Kitchen Economy.

Actual tests show the Royal Baking Powder to be 27 per cent. stronger than any other brand on the market. If another baking powder is forced upon you by the grocer, see that you are charged the correspondingly lower price.

Bread, biscuit, cakes and muffins are not known in most delicate and perfect quality where Royal Baking Powder is not used.

HOW'S THIS!

We offer One Hundred Dollars' Reward for any case of catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Props., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last fifteen years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligation made by their firm. WEST & TRUAX, Wholesale Druggists, Toledo, O. WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price, 75 cents per bottle. Sold by all druggists. Testimonials free.

ST. JACOBS OIL

The Great Remedy for Pain. Cures all the Aches and Pains of Man & Beast.

OLDS & KING, Portland, Or.

WE DON'T BELIEVE in promising anything we can't perform, but we do believe we offer you the most desirable, popular KID GLOVE made. It is the new P. & P. glove. Its fit is always perfect. Its finishings and colors always the newest. Its wear is always excellent. It *keeps* its fresh appearance. Its Suede gloves are superior to any others. A new secret tanning process makes them strong as any glaze. It costs just about half as much to be always well gloved with P. & P. gloves as with any others. They will send, postpaid, any color or size, Dressed Kid P. & P. Gloves, either in 4-button or 5-hook styles, for $1.00 a pair; or in 4-button or 7-hook or mousquetaire styles for $1.50 a pair. Suede (undressed kid) Gloves, 4-button or mousquetaire style, at $1.50 a pair. Their Spring Catalogue is sent at request.

$12.50. WE MAKE AN offer of Men's Suits at $12.50 that are unequaled by any house on the Coast. These are such SPECIAL VALUES that we simply say send for self-measurement and description of any suit that you want.

A. B. Steinbach & Co.

Portland, Or.

2 Ifs

If you will send us your name and address, we will send you free our SUPPLEMENTARY LIST OF SEASONABLE SPECIALTIES—Seeds, Plants and Bulbs, which if planted now, will yield a Garden full of bloom.

If you send a Dime, we will send you a large packet of Seeds of the TIMOTHY HOPKINS COLLECTION of SWEET PEAS, 21 varieties, mixed. From our List you can choose a Flower or Vegetable Garden for a Dollar.

SHERWOOD HALL NURSERY CO.

S. W. cor. Clay and Sansome Streets, San Francisco.

"August Flower"

"I am happy to state to you and to suffering humanity, that my wife has used your wonderful remedy, August Flower, for sick headache and palpitation of the heart, with satisfactory results. For several years she has been a great sufferer, has been under the treatment of eminent physicians in this city and Boston, and found little relief. She was induced to try August Flower, which gave immedaite relief. We cannot say to much for it." L. C. Frost, Springfield, Mass.

N. P. N. U. No. 491—S. F. N. U. No. 568

Birds' Nests and Poetry.

Birds' nests have attracted the attention of inquisitive genius from the days of Aristotle down to the present time. This is not wonderful, because the nests are invariably curious and often beautiful, besides offering a cradle, as it were, for a host of romantic speculations and poetical theories. Imagination has taken hold of birds and their nests with singular affection, drawing forth meantime some beautiful legends to enrich romance withal and to add to the sum of what is most persistent in the song of mankind.

The ancients told that the halcyon, a beautiful aquatic bird, had its nest on the sea's breast, a little floating palace, around which the water was always calm and sweet. Halcyon, or alcyon, was the kingfisher, it is supposed; but we now know every species of this bird, and none of them builds its nest to drift about on the sea. Indeed, as if to make the contrast of fact with fancy as great as possible, most of the kingfishers dig deep holes in the ground for their homes.—Maurice Thompson in Golden Rule.

Where Women Propose.

In the Ukraine, Russia, the woman does all the courting. When she falls in love with a man she goes to his house and informs him of the state of her feelings. If he reciprocates all is well, and the formal marriage is duly arranged. If, however, he is unwilling, she remains there, hoping to coax him to a better mind. The poor fellow cannot treat her with the least discourtesy, nor has he the consolation of being able to turn her out, as her friends in such a case would feel bound to avenge the insult. His remedy, therefore, if determined not to marry her, is to leave his home and stay away as long as she is in it. A similar practice to that in the Ukraine exists among the Zuni tribe of Indians. The woman does all the courting and also controls the situation after marriage. To her belong all the children, and descent, including inheritance, is also on her side.—Baltimore Herald.

