# All Experts Use **Royal Baking Powder**

Perfect and uniform success in making finest food is more certain with Royal Baking Powder than with any other. Use it in every receipt calling for a baking powder, or cream of tartar and soda, and the best results in pure, wholesome, appetizing food are assured. Experts use it because it adds to their success. Physicians and Health Officers recommend it because it adds to the wholesomeness of the food.

MARION HARLAND: "I regard the Royal Baking Powder as the best in the market. Since its introduction into my kitchen I have used no other.

M. GORJU, late Chef, Delmonico's, New-York: "In my use of Royal Baking Powder, I have found it superior to all others."

A. FORTIN, Chef, White House, for Presidents Arthur and Cleveland: "I have tested many baking powders, but for finest food can use none but 'Royal.'"

#### DESIRES TO BEAR TESTIMONY.

Henry Thorne, Traveling Secretary of the Y. M. C. A, writes from Exeter Hall, Strand, London, February 2, 1888:

"I desire to bear my testimony to the disease in one form or another, due to the side arising from rheumatic and other causes never without deriving benefit from their application. They are easily applied and very comforing. Those engage i as I am in public work which involves exposure to sudden changes of temperature will do well to keep a supply of ALLOCK'S POBOUS PLASTERS in their portmanteaus."

TRY GERWEA for breakfast.



If MASTIFF PLUG CUT was not all that is claimed for it, how else could so great a business and sale have developed in so short a time?

A pure, mild, sweet smokecompetition with long-established brands of recognized merit. FJ. B. Pace Tobacco Co., Richmond, Virginia,

Soldiers' home at Dayton, O., said in an interview in Pittsburg the other day that, of the 5,000 soldiers in the Dayton home, "fully 80 per cent. are suffering from heart

Dr. Patton, chief surgeon of the National

The Danger of Too Much Exercise,

value of ALLCOCK'S POROUS PLASTERS. I forced physical exertion of the campaigns." have used them for pains in the back and And he made the prediction that as large a percentage of the athletes of today will be found twenty-five years from now to be victims of heart disease, resulting from the muscular strains they force themselves to undergo. As for the likelihood of exercise to prolong life, it may be said that accord-ing to the statistics of M. de Solaiville there are more people living in France today who have passed the age of sixty than there are in England, the home of athletic sports. There is probably no nation in Europe more adverse to muscular cultiva-

tion for its own sake than the French. "Great athletes die young, and a mor tality list of Oxford rowing men published a few years ago showed that a comparatively small percentage of them lived out the allotted lifetime."-Providence Jour

### The Chinese Silk Festival.

as veritable hands, by which he can grasp a nut or fruit all around, and so gain in his We, who are always grateful to our benefactors, honor the inventor of the shape and properties. Throughout the small mind a clear conception of its true art of silk culture with a real perpetual animal kingdom generally, indeed, this cuit. Besides the temples which we have correspondence, or rather this chain of erected in all the corners of the empire, causation, makes itself everywhere felt; her majesty the empress goes every year no high intelligence without a highly developed prehensile and grasping organ.-Cornhill Magazine. at the hatching season, in person, with all her suite, and in great pomp, to the field of the mulberry, to sacrifice to the

The Supposably Winning Ticket. goddess who was the queen of the Em-It chanced on holy Wednesday in Naperor Hoang-Ti. After the ceremony at peror Hoang-1. After the ceremony at the temple, her majesty, followed by her ladies, goes into the field, and, surrounded sprang from a hole, and running between by the farmers' wives, cooks some mul- the grandmother's legs fled to the open It indicated my disorder and removed it berry leaves and lays them on a basket window, from the balcony of which it sped containing the newly hatched worms, headlong on to the pavement eighty feet no wonder it has become the standard smoking tobacco, even in the presence of the people and distribute the vening over this event. They had standard smoking tobacco, even in the presence of the people, and distrib- that evening over this event. They had bought a lottery ticket for a franc, investuting gifts to those persons who have ing upon a "terno," or issue of three specibeen reported by the authorities of their fied numbers. villages as most worthy by reason of If the three numbers were drawn they their fidelity in attention to the care of would win £300, and they had very lively hopes until Saturday came and defeated This ceremony, which is one of the them. As for the three numbers, they most important of those her majesty has found them in the numerical equivalent of to perform during the year, is a great incentive to the silk raising nonulation death," using a certain little book which incentive to the silk raising population, assumes to interpret by figures most of the who cannot neglect their own work incidents of common life. There was a when they see their sovereign occupied dolorous reaction when the tickot drew in the same way. An old proverb says nothing .- National Review,

