THE SAN FRANCISCO BOARD of HEALTH.

We, the members of the Board of Health of the City and County of San Francisco,

Cordially approve and recommend the Royal Baking Powder. It is absolutely pure and healthful, composed of the best ingredients, of the highest strength and

In our judgment it is impossible make a purer or stronger Baking Powder than the Royal.

> Jos. R. DAVIDSON, M. D. HENRY M. FISKE, M. D. Chas. McQuesten, M. D. T. J. LETOURNEX, M. D.

Members San Francisco Board of Health.

No Need of Rules.

It was one of the faculty in St. Lawrence college who many years ago answered the question of a horrified English lady as to what form of discipline the school adopted when men and women were allowed to study together: "The college has no rules, madam. The young women don't require any, and they discipline the young men with their very presence. We really have nothing to do about it."

Henry III of France painted his face and used all kinds of cosmetics. wearing at night a mask and gloves steeped in pomade.

JUST A LITTLE

pain neglected, may become

RHEUMATISM, NEURALGIA, SCIATICA, LUMBAGO.

Just a little SPRAIN

may make a cripple.

BRUISE

may make serious inflammation.

Just a little

may make an ugly scar. Just a little

COST

will get a bottle of ST. JACOBS OIL, A PROMPT and PERMANENT CURE. Years of Comfort against Years

JUST A LITTLE.

A copy of the "Official Portfolio of the World's Columbian Exposition," descriptive of Buildings and grounds, beautifully illustrated, in water color effects, will be sent to any address upon receipt of 10c. in postage stamps by THE CHARLES A. VOGELES Co., BALTIMORE, MD.

It's Just as Easy

To grow Choice Flowers as it is to grow common ones if you START RIGHT.

Either one of the following collections is a garden in itself, and your garden is not complete without them. They are all beautiful and fashionable flow-ers and the plants are all strong, healthy and pob-grown, and sent, postage free, for the price named. THE TIMOTHY HOPKINS COLLECTION OF SWEET PEAS Comprising \$1 Distinct Varieties. A Large Packet of Seeds of each for \$1.50, or a Packet of Seeds of the same varieties mixed for only 10 cents.

2 Roses \$1.00 2 Carnations \$1.00 12 Pelargoniums \$1.00 12 Chrysanthemums \$1.00 Flower or SEEDS 25 Choice Varieties of Either Vegetable SEEDS (your own or our selection) FOR ONE DOLLAR.

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an't sell at the price he pays and make money. The

merchant in a small store buys from some large city store like ours, that buys from the manufacturers. He can't sell to you at our prices, neither can he offer you such an assortment as ours. Ging ham is something everybody uses. Make a trial of sending to a large store—to us for it. Send us \$1.25, with a description of what you want-light, medium or dark colors, a Scotch stripe, plaid or check—and we'll mail to you, postage paid, a 10-yard dress pattern, showing the newest styles and a quality of Gingham that we ask you to compare with any purchased elsewhere at the price. Our Spring Catalogue is a finely illustrated buying guide, which we send free at request. OLDS & KINC, Portland, O .

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First and Morrison streets, Portland, Or., because he keeps the largest stock, buys cheaper, and can and does therefore sell cheaper. Field Glasses and Hall Clocks offered at special prices.

like perspiration, cause intende tiching when warm. This form and BLIND, BLEEDING or PROTRUDING PILLS DR. BO-SAN-KO'S PILE REMEDY,



Glimpses Backward

Through that long dark stretch of a thousand years lying between the Fifth and Fifteenth centuries the greatest luxuries were books. So costly were tain of the company. they that it was next to impossible for any but the richest to procure such expensive treasures, the more's the pity, since but inches of information, so to speak, remain to tell the story of their worth and the tale of wonderful garniture, both binding and ornamentation revealing the peculiarly rich and varied handicraft then in vogue

leather was stretched, inclosed these precious treasures, and further protection by metallic corner pieces and massive clasps preserved the leaves from in-

Literary treasures intended for royal households and ecclesiastical dignitaries, and copies for churches and monasteries had side casings of ivory on which appropriate subjects were carved in silver, of quaint fretwork pattern, and otherwise distinctively honored by the addition of gold plaques, studded with gems and jewels. Both sets and single no less expensive than were the brilliant bindings. - Harper's Bazar.