Tough on the Animals.

Of all the extraordinary scientific experiments surely the most extraordinary is that reported as having been made at St. Petersburg. Some trials of armor plates were going on, and "this trial was made use of to carry out a very curious experiment to decide the effects of heavy gun firing upon the nervous system of animals. A number of rabbits were slung up in bags on frames close to the line of fire, and dogs and cats were also tied up under cover beneath the muzzle of the gun." The result is not given.

BIRDS OF PASSAGE

Between this and the other side of the broad Atlantic, in the shape of tourists, commercial travelers and mariners, agents "on the road," steamboat captains, ship's surgeons and "all sorts and conditions" of travelers, emigrant and new settlers appreciate and testify to the preventive and remedial properties of Hostetter's Stomach Bitters in seasickness, nausea, malarial and rheumatic trouble, and all disorders of the stomach, liver and bowels. Against the prejudicial influences of climate, crudely cooked or unaccustomed diet and impure water, it is a sovereign safeguard, and has been so regarded by the traveling public for a third of a century. No form of malarial fever, from the calentura of the Pacific and the broken-bone fever of the Mississippi to its milder types, can resist the curative action of this benignant preserver and restorer of health, a veritable boon to persons in feeble health or liable to incur disease.

"And is the air healthy here?" asked a visitor at a mountain resort. "Excellent, sir; excellent. One can become a centenarian here in a little while."

SAFE, QUICK AND EFFECTIVE.

The valuable curative properties of ALLCOCK'S POROUS PLASTERS are due to the employment of the highest medical and chemical skill. They are purely vegetable, and in ingredients and method have never been equaled; safe, quick and effective in their action; they do not burn or blister, but soothe and relieve while curing, and can be worn without causing pain or inconvenience.

Do not be deceived by misrepresentation. All other so-called porous plasters are imitations, made to sell on the reputation of ALLCOCK'S.

Ask for ALLCOCK'S, and let no solicitation or explanation induce you to accept a substitute.

The man who is canvassing for a new dictionary wants a word with you.

RUPTURE AND PILES CURED.

We positively cure rupture, piles and all rectal diseases without pain or detention from business, No cure, no pay. Also all *Private* diseases. Address for pamphlet Drs. Porterfield & Losey, 838 Market street, San Francisco.

A ton of diamonds at the present day is worth exactly £7,000,000—no more and no less. Don't be imposed upon and pay £7,250,000.

AN ARTICLE OF TRUE MERIT.—"*Brown's Bronchial Troches*" are everywhere popular as a cure for throat diseases and coughs, and this popularity is based upon real merit. *Sold only in boxes.*

The word "rascal" originally meant "a servant." It now means a servant who has held office during the last four years.

Our readers will serve themselves by noticing the remarkable offerings advertised in another column by the Sherwood Hall Nursery Co. of Menlo Park and San Francisco, who are leaders on the coast in furnishing everything for the farm and garden.

The way of the transgressor is hard, yet good people tell us it is the easiest thing in the world to follow it.

The refining of lard is not one of those things you can accomplish and not half try.

OUR MODERN AMAZON.

I'm trying on my armor, dear,
With which my battles are won;
I shall count some brilliant conquests before
The summer sun has gone.

Here's a white dress and a lily trimmed hat,
And a parasol like foam;
They'll make my eyes look darker yet,
As I fetch my prisoners home.

You would not think this simple silk,
As light as a sea gull's wing,
Could bring down many a knightly heart
In the lists of "summering!"

And here's a fan—it is not smoke,
But lace and ostrich feather;
It will be watched by eyes that ask
My fancy's wind and weather.

And here's a yachting suit that says,
Upon life's merry wave
I, like an admiral, shall win
Engagements brisk and brave!

And at this shoe, all tipped with gold,
A trembling slave shall stoop—
A vassal whom a rival queen
Lost in some waltzing group.

In short, when autumn once more hangs
The land with gorgeous hue,
I shall come riding back to town
In triumph. Wouldn't you?

—Rose Hawthorne Lathrop in Harper's Bazar

Work of the Models.

In some of the smaller houses the models when not on dress parade do a little of everything. There is a young woman of southern extraction and the form of a veritable Aphrodite who is with one of the striving and thriving younger houses in the trade. She packs boxes, marks goods for out of town shipment when the shipping clerk is busy, and actually in the excitement of one busy day started to hoist a case up the hatchway.

