# The New Bread

# As endorsed and recommended by the New-York Health Authorities.

Royal Unfermented Bread is peptic, palatable, most healthful, and may be eaten warm and fresh without discomfort even by those of delicate digestion, which is not true of bread made in any other way.

To make One Loaf of Royal Unfermented Bread: 1 quart flour, 1 teaspoonful salt, half a teaspoonful sugar, a heaping teaspoonfuls Royal Baking Powder," cold boiled potato about the size of large hen's egg, and water. Sift together thoroughly flour, salt, sugar, and baking powder; rub in the potato; add sufficient water to mix smoothly and rapidly into a stiff batter, about as soft as for pound-cake; about a pint of water to a quart of flour will be required-more or less, according to the brand and quality of the flour used. Do not make a stiff dough, like yeast bread. Four the batter into a greased pan, 416 by 8 inches, and 4 inches deep, filling about half full. The loaf will rise to fill the pan when baked. Bake in very hot oven 45 minutes, placing paper over first 15 minutes' baking, to prevent crusting too soon on top. Bake immediately after mixing. Do not mix with milk.

\* Perfect success can be had only with the Royal Baking Powder, because it is the only pounder in which the ingrollents are prepared to as to give that continuous action necessary to value the larger bread loaf.

\*\* The best baking powder made is, as shown by analysis, the "Royal." Its leavening strength has been found superior to other baking powders, and, as far as I know, it is the only powder which will raise large bread perfectly.

### Cyrus Edson, M. D. Com'r of Health, New-York City.

Breadmakers using this receipt who will write the result of their experience will receive, free, the most practical cook book published, containing 1000 receipts for all kinds of cooking. Address

ROYAL BAKING POWDER CO., 105 WALL ST., NEW-YORK. 

#### Every Man a Monopolist.

"The pot is always calling the kettle black," said T. J. Brownwood, a New York attorney. "This is particularly the case in regard to attacks on corporations, which are considered to be in good form and strictly justified by the conduct of these dangerous institutions. I am interested in the electric light litigation, which bids fair to outlive the youngest of us, and have been greatly amused at the way what is known as the Edison monopoly has been attacked by parties who are just as grasping in a small way as they blame the company for being in a large way. One of those institutions which has been especially vigorous in its denunciation of the evils of monopoly in general and the incandescent monopoly in particular is at the present time the defendant in a suit for ignoring state laws governing corporations. There is an old Scotch proverb which covers the case very accurately, and it would certainly be a blessing to humanity if it possessed some power to enable it to see itself as others see it. No one, of course, would like to defend monopoly on principle, but every man is a monopolist as far as opporevery man is a monor tunity enables him to be."-St. Louis Globe-Democrat.

#### A Weird Snake Story That Happened to a Veracious Citizen.

"I got my start in a queer way," remarked a man of evident wealth as the drummer finished a story. "How was that "" inquired the drummer "Twenty-five years ago," continued the successful citizen. "I was traveling with a

HIS START.

sideshow, and the business went to pieces, leaving me its creditor for wages to the amount of \$100, and no assets but the stock in trade. This was divided, and my share was an anaconda about 18 feet long and as big around as my body. It wasn't fat, though, I think, for air was about the only thing it had to live on for several weeks before the failure. Be that as it may, I took the snake and started for St. Lonis, where I proposed to exhibit it. 1 had him in a box in the baggage car, and somehow he got out and started through the train on an exploring expedition.

"Just as he was crossing the platforms of the second and third conches the couplings came loose, and there's no telling what would have happened, for we were going by the helmsman, who watches the leach up a heavy mountain grade, if the snake

# TACKING A VESSEL.

AN EVOLUTION THAT REQUIRES SKILLFUL SEAMANSHIP

How a Ship Is Sailed in an Opposite Direction from That from Which the Wind Is Blowing-A Critical Moment on Board a Sailing Vessel.

