Don't Blame the Cook

If a baking powder is not uniform in strength, so that the same quantity will always do the same work, no one can know how to use it, and uniformly good, light food cannot be produced with it.

All baking powders except Royal, because improperly compounded and made from inferior materials, lose their strength quickly when the can is opened for use. At subsequent bakings there will be noticed a falling off in strength. The food is heavy, and the flour, eggs and butter wasted.

It is always the case that the consumer suffers in pocket, if not in health, by accepting any substitute for the Royal Baking Powder. The Royal is the embodiment of all the excellence that it is possible to attain in an absolutely pure powder. It is always strictly reliable. It is not only more economical because of its greater strength, but will retain its full leavening power, which no other powder will, until used, and make more wholesome food.

Considering what a beautiful instrument is speech, and how closely it may express every thought and fear and hope, it is astonishing how awkwardly and carelessly it is employed. A good talker-not a profuse conversationist nor an orator, but one who expresses himself in the next Christmas has a most doleful clear and simple words-imparts so much pleasure that it is much to be regretted that the species is so rare. Blackwood's Magazine.

Car Heaters.

In France a system of heating cars has been proposed by which lead gratings of high resistance are placed inside radiators from which the heat is diffused through the car.—New York Telegram.

Bladder, Urinary and Liver Diseases Dropsy Gravel and Diabetes are cured by

THE BEST KIDNEY AND LIVER MEDICINE.

given up to die by friends and physicians.

SOLD BY ALL PRUGGISTS.



When in Portland be sure to take in the greatest novelty at the Exposition. We shall bake biscuits and cake every afternoon and evening on our pretty Jewel Gas Stove. Everybody cordially invited to have a biscuit with us and see the wonderful merits of Golden West the letter and let no one know the lady Baking Powder proved by actual work, gave the information. The society re-

PORTLAND, OR.



The Day After Christmas. The day after Christmas is often the most utterly forlorn of all in the year to certain of the children, if no precaution is taken to impress their minds beforehand with the fact that the holiday. so great to them, is only the first of a series of many days in which they are to enjoy their presents. Waiting until outlook to little tots. A year! A whole year! How short a span to those of us who have seen thirty or forty or fifty of them, but what an illimitable future to those who haven't yet known the vicissitudes of half a dozen!

Nervous and excitable little folks who have been indulging their expectations for days or weeks will, when the surprises and novelties are all digested, suffer a sort of reaction and go to bed on Christmas night depressed with the idea that "it's all over;" and while unfortunately it is true and is only a foretaste of what they must learn on a more extended scale when they grow up, we an plan beforehand little ways of softening the blow, especially for the young-

"Doesn't Cwissmas be any more tomorrow?" asked a little three-year-old in our family, with a half frightened look in her sleepy eyes! "Oh, yes!" she was hastily assured, "always for babies." And when she had been securely stowed away in the land of nod a deal of scurrying was done to prepare a trifling surprise of some sort for every morning of he next week

The tendency on all holidays is to overdo, and for this reason, if for no other, it is well to hold something in reserve for the end of the day-some oy or game that has an element of permanence and which will serve as a link to connect the days following with the one of greatest celebration, Then, when sleepy time comes, it will not be shadowed with the pall of regret-so severe to ittle folks-that Christmas is all over and that there is to be no more rejoicing of the same sort for twelve weary months. - Babyhood.

How Society News Gets Into Newspapers. A man who makes a business of collecting society news for the newspapers told of a rather queer experience the other day. He called upon a certain well known leader of the Four Hundred, who was to give a swell coming him most graciously, but when he asked her for information about the tea, who AC S AT ONCE on the Kidneys, Liver and Bowels, restoring them to a healthy action, and CURES when all other medicines fail. Hundreds have been saved who have been hands, and a look of horror and amazement came over her face as she protested that not one line should be printed about the affair. She berated the young man for asking her such questions, and entered a vigorous protest against newspapers prying into the affairs of other people. She was most emphatic in her remarks, and arose with flushed face and coolly bowed the young man to the

The next day the society reporter received a note from a gentleman friend, an acquaintance of the lady, saying that Mrs. So-and-So had sent him information about the tea, with a request that he would have it inserted in the newspapers. This friend was too busy to copy the lady's letter, and so he sent it to the reporter that he might have the information at first hand. This letter was most minute in its details and was in the lady's own handwriting. The gentleman who had received it had not read the postscript asking him to return porter brutally returned the letter to the lady with thanks for the information,

it at first hand. It would be interesting to know what the lady who wrote the letter and was guilty of the clumsy subterfuge had to say when her missive was returned .-Foster Coates in New York Mail and Express.

