

# A Matter of Health

It costs more to make Royal Baking Powder than any other, because its ingredients are more highly refined and expensive. But the Royal is correspondingly purer and higher in leavening strength, and of greater money value to the consumer. The difference in cost of Royal over the best of the others does not equal the difference in leavening strength, nor make good the inferior work of the cheaper powders, nor remove the impurities which such powders leave in the food.

Where the finest food is required, the Royal Baking Powder only can be used.

Where the question of health is considered, no baking powder but Royal can be used with safety. All others are shown by official analyses to contain lime, ammonia or alum.

## Francis Joseph and Eugenie.

At this moment two historic and royal personages who are crossing the stage of the world seem to be stamped by the fatality of the ancients. They are like two evocations of Aeschylus or Euripides. They suggest Edipus and Jocasta. One is the Emperor Francis Joseph, the other the Empress Eugenie. On both a crushing fatality seems to rest.

One, mounted on the throne, saw herself precipitated from it in the midst of its greatest lustre. Struck to the heart by those mortal blows, Reichshofen, Spichen, Sedan, she saw her husband led away a prisoner after having surrendered his army to the victor. She saw her palace invaded by the threatening mob, and deserted by the flood of courtiers she was accompanied to her exile only by that American citizen, by that Thomas W. Evans, who alone was faithful in misfortune.

She saw her husband, prostrated by pain and adversity, die in glorious in that exile, and finally her son, her only son, on whose head centered all her pride, all her hope, perished in a barbarous and lone some land, far from Europe, far from all that could cast a last ray on his premature grave. And yet she lives, she goes about, she talks, she revisits Paris, she goes to see its monuments, she even enters that Palace of Industry which she inaugurated, and which seven years ago was looked upon as a Babylonian dream, and she passes, an incarnation of fatality, under the astonished eyes of the people who gaze upon her.

The other is Francis Joseph. He ascended the throne amid the noise and trepidation of a fearful storm. He successively received at the heart those triple poniard thrusts Magenta, Solferino, Sadowa. He signed, howling with rage, that treaty of Prague which snatched from his brow the German imperial crown, then, amid the gloomy solitude which made his domestic hearth a desert, he learned the mysterious catastrophe which deprived him of his only son, the heir of his crown, the only future and the supreme hope of the empire.—De Blowitz in Harper's.

## Drinking Ice Water.

It is a pity that our fondness for copying Old World vices, small and great, we should not be willing to adopt some of their virtues as well. In the matter of drinking ice water the native American is a constant marvel to the European. At some of the hotels across the water designed to cater to our citizens abroad the notice is broadly published on menu cards, circulars, and even in newspaper notices, "Ice water served for drinking purposes." The average German landlord has only lately begun to understand that his American guests want water to drink, and he has by no means recovered from his astonished horror at the quantity consumed as a beverage.

A woman who spent a winter in Munich at a boarding house tells of coming down one cold morning to breakfast and asking for a glass of water. The servant brought it, round eyed with wonder, but docile. As it was placed before the guest the presiding fraulein caught sight of the glass. "Oh!" she said quickly, "don't drink that; it is fresh from the faucet. Send it to me and I will warm it," and she reached for the hot water kettle. It was with difficulty that she could be made to believe that persons over here drank lead water winter and summer alike. "I wonder you live at all," she commented feelingly, "if you treat your stomachs like that."—Her Point of View in New York Times.

## THE REASON.

Let us look into the force, meaning, reason of the oft-repeated line: Cures Promptly and Permanently.

Pains Endured for 30 Years, 25 Years, 20 Years, 10 Years.

Have been promptly Cured by ST. JACOBS OIL.

By the use of: A FEW APPLICATIONS A HALF BOTTLE ONE BOTTLE TWO BOTTLES.

Correspondence with Sufferers shows entire permanence of cure up to this time in some cases covering

5 Years, 7 Years, 8 Years, 10 Years, and so on, and this proof we hold.

A copy of the Official Portfolio of the World's Columbian Exposition, descriptive of Buildings and Grounds, beautifully illustrated, in water color effects, will be sent to any address upon receipt of 10c in postage stamps by THE CHAS. A. VONDER CO., BALTIMORE, MD.

