

THE SAN FRANCISCO BOARD OF HEALTH.

We, the members of the Board of Health of the City and County of San Francisco,

Cordially approve and recommend the Royal Baking Powder. It is absolutely pure and healthful, composed of the best ingredients, of the highest strength and character.

In our judgment it is impossible make a purer or stronger Baking Powder than the Royal.

JOS. R. DAVIDSON, M. D.
HENRY M. FISKE, M. D.
CHAS. MCQUESTEN, M. D.
T. J. LETOURNEX, M. D.

Members San Francisco Board of Health.

No Need of Rules.

It was one of the faculty in St. Lawrence college who many years ago answered the question of a horrified English lady as to what form of discipline the school adopted when men and women were allowed to study together: "The college has no rules, madam. The young women don't require any, and they discipline the young men with their very presence. We really have nothing to do about it."

Henry III of France painted his face and used all kinds of cosmetics, wearing at night a mask and gloves steeped in pomade.

JUST A LITTLE

pain neglected, may become

**RHEUMATISM,
NEURALGIA,
SCIATICA,
LUMBAGO.**

Just a little

SPRAIN

Just a little

BRUISE

Just a little

BURN

Just a little

COST

will get a bottle of

ST. JACOBS OIL,

A PROMPT and PERMANENT CURE.

Years of Comfort against Years of Pain for

JUST A LITTLE.

A copy of the "Official Portfolio of the World's Columbian Exposition," descriptive of Buildings and grounds, beautifully illustrated, in water color effects, will be sent to any address upon receipt of 10c. In postage stamps by THE CHARLES A. VOGELER CO., BALTIMORE, MD.

It's Just as Easy

To grow Choice Flowers as it is to grow common ones if you START RIGHT.

Either one of the following collections is a garden in itself and your garden is not complete without them. They are all beautiful and delicious flowers, and the plants are all strong, healthy and vigorous, and sent, postage free, for the price named.

THE TIMOTHY HOPKINS COLLECTION OF SWEET PEAS

Comprising 81 Distinct Varieties. A Large Packet of Seeds of each for \$1.50, or a Packet of Seeds of the same varieties mixed for only 10 cents.

2 Roses \$1.00

12 Carnations \$1.00

12 Pelargoniums \$1.00

12 Chrysanthemums \$1.00

Flower or SEEDS 25 Choice Varieties of Either Vegetable (your own or our selection)

FOR ONE DOLLAR.

SHERWOOD HALL NURSERY CO.

S. W. Cor. Sansome & Clay Sts., - - San Francisco, Cal.

WATER CAN'T rise above its source. A man can't sell you at the price he pays and make money. The merchant in a small store buys from some large city store.

like ours, that buys from the manufacturers. He can't sell to you at our prices, neither can he offer you such an assortment as ours. Gingham is something everybody uses. Make a trial of sending to a large store—to us for it. Send us \$1.25, with a description of what you want—light, medium or dark color, a Scotch stripe, pinstrip or check—and we'll mail to you, postage paid, a 10-yard dress pattern, showing the newest styles and a quality of Gingham that we ask you to compare with any purchased elsewhere at the price. Our Spring Catalogue is a finely illustrated buying guide, which we send free at request. **OLDS & KING, Portland, O.**

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MEXICAN DISCIPLINE.

HOW A BRAVE YOUNG SOLDIER MET A CRIMINAL'S DEATH.

Fate of a Popular Captain of Cavalry in Mexico—Story of the Execution and the Circumstances That Led Up to the Shooting—A Powerful Picture.

Monterey, in the state of Nuevo Leon, has been the theater of many military tragedies, but the shooting of Savator Estuperron, second lieutenant of the Mexican cavalry, was the saddest that has ever darkened the annals of the state. A brief history of the event which led to this execution is necessary to a proper understanding of the case.

A company of the Thirtieth regular cavalry was ordered to do special duty at Cadereyta, a small town on the Gulf coast. The company was in command of a first lieutenant and the deceased. A dispute arose between the officers, and Lieutenant Estuperron, fearing, as his friends say, that his life was in danger, drew his pistol, but did not shoot at his superior. It is claimed that he snapped the pistol, but it missed fire. For this offense he was placed under arrest and tried by a general court martial and sentenced to death.