Send Him to a Museum.

Valley City has a curiosity in horse flesh that is simply astonishing. H. J. Hamlin, one of our horse dealers, shipped in from Montana a car of horses, or broncos, as they are better known. In this lot was one that he could not sell, 19 hands or 6 ft 4 in from floor to withers; his legs are 3 ft. 6 in. before touching the body, and a small bronco can easily walk under him. A man 6 soldiers and the few spectators who were feet from tip of nose to tip of tail. When checked up a six foot man by standing on tiptoe can just touch the base of the ear. "Hamlin's Elephant" is the cognomen he is known by .- St. Louis Globe-

New Plays Require Capital.

A theatrical manager has a big contract on his hands in this age when he starts out to produce a new play. The expenses are enormous "Salaries," said one of them, "are in individual cases higher than ever before. The companies are larger and the scenery is simply terribly costly. We put on scenery now which would have made managers stand aghast in the old days. Transportation runs up another big account and there are a thousand and one necessary items to swell the total. If a play is a failure it does not take long to sink a fortune in it. It makes a manager turn pale to go into his theater and find rows of vacant seats grinning at him. He knows that means 'stop!' and he can't afford to wait very long for the tide to turn."-New York Tribune.

Much Worse Off. Raggies-Don't beg there. Them folks is wass off than we are.

Beery Ben-They don't show it. Raggles-Oh, I know 'em. They're tryin' to cut a dash on \$2,400 a year and five children to feed .- Harper's Bazar.

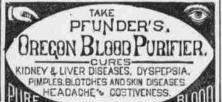
Scales in the assay office at Boston are claimed to be so delicate that they indicate the ten-millionth part of a pound.

The world is at once very much more keen witted and very much more stupid than we think.

Everybody in America that wears trousers knows that KING'S ARE THE BEST. Send for rules for self-measurement, and get a fit that no tailor can surpass and very few equal. These trousers are cut by the highest-price tailor artists on earth, and are ists on earth, and ar made with especial view ersons—made to fit a

made with especial view to fitting fat and lean persons—made to fit all shapes. These and WHITE'S HATS are what we pride ourselves in leading with. If you want the best hat on earth under our persona guarantee, send us your size, weight and height

A. B. STEINBACH & CO., First and Morrison, Portland, Or.



MEXICAN DISCIPLINE.

HOW A BRAVE YOUNG SOLDIER MET A CRIMINAL'S DEATH.

Fate of a Popular Captain of Cavalry in Mexico-Story of the Execution and the Circumstances That Led Up to the Shooting-A Powerful Picture.

Monterey, in the state of Neuvo Leon, has been the theater of many military tragedies, but the shooting of Savator Mexican cavalry, was the saddest that ington. has ever darkened the annals of the state. A brief history of the event which "led to this execution is necessary to a proper understanding of the case.

A company of the Thirteenth regular cavalry was ordered to do special duty at Cadereyta, a small town on the Gulf road. The company was in command of a first lieutenant and the deceased. A dispute arose between the officers, and Lieutenant Estuperron, fearing, as his friends say, that his life was in danger, drew his pistol, but did not shoot at his superior. It is claimed that he snapped the pistel, but it missed fire. For this offense he was placed under arrest and tried by a general court martial and sen-

the highest federal courts. Pending a decision the first officer of the company was shot dead in the portals at Monterey by one of his soldiers, and the soldier. while yet the smoke was curling from his weapon, was shot down by the cap-