N. P. N. U. No. 501—S. F. N. U. No. 578

## A Fisherman's Perplexity.

He sat in the hotel office all by himself, apparently in the brownest kind of a brown study, and he did not respond for several moments after a friend had taken a chair by his side and slapped him on the leg. "Ever happen to be along the river where the wholesale fish dealers are?" "Oh, yes, lots of times," answered the other man. "You've seen those fish cars there? Hold a ton apiece, don't they?" "More'n that, some of 'em."

"How many of those cars do you suppose come into Detroit every day full of fish?" "Oh, there's probably fifty. I don't know but more."

"That's a hundred thousand pounds of fish."

"Yes."

"Where! Toledo has 'em the same way, eh?"

"Yes, and Cleveland and Buffalo and Erie and Sandusky—Sandusky has more'n all the rest—and Milwaukee gets 'em and Chicago. Why, good gracious! they come into every town on the lakes."

"Millions and millions and millions of pounds of fish. All kinds of fish too, I suppose."

"Yes, all kinds."

"Doesn't seem as if the water must fairly swarm with 'em, doesn't it?"

"Then how is it?—the thoughtful man straightened up and shifted around so as to look the other man square in the face—'how is it that I go out fishing, sit all day from the first streak 'o dawn till the evening shadows fall, and catch just one three pound bass? Yes, and, by thunder, get called a liar when I tell of that! How is it, I say?'"

He continued to glare at the other man for a moment, but, receiving no answer, he lit a cigar and slipped into a brown study.—Detroit Free Press.

## The Physiology of Evil.

In his curious study of the "Physiology of Evil," Dr. W. R. Richardson declares that the man of science finds two natural causes of evil in mankind—hereditary and early environment. The operation of these causes is made conspicuous in a novel by the author, carried out by Professor Dugdale, of New York, who has been able to trace one criminal family back to the settlement of its first members in America. He has found that from this parent stock has sprung 1,200 descendants. The lives of 709 of these have been closely followed by Professor Dugdale, the result of the investigation showing that not one of the 709 had escaped the contamination of evil or its consequences. His researches also show that the crimes of this one family have, during the last seventy-five years, cost the state of New York \$1,500,000.

Those who are born bad, however, are not always incurable. Mr. Isaac Ashe, president of the Central Criminal Asylum, Dublin, Ireland, has suggested that inherited tendencies to crime can be treated in the young by teaching useful occupations, which will call into play the faculties exercised in criminal acts. Thus the child of a clever forger may be educated into an honest draftsman, so may the children of several generations of pickpockets be taught clever handiwork, such as watchmaking or other work requiring fingers unusually deft in their movements.—St. Louis Republic.

## An Intruder in the Bath.

The true luxury of the bath is best appreciated by people of hot climates. The baths of Kingston, Jamaica, are described by a correspondent as delightful, being long enough and wide enough to allow one to lounge about, and even to take a couple of strokes. They are made of concrete and are filled with water at the temperature at which it comes from the mains—just right to make a plunge enjoyable. So clear is the water that one can scarcely realize it is three feet deep.

Once in awhile, to be sure, there is something which may detract from its enjoyment by the stranger, if he has not become used to some of the other inhabitants of the land. For example, as I was about to take my first bath, I discovered something that looked a bit like a horseshoe crab down at the bottom. Calling to one of the black pickaninnies cunning about the yard, I asked him what it was. "Oh, dat's a scorpion."

"Well, take him right out."

"Oh, he's dead, sah."

"Never mind! I prefer my bath without him in it."

A dead scorpion is bad enough, but that is preferable to having a live one drop from the rafters overhead on one's bare feet, as one happened to a friend of mine.—Youth's Companion.