## FRIENDS OF THE PUBLIO.

MEN OF MARE WHO GATREN NEWS.

Some Personal Sketches and Incidents of Brain Workers in the Highest Walks of Life.

[New York Tribune.]

The reader of the morning paper who sits by his cosy fireside and is informed of what is transpiring in every quarter of the globe, seldom realizes the amount of actual labor necessary to ascertain, collect, write, transmit, and print this wonderful mass of news. And yet, aside from the special dispatches, it is largely cen-tered in one office, located near the Tele-graph building in New York, and presided over by a quiet gentleman in a most mas-

Mr. William Henry Smith, manager of the Associated Press, is in the prime of life, and possesses a mind clear as to the requirements of the public. To prop-erly and promptly handle the mass of matter that passes through his hands is an enormous undertaking, and one which may well test the capacity of any man. Mr. Smith has always been an arduous worker, and it is by no means surprising that his health should, in the past, have suffered more or less thereby. The mental strain necessary to the performance of his duties caused difficulties of digestion which are not easily overcome, and also a uremic colic, both painful and exhausting. All attempts to overcome these tendencies by force of will power failed, and he consulted eminent physi-cians, among them Dr. Barthol of Philadelphia. In spite, however, of the care and skill of these practitioners, he grew worse constantly. The result can best be described in his own words. He said : "My brother, C. W. Smith, manager of the Chesapeake and Ohio Railroad,

came to visit me, and seeing my condition, took upon himself to conduct my case, and so secured a preparation which, I have since learned, he had used suc-cessfully himself and in his family. I began its use, and commenced improv-ing at once. This improvement con-tinued, until now I am well, and wholly through the influence of Warner's Safe Cure. I have since then used the remedy with good results in my family, and keep it on hand constantly. I consider it a remarkable medicine."

Mr. George Alfred Townsend, the famous newspaper correspondent, whose letters, written over the nom de plume of "Gath," have attracted such wide attention, said to the writer: "While in England I had a pleasant visit with ex-Gov. S. B. Packard, our Consul at Liverpool. We were remarking on the death of a number of distinguished Americans, when the Governor said : 'Townsend, I can't see why so many of our public men are passing away, victims of one dread are passing a way to no need of their dying if they will consent to avail themselves of what has been provided for them, as I have.' Gov. Packard went on to describe his experience, and I found his symptoms corresponded almost exactly to my own. I soon afterward returned to America, began the same treatment, and when I had taken a number of bottles of Warner's Safe Cure-the remedy Gov. Packard used and commended to me so strongly-I, too, was rid of backhead,' and to-day am as sound as a nut. entirely. I regard it as a godsend to this country, where Bright's disease and all other kidney disorders are so prevalent."

#### THE TEMPTATION

THE TEMPTATION To get out of doors in rough weather is not strong, but we are, many of us, compelled to face rough weather frequently. Discusses which arise from a chill are peculiar to no season of the year. This is true; therefore, there should be in the closet of every household—what? Kot as unmedicated stimulant, absolutely devoid of anything but an excitive action, but a tonic combining, in the effective form of an invigor-ant and an alterative, the quality of defense against changes of weather. Hostetter's Stom-ach Bitters has three of four properties that no other article of its class possesses. Not only does it relieve the complaints which it even u-ally cures, it fortlifes the system against the bad effects of changes of temperature, fatally and foo otten shown in the deady form of "la grippe." It produces a radical change in the weakened condition of a system peculiarly liable to be at tacked by it, and it tends to provide against the darger resulting from an impoveriahed condi-tion of the blood and a disordered state of the liver or towels.