A western youth who had come to the metropolis to see the sights, carried his inrestigations to Fort Hamilton, where a view of the ocean can be obtained. He gazed with absorbed interest at the mighty expanse of waters, and, after becoming sated with the spectacle, turned his attention to other objects.

Out in the bay a full rigged sailing ship was beating her way up the channel, mak ing short reaches against the adverse wind On the hotel pavilion near the westerner stood a man with a telescope under his arm conversing with an aged boatman.

The youth listened to the conversation and, looking at the object of it, saw what was to him a very strange thing. First one set of yards on the vessel were swung around, then another pyramid of canvas braced a new way, and finally, when the ourse of the ship was altered to an almost upposite direction to the course she had seen sailing, the young man's curiosity got the better of him and he asked what it neaut.

The boatman gave the inquirer a pitying plance and ejaculated the single word. Tacking!

"But I don't know what that means," protested the seeker after information. The man with the glass laughed and said the majority of people didn't. He then drew up a chair and explained why the evo intion is performed and the method by which it is done. For the benefit of the many who have never given the subject a thought, as well as for those who in a dim way realize that winds are not always fair, without understanding what seamen do on such occasions, his explanation is here given

THEORY OF TACKING.

When a square rigged vessel is headed off from her course-that is, when the wind blows from the point in which her destination lies-the nearest she can steer to her true course is from five and a half to six compass points. Thus, if a ship's port lies due north and the wind is from that direction, the vessel braces her yards sharp up and sails as close to the wind as her rig will permit. Under these condi-tions her course will be alternately east northeast and westnorthwest, and the ship will obliquely approach her destination. nearing it continually in the proportion of about one third of the distance traversed. If slanting toward her destination on the easterly course, the vessel will be what is technically known as on the port tack. There are several methods by which it can be altered to the opposite one, but the op eration known as "tacking" is usually resorted to.

To tack successfully requires consider able judgment and skill, as well as a thor ough knowledge of the qualities of the vessel, as some work quicker and some slower than others. Some will gain several times their length directly to windward while in stays, while others will gather sternboard and lose ground before standing away on either tack.

When the vessel is headed off her course by an adverse wind, the compass is ignored

THE FOUNTAIN BEAD OF STRENGTH

When we recollect that the stormach is the grand is boratory in which fact is transformed into the secretions which furnish vigor to the system after entering and enriching the blood; that it is in short the fouritain head of strength, it is easonital to keep this important supplying machine in order and to restore it to sciffity when it becomes inactive. This Hostetter's Stomach Bitters dees most effectually, season holy, regulating and reinforcing digositon, pro-moting due action of the liver and bowels. Strongth and quictude of the nerves denend in great measure upon thorough digositon. There is no nervine tonic more highly esteemed by the medical fratewith than the Bitters. Physi-cians also strongly commend it for chills and cians also strongly commend it for chills and fever, thoumatism, kidney and bladder trouble, sick headachs'and want of appetite and sleep. Take a wineginssful three times a day.

"It's furney about bridal pairs. They are no like other pears at all." "Why not?" "They'r softest when they're green."

#### INSPIRE COURAGE.

For more than thirty years ALLCOCK's POBOUS PLASTICES have been doing their beneficent work, relieving pain, inspiring men, women and children with new hope and new courage.

Pain is a great discourager. When all the miscles are sore, it is hard to keep up hope. ALLCOCK'S POBOUS PLASTERS and pain have no affinity for each other, one or the other must yield, and pain is the one to be defeated.

Placed high up between the shoulder-blades and on the chest, they are a sure cure for coughs; on the pit of the stomach they relieve indigestion; over the muscles they relieve strains and stiftness. When ever there is soreness, they soothe and

BRANDRETH'S PILLS do not injure the system.

"Don't yon believe Lord Rudeleigh is a lauded proprietor?" "I'm afraid not. He doesn't seem to have any manors."

