Among the elevations of the eastern half of the United States, the South-ern Appalachians are of paramount interest for geographic, hydrographic, and forest reasons, and, as a conseand forest reasons, and, as a consequence, for economic reasons as well. Streams, if this forest destruction continues, will increase in frequency ern half of the continent. More than once in the remote geologic past they have disappeared before the sea on the east, south, and west, and before the lee on the north; but here in this Southern Appalachian region they

tists to ask for its preservation by the Government for the advancement of science and for the instruction and interests here described can be such

they point to the necessity of protecting through wise use a mountain region whose intuence flows far beyond its borders with the waters of the rivers to which it gives rise.

We are Losing Millions of Dollars Annually.

history of the continent which has grown up about them. The hard-wood forests were born on their slopes and have spread thence over the east-tent of these damages, like those from the continues. Under the varying conditions of past year the flood loss was probably soil, elevation, and climate many of twenty million dollars). But this loss the Appalachian tree species have de- can not be estimated in money value veloped. Hence it is that in this re- alone. Its continuance means the gion occur that marvelous variety and richness of plant rowth which have led our ablest business men and scientific skill nor wealth can restore.

pleasure of the people of our own and of future generations.

The conclusions of the Secretary of Agriculture are summarized as follows in his report:

Interests here described can be successfully accomplished only by the purel in an accomplished only by the purel in a constant accomplished only by the purel in accomplished only by the purel in a constant accomplished only by the purel in accomplished only by the purel in a constant accomplished only by the purel in accomplished only by the purel The Southern Appalachian region inadequate to carry out this plan.



DEBR'S FROM FLOODS ON NOLICHUCKY RIVER, MAY 21, 1901. This mass consisted of the rock of farmhouses, furniture, briders, cattle and probably several human bodies, and coverale across of lettle farm lend near Erwin. Tem. The bouttern Apparachian region is only we have acceedingly body related. The preservation of the forests on the mountain slopes will manuaize the flood damage.

embraces the highest peaks and larg-| Federal action is obviously necessary, est mountain masses east of the Rockies, It is the great physiographic feature of the eastern half of the continent, and no other such lofty mountains are covered with hard-wood forests in all North America.

Upon these mountains descends the Congress heaviest rainfall of the United States. except that of the North Pacific Coast. It is often of extreme violence, as much as 8 inches having fallen in eleven hours, 31 inches in one month.

Vast Waste of Farm Soil.

The soil, once denuded of its forests and swept by torrential rains, rapidly loses first its humus, then its rich upper strata, and finally is washed in enormous volume late the streams, to bury such of the fertile lowlands as are not eroded by the floods, to obstruct the rivers, and to fill up the harbors on the coast. More good soll is now washed from these cleared mountain-side fields during a single heavy rain than during centuries under forest cover.

The rivers which originate in the Southern Appalachian flow into or along the edges of every State from gry stomach. From one of our Mexicourses are agricultural, water-power, from a famous cook in the capital of and navigation interests whose preser-our sister republic to the South:vation is absolutelly essential to the well-being of the nation. The regula- with water and push the kettle back tion of the flow of these rivers can be on the slove where it will barely simaccomplished only by the conserva- mer, until the meat is in shreds. Then tion of the forests.

With these conclusions I fully agree; and I heartily commend this measure to the favorable consideration of

THEODORE ROOSEVELT. White House, Dec. 19, 1901.

(This will be followed next week by anion questions, as sheeting the nation.

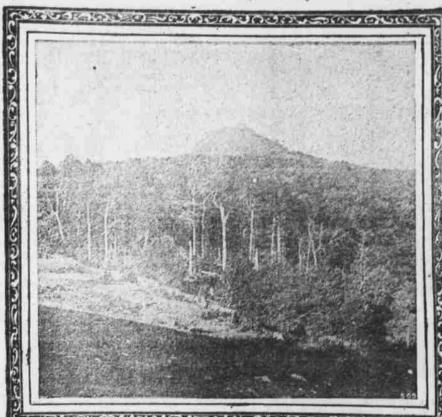
Chile Con Carne.

probably quite an amaiar with this what they conceived to be the decar But Jones is used to rhyme with stones. toothsome dish, yet one which should be especially acceptable to the people of the northland.

Chile con carne, a Spanish term, translated literally means chile—red poppers with meat, Properly prepared, it is stimulating, warming and extremely grateful to a cold and hun-Ohio to the Gulf and from the Atlan-tic to the Mississippi. Along their method for preparation—a recipe direct

"Cover two pounds of tender beef tion of the forests.

These are the heaviest and most seeded and cut into long narrow strips, beautiful hard-wood forests of thea large onion, minced, a tiny pod of



ON THE TOP OF THE APPADACHIANS Old Grandfather Mountain.

richness and variety. They contain Salt to taste," many species of the first commercial value, and furnish important supplies which can not be obtained from any

A Self Supporting Scheme.

Maintained in productive condition they will supply indispensable materi- brought to the table. "Try some of Their management under practical and own raising," or "this is some of our and of the nation at large, will serve are from vines I planted just four as an invaluable object lesson in the weeks ago today." All of this was advantages and practicability of forest preservation by use, and will soon be self-supporting from the sale of tim-

continent. In them species from east | garlic and a large cupful of ripe tomaand west, from north and south, toes, chepped. Cover and simmer until mingle in a growth of unparalleled the vegetables are thoroughly done.