I recall mounting a flight of stairs several years ago of one of the big concerns below Canal street, and on reaching the top saw a comely young woman stagger along the floor with an overload of long garments, and heard a man's voice call out in angered tones:

"What do you mean?"

Before the girl could answer, although her face flushed crimson, and before I could decide whether to punch the fellow's head or soothe the offended fair one, he had taken the bundle out of her hold and remarked not less severely:

"Now, don't you ever let me see you do that again!"

Then the young woman, who was blazing with indignation, saw that the words and deed were but the impulses of a considerate man, and she smiled through her frown. I have since come to realize that the protest on the part of her employer was not altogether unselfish. Perhaps it may have occurred to him then that a physically disabled wife was not desirable. At all events, he married this same model young woman, and they have lived happily together.—Cloak Review.

To Keep the Baby Well.

A baby in the country is under the best conditions possible to resist the effects of the heat. Yet the mother should be always prepared for emergencies. Before leaving them she should procure a few powders of pepsin and bismuth, or any simple remedy for indigestion, with full directions for its use. She should take with her also a bottle of lime water and another of pancreatin, or one of the other preparations for peptonizing milk. The purity of milk is always open to question, because it absorbs germs so readily. That used for a baby should be sterilized to make it perfectly safe.

This can be done in the morning and evening by putting the milk, fresh from the cow, in bottles of a size to hold enough for one meal each. Place these in a saucepan filled with cold water and set it on the stove where it will heat gradually. After the water boils for a short time cork the bottles and let them remain in it for half an hour. Remove from the stove, and when the water is cool take out the bottles. If no ice is to be had stand them in a stone jar containing water, and wrap the jar in wet flannel, or put it in a brook in a shady place. When a bottle is opened and all the milk is not used throw away the remainder.—Elizabeth R. Scovil in Ladies' Home Journal.

Wore Eugenie's Jewels.

They like to say nice things about us on the other side of the water. The following is from a Paris letter, and its final sentence makes a not unlikely supposition.

"It is very strange that Americans who would not be received in the most commonplace houses of their own country think that their money will open all doors on this side of the Atlantic. An American parvenue had the bad taste to wear the diamond necklace once owned by Empress Eugenie to a reception given by Princess Bonaparte. 'What is her idea?' was the question asked by the French people. 'Does she think of showing her hostess that if the Bonapartes have lost throne and power she has gold enough to buy the jewels that once adorned the beautiful empress?' Perhaps this same American will some day find a crown for sale, and as her wealth has no limit, she may appear at a reception of H. R. H. the Duchess de Chartres wearing a diadem that once belonged to a queen of France."

Women Go Gunning.

It is becoming quite the thing for New York women to accompany their husbands or fathers into the woods in search of game. Light rifles and shotguns have been in unusual demand this spring. A well known Broadway gunsmith informed the writer a few days ago that he had not been able to procure enough women's rifles to supply the demand. "I have not sold so many guns to women in any season since I have been in business," said he, "as this spring and summer. The smell of powder seems to have captivated the fair sex, and the huntsman's fever has superseded the taste for archery."—New York Times.

The tomato is an excellent purifier of the blood, and the following is a choice mode of preparing it: Place the tomatoes in a Dutch oven for a few minutes before the fire, adding a very little vinegar. When they are warmed through peel off the rind and eat with any kind of roast meat.

WHERE BEGGARS THRIVE.

Mexican Poverty Extremely Picturesque to a Casual Observer.

Chief among the many puzzling questions with which my childish mind whiled away the weary half hour of a Sunday morning sermon, was the existence of beggars in Bible days. I pictured Palestine to myself as a land of temples, tombs and gardens, inhabited by beggars and Pharisees. Born and reared in the prosperous west, poverty such as the scriptural tales dimly suggested was to me a thing as vague as the Hell of the same records, a fairy tale far more unreal than the sleeping palace or the caves of Aladdin. Now, the puzzle is solved, I have seen poverty, I have been to Mexico, I understand Palestine. I can almost believe in a horned Satan and fire and brimstone.

To a casual observer Mexican poverty is extremely picturesque. It is not an imitation of respectability such as the humblest American will attempt, but it is humanity in rags and nakedness, too often in sores, almost always in dirt. There, begging is a trade, the occupation of all the poorer population. Beggars infest the railroad stations at the interior towns, and a motley array it is. They are of all sexes, conditions and ages, with and without sores, the lame, the halt, and the blind. Babies in arms holding out dirty little hands for a "centavo," old women, young women, healthy little boys, crippled grandfathers all whining to the same tune in their mongrel Spanish "For the love of God, Senorita, give me a cent."

