

# News About Today's Woman

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## Judge Writes Pamphlet On Contemporary Civics

By PATRICIA McCORMACK  
NEW YORK (UPI)—A college student, 17, booked on disorderly conduct, conferred with his dad and the family lawyer. Then he did what they agreed he should do.

He appeared before a judge, pleaded guilty, paid the fine—and got it over with.

But Judge Jerome A. Lasky, in the District Court of Nassau County, Mineola, N. Y., was distressed that the young man took so lightly the matter of having a record.

Additional "ho-hum" attitudes toward a record by youthful offenders subsequently moved Judge Lasky to give youngsters a lesson in contemporary civics.

He does the teaching in a pamphlet — "The Innocent Offender." More than 35,000 copies have been distributed nationwide, including 10 requested by the Library of Congress.

Can Ruin Future  
The instructive pamphlet reminds youngsters that a record — even for a seemingly innocent prank — can ruin their futures. It also tells those in trouble how to conduct themselves.

"The schools spend so much money for every kind of education," Judge Lasky, 42, said in an interview. "But they fail to teach these simple lessons in contemporary civics."

"Most of the young people don't know what a crime actually is. I try to tell them in the pamphlet."

Lasky, father of two daughters, 14 and 11, is giving the booklet away, most of the copies going to schools. "Anyone who wants to reprint it in bulk for schools and organizations, can do so, as long as the reprints are in the public interest and nobody makes any profits for himself. The response so far has been unbelievable."

A graduate of Columbia University Law School, where he was editor of "The Columbia Law Review," Judge Lasky makes these points in the pamphlet:

"Most youngsters do not know the consequences of an arrest and conviction record, that it can prevent them from obtaining a desirable job, from becoming an officer in any part of the armed services, from entering certain of the services even as an enlisted man, from becoming a lawyer, from entering government service."

"They do not know the difference between good natured fun and illegal conduct. They are unaware of the provisions of the laws most frequently violated by youngsters. The judge is convinced that this ignorance of the law is the cause of many violations."

"They do not know how to act if they are arrested. All too often, in fear and haste, they plead guilty 'to get it over with.'"

"I firmly believe that our youngsters must be educated in these vital areas," Judge Lasky said.

Parents Not Informed  
"Their parents are not equipped to perform this task because they usually do not have the technical knowledge required."

Judge Lasky cautions young persons against breaking the law on a dare.

"It takes more courage to turn down the dare than to accept it — and your friends know this," he said.

"In the long run they will respect you for having the courage and foresight to down a dare involving a breach of the law. It is better to be a live 'chicken' than a dead duck."

He also cautions against loyalty to a friend that reaches the point of helping a friend resist arrest — and eventually involves arrest of two or more.

"Disrespect for a police officer," he said, "is an invitation to be arrested."

"The police officer cannot permit his authority to be challenged."

"Chances of your being arrested are much greater if you talk back to the police officer or are otherwise disrespectful to him."

Mrs. Wayne Woodard was voted valentine princess and she will be presented at the annual Valentine Ball to be held by the various chapters of the valley February 15 at Rogue Valley Country Club.

The next meeting will be held January 8 at the home of Mrs. Robert Myrick, 1038 Henry Street, Ashland.

## Chapter Names 1964 Princess

The 1964 valentine princess was chosen at the annual Christmas party of Gamma Rho chapter, Beta Sigma Phi, held at the home of Mrs. Harold Sloper, 4756 South Pacific Highway. A gift exchange was held and secret sisters revealed.

Gifts were brought by the chapter members to be sent to Fairview Home.

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## It Is Bound To Happen

By Gay Pauley

NEW YORK (UPI)—Bound to happen during the holidays: Children who get sleds will long for snow. Children who got roller skates will pray for a thaw. Dad will get what he always wanted for Christmas. More neckties.

## Decorating Hints Given In Booklet

By MARGERY McELHENY  
NEW YORK (UPI)—Principles of design used by artists also apply to room furnishings. They include proportion, balance, emphasis, rhythm and harmony.

A "money management" booklet (published by Household Finance Corporation) offers many useful decorating hints based on these principles of art.