"What is so rare as steak well done"" said the June poet sadly to himself as he contemplated the ill-cooked meat.

#### HOW'S THIS?

We offer One Hundred Dollars' reward for any see of catarrh that cannot be cured by taking

esse of catarrh that cannot be cured by taking Hall's Catarrh Cure. F. J. CHENEY & CO., Prores., Toledo, O. We, the undersigoed, h ve knows: F. J. Cheney for the last if teen year, and believe him per-fer the house-biel all business tra sections and financially able to ca.ry out any obligations made by the'r firm. WE T & TRUAX, Wholess's Drugglist, Toledo, O. WAIDING, KINNAN & MARVIN, Wholess's Drugglist, Toledo, O. WAIDING, KINNAN & MARVIN, Wholessie Drugglist, Toledo, O. Hall's Catarrh Cure is ta-so internally, so ling directly upon the blood and mucous surfaces of the system. Fedimonials sent free. Pilce, 75 cents a boltic. Sold by all drugglists.

A woman always looks under the bed for man. A man goes out between acts to look for him.

## RUPTURE AND PALES CURED.

We positively cure rupture, plies and all rectal dise non without pain or detention from boan-ness. No eure, no pay. Also al. Private dis-eases. Address for pamphlet Drs. Porterfield & Losey, \$28 Market street, San Francisco.

It is a wise railroad stock that knows its own

Use Enameline Stove Polish; no dust, no amel

A man may run into debt, but he seldom omes out at anything faster than a walk.

For throat diseases, coughs, rolds, etc., effective relief is found in the use of "Brown's Bronchial Troches." Sold only in boxes. 25 cents.

It is rather hard to exactly define the nick of ime, but Satan is certainly the Nick of eternity.



ous, and debilitated. What she needs is Dr. Pierce's Favorite Prescription. It's made exactly to fit her case-an invigorating, restorative tonic, and a soothing and strengthening nervine, giving tone and vigor to the whole system. But



ONE ENJOYS Both the method and results when Syrup of Figs is taken; it is pleasant and refreshing to the taste, and acts gently yet promptly on the Kidneys, Liver and Bowels, cleanses the sysem effectually, dispels colds, head-ches and fevers and cures habitur! onstipation permanently. For sale in 50c and \$1 bottles by all druggists.

CALIFORNIA FIG SYRUP CO.

CAN FRANCISCO, CAL. LOUISVILLE, KY. NEW YORK, N.Y.



ful CONSUMPTION CURE is sold by drugists on a positive guarantee, a test that no other ure can stand successfully. If you have a OUGH, HOARSENESS or LA GRIPPE, it will cure you promptly. If your child has the TROUP or WHOOPING COUGH, use it patckly and relief is sure. If you fear CON-UMPTION, don't wait until your case is hopeless, but take this Cure at once and receive im-mediate help. Large bottles, 50c, and \$1.00. Fravelerr convenient pocket size 25c. Ask your druggist for SHILOIPS CURE. If your ngs are sore or back lame, use Shiloh's Por a Plastora Price, 250



A positive specific for all Kidney Troubles such as BRIGHT'S DISENSE, DIABETES, BILIOUSNESS, SICK HEADACHE, Ac. To the aged it is particu-larly adapted. To try it once is to recommend it.

PREPARED BY

The O. W. R. Manufacturing Co.,

Portland, Oregon.

FOR SALE BY ALL DRUGISTS.