DEAFNESS CANNOT BE CURED

By local applications, as they caunot reach the diseased portion of the car. There is only one way to cure deafness, and that is by constitu-tional remedies. Deafness is caused by an in famed condition of the miccons linking of the custachian tube. When this tube is inflamed you have a runbling sound or imperfect hear-ing, and when it is entirely closed deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, bearing will be destroyed forver; time cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the uncous surfaces.

chick is nothing but at he inneous surfaces. We will give One Hundred Dollars for any ase of deafness (caused by catarrh) that cannot se cured by Hail's Catarrh Cure. Send or cir-culars, free. F. J. CHENEY & CO., Toledo, O. FOr Sold by druggists; 75 cents.

Use Enameline Stove Folish: no dust, no smell

TBY GRAMEA for breakfast.

The Testimonials We publish are not purchased, nor written up in our office, nor are they from our playes. They are facts, proving that

Hoon's Sarsaparilla Conos. **Three Enemies** Forovertwent years I have suffered 2.00 with neuralgia, rhours tism and dyspepsis 1200 Many times I could in turn in bed Severa

physici ins have treated me and I have tried di forent remedies, but al Mrss Burt. failed. Five years ago I began to take Hood farsaparilla and it has done me a vast amoun



ABOVE EVERYTHING FLSE, Dr. Pierce's Golden Medical Discovery purifies the blood. By this means, it reaches, builds up, and invigorates every part of the system. For every blood-taint and disorder, and for every disense that comes from an inac

and effective that it can be maranteed. If it fails to benefit or cure, you have your money back. These diseases are many. They're different in form, but

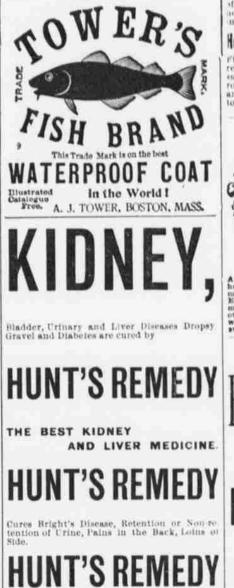
and there's a positivo cure. The "Discovery" does this,

the "Discovery" does this, as nothing else can. Dyspepsia, Indigestion, Billiousness; all Bronchial, Throat, and Lung Affections; every form of Scrofula, even Consumption (or Lung-scrofula) in its car-lier stages; and the most stubborn Skin and Scalp Discases, are completely cured by it.

AP

Buyers' Guide tive liver or impure blood, it is the only remedy so sure

they're like in treatment, Rouse up the torpid liver into healthful action, thoroughly purify and enrich the blood,



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#### Disinfectants and Disinfections.

The term disinfectant is by the laity and to some extent by the medical profession greatly misused in being considered as synonymous with antiseptic and deodorant. Since science has so ably demonstrated the nature of the contagium in infectious and contagious diseases, only such agents as are capable of destroying the contagium are to be designated as disinfectants. An antiseptic retards or prevents the development and pullulation of the organism, but the organism is not destroyed. A deodorant merely destroys odors, but does not necessarily have any effect whatever upon the organism .- Dr. David Bevan in Science.

Regard

is never en-

tertained by

the children

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tastes bad.

This explains

the popular-

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Friendly

little ones of

children.

Scott's Emulsion,

a preparation of cod-liver

oil almost as palatable as

milk. Many mothers have

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Baking Powder

When in Portland be sure to take in

We shall bake biscuits and cake every

afternoon and evening on our pretty

Jewel Gas Stove. Everybody cordially

invited to have a biscuit with us and see

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PORTLAND, OR.

Piso's Remedy for Catarrh is the Best, Easiest to Use, and Chenpest.

CATARRH

Bold by druggists or sent by audi

rods and railing and hung on. It was a big strain on him, but he stuck to it, and I'm a lawyer if he didn't hold that train together two miles and no doubt saved the

lives of all the passengers in the rear coaches. They thought so anyhow and made me up a purse of \$500,"

The drummer coughed. "What became of the anaconda"" he in-

quired casually.