There were extenuating circumstances admitted, and the case was carried to the highest federal courts. Pending a decision the first officer of the company was shot dead in the prisons at Monterey by one of his soldiers, and the soldier, while yet the smoke was curling from his weapon, was shot down by the captain of the company.

Whether these deaths affected the pardoning power or not will never be known, but the finding of the court was approved, and powerful personal appeals by persons intimately associated with President Diaz were unavailing. The death warrant was signed and carried into execution. That the officer was admired by the people and dearly loved in his regiment was well known by the authorities, as precautions taken by the commandant of the department were ample proof.

THE DEATH SCENE.

The time of the shooting was kept a profound secret. The cathedral clock chimed 4. There was a sharp bugle call, a hurrying of mustering feet, quick commands and rapid evolutions, and in a few moments the garrison fell into line. The gate in the rear of the barracks was opened, and the Thirtieth cavalry, in full marching order, on foot, issued forth, followed by their band with muffled instruments. The Fifth cavalry followed, and then the Fifth infantry. They formed a square, three sides of which consisted of the respective regiments. The fourth was the wall of the barracks. The general commanding the department and staff took up a position in the center. When the troops halted the commanding officer called "Attention!" "Fix bayonets!" He then announced the sentence, and added: "If any man moves in the ranks or gives any expression of sympathy with the prisoner or fault with the sentence he shall be committed to prison from one to five years, depending on the gravity of the offense."

The silence as of death fell upon the soldiers and the few spectators who were allowed to be present. Afar off the church bell tolled the knell for the dying. The early sun just gilded the mountain peaks that rise like giant sentinels around the historic city, and one's thoughts went back to the dull gray morning, long ago, when an American soldier knelt upon his coffin and met a bloody death almost on the same spot.

Great white wreaths circled the higher hills. It is now 4:45. From out the gate issued a company of the Thirtieth, at its head a prisoner, and by his side a priest. With a firm tread and a proudly lifted head he marched, never faltering or halting, but with a bright smile upon his face he looked the least concerned of the party.

FACING DEATH BRAVELY.

He halted at a small marked elevation twenty feet from the barracks wall. His company filed past and formed in front, four files deep. Two lines advanced, halted, and one still advanced. There were six men in each line. The firing party thus consisted of six men in the front line within ten feet of the prisoner, and the second line within fifteen feet. The other two lines formed a reserve. The death knell tolled, and the clock struck 5. The officer advanced to bandage the eyes of the prisoner, but the latter waved the officer aside and said: "I have looked too often in the face of death to fear him now."

"It shall be as you wish," said the captain as he took his place at the left of the firing party. Taking off his hat the prisoner surveyed the assembled troops, looked once at the sun tipped hills, and said to the firing party: "Shoot straight for my heart, but do not strike my face. Adieu." And bringing his hand to the position of "Attention" he awaited the end.

There was a slight flash of the captain's sword. The guns came to "Ready!" Another flash. "Aim!" The blade drops. Six sheets of flame dart toward the prisoner, who sprang into the air with three bullets in his heart. The surgeon took his wrist. The captain gave a quick command, a soldier stepped from the ranks, and placing his rifle to the prisoner's head, fired. In less than fifty seconds from the drop of the sword Lieutenant Estuperron was dead.

The bugles sounded. The troops filed past the body; it was put into the coffin, and the grim tragedy was over—and as brave a man as ever buckled on a sword had crossed to the "bivouac of the dead."—Cor. St. Louis Globe-Democrat.

Also: Too True.

Teacher—What can you tell me about Julius Caesar?
Pupil—He wrote books for the lower forms in classics.—Familienblatt.

A Far Sighted Youth.

"Can you afford to marry?"
"I think so. I have a clergyman friend who'll do it cheap."—New York Epoch.

Elected Without New York. Before 1892 five presidents of the United States were elected without the assistance of the state of New York. These were George Washington (first time), in 1789; James Madison, in 1816; James Buchanan, in 1856; U. S. Grant, in 1869; R. B. Hayes, in 1876.—Hartford Post.