MANN'S BONE CUTTER

BORE CUTTER Will cut Dry or Green Bones, Meat, Grist'e and all. Green Cut BONES will dentile the number of eggs -will make them more far-tile-will carry the hens andely through the melling period and put them in condition to lay when eggs comm in 1 if chighest price and will dovelors year chicks fast, r than any other food. Fact Green Bones and ne Creosozone to kill the lice, en 1 son will make sifty per ceat more pro.t. Fond for Catalogue and

Send for Catalogue and

PETALUMA INCUBATOR COMP'Y, TETALUMA, CAL.

LANDS, PATENTS, PENSIONS,

U

#### and indeed the very sight of this ill assorted pair standing side by side was enough to occasion remarks that made

The Dwarf and the Glant.

son's flesh, and a very big thern, too,

for the dwarf. Evans was truly a giant,

measuring 734 feet in height. Hudson and

he could never meet without squabbling,

strutted up to the giant, whose knee was

about on a level with the dwarf's head, and

"Peradventure, my friend, you have never sufficiently considered that the wren is made by the same hand that

formed the bustard, and that the diamond,

though small in size, outvalues ten thou-

At this sally Evans' mighty lungs thun-

dered forth a peal of laughter that drowned

the shouts of the courtiers, and snatching

up the valiant knight he thrust him into

one of his huge pockets. Holding an im-

mense hand over the midget to prevent his

escaping, Evans proceeded to take his

place in the pageant, where he was to per-form a dance. When this was finished he drew from his pocket a big loaf of brend,

which he broke in two, and then from the

other pocket he took the squirming Hud-

son, placed him between the half loaves as

if he were the slice of meat that goes to

make up a sandwich and intimated that

the king's giant would lunch upon the

The Prehensile Organs.

The possession of an effective prehensile

organ-a hand or its equivalent-seems to

be the first great requisite for the revolu-

tion of a high order of intellect. Man and

the monkeys, for example, have a pair of

hands, and in their case one can see at a glance how dependent is their intelligence

upon these grasping organs. All human

arts base themselves ultimately upon the

human hand, and even the apes approach

nearest to humanity in virtue of their ever

active and busy little fingers. The ele-

phant, again, has his flexible trunk, which,

as we have all heard over and over again,

usque ad nauseam, is equally well adapted

to pick up a pin or to break the great boughs

The squirrel, once more, celebrated for his unusual intelligence when judged by a

rodent standard, uses his pretty little paws

of tropical forest trees. (That pin, in par-

ticular, is now a well worn classic.)

queen's dwarf.-St. Nicholas.

llam

Hudson's blood boil.

said with an angry stamp

sand times the granite?"

King Charles I's gigantic porter, Wil-Evana, was a thorn in Jeffrey Hud-

One evening, when a merrymaking or masking frolic was going on at the palace, the giant and the dwarf happened to meet. As usual, an angry quarrel took place. Evans began to tease his tiny rival by allusions to pies, venison pasties and the like, and in the style of the well known Goliath of Gath, when deriding David, cast reflections upon Hudson's diminutive size. Hudson, though extremely angry, tried to preterly manner. serve his dignity. With a very red face he



these and every kindred disease arising from impure blood successfully treated by that never-failing and best of all tonics and mydicines.



Dooks on Blood and Skin Discaccs free. Frinted testimonials sent on application. Address The Swift Specific Co.,

ATLANTA, CA.

CATARRIA CREAM BALM When applied into the nostriis, will be absorbed, effectually cleansing the head of COLDINHEAD HAY EEVER DE BA catarrhai vi us, caus-ing healthy secre tions Ita lays inflam-mation, protects the membrane from ad-citional colds com ditional colds, com-pletely heals the sores and restores sense of of taste and smeil.

## Try the Cure. HAY-FEVER

ELY'S MEANING

A particle is applied in each nostril, and is agreeable. Price,5) cents at druggists' or by mail. ELY BROTHERS, 56 Warren Street, New Y. rk.

