of things here I haven's seen before. There's a pretty piece of china. Castleton-Yes: she painted that herself. Fiddleback-She didn't give you that volume of love songs, did she! Castleton-Xes, she did. Fiddleback-And that lamp!

Castleton-Yes. Fiddleback-Well, you are in luck. That

girl must think a great deal of you, old fellow. Hello! What's in that bundle over there? Something else she has sent? Castleton (glaring)-No, sir; it isn't Fiddleback-I beg your pardon. I didn' ean to be inquisitive.

Castleton (gloomily)-Notat all. There no secret about what's in that bundle. Fiddleback-What is it, old man? Castleton-That's a wedding present am going to send her .- Exchange.

Taking It For Granted.



-I had a proposal yesterday from man of 75, with an income of \$30,000. Bertha-When are you going to be man ried?-Truth.

Spring. Spring, gentle spring, is here at last. The snow has gone away. No more we feel the winter's blast— The spring has come to stay. The small boy, with his heart a-thump, Determination grim, Into the view refers a jump.

Into the river takes a jump And has his first spring swim

The clerk, with figures in a row, Now counts his meager hoard And wonders where he'd better go For two weeks' country board.

And every married man is sad To think that he is broke, Because his darling wife has had To buy that new spring cloak,

Digestibility of Foods. Calf's foot jelly, tripe and rice are the articles of food most easily digested, the time required for the first being only thirty minutes, and for the other two one hour each. Among the fish the short fiber of the whiting, "the chicken of the sea," makes it easily digestible. But the foods that are most easily digested are not always the most the principal diet of a third of the human race, is not nearly so nutritions as wheat or some other grains, though it is far more easily digested than they; more than nine-tenths of its substance consists of starch and water, and it consequently forms more fat than muscle. Digestion is rather hindered by care and worry or ill health. The process usually occupies from two to three hours .-

MAN'S INHUMANITY TO HIMSELF.

The most inhuman outrages, outrages which The most inhuman outrages, outrages which would disgrace the savage, man perpetrates upon his own system by swallowing drastic pur-gatives which convulse his system. Many people constantly do this under the impression that medicaments only which are violent in their action, and particularly cathartics, are of any avail. Irreparable injury to health is wrought under this mistaken idea. The laxative which most nearly approaches the beneficient action of nature is Hostetter's Stomach Bitters, which his painless, but thorough, and invigorates the in-testinal canal instated of weakening and irritat-ing it. The liver and the stomach share in the benign discipline instituted by this compre-hensive medicine, whose healthful influence is feit throughout the system. Malarious, rheu-matic, kidney and nervous complaints succumb to it. cure it promptly for any one who substitute. to it. "Was there no one to sympathize with the poor wretch who was being lynched" "I be-lieve a voice did call out and tell him his neck-tie was up behind."

Brooklyn Eagle.

MRS. HENRY WARD BEECHER Has retained her vigor of mind as well as strength of body in her old age. She

writes: "40 ORANGE ST., BROOKLYN, N. Y., February 11, 1890.] "I have used Allcock's Plasters for

"I have used ALLCOCK'S PLASTERS for some years for myself and family, and, as far as able, for the many sufferers who come to us for assistance, and have found them a genuine relief for most of the aches and pains to which flesh is heir. I have used ALLCOCK'S PLASTERS for all kinds of lameness and acute pain, and by frequent experiments find that they can control many cases not noticed in your circulars. "The above is the only testimonial I have ever given in favor of any plaster, and if

ever given in favor of any plaster, and it my name has been used to recommend any other, it is without my authority or sanc-tion. MES. HENEY WARD BEECHER." BRANDRETH'S PILLS are the best medicine known.

Caller-Your office is as hot as an oven. Mer-chant-Well it might be! I make my daily bread here, you know.

As a cure for sore throat and coughs "Brown's Bronchial Troches" have been thoroughly tested, and maintain a good reputation.

Wife (angrily)-Yes; before you married me you confessed you loved me! Husband-Yes; and I had nothing taken off my sentence for doing so, either.

HOW'S THIS?