The term "fixed," applied to the stars, is a mistake, for it is now known that there is not a fixed star in the heavens, and probably no such condition as absolute rest in the universe. All the stars are in motion, and some of them are moving at the rate of 250,000 miles an hour, or more than three times the velocity of our earth on its orbit. It might be thought that this constant motion would produce continual changes in the stellar relations and alter the face of the heavens every few years.

But the vast distances at which the stars are set from us destroy the visual aspect of their motion and preserve the unchanging aspect of the heavens. None of the constellations have suffered a dislocation in 3,900 years. Sirius, Arcturus and the Pleiades are still in their places. Although the eighty-one stars in Orion have ever been in motion, each without relation to any other, the mighty figure is as it appeared to the man of Uz forty centuries ago.—New York Telegram.

A Gigantic Cherry Tree.

There is an Ohio Beauty cherry tree in the old Basford orchard in Brown's Valley, Cal., which bears from 11,000 to 15,000 pounds of fruit per year. The tree is so large that each year a big scaffolding has to be built around it so that the cherries can be picked.—Fruit Grower.

American freight cars carry about thirty tons' weight, the cars weighing about nine tons. They are gradually superseding the English cars in that country, which weigh five tons and can carry only seven tons of cargo.

Life and Strength

Are given to weak and frail children in wonderful quantities by Hood's Sarsaparilla. Mr. Edward Hilbert, Lawrence, Mass., says: "Our daughter, Etta, had little strength when a baby. When two and one-half years old she had frequent spells. We gave her Hood's Sarsaparilla. Her strength returned, and she is now a healthy and happy child. We give her Hood's Sarsaparilla occasionally now, whenever she complains of that tired feeling."

Hood's Sarsaparilla

occasionally now, whenever she complains of that tired feeling. Hood's Pills cure Constipation by restoring the peristaltic action of the alimentary canal.

## HOIT'S OAK GROVE SCHOOL.

Holt's Oak Grove School, Millbrae, San Mateo county, Cal. A first class home school for boys. Beautiful surroundings. Superior instruction. The best of care. Its graduates for 1883 are admitted to the State University or Stanford University without examination. Number of pupils limited. Fall term commences August 1. Send for catalogue, and mention this paper. Ira G. Holt, Ph. D., Master, ex-State Superintendent Public Instruction.

Physiologists say that active exercise of a man's arms and chest promotes the activity of his mind. Perhaps this is why pugilists do so much talking.

DECIDEDLY SHAKY.

A trembling hand, an uncertain step, fidgetiness, indicated by restless shifting from one place or posture to another, usually mental indications of extreme nervousness. These signs indicate the health of men and women in this condition is "decidedly shaky." liable to be overthrown disastrously by causes which the vigorous might defy or fortify the nervous system general vigor must, through the medium of reinforced digestion and a renewal of an impaired power of sleeping. It might, be said to be a healthy standard. A guarantee of this is Hostetter's Stomach Bitters, which re-establishes digestion, bile secretion and the habit of body on a permanently regular basis thus renewing that bodily equilibrium, which is followed by a gain of strength and nerve tranquility. For indigestion, rheumatism, neuritis, and as a preventive of the first attack or subsequent return of malarial disorders, this medicine is without a peer. Three daily take a wineglassful.

"Don't you think," the mother said proudly, "that her playing shows remarkable finish?" "Yes," replied the young man absently, "but she was a long time getting to it."

EXPERIENCE OF AN EX-CHAMPION.

Athletes and men who take ordinary outdoor exercise, such as walking, running, bicycle-riding, jumping, swimming, tennis, etc., are often the subjects of acute troubles. The experience of an ex-champion walker will be of interest to all who are afflicted. HARRY BOOKS writes:

"No. 324 EAST NINETEENTH ST., NEW YORK, April 2, 1880."

"Numerous statements relative to the merits of different plasters having been brought to my attention, I take this opportunity to state that I have used ALLEGRO'S PAIN EXPELLER for over twenty years and prefer them to any other kind. I would furthermore state that I was very sick with catarrh of the kidneys, and attribute my recovery entirely to ALLEGRO'S PAIN EXPELLER."