Give them cents! I poured them out upon them. Never had a copper seemed of so much value. I luxuriated in their delight. I bought out the porter, the newsdealer and the conductor to satisfy the want that never could be satisfied; for there is a friendly feeling among these unfortunates, and when they find one who will give, they spread the glad tidings among all their class, and indeed I suspected them of having discovered some peculiar way of telegraphing the information to the next station, so besieged was I for charity.

Some tourists who had been in the country before endeavored to impress me with the fact that I was encouraging idleness, but who would not be idle when the sun was hot and water a luxury and even for labor, money was not forthcoming. They must live. To live they must eat, and it seems to me that in the more desolate portion of the country, to eat, they must beg.

Very picturesque were they seen from the car window in the soft gloom of the southern night, their dark eyes gleaming like stars under their quaint hat or still more primitive head dress, their white teeth glittering as the musical Spanish rippled forth in compliments calculated to appeal to the generosity of the senorita who seemed to them a small sized Providence. In the cruel glare of the sun defects became evident, and one saw the coarseness in the squalor and dirt, still never did they cease to be poetic. They harmonized so perfectly with the background of cloudless sky, antique buildings, and tropical verdure. There was a beauty even in their very ugliness which was a plea for their existence and in remembering the pleasantest journey of my life I shall always have a very tender recollection of the beggars of Mexico.—*Edith M. Day in Lewis & Dryden's Railway and Marine Gazette.*

World's Fair Number.

The Youth's Companion publishes this week an Extra World's Fair Number of 36 pages, with 60 Illustrations, and a cover in Ten Colors.

This is the largest and most elaborate number that has ever been published by *The Companion* during the sixty-seven years of its history. Whether you go to the Fair or stay at home you should have this number. It will be sent **free** to any new subscriber received in May with $1.75 for a year's subscription. It can also be obtained of newsdealers, or by sending **ten cents** to

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TRY GERMEA for breakfast.

Use Enamelline Stove Polish; no dust, no smell.

Pfunder's Oregon Blood Purifier is the best remedy for cleansing your system.

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All Run Down

A Puzzling Case—How Health was Restored

Gained from 135 to 176 Pounds.

"A few years ago my health failed me, and I consulted several physicians. Not one could clearly diagnose my case and their medicine failed to give relief. After much persuasion I commenced to take Hood's Sarsaparilla. Have taken several bottles and am much improved. From an all run down condition I have been restored to good health. Formerly I weighed 135 pounds, now I balance the scales at 176 pounds. Hood's Sarsaparilla has been a great benefit to me, and I have recommended it to friends, who realize good results by its use." GEO. W. TWIST, Coloma, Waushara Co., Wis.

HOOD'S Sarsaparilla CURES

HOOD'S PILLS cure liver ills, sick headache, jaundice, indigestion. Try a box. 25c.

PISO'S CURE FOR

Consumptives and people who have weak lungs or Asthma, should use Piso's Cure for Consumption. It has **cured thousands.** It has not injured one. It is not bad to take. It is the best cough syrup. Sold everywhere. 25c.

CONSUMPTION.

IT ISN'T IN THE ORDINARY WAY that Dr. Pierce's Favorite Prescription comes to the weak and suffering woman who needs it. It's *guaranteed.* Not with words merely; any medicine can make claims and promises. What is done with the "Favorite Prescription" is this: if it fails to benefit or cure, in any case, your money is returned. Can you ask any better proof that a medicine will *do* what it promises?

It's an invigorating, restorative tonic, a soothing and strengthening nervine, and a certain remedy for the ills and ailments that beset a woman. In "female complaint" of every kind, periodical pains, internal inflammation or ulceration, bearing-down sensations, and all chronic weaknesses and irregularities, it is a positive and complete cure.

To every tired, overworked woman, and to every weak, nervous, and ailing one, it is guaranteed to bring health and strength.

CURE THAT COUGH WITH SHILOH'S CURE

25cts., 50cts., and $1.00 per Bottle. One cent a dose.