We offer One Hundred Dollars' Reward for ny case of catarrh that cannot be cured by

We offer One Hundred Dollars' Reward for any case of catarrh that cannot be cured by Hall s Catarrh Cure. F. J. CHENEY & CO., Props., Toledo, O. We, the undersigned, have known F. J. Che-ney for the last fifteen years, and believe him perfectly honoratole in all business transactions and financially able to carry out any obligation made by their firm. Wholesale Druggists, Toledo, O. WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price, 75 cents per bottle. Sold by all druggists. Testimonials free.

Guard yourself for summer malaria, tired feeling, by using now Oregon Blood Purifier. Use Enameline Stove Polish; no dust no smell.

TRY GREMEA for breakfast.



ONE ENJOYS

Both the method and results when Syrup of Figs is taken; it is pleasant and refreshing to the taste, and acts gently yet promptly on the Kidneys, Liver and Bowels, cleanses the sysnutritions. Thus rice, which is more extensively used as an article of food aches and fevers and cures habitual than anything else, forming as it does constipation. Syrup of Figs is the only remedy of its kind ever produced, pleasing to the taste and acceptable to the stomach, prompt in its action and truly beneficial in its effects, prepared only from the most healthy and agreeable substances, its many excellent qualities commend it to all and have made it the most popular remedy known.

Syrup of Figs is for sale in 50c and \$1 bottles by all leading druggists. Any reliable druggist who may not have it on hand will pro-



Blood Poisoned Hood's Sarsaparilla Purified and Cured.

"I was poisoned by ivy and live onk, causing inflammation, eruptions, and intense itching and burning on my legs. I had to stop work, and Decided to Try Hood's Sarsaparilla and Hood's Pills. My bowels had been irregular for five or six years. I have taken nearly the whole box of pills and the bottle of Sarsapa-rilla and do not have any poison symptoms. My bowels now move regularly every day. I weighed 150 before taking Hood's Sarsaparilla,

Hood's Sarsa-parilla ures

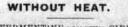
now I weigh 162 pounds. I have been at work steady at farm labor, that being my occupation, ever since I was cured by Hood's Sarsaparilla." U. E. BOHALL, West Union, Minn.

Hood's Pills cure all Liver Ills, Billous-ess, Jaundice, Indigestion, Sick Headache, 25c,

THE ERICKSON PATENT SQUIRREL BOMB



FRUIT FRESERVED! LABOR SAVED! PRESERVES FRUIT



ANTIFERMENTINE preserves CIDER, MILK, BUTTER CATSUP, PICKLES, etc., and does it SUCCESSFULLY by preventing fermentation. The use of this wonderful preserving fruits and vegetables of all kinds. NO MOULD on top of fruit. S-wes time and labor, and is in every way a decided success.



Is sold by all druggists and grocers, and is GUAE ANTEED to do what we say it will. SNELL, HEITSHU & WODDARD. Portland, Or.

Burst!!

That frequently occurs with poor Belting and Hose, but Nor with MONARCH or RED STRIP Belt-ing, or Maltese Cross, Ridgewood or Wallsbout Stesm and Water Hose. Every length guaranteed. Ask your dealer for these supe-rior brands.

FRED T. MERRILL CYCLE CO.

327 Washington St., Portland, Or.

Gutta Percha and Rubber Mfg. Co.

Established 1855. Portland, Or.

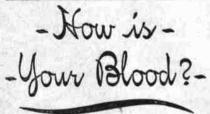
Lung Troubles

show a tendency toward Consumption. A Cough is often the beginning. Don't wait until your condition is more serious. Take



the Cream of Cod-liver Oil, at once. It overcomes all the conditions that invite the Consumption Germs, Physicians, the world over, endorse it.

Don't be deceived by Substitutes! Propared by Scott & Bowne, N. Y. All Druggists.



I had a malignant breaking out on my leg below the knee, and wascured sound and well with two and a half bottles of Other blood medicines had failed S.S.S. WILL C. BEATY, to do me any good. Yorkville, S. C



I was troubled from childhood with an ag-avated case of Tetter, and three bottles of cured me permanently. WALLA'E MANN, Mannville, L T S.S.S.