YOU NEED NOT FEAR that people will know your hair is dyed if you use that perfect imitation of nature,



**CURE FITS!** for a time and then have them return again radical cure. I have made the disease of FITS, EPI LEPSY or FAILING SICKNESS, a life-long study. I warrant my remedy to cure the worst case. Because

LEFSY of FAILING BIOANESSA insong and out a warrant my remady to cure the worst case. Because others have failed is no reason for not nor seelving a cure. Send at once for a treatise and a free Bottle of my infailible remedy. Give Express and Post Office. H. G. ROOT. M. C., 183 Pearl St., N. Y staff of the Seattle Post-Inten-fencer for two years, has resigned his "Now jus noie "n" me?"-Youth's Com-

position and gone into partnership hab you got to do widwith Editor Pollock of the Mt. Vernon gold, an wid bulls an L optimist. Democrat. Mr. Sheffield was a Dalles Tell me dat!" boy and handled the tell-tale antimony ment of that paper, and we are glad indeed to see him climbing steadily upward in his chosen profession.

the silk worms.

that "an idle farmer causes two persons to die of hunger, and a woman who will not weave will see ten dying of cold." The proverb illustrates the value of encouragement, and shows that silk worm

raising and weaving are duties of the women .- "Chinese Silk Lore," by Gen. Monthly.

A Reminiscence.

In the state archives at Albany is a bill of expenses incurred by Abraham Lincoln in Albany while on his way to Washington to be inaugurated as president of the United States, which shows that at least his suite were very patriotic if not demonstrative in their celebra-ELY'S CATARRH tion of Washington's birthday. The bill was as follows:

DELEVAN HOUSE, Albany, Feb. 22, 1861.

The state of New York, To T. Roselle & Son. One day's board of Hon. A. Lincoln and

suite, parlors, rooms, dinner and breakfast in-parlor ...... Wines and liquors ..... 357 00 orgars. Telegraphs Congress water \$2.50, baggage 94.87. .... Carriages .....

broken articles-stoves, chairs, Sundry 150 00 etc., etc.....

> -New York Telegram. Ceremonious.

\$1,130 00

Frenchmen are noted for their punctiliousness, but they have no monopoly of that virtue. A nice sense of propriety occasionally crops out in quite unexpected quarters.

"Pat," said the superintendent of one of our New England manufactories, "go down to the firm's office and wash the windows."

Pat presently appeared in the outer room with his bucket and sponges.

"An' I was tould to wash the windys in the firm's office," he said to one of the clerks.

"All right, that's it right in there," answered the clerk, pointing to the door.

"But they're in there," said Pat. "Oh, never mind, go right in."

But Pat still hesitated. "Faith," said

'lly)-Just look at our "Look a heah, Cæsar, .. Surely, when the in the Wasco Sun office during our ad. tell more'n forty men 'at all die and wither. ministration of the editorial depart- dat same ting what I tind, dear. Look on wa'n't one ob 'em treatenings. Of course it do me. By golly, 'peat-ill be our lawn fate. might act like a gemp York Ledger.

#### Thought She Was Mad.

They tell a good story on Mrs. Stannard (John Strange Winter), author of "Bootles" Baby," and Sir Morell Mackenzie. It appears that the great physician was being lionized and victimized at a hugger mugger party in a London drawing room, and Tcheng-Ki-Tong in Popular Science in the course of the evening was introduced to a lady novelist whose nequaintance he had not previously enjoyed. "I Mr. King struck him with his hand, knockfeel that I ought to know you," said the

doctor. "I'm ----," replied the lady. But the medicine man was no wiser. "I'm -," declared the indignant novelist, naming her popular little story. Sir Morell, we are told, smiled pleas-

antly, and approaching his host whispered: "You know, of course, that you have a mad lady among your guests? That Mrs. - is quite mad, but I should say harmless. First of all she told me that she was a man and then somebody's infant and evidently quite believed it!"-New York World.

## Care Necessary When Buying Mushrooms.

One cannot be too careful about buying mushrooms from gatherers, or from dealers who have bought from them, and especially when mushrooms are very low in price should care be taken, for the poison-12 00 ous toadstools are very apt to be mixed in with their brothers-the mushrooms.