Whether these deaths affected the pardoning power or not will never be known. but the finding of the court was approved, and powerful personal appeals by persons intimately associated with President Deaz were unavailing. The death warrant was signed and carried into execution That the officer was admired by the people and dearly loved in Much of the transcribing of the period | his regiment was well known by the was done by residents of religious authorities, as precantions taken by the houses; boards of hard wood, over which | commandant of the department were ample proof

THE DEATH SCENE The time of the shooting was kept a profound secret. The cathedral clock chimed 4. There was a sharp bugle call, a hurrying of mustering feet, quick commands and rapid evolutions, and in a few moments the garrison fell into line. The gate in the rear of the bar racks was opened, and the Thirteenth cavalry, in full marching order, on foot. issued forth, followed by their band with muffled instruments. The Fifth cavalry followed, and then the Fifth in volumes were carefully incased in boxes fantry. They formed a square, three sides of which consisted of the respective regiments. The fourth was the wall of the barracks. The general commanding the department and staff took up a position in the center. When the troops halted the commanding officer called "Attention!" "Fix bayonets!" He then announced the sentence, and added:

"If any man moves in the ranks or gives any expression of sympathy with owing to the fact that he had none to the prisoner or fault with the sentence mate him. He is a sorrel, stands fully he shall be committed to prison from one to five years, deper gravity of the offense.

The silence as of death fell upon the feet in height can't see over his back, allowed to be present. Afar off the even when standing on tiptoe. In length | church bell tolled the knell for the dyhe is fully thirteen feet, or seventeen ing. The early sun just gilded the mountain peaks that rise like giant senstanding with his head as ordinarily tinels around the historic city, and one's thoughts went back to the dull gray morning, long ago, when an American soldier knelt upon his coffin and met a bloody death almost on the same spot.

Great white wreaths circled the higher hills. It is now 4:45. From out the gate issued a company of the Thirteenth, at its head a prisoner, and by his side a priest. With a firm tread and a proudly lifted head he marched, never faltering or halting, but with a bright smile upon his face he looked the least concerned

of the party FACING DEATH BRAVELY. He halted at a small marked elevation twenty feet from the barracks wall. His company filed past and formed in front. four files deep. Two lines advanced, halted, and one still advanced. There were six men in each line. The firing party thus consisted of six men in the front line within ten feet of the prisoner. and the second line within fifteen feet. The other two lines formed a reserve. The death knell tolled, and the clock struck 5 The officer advanced to bandage the eyes of the prisoner, but the latter waved the officer aside and said: "I have looked too often in the face of

death to fear him now." "It shall be as you wish," said the captain as he took his place at the left of the firing party. Taking off his hat the prisoner surveyed the assembled troops, looked once at the sun tipped hills, and said to the firing party: "Shoot straight for my heart, but do not strike my face. Adieu." And bringing his hand to the position of "Attention" he awaited the

There was a slight flash of the captain's sword. The guns came to. 'Ready!" Another flash. "Aim!" The blade drops. Six sheets of flame dart toward the prisoner, who sprang into the air with three bullets in his heart. The surgeon took his wrist. The captain gave a quick command, a soldier stepped from the ranks, and placing his rifle to the prisoner's head, fired. In less than fifty seconds from the drop of the sword Lieutenant Estuperron was dead.

The bugles sounded. The troops filed past the body; it was put into the coffin, and the grim tragedy was over-and as brave a man as ever buckled on a sword had crossed to the "bivouac of the dead."-Cor. St. Louis Globe-Democrat.

Alas! Too True. Teacher-What can you tell me about Julius Cæsar? Pupil-He wrote books for the lower forms in classics. - Familienblatt.

A Far Sighted Youth. "Can you afford to marry?" "I think so. I have a clergyman friend who'll do it cheap."—New York Epoch.

Elected Without New York.

Before 1892 five presidents of the United States were elected without the assistance of the state of New York. These were George Washington (first time), in 1789; James Madison, in 1816; James Buchanan, in 1856; U. S. Grant, in 1869; R. B. Hayes, in 1876.—Hartford Post.