The whisky trust, which was supposed to be on the brink of death, turns out to be full of spirits.

REPTILES AND PILES CURED.

We positively cure reptiles, piles and all real diseases of the rectum, without any use of medicine. No cure, no pay. Also all Private ailments. Address for pamphlet Mrs. Porterfield & Lacey, 529 Market Street, San Francisco.

Chicago's best brand of June weather is on tap, every prospect pleases and only the railroads are vixen.

There is more catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years the doctor has tried a local disease and prescribed local remedies, and by constantly falling to cure with local remedies, has ruined many a man. Science has proven catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by J. C. Chamberlain & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from ten drops to a teaspoonful. It acts directly on the blood and cleanses the surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address: F. J. CHAMBERLAIN & CO., Toledo, O.

Sold by druggists; 75 cents.

Use Emulsiue Stove Polish; no dust, no smell.

TRY GERMA for breakfast.

A DISTURBANCE

Isn't what you want, if your stomach and bowels are irregular. That's about all you get, though, with the ordinary pill. It may relieve you for the moment, but you're usually in a worse state afterward than before.

This is just where Dr. Pierce's Pleasant Pellets do most good. They act in an easy and natural way, very different from the huge, old-fashioned pills. They're not only pleasant, but there's no reaction afterward, and their help lasts. One little sugar-coated pellet for a gentle laxative or corrective—three for a cathartic. Constipation, Indigestion, Bilious Attacks, Dizziness, Sick and Bilious Headaches, are promptly relieved and cured.

They're the smallest, the easiest to take—and the cheapest! you can buy, for they're guaranteed to give satisfaction, or your money is returned.

You pay only for the good you get.

Glenn West Baking Powder

Purity and Leavening Power UNEQUALED

CASH PRIZES

To introduce our Powder, we have determined to distribute among the consumers a number of CASH PRIZES. To the person or club returning us the largest number of certificates on or before June 1, 1894, we will give a cash prize of \$100, and to the next largest, numerous other prizes ranging from \$5 to \$75 IN CASH.

CLOSSET & DEVERS, PORTLAND, Or.

HAVE YOU GOT PILES

ITCHING PILES known by moistening like perspiration, cause itching, swelling, and burning. Use Dr. Ross's Pile Remedy. It is the best cure for PILES.

DR. ROSS'S PILE REMEDY, which acts directly on parts affected, absorbs tumors, relieves itching, and effects a permanent cure. Price 50c. Druggists or mail, Dr. Ross, Philadelphia, Pa.

PISO'S CURE FOR

Consumptives and people who have weak lungs or Asthma, should use PISO'S Cure for Consumption. It has cured thousands. It has no injurious effects. It is the best cough syrup. Sold everywhere. 25c.

CONSUMPTION.

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Write for prices and terms before buying elsewhere.

# CURE THAT COUGH WITH SHILOH'S CURE

25c, 50c, and \$1.00 per Bottle. One cent a dose.

THIS GREAT COUGH CURE promptly cures where all others fail. Coughs, Croup, Sore Throat, Hoarseness, Whooping Cough and Asthma. For Consumption it has no rival; has cured thousands, and will cure you if taken in time. Sold by Druggists on a guarantee. For a Large Book or Chart, use SHILOH'S BELLADONNA PLASTER.

SHILOH'S CATARRH REMEDY. Have your catarrh. This remedy is guaranteed to cure you. Price, 50c. Injector free.

# "August Flower"

"One of my neighbors, Mr. John Gilbert, has been sick for a long time. All thought him past recovery. He was horribly emaciated from the inaction of his liver and kidneys. It is difficult to describe his appearance and the miserable state of his health at that time. Help from any source seemed impossible. He tried your August Flower and the effect upon him was magical. It restored him to perfect health to the great astonishment of his family and friends." John Quibell, Holt, Ont.

# FRAZER AXLE GREASE

Best in the World! Get the Genuine! Sold Everywhere! FRANK WOOLSEY, Agent, Portland, Or.