The largest sheep ranch in the world is taid to be in the counties of Dimmet and Webb, Tex. It contains upward of 400,000 acres and yearly pastures from 1,000,000 to 1,600,000 sheep,

No fewer than 25,000 peach shape jellyish were counted in a cubic foot of pho phorescent water taken from the sea on the

The amount of air that a man will inhale in 24 hours will fill 78 hogsheads and weigh RIDING PRETTY HARD.

An Old Wartime Engineer Tells About an Eventful Railway Journey.

Bivouacked around a campfire one evening were a party of officers busily engaged in roasting goobers in the ashes and washing them down with the contents of their canteens. "Never heard tell o' the time I got lost in the mountains with a engin', did ye?" asked a tall, lanky, good humored comrade, who strolled up and helped himself to a handful of the goobers.

Every man present expressed his bitter regret at never having had the opportunity of bearing the story.

"Waal," said the tall man, seating himself on an upturned bucket, "I mont's well tell ye, long's ther's time afore taps, I wur runnin an engin' fur the guv ment doorin the war down in Ferginny. She wur an ol hookmotion Rogers an smart enuff to clim' a tree of she'd 'a' got toe helt onto it.

"I had a nigger fireman as was afraid of his shadder, w'ich didn't prevent him goin to sleep at any minute, day or night, winlst he wur standin up lookin ahead, parently wide awake. But I wuz goin to tell ye about gettin lost. Ye see, twas this way: They started us out one dark night over a branch that we didn't know, and we had to go to it blin. The track wur in turr'ble shape, an 'twould hev puzzled ye to say when we wuz on the rails an when we wuzn't. I should say we everidged 'bout half and half. We was plowin long bout so so, when all of a suddent I saw by the headlight thet we was a-goin into a tunnil.

"I giv Zeb a kick and hollered, 'Zeb, is ther' a tunnil on this line?"

" 'Can't tell for shuah, boss,' said he:

"Twas so dark I couldn't see Zeb to kick him fer goin to sleep, but I cussed him fer lettin us hit a snag. 'Git down ther', ye coon, an see if we're on the rails, sez 1.

"He took the torch an clim'ed down an wallered roun awhile. Fust I knowed he wus back ag'in, his face white's a

"'Well, what's the matter now?" asked him.

"'Fo' de Lo'd, boss,' he sez, 'we's in de tun'l yit, an dere ain't a rail in sight!' "Jest ez I was gittin down to 'vestigate, long comes the conductor. 'What in thunder do you mean,' says he, 'by running this train six miles into a cave?

"Shore enuff, those Johnnies had taken up the rails and turned 'em into that cave, and that ol hook motion kept on a goin with us till we struck the end of it. I 'member thinkin she was ridin pretty hard, but I s'posed she hed got off the ties onto the roadbed, which wasn't graded very well "-Kate Field's Washing-

Artificial Features.

Artificial noses are now made of aluminium, and they are so perfectly shaped. after taking tower bottles I was well and have colored and adjusted as to defy detec -and is then painted, and the color of the skin is so closely adhered to that it is impossible to tell which is the false nose and which the true until you pull it. The materials formerly used for this purpose were vulcanite, wax, celluloid, wood and porcelain, but for many reasons aluminium is the superior of them all, it being lighter as well as stronger.

Aluminium ears have become quite as

fashionable as aluminium noses.

There are more of these false noses and ears on the street than one would suppose until one deliberately looks into the subject. Scores of people wear these deceptive noses and ears, and so artistically are they made that it is impossible to tell the false with the naked eye. I have said that the best way to tell a real nose from the false member is to give it a jerk. Yet I must admit that if one were out tea for her daughter. She received to go about jerking the noses of friends or strangers just to detect the false noses life might be made decidedly unpleasant for that one.-Chicago Tribune.

> Yankee Sententiousness Saving Salt. In our opinion sententiousness is rarely effective without a considerable dash of humor. How much more telling Emerson's sententiousness was than that of most of his contemporaries (Goethe, for example, or Carlyle), just because Emerson was seldom sententious without a smile, while Carlyle was most sententious when he was least humorous. A Yankee, indeed, seldom gives advice without a little irony pointed to himself for giving it, but Germans and Englishmen are sententious in grim earnest and are very apt to be quite as self important as they are earnest. Very few of the so called wise sayings of Goethe and Carlyle are free from this fault of ponder-

Steam Vessel First Used as a Transport. There is a curious fact that may have been overlooked-that troops withdrawn from Canada upon the close of the American war of 1812-15 for the purpose of joining the army intended to crush Napoleon after his return from Elba were transported down the St. Lawrence by a Canadian steamer. This was prob-CLOSSET & DEVERS, lady with thanks for the information, by a Canadian steamer. This was probvessel was used for purposes of military transport,-Toronto News.

osity.—London Spectator.

A Sensible Prayer.

"And now, parson," said the editor, 'will you ask a blessing before we dine?" "Good Lord," said the parson, "have mercy upon this man and open his eyes that he may see and understand that greens are not greens without bacon, and that grace without grits is dead!"-Atlanta Constitution.