"He gave me my start," replied the narrator. "You see, the \$500 wasn't a drop in the bucket, but when we got the snake loose the strain on him had stretched him out 20 feet longer, and I went into St. Louis with a snake that no other exhibitor could hold a candle to, and if you don't believe me I can show you that snake stuffed and hung up in my hall at Denver." The drummer got up with the air of a

man who was uneasy. "You ought to sell it for a telegraph pole," he said reproachfully and went out. -Detroit Free Press.

#### THE \$7,500

Has Not Be n Paid to Mr. Fellows of Buffalo-It Cost Him \$30 to Send His Ticket to Kansas City-Lawyer Stone of St. Paul Will Try and Get the Money for Him-Schroeder, the Man Who Sold the Ticket to Fellows, is Indignant.

nant.
"Not a cent," said Joseph B. Fellows of Prospect avenue, when asked by a *Times* representative whether he had received the \$7,500 won by him last May from a lottery concern run by E. Fox & Co. of Kansas City, called the Little Louisiana lottery, but which has no connection with the Louisiana State Lottery proper. "When they saw I was persistent and after the publication of the *Times* article giving the particulars of my holding a winning ticket and their failure to pay, they teiggraphed me that they were enjoined from paying by the court. Since then I have heard nothing from them."
"Oo course you expect to," said the *Times* man. "Well, I don't know," replied Mr. Fellows. "There is a lawyer at St. Paul who wrote me that he represented a man who had won a \$15,000 prize and named conditions under which he would undertake to get my \$7,500 at the same time. I told him to go ahead, but I seen to be as far away now as I was before. It cost me \$300 to send my ticket to Kansas City, and I think they might at least return that amount to me, as I had to pay it to the express company."
"Mo, indeed; they had the audacity to send him some and request that he go on and do business for them as before."
Schroeder is a barber on Niagara street, and knew nothing of the character of the concern which he *Tones* and his experience in the *Follows*. There is a barber on Niagara street, and knew nothing of the character of the concern which he *Tones* and his experience in the *Follows*. More than a before." "Not a cent," said Joseph B. Fellows of Pros

ets of him hot to do any more business with them or their representatives. Mr. Fellows is an honest, industrious citizen, who has a right to believe that he should re-ceive what they acknowledged was his. There are those, however, who are of the opinion that, as this is the same company that swindled th-late Julius Haas out of a like amount, Mr. Fel-lows stands a very small change of ever sattinthe greatest novelty at the Exposition.

late Julius Haas out of a like amount, Mr. Fel-lows stands a very small chance of ever getting a penny from it. Just what success Lawyer Stone will have for his client Mr. Fellows, of course, cannot tell, but he hopes for the best. People who have been investing their money in this concern are of the opinion that, if this company is the fraud it seems to be, they should be exposed in all sections of the country. Their game, like that of the green-goods man and the bunco man, is one of fraud. the wonderful merits of Golden West

In the first account of the fraud practiced on In the first account of the fraud practiced on Mr. Fellows it was shown that in St. Paul and other cities the same game had been played on the unsuspecting. Some people think there may be a compromise through Lawyer Stone, but those who have read and heard more of this concern than they, say that he (Fellows) is out the \$1 he paid Schroeder for the ticket, out of the \$30 he paid to send it to Kansas City and out \$7,500, which his ticket called for as a half-winner of a capital prize. There are louteries which are said to pay, and pay promptly, but it is plain to be seen that this the Little Louisiana-so called-run by E. Fox & Co., Kansas City, is not one of them.—Buffalo (N. Y.) Times, Sept. 14. Times.

of the mainsail instead, that being farthest hadn't twisted himself around the brake to windward and the first to shiver when the ship comes too near the wind THE CRITICAL MOMENT.

The boatswain's call, "Ready, about! Stations for stays!" summons every man on deck when it is thought necessary to go about on the opposite tack. At the call every one repairs to his allotted station. some aloft to overhaui the lifts and some to the gear for clewing up the mainsail. The majority of the force is distributed upon the weather main and the lee cross jack braces.