# SOCIETY BADGES.

A. FELDENHEIM, JR., Leading Jeweler of the Pacific Northwest, keeps a large stock of all SOCIETY BADGES on hand. Best goods at lowest figures. Badges made to order.

MRS. WINSLOW'S SOOTHING SYRUP FOR CHILDREN TEETHING. For sale by all Druggists. 25 Cents a Bottle.

\$75.00 to \$250.00 can be made monthly working for B. F. JOHNSON & Co., RICHMOND, VA.

YOUNG MEN! The Specific A No. 1. Cures, without fail, all cases of Gonorrhoea and Syphilis, no matter how long standing. Proves superior to all other remedies. Cures Syphilis even though cure has failed. Sold by all Druggists. 25 Cents a Bottle. Price, \$3.00. The A. S. Johnson Medicine Co., San Jose, Cal.

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THIS IS THE TIME to order your SUMMER ROLLERS. You want the BEST, that's the only kind we deal in. Then send your order for the BEST ROLLERS and INKS to PALMER & REY TYPE FDRY, PORTLAND, OR.

HERCULES ENGINE Gas or Gasoline

A Positive Power. Requires No Licensed Engineer. Your Wheel Run It. PALMER & REY, San Francisco, Cal. and Portland, Or. No Batteries or Electric Spark.

"IT IS IGNORANCE THAT WASTES EFFORT." TRAINED SERVANTS USE

# SAPOLIO

RHEUMATISM CURED BY THE USE OF Moore's Revealed Remedy.

ASTORIA, OREGON, January 10.—I can state with pleasure that by the use of MOORE'S REVEALED REMEDY my husband was relieved from an old case of RHEUMATISM and my youngest boy cured entirely of INFLAMMATORY RHEUMATISM when the best doctor I could get did him no good. Yours in gratitude, MRS. N. V. STEELE.

SEND FOR YOUR DRUGGIST.

# Hercules Gas Engine

(GAS OR GASOLINE) Made for Power or Pumping Purposes. The Cheapest Reliable Gas Engine on the Market.

OUT OF ENGINE AND PUMP.

For Simplicity It Beats the World. It Starts Itself from a Reservoir. No Carburetor to get out of order. No Batteries or Electric Spark. It runs with a Cheaper Grade of Gasoline than any other Engine.

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AND PORTLAND, OREGON.

# FISHING TACKLE

FOR Rods, Reels, Lines, Hooks, Leaders, Etc., of the Finest Quality.

SEND TO THE H. T. HUDSON ARMS CO., 93 First St., Portland, Or.

Send for catalogue.

# DR. GUNN'S ONION SYRUP

FOR COUGHS, COLDS AND CROUP. GRANDMOTHER'S ADVICE.

In raising a family of nine children, my only remedy for Coughs, Colds and Croup was onion syrup. Now my grandchildren take Dr. Gunn's Onion Syrup which is already prepared and more pleasant to the taste. Sold everywhere. Large bottles 50 cents. Two no substitute for it. There's nothing as good.

# BLOOD POISON

A SPECIALTY. Primary, Secondary, Tertiary Syphilis permanently cured in 15 to 30 days. You can be treated at home for the same price and the same guarantee as with those who prefer to come here. We will consent to cure them or refund money and pay expense of coming, railroad fare and hotel bills. If we fail to cure, if you have taken mercury, iodine, potassium, and still have sores and eruptions, Ulcers, Patches in mouth, Bores, Ulcers, Pimples, Copes, etc., on your face, neck or any part of the body, Write or Eye-brother a billing out. It is this Syphilis BLOOD POISON that we guarantee to cure. We submit the most substantiated cases and challenge the world for a case we cannot cure. This disease has always baffled the skill of the most eminent physicians. \$500,000 capital behind our unconditional guarantee. A absolute proofread and sealed on application. Address: CHAS. H. FRENKEL CO., 1325 to 1331 Masonic Temple, Chicago, Ill.

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