Our book on Blood and Skin Diseases maile swirr Speciric Co., Atlanta, Ga.



"I know it," quietly replied Gadderly. "And you said," persisted Gilback, "that you were so weak that you could scarcely walk?

"I did," responded Gadderly.

"Then how could you throw yourself overboard and save that child's life?" triumphantly questioned Gilback. "My dear fellow," said Gadderly, "you

nisunderstood me entirely. I did not say that I jumped overboard. The captain had already done that."

"Then what did you do?" breathlessly inquired his audience,

"As I was about to remark when I was interrupted," replied Gadderly, gracefully filling his glass, "I sprang to the railing and threw him a life preserver."-New York World.

Two Standards.

Jokes of a "practical" order are usually dangerous in one way or another, but a story is told of one harmless joke which illustrated the power of imagination in an amusing way some years ago. At the time when most of the North river

sloops came in at Coenties slip the Levant, a packet from Fishkill, anchored off the Battery to wait for a change of tide. A bassenger who had been for the first time in his life on a sailing vessel, and who had seen anxiously begging to steer the craft, not noticing that the vessel was at anchor. vas told at last that he might take the helm. He obeyed the summons with alacrity

and listened to the captain's cautions in regard to keeping clear of other vessels, etc., and then the captain went below.

The tide was rushing by at a great rate, and the amateur helmsman felt much gratified with the progress his craft was making as he looked down at the water.

In time, however, an investigation of the surrounding landscape led to a slight feel-ing of dissatisfaction on his part, which steadily increased as time went on. At last the captain appeared again and inquired gravely how he was getting on. "Well," replied the amateur, with a du-

bious smile, "I appear to be gettin on first rate by water, but plaguy slow by land, if I'm any judge, captain."-Youth's Companion

Only a Flight.

I'd like to be a bleak stone wall That winds near country lanes And let the leaves each autumn fall Around my hard remains.

I'd like to be a lofty tree Upon a mountain top, And let the clouds, so wild and free, Around me flop and flop.

I'd like to be an ocean bold, Where fleets of ships might float, And let the sands of lands untold Sift down my mammoth throat.

I'd like to be a comet swift, With heart of fire, to throb In endless space, and drift and drift And with the stars hobnob.

I'd like-but, hold! It's but a sham-A leaf from fancy's shores. I'd like to be just what I am-The fellow she adores. -Detroit Free Press manuscripts, etc.

The exposition is located in the southern part of the city in a park covering over 200 acres, fronting on the Scheldt. Its mag-nitude can best be appreciated from a few figures. The Hall of Industries is 1,750 feet long by 1,400 feet wide. The Electricity building measures 885 by 262 feet and Machinery hall 787 by 262. The art exhibit occupies a building 436 by 233 feet, and Festival hall covers a space 347 feet by 163. The main buildings are all constructed of iron and steel and roofed with zine and cover collectively 1,080,000 square feet.

One of the most beautiful pieces of architecture on the grounds is the American building, which faces the grand entrance and occupies the most prominent site ac-corded to any foreign nationality. It measures 240 feet by 150 and is of the modern renaissance architecture. It is approached by a broad marble staircase, and the main ourt is open to the dome and surrounded by a gallery containing 18 exhibition rooms for the various states. The largest of these, 40 by 82 feet, it devoted to the United States government exhibit.

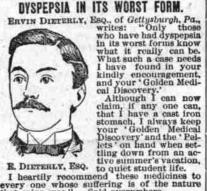
In an annex to the building is a complete modern American shoe factory, which will be in full operation during the fair. Besides the 26,500 square feet included in the American building and its annex 60, 000 square feet of space have been allotted to American exhibitors in the Hall of Industries, 30,000 square feet in the Electric ity building and 80,000 square feet in Machinery hall, making a grand total of 146, 500 square feet of space devoted to the dis-play of American products. France and Germany have each been accorded only 100,000 square feet, and Great Britain gets but 60,000.