The best helmsman is sent to the wheel, and when he takes it, the previous order, "Full and by!" is changed to "Keep full for stays!" In obedience to it the belm is put up, and, as the ship lays her broad side to the wind and springs forward with increased speed, the officer in charge gives the command, "Helm's a lee!"

Answering her helm the ship sweeps up into the wind, and as the sails begin to shiver, the order "Rise tacks and sheets" is given, followed by the tramp of feet on deck as the men walk away with the clew garnets. As soon as the heavy mainsail is clewed up to the yard the men spring to the weather braces. The ship continues to swing until she brings the wind directly ahead, and every sail is flat aback.

This is the critical moment, and very fre quently a vessel misses stays, owing to the after yards being swung too soon or too late. Watching the weather vane, the officer gives the command, "Mainsail haul!" and the pyramids of canvas are swung around until the yards are pointed at an opposite angle to that to which they previously pointed. The ship's head pays off rapidly under the pressure upon the fore mast sails, which, with the head sails, are still aback. As the after sails fill, the last command, "Haul well taut! Let go and haul!" is given. The head yards are braced smartly about, and if the operation has been successful the vessel stands away on the other tack.

OTHER METHODS.

"Wearing ship" is another method of go ing from one tack to another, and is usual ly resorted to when the wind is too heavy to make the operation of tacking practicable. It is the exact reverse of tacking, inasmuch as the ship is allowed to run off from her course and make a sweep of the horizon before coming back to the wind again on the opposite tack.

It sometimes becomes necessary for a ship to go on another tack when the wind is blowing with such force that no sail whatever can be carried. Under such circum stances the vessel has to wear under "bar poles," and to accomplish it in safety taxes every resource of the seaman and requires all his skill. To make the ship's head pay off when no canvas can be shown, tarpau lins are spread on the forward rigging. Should these blow into ribbons, as they sometimes do in very heavy gales, a body of seamen are ordered into the forward shrouds. If all else fails and the neces sities of the case warrant it, the mizzen mast is cut away as a last resort and used as a drag.

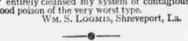
Frequently the result of all efforts to save an imperiled ship is summed up in the brief announcement in some maritime journal. "Foundered at sea."-New York

#### Rather Frank.

A gentleman was one day complimenting Mine. Denis on the manner in which she played the character of Ygaire. "But," objected the lady, "an actress, to play the part well, should be young and beautiful." "Oh, no," exclaimed the candid eulogist, "you are a proof to the contrary."-London Standard.

of good. I am 72 years old and enjoy good health, which I attribute to Hood's Sarsapa Ila," MRS. E. M. BURT, W. Rendall, N. Y.



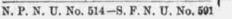


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And All Other Blood and Skin Diseases. and **Bowets**, restoring them to a healthy ac tion, and **CURES** when all other medicine fail. Hundreds have been saved who have beet It is a positive cure for all those painful, deli-cate complaints and complicated troubles and weaknesses common among our wives, mothers given up to die by friends and physicians.

Weak these common among our wives, motions and daugaters. The effect is immediate and lasting. Two or three does of Dr. Pariotz's REEARCH taken daily keeps the blood cool, the liver and kidneys act-live, and will entirely eradients from the system all traces of Scrofula, Salt Rheum, or any other common blood does all the set.

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CONSTIPATION.

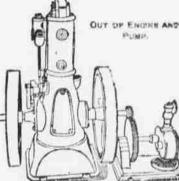
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Sait Rheum, Neuralgia

form of blood disease. No medicine ever i traduced in this country has net with such ready such nor given such universal satisfact on whenever used as that of DR. PARDER'S REMEDT. This remedy has been used in the hospitals throughout the old world for the past (wenty-tive years as a specific for the above diseases, and it has and will cure when all other so-called remedies fail. Send for pamphiet of testimonials from those who have been cur d by its use. Druggists sell it at \$1.00 per bottle. Try it and be convinced. For sale by m of blood discuse





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