A Fair Arrangement.

Mr. Glenridge-In my house I always expect to head the procession. Mrs. Glenridge-Well, you have to Estuperron, second lieutenant of the foot the bills, -Kate Field's Wash-

PREVENTING FUTURE MISERY.

If there is, in this vale of tears, a more prolife source of misery than the rhoumatic twinge, we have yot to bear of it. People are born with a tendency to rheumatism, just as they are with one to consumption or to scrofula. Slight causes may develop this. As soon as the atonizing complaint manifests use t, recourse should be had to Hostetter stomach Bitters, which checks its further inroads and hanishes the rhoumatic poison from the system. This stateme t tailies exactly with testimony of physic ans who have employed this fine biood desprent in their private practice. There is also the amplest profess use and general testimony as to the efficacy of the Bitters for malaris, liver complaint, constipation, indigestion kidney troube, hereous ness and loss of appetite and flesh. After a wetting, whether followed by a cold or not, the Bitters is useful as a preventive of the initial attack of rheumatism.

tenced to death.

There were extenuating circumstances admitted, and the case was carried to the highest follows courts. Provides this is just where I room an atc."

NERVOUS DYSPECSIA.

Senator James F. Pierce of New York "For the past two years I have suffered

very much from an aggravated form of nervous dyspepsia. I have resorted to various remedial agents, deriving but little nefit. A few months since a friend mine suggested the trial of Att-COCK'S POROUS PLASTERS. Following the suggestion, I have been using the same with the happiest effects. To those similarly afflicted let me suggest the manner of their use. I place one over my stomach, one over the hepatic region and one on my back The effect is excellent. From the y but surely improving, and am quite confident that by continuing I shall again be restored to my accustomed health."

A Kansas official made his mother-in-law his ypewriter. This is the most remarkable case of nepotism on record.

RUPTURE AND PILES CURED.

We positively cure rupture, piles and all rec-tal diseases without pain or detention from busi-ness. No cure, no pay. Also all Private dis-cases. Address for pamphlet Drs. Porterfield & Losey, SSS Market street. San Francisco.

To the victors belong the spoils. Texas is full of victors—please pass those spoils this way.

Our readers will serve themselves by noticing the remarkable offerings advertised in another column by the Sherwood Hall Nursery Co. of Menlo Park and San Francisco, who are leaders on the coast in furuishing everything for the farm and garden.

Jagson says if most men's consciences should talk out loud they would be sued for slander.

Throat diseases commence with a cough, cold or sore throat "Erown's Bronchial Troches" give immediate relief. Sold only

It is sometimes difficult to determine whether

in boxes. Price, 25 cents.

REWARE OF OINTMENTS FOR CA. TARRII THAT CONTAIN MERCURY.

As mercury will sutely destroy the sense of smell and completely deringe the whole system when entering it through the macous is rfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is tenfold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, O., by F. J. Cheney & Co. Testimonials free.

Sold by druggists; price, 75 cents per bottle.

Pfunder's Oregon Blood Purifier

THY GRUMMA for breakfast.

Use Enameline Stove Polish; no dust, no smell



That's the way Dr. Pierce's Pleasant Pellets come. And it's a more important point than you think. It keeps them always fresh and reliable, unlike the ordinary pills in cheap wooden or

They're put up in a better way, and they act in a better way, than the huge, old-fashfoned pills. No griping, no violence, no reaction afterward that sometimes leaves you worse off than before. you worse oir than before. In that way, they cure permanently. Sick Headache, Bilious Headache, Constipation, Indigestion, Bilious Attacks, and all derangements of the liver, stomach, and bowels are prevented, relieved, and cured. They're tiny, sugar-coated granules, a compound of refined and concentrated vegetable extracts—the smallest in size, the easi.

table extracts—the smallest in size, the easi est to take, and the cheapest pill you can buy, for they're guaranteed to give satisfaction, or your money is returned. You pay only for the good you get. There's nothing likely to be "just as good."