America has also been favored in other respects. A Philadelphia syndicate has secured a concession of 16 acres, which will be devoted to what is called the American plaisance, with the idea of showing by practical illustrations many of the most picturesque phases of American life as it is now and as it has existed in the past. The at tractions here will be varied. Pawnee Bill. the leader of the Oklahoma boomers, will have a wild west show, with a company of 125 people, including Indians, cowboys, Mexicans and soldiers, and any number of American wild animals, such as buffaloes, elk, deer, bears, a pack train of burros and a troop of bucking bronchos. Other features of the plaisance will be

an Aztec village, a California ostrich farm, a southern cotton plantation, with negroes at work, and a Florida everglade, with real live alligators. Then in a large corrugated iron auditorium, seating 1,500 people, there will be delivered every day a series of lec-tures in French on picturesque tours in America, illustrated by stereopticon views of our best scenery, most notable buildings and places of historic interest, as well as some of our principal manufactories, which will undoubtedly give home staying for-eigners a fair idea of our scenic attractions, vast resources and material prog Under the grand stand of the wild ress. west show is to be a typical American bar, conducted on an unusually large scale, a feature that is always very attractive to foreigners. C. T. BAXTER.



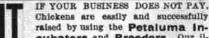
To purify, enrich and vitalize the blood, and thereby invigorate the liver and diges-tive organs, brace up the nerves, and put the system in order generally, "Golden Medical Discovery" has no equal.



WHY NOT YOU?







-AND-

Don't buy any but the Petaluma i poultary and Brooders. Our il-iustrated catalogue tells all about it. Don't buy any but the Petaluma if you want strong, vigorous chicks We are Pacific Coast Headquarters for Bone and Clover Cutters, Mark-ers, Books, Caponizing Teols, Fountains, Flood's Roup Cure, Mark-ers, Books, Caponizing Teols, Fountains, Flood's Roup Cure, Mark-ers and Clover Cutters, Mark-ers, Books, Caponizing Teols, Fountains, Flood's Roup Cure, Mark-ers and Clover Cutters, Mark-ers, Books, Caponizing Teols, Fountains, Flood's Roup Cure, Mark-ers and Clover Cutters, Mark-ers, Books, Caponizing Teols, Fountains, Flood's Roup Cure, Mark-ers, Fountains, Fountains, Flood's Roup Cure, Mark-ers, Fountains, Fountains, Flood's Roup Cure, Cure, Fountains, Flood's Roup Cure, Fountains, Fountains, Fountains, Fountains, Fountains, Fountains d by poultry raisers. See the machines in operation at ith the Norwalk Ostrich Farm, Midwinter Fair, hatching our exhibit with ids of cggs. Catalogue free; if you want it, write **PETALUMA INCUBATOR CO.**, 750-752-754-756 Main street, Petaluma, Cal. ostriches and all

WHERE DIRI GATHERS, WASTE RULES." GREAT SAVING RESULTS FROM THE USE OF SAPOLIO





HUNT'S REMEDY THE BEST KIDNEY AND LIVER MEDICINE

HUNT'S REMEDY Cures Bright's Disease, Retention or Non-tention of Urine, Pains in the Back, Loins Side.

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Cures Biliousness, Headache, Jaundice, Stomach, Dyspepsia, Constipation and Pile



ACTS AT ONCE on the Kidneys, Liver and Bowels, restoring them to a healthy ac-tion, and CURES when all other medicines all. Hundreds have been saved who have been given up to die by friends and physicians.

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AT HOME BY MAIL. Our school is open day and evening. Every lady should know it. Dess-makers are imperfect without our systems. No FITTING: no alterations: no trying on. Perfect-Fitting Patterns cut to measure 50c. Send 2c stamp and we will send How to Take Measure-ments, etc. If you want perfect-fitting garments, send to us for Pa terns and learn our system. Special rates for block patterns by the dozen to Dressmakers. We are general Western agents. Local agents wanted. I heartily recommend these medicines very one whose suffering is of the natu bat mine was." Sold everywhere, JACKSON'S TAILORING INSTITUTE, 607 Sutter St., - San Francisco, Cal