Many maintain that the difference is easily detected, even by an amateur, but I have taken these statements with a grain of salt ever since an employee of a mushroom grower told me that he had picked them professionally in England for years, but that he would not wager on his ability to always tell the difference between mushrooms and toadstools .- New York Telegram.

#### The Touch of Sympathy.

Some time ago a certain woman lost her little baby. It was her only child, and of course the mother thought there never was and never would be another half so nice. And when the little thing breathed its last she was inconsolable. While the narrator was at the house a neighbor came in, and precipitating herself into the childless woman's arms she exclaimed: "Poor Mrs. B-, I know just how you feel. I've been through it all myself. Last week my pet kitten died!"-Lewiston Journal.

#### Why an East Wind Affects Some.

The discomfort acutely felt by some persons during east winds probably arises from the poison that ought to have been got rid of by the skin, but owing to the closing of the pores has been thrown back into the system. - Popular Science Monthly.

All Aches Relieved. Headache, toothache, backache, or most any joint ache will be relieved by heating the feet thoroughly with the shoes on -New York Journal.

obscure sources, but from gentlemen in the most exalted stations of trust and responsibility, and the affirmations they make are the results of actual observation. Does it not stand to reason, therefore, that the article of which they speak is a most valuable one, and such as may be used with great benefit by all who are suffering.

The above statements are not from

#### The Kings and the Cat.

Mr. and Mrs. W. D. P. King, of 949 Virginia avenue, southwest, passed through an experience early one morning that will no doubt linger in their memory for a long time. While Mr. King and his wife were wrapped in slumber at about 2 o'clock a large sized cat entered the house through an open window, it is supposed, on a quiet hunt after the many birds, both stuffed and alive, which are in the house. While the cat was meandering about the room Mr. King awoke, and jumped from the bed to put the intruder out. The cat darted for the stairway, and as he passed ing Thomas against the wall. The blow aroused all the savage instincts of the animal, and he made a furious onslaught on Mr. King, fixing his teeth in his right hand, lacerating it severely, and using his

claws to good effect on his nightrobe, The noise of the struggle alarmed Mrs. King, and she bravely came to the rescue. driving the cat away from her husband; but the savage animal attacked her fiercely and tore her hand. . For some minutes the battle raged furiously, until Mrs. King managed to secure a firm hold upon the cat's throat, and choked it until it was insensible. Then Mr. King took it by the tail and dashed its head against the wall until it was apparently dead, Mr. King threw it into the yard, and after bandaging up their wounds he and his wife retired to finish out their night's rest. Early next morning Mr. King went to the yard to see how the est looked by daylight; but it was gone. It had doubtless taken advantage of the proverbial remaining eight lives and crawled away to recuperate.-Washington Star.

Sold by druggists or sent by mail. 500. E.T. Hazelsine, Watren, Pa.

it isn't a mere stimulant. It's a legitimate medicine, that an experienced physician has carefully prepared, for woman's ailments. All the functional derangements, chronic weaknesses, and painful disorders peculiar to the sex, are corrected and cured by it.

And because it's a certain remedy, it can be made a guaranteed one. If it fails to give satisfaction, in any case, you have your money back.

The best pill costs less than any other. Costs less, but does more. They're smaller, too, and easier to take. Dr. Pierce's Pleasant Pellets are the best pills. They regulate perfectly the liver, stomach, and bowels.

"August Flower"

" I am Post Master here and keep a Store. I have kept August Flower MORPHINE for sale for some time. I think it is a splendid medicine." E. A. Bond, P. M., Pavilion Centre, N. Y.

The stomach is the reservoir. If it fails, everything fails. The liver, the kidneys, the lungs, the heart, the head, the blood, the nerves all go wrong. If you feel wrong, look to the stomach first. Put that right at once by using August Flower. It assures a good appetite and a good digestion.

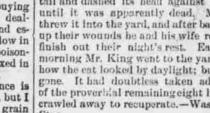






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of your