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is largely an "outdoor" product. Fresh air and exercise usually produce sound appetite and sound sleep. Sickly children obtain great benefit from

of cod-liver oil with Hypo-

phosphites, a fat-food rapid of assimilation and almost as palatable as milk. Prepared by Scott & Bowne, N. Y. All druggists,

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Sciatic Rheumatism

Quick Relief and Perfect Cure



Mr. C. B. Patrick Stockton, Cal.

"I was so badly afflicted with sciatic rheumstism that I could scarcely move. I used a great many remedies which did me no good. A friend presented me a bottle of Hood's Sarsaparilla, which I began to take. The relief was quick and two bottles cured mecompletely. I suther, Ize the use of my name and portrait in recommending Hood's Sarsaparilla, for I think it a very valuable medicine. I recommend it to all who may be afflicted with rheumatism or old

Hood's En Cures

fever sores, as I know of a lady in Oakland who has been cured of ulcers by this wonderful med. icine." C. B. PATRICK, No. 365 California St., Stockton, California.

Hood's Pills act easily, yet promptly and

This Great Court Cure promptly cures where all others fall, Coughs, Croup, Sore Throat, Hoarseness, Whooping Cough and Asthma. For Consumption it has no rival; has cured thousands, and will cure you if taken in time. Sold by Druggists on a guarantee. For a Lame Back or Chest, use SHILOH'S BELLADONNA PLASTER 25c.

CHILOH'S CATARRH

REMEDY.

Have you Catarrh? This remedy is guaranteed to cure you. Price, 50 ets. Injector free.

I have been troubled with dyspepsia, but after a fair trial of August Flower, am freed from the vexatious trouble-J. B. Young, Daughters College, Harrodsburg, Ky. I had headache one year steady. One bottle of August Flower cured me. It was positively worth one hundred dollars to me—J. W. Smith, P.M. and Gen. Merchant, Townsend, Ont. I have used it myself for constipation and dyspepsia and it cured me, It is the best seller I ever handled—C. Rugh, Druggist, Mechanicsburg, Pa.



GRANDMOTHER'S ADVICE.

If you have not neglected attending to them over a mouths, you can speedly be relieved without the least danger or inconvenience. I will forward you a remedy guaranteed to restore the most a, gravated case, by express, C. O. D. for \$3.90. Do not delay, as there is always danger if neglected too long. Address all communications and remittances to Dis. J. V. LAMOTTE, P. O. Box 2223, San Francisco, Cal.

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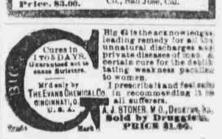
and pay expense of coming, milroad fare and hold hills, if we full to cure. If you have taken mer-cury, loddee potarsh, and still have asbes and pains, Murcus Patcheseln mouth, Score Threat, Pimples. Copper-Colored Spots, Licerson any part of the body, Hade or Eyebrow's failing out, it is this Syphilitle BLOOD POISON that we guarantee to cure. We solicit the most obstinate cases and challenge the world for a case we cannot cure. This disambased ways buffled the skill of the most emisent physi-cians. \$500,000 cayling behind our uncond-lional gramates. Absointer proofs suntscaled in application. Address COOK, REMEDY CO., 1825 to 1331 Masonic Temple, Chicago, Ill.



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"WHERE DIRT GATHERS, WASTE RULES." GREAT SAVING RESULTS FROM THE USE OF

SAPOLIO



RHEUMATISM CURED BY THE USE OF Moore's Revealed Remedy. ASTORIA OREGON, January 10.—I can state with pleasure that by the use of MOORE'S REVEALED REMEDY my husband was relieved rom an old case of RHEUMATISM and my youngest boy cured entirely of INFLAMMATORY RHEUMATISM when the best doctor I could get did him no good. Yours in gratitude, MRS. N. V. STEELE.

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