The Real Mother Goose.

"Mother Goose," who is probably more familiar to children than any other personage in story books, was a real person. Mrs. Goose, for that was her real name, lived with a family named Fleet who kept a little store in Pudding lane, Boston.-New York Sun.

THE FOUNTAIN HEAD OF STRENGTH

When we recollect that the atomich is the grand laboratory in which food is transformed into the secretions which formish vigor to the system after entering and enriching the blood; that it is in short the fountain head of strength, it is essential to keep this important supplying machine in order and to restore it to activity when it becomes inactive. This life-interest Stomach Bitters does most effectually, seasonably, regulating and reinforcing digestion, promoting due action of the liver and bowels. Strength and quietude of the nerves depend in great measure upon therough digestion. There is no necessary tonic more highly estermed by the medical fraternity than the litters. Physicians also strongly commend it for chills and lover, theumatism, kidney and bladder fromble, sick headache and want of appetite and sleep. Take a wineginssful three times a day.

The receivers of the banks continue to less heir jobs with pleasing frequency.

A PRACTICAL MAN

Of all the practical men of whom Amerca is justly proud no one holds a higher place than the late Cyrus W. Field. His son shows that he has inherited the shrewd commonsense of the man who laid the Atlantic cable. He writes:

S EAST FIFTY SIXTH STREET, NEW YORK, May 8, 1883. Several times this winter I have suffered from severe colds on my lungs. Each time I have applied Alloock's Posous Plastres, and in every instance I have been quickly relieved by applying one across my chest and one on my back. My friends through my advice have tried the experiment and also found it most successful. I feel that I can recommend them most highly to any one who may see fit to try them. Cynt's W. Firin, Jr.

BEANDERTI'S PILLS are the best medicin

A thimbleful of theory to a pound of practice about the right proportion

DEAFNESS CANNOT BE CURED

"'Can't tell for shuah, boss,' said he,
'mighty cur'us doin's these days. "Twasn't
so 'fo' de wah.'
"'Waal, keep yer eyeskinned fer snags.
I sung out, an as I wuz sort of sleepy
myself I snoozed off an on, mostly on. I
guess, fer a spell, till finally the old gal
giv' a snort an stopped dead. We both
on us waked up to wunst.

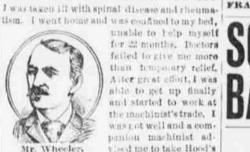
"'Twas so dark I couldn't see Zeb to y local applications, as they cannot reach the hich is nothing out an income unexposes surfaces.

We will give the Hundred Dollars for any ase of dealness (caused by entarth) that cannot be cored by Hall's Catarrh Cure. Send for circulars, free.

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and with my old comtion. The aluminium is first covered plaint." James A. Wheeler, 1900 Davison with some light cloth-muslin generally Breet, Baltimore, Md. Get only MOOD'S Hood's Pills care all liverills, billousness,

jaundice, indigestion, wiek headache. 25e.



This Great Cough Curs promptly curs where all others fail, Coughs, Croup, Sore Throat, Hoarseness, Whooping Cough and Asthma. For Consumption it has no rival: has cured thousands, and will cure you if taken in time. Sold by Druggists on a guar-antee. For a Lame Back or Chest, use SHILOH'S BELLADONNA PLASTER.25c.

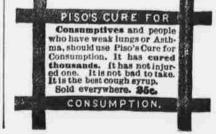
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sick, and suffered as no one but a dyspeptic can. I employed three of our best doctors and received no benefit. They told me that I had heart, kidney, and liver trouble. Brooklyn Hote Everything I ate distressed me so that I had to throw it up August Flower cured me. There is no medteine equal to it." LORENZO F. SLEEPER, Appleton, Maine.

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griping and vlo-lence. These thry Peliets, the smallest and easiest to take, bring you help that lasts. Constipation, Indigestion, Billions Attacks, Sick or Billions Headaches, and all decangements of liver, stomach, and bowels, are permanently cured.

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cate complaints and complicated troubles and weaknesses common among our wives, mothers

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same guarantees; with those who prefer to come here we will contract to come them or refund, many and pay expense of coming, railroad fare and hade hills, if we fall to come. If you have taken mercury, loddee poinsh, and still have aches and pains. Muccus Patches in mouth, fore Thread, Pimples, Copper-Colored Spots, libers on any part of the body, Hadr or Eyebrows faiting out, it is this syphilitic HLOOD POINDS that we guarantee to come. We sollet the next obstinate cases and challenge the world for a case we cannot core. This disease has it was buffled the skill of the most eminent physicians. \$500,000 capital behind our unconditional guarantee. Absolute proof semiteened on application. Address COOK REMEDY CO., 1525 to 1331 Massonic Temple, Chicago, 1th.

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