Too Much For Human Belief.

He was much pleased with the place, but was quite bored by his host, who would eulogize everything that was which must fall without them, this," he would say, "it is some of my servative forestry will sustain and own milk, and that lettuce is from rease the resources of this region the cold-frame you saw," or "these peas

The agricultural resources of the said the visitor. "You've only been southern Appalachian region must have a little ever two years."

IRVING AND BOOTH,

Great Actors Who Sought to Elevate the Drama.

England's tribute to Henry Irving was worthy of his great powers and als great performances. It was recalled, too, with appropriate feelings, that he had made great sacrifices for his high ideals. He spent large sums n an effort to keep his London theater up to a lofty standard, but the times would not sustain him, and in his old age he was forced to take to his old age he was forced to take to



SIR HENRY IRVING

the road again, and even to present plays of only medium merit, unworthy of his gifts, to keep his head above water. Music hall fingle and horse play, cheap but stirring melodrama, and problem plays foul with smut, had overthrown in his own capital the first actor of his day.

Our own Edwin Booth, we all remember, trod this same hard road. After he had reached the top with us, and was rich, he established and sought to maintain, a temple where the drama in its best estate could be enjoyed by all who held the playhouse in veneration and affection. The structure was the finest of its kind in New York, and beautifully furnished. He opened it himself, with a supporting company of unusual ex-cellence. For a time—a time all too brief—he prospered, His till was filled every night, and praise of his enterprise and devotion to art was general and generous.

But he could not hold the public to his splendid endeavor. Taste underwent a change. What has since come to be known as the commercialization of the theatre set in, and in time Booth's venture failed. The "shows" triumphed, and the temple devoted to real dramatic art was razed to make room for a business block Stripped of his fortune, Booth, as more recently Irving, had to return to the road (This will be followed next week by another article on the forest, land and arrigation orestions, as affecting the nation.)

He prospered, of course, but never, as his friends believed, recovered from this blow to his professional hopes.

The subject is much discussed, and some interesting things are said on What is chile con carne? Every citizen of the Southwest knows it well,
but perhaps there are residents of the
Northern belt of the country who are
probably quite and unity with this

of taste in the line or their endeavor,

and stood up to the end for the best

and presented it with undiscouraged zeal and strength.

Pay of Russian Officialdom.

people enjoy a sinecure unlike may

other on earth. There are over fifty of them, and each is possessed of an

annual income or salary of \$2,000,000,

Royal Family. Their property, like

that of the Czar, amounting to a vast

sum is untaxed. The question may

well suggest itself, why should Russia

want to borrow war funds in Paris

when she has her Grand Dukes un-

tapped-and even untaxed? There is

a chance now on the part of these titled

mendicants to display a little patriot-

ism, by opening their cash boxes. One

of them, it is true, went to the front

in the Japanese War, but made such

a mess of himself that he was called

Everything Ready.

Uncle John, whose death was hourly

expected, was asked by his weeping

wife if he couldn't take a little nourish-

ment. He sniffed the air and said:

'Mary, don't I smell ham cooking? I

How long does it take to fight a duel?

think I could enjoy a few slices," no, John," she answered, "that you know is for the funeral."

home in disgrace.

You Can't Expect Long Life

and Prosperity

If you persist in drugging your body to cover up aches and ails. You feel bad-then try to smother your feelings (nature's warnings) with tobacco, whiskey or coffee-

The most dangerous "friends" one can mix with.

They cajole, and then kill.

RENEW YOUR LEASE OF LIFE

Stop the food and drink that does not nourish.

Go on Grape-Nuts and cream and a simple diet. Quit coffee and let old Mother Nature put you well again.

You can call in the help of a powerful friend-the food beverage,

POSTUM

"There's a Reason"

"The Road to Wellville" in Packages

Suggestion for an Epitaph,

IRVING'S LAST RESTING PLACE IN WESTMINSTER ARBEY.

The remains of the great actor rest beside the grave of Garrick and close to that of

Charles Dickens.

Those who keep track of affairs in tured the conditions when he was a

Russia note the prominence of the boy and now. He told of the advance Grand Dukes. These gentlemen of the in the last few years in industrial

all combined imposing a burden of plauded loudly. "And it will be bet \$100,000,000 a year on the Russian peo-

ple, as members or off-shoots of the yond," he continued. For a few min-

with spirit.

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STRAP LOCKS LYNCH PERFECTION YALE PRINCIPLE

Painful Ambiguity.

Secretary Shaw was telling an au-

dience, which was largely composed of G. A. R. men of his State, how the

conditions, and ended by saying: "Veterans, the world is much better

now than it was when you were born,'

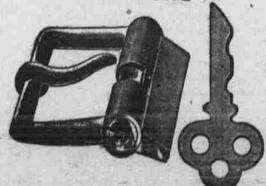
and everyone of the veterans ap

plauded loudly. "And it will be bet

utes the audience did not know just

how to take the remark, but finally

they decided to give the speaker the benefit of the doubt and applauded



### TO THE TRAVELER these Locks Are Necessities-Not Mere Luxuries

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