A Fair Arrangement. Mr. Glenridge—in my house I always expect to head the procession. Mrs. Glenridge—Well, you have to foot the bills.—Kate Field's Washington.

PREVENTING FUTURE MISERY.

If there is, in this vale of tears, a more prolific source of misery than the rheumatic twinge, we have yet to hear of it. People are born with a tendency to rheumatism, just as they are with one to consumption or to scrofula. Slight causes may develop this. As soon as the aching complaint manifests itself, recourse should be had to Hood's Sarsaparilla, which checks its further inroads and banishes the rheumatic poison from the system. This statement is fully corroborated with testimony of physicians who have employed this fine blood purifier in their private practice. There is also the amplest professional and general testimony as to the efficacy of the Bitters for malaria, liver complaint, constipation, indigestion, kidney trouble, nervousness and loss of appetite and flesh. After a wetting, whether followed by a cold or not, the Bitters is useful as a preventive of the initial attack of rheumatism.

Guessed It.—Dennis, you're a gentleman and a scholar; is this where you ruminate?" "Begorra, and you guessed it the first time; this is just where I ruminate at."

NERVOUS DYSPEPSIA.

Senator James F. Pierce of New York writes: "For the past two years I have suffered very much from an aggravated form of nervous dyspepsia. I have resorted to various remedial agents, deriving but little benefit. A few months since a friend of mine suggested the trial of ALL-COCK'S PAINLESS PLASTER. Following the suggestion I have been using the same with the happiest effects. To those similarly afflicted let me suggest the manner of their use. I place one over my stomach, one over the hepatic region and one on my back. The effect is excellent. From the day I commenced their use I have been slow but surely improving, and am quite confident that by continuing I shall again be restored to my accustomed health."

A Kansas official made his mother-in-law his stepmother. This is the most remarkable case of nepotism on record.

RUPTURE AND PILES CURED.

We positively cure rupture, piles and all renal diseases without pain or detention from business. No cure, no pay. Also all Private Diseases. Address for pamphlet, Drs. Forterfield & Loney, 228 Market street, San Francisco.

To the victors belong the spoils. Texas is full of victors—please pass these spoils this way.

Our readers will serve themselves by noticing the remarkable offerings advertised in another column by the Sherwood Hall Nursery Co. of Menlo Park and San Francisco, who are leaders on the coast in furnishing everything for the farm and garden.

Jagson says if most men's consciences should talk out loud they would be staid for a long.

Throat diseases commence with a cough, cold or sore throat. "Brown's Bronchial Troches" give immediate relief. Sold only in boxes. Price, 25 cents.

It is sometimes difficult to determine whether a French crisis is a new issue or the same old crisis.

Beware of Ointments for Catarrh that Contain Mercury.

As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces, such articles should never be used except on prescriptions from reputable physicians. The damage they will do is tenfold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure and get the genuine. It is taken internally and made in Toledo, O., by F. J. Cheney & Co. Testimonials free.

Pfunder's Oregon Blood Purifier is the best remedy for cleansing your system.

TRY GUMMA for breakfast.

Use EnameLine Stove Polish; no dust, no smell.

IN GLASS. That's what Dr. Pierce's Pleasant Pellets come. And it's a more important point than you think. It keeps them always fresh and reliable, unlike the ordinary pills in cheap wooden or pasteboard boxes.

They're put up in a better way, and they act in a better way, than the huge, old-fashioned pills. No gripping, no violence, no reaction afterward that sometimes leaves you worse off than before. In that way, they cure permanently. Sick Headache, Biliousness, Constipation, Indigestion, Bilious Attacks, and all derangements of the liver, stomach, and bowels are prevented, relieved, and cured.

They're tiny, sugar-coated granules, a compound of refined and concentrated vegetable extracts—the smallest in size, the easiest to take, and the cheapest pill you can buy, for they're guaranteed to give satisfaction, or your money is returned. You pay only for the good you get. There's nothing likely to be "just as good."

The Rugged Child

is largely an "outdoor" product. Fresh air and exercise usually produce sound appetite and sound sleep. Sickly children obtain great benefit from

Scott's Emulsion of cod-liver oil with Hypophosphites, a fat-food rapid of assimilation and almost as palatable as milk.

Prepared by