THIS GREAT COUGH CURE promptly cures where all others fail. Coughs, Croup, Sore Throat, Hoarseness, Whooping Cough and Asthma. For Consumption it has no rival; has cured thousands, and will CURE YOU if taken in time. Sold by Druggists on a guarantee. For a Lame Back or Chest, use SHILOH'S BELLADONNA PLASTER. 25c.

SHILOH'S CATARRH REMEDY.

Have you Catarrh? This remedy is guaranteed to cure you. Price, 50cts. Injector free.

A Natural Food.

Conditions of the system arise when ordinary foods cease to build flesh—there is urgent need of arresting waste—assistance must come quickly, from *natural food* source.

Scott's Emulsion

is a condensation of the life of all foods—it is cod-liver oil reinforced, made easy of digestion, and *almost as palatable as milk.*

Prepared by Scott & Bowne, N. Y. All druggists.

TAKE PFUNDER'S. OREGON BLOOD PURIFIER. CURES KIDNEY & LIVER DISEASES, DYSPEPSIA, PIMPLES, BLOTCHES AND SKIN DISEASES, HEADACHE, CONSTIPATION. PURE BLOOD

HAVE YOU GOT PILES

ITCHING PILES known by moisture like perspiration, causing intense itching when warm. This form, and BLIND, BLEEDING or PROTRUDING PILES YIELD AT ONCE TO DR. BOSANKO'S PILE REMEDY, which acts directly on parts affected, absorbs tumors, allays itching, effecting a permanent cure. Price, $1.00. Druggists or mail. Dr. Bosanko, Philadelphia, Pa.

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OPIUM Morphine Habit Cured in 10 to 20 days. No pay till cured. DR. J. STEPHENS, Lebanon, Ohio.

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WRITE FOR AGENCY. DON'T BE A MARK BY NOT RIDING THE RIGHT BICYCLE. SEND FOR OUR CATALOGUE—TELLS YOU ALL ABOUT "Imperials" & "Yosts" NORTH PACIFIC CYCLE CO. BICYCLES OF EVERY DESCRIPTION. MARQUAM BUILDING—PORTLAND OREGON.

DR. GUNN'S ONION SYRUP FOR COUGHS, COLDS AND CROUP.

GRANDMOTHER'S ADVICE.

In raising a family of nine children, my only remedy for Coughs, Colds and Croup was onion syrup. It is just as effective to-day as it was forty years ago. Now my grandchildren take Dr. Gunn's Onion Syrup which is already prepared and more pleasant to the taste. Sold everywhere. Large bottles 50 cents. Take no substitute for it. There's nothing as good.

BLOOD POISON A SPECIALTY. Primary, Secondary or Tertiary Syphilis permanently cured in 15 to 35 days. You can be treated at home for the same price and the same **guarantees** with those who prefer to come here we will contract to cure them or refund money and pay expense of coming, railroad fare and hotel bills, if we fail to cure. If you have taken **mercury, iodide potash,** and still have aches and pains, **Mucous Patches** in mouth, **Sore Throat, Pimples, Copper-Colored Spots, Ulcers** on any part of the body, **Hair or Eyebrows falling out,** it is this **Syphilitic BLOOD POISON** that we **guarantee** to cure. We solicit the most **obstinate cases** and **challenge the world for a case we cannot cure.** This disease has always **baffled the skill of the most eminent physicians. $500,000** capital behind our unconditional guarantee. **Absolute proofs** sent sealed on application. Address **COOK REMEDY CO., 1325 to 1331 Masonic Temple, Chicago, Ill.**

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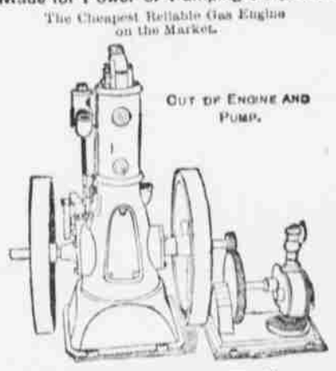

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Manufacturers: The A. Schoenhel Medicine Co., San Jose, Cal.

Price, $3.00.

Big G. Cures in 1 TO 5 DAYS. Guaranteed not to stricture. Sold by druggists or sent in plain wrapper, postpaid, for $1.00. THE EVANS CHEMICAL CO. CINCINNATI, O. U. S. A.

Big G is the acknowledged leading remedy for all the unnatural discharges and private diseases of men. A certain cure for the debilitating weaknesses peculiar to women.

I prescribe it and feel safe in recommending it to all sufferers.

A. J. STONER, M. D., Decatur, Ill.

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