To create pleasing proportions in small and medium rooms, select furnishings with slim, simple lines. Use solid colors in light or medium gray tones, or small, subtle designs.

But avoid large furniture, bold patterns and bright colors or furniture arrangements that divide the room. Reverse the rules for a large room.

High ceiling rooms can be scaled down by using darker colors on the ceiling than on walls. Choose furnishings and decorative effects with horizontal lines.

Use Dividers  
In long and narrow rooms, dividers, mirrors on side walls, contrasting colors or emphasis on end walls proportion space.

The two types of balance include formal, when items on either side of a center are equal; or informal, when items on either side are placed at different distances from the center.

It is harder to arrange informal balance, but the effect is more interesting.

To achieve emphasis, furnishings should be arranged to draw the eye first to the center of interest and then to every other detail in order of importance.

Use Rhythms  
Rhythm in a design leads the eye in an orderly manner from one object to another. It can be achieved by repeating lines, forms, colors, patterns and textures.

A rectangular shaped picture over a horizontal chest creates rhythm through repetition of forms and lines. The same color used in draperies, on a chair, and in throw pillows, creates rhythm through repetition of colors.

The end result of the first four principles: harmony, the achievement of a pleasing whole which expresses variety and unity.

Whatever happened to the yuletide spirit?



A Washington author and journalist, Ann Cottrell Free, is the 1963 winner of the Albert Schweitzer Medal of the Animal Welfare Institute. Mrs. Free, the wife of a Washington correspondent, is the author of a new book which stresses respect for nature and the rights of living creatures.

## Woman Journalist Given Albert Schweitzer Medal

NEW YORK — Ann Cottrell Free, author and journalist of Washington, D. C., has been named recipient of the 1963 Albert Schweitzer Medal of the Animal Welfare Institute. It was awarded in recognition of Mrs. Free's contribution in advancing — through articles, a prize-winning novel and personal action — Dr. Schweitzer's philosophy of "reverence for life."

The medal was presented by Dr. Fairfield Osborn, chairman of the board of the Conservation Foundation and president of the New York Zoological Society, on December 16 at the Animal Welfare Institute annual meeting. Rachel Carson was the 1962 recipient.

Mrs. Free first revealed to the public the conditions under which the research dogs of the Food and Drug Administration were housed — caged for life, sometimes as long as seven years, in windowless sub-basements — and worked for Congressional action to provide proper quarters. The new FDA building authorized by Congress provides greatly improved facilities for both animals and technicians and will be open this month at Beltsville, Md.; its kennel-runways will serve as a model of good animal housing for the entire country.

Is Author  
She is author of a new children's book "Forever the Wild Mare" (Dodd, Mead) which stresses respect for nature and rights of living creatures, and which won the 1963 Dodd, Mead-Boys' Life Writing Award.

Mrs. Free has written widely on all phases of animal welfare, wildlife, conservation and environmental health. North American Newspaper Alliance recently syndicated her six-part series on laboratory animals and pending bills to correct needless suffering.

A native of Richmond, Virginia, she is a Barnard College graduate, wife of Washington correspondent James Free and mother of Elissa, age 8. She is a member of the Eleanor Roosevelt Memorial Commission of the Women's National Press Club.

The Schweitzer Medal, which is awarded annually in recognition of a distinguished contribution to the welfare of animals, was created in 1954, at which time a gold replica was presented to Dr. Schweitzer. Authorizing the medal, he wrote: "I should never have thought that my philosophy which embodies a compassionate attitude toward all creatures would be noticed and recognized during my lifetime. I know this truth would impose itself one day on thought, but it is the great and moving surprise of my life that I should be witness to the progress of ethics. Your medal celebrates this progress."

This statement was made to Mrs. Christine Stevens, President of the Institute, which is a non-profit, educational organization that works to reduce needless suffering of all animals.



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## 1954 Graduates To Meet Tonight

If there are members of the Medford High School graduating class of 1954 in the valley for the holidays, they are invited to attend a class meeting. It will be held tonight at 7:30 o'clock in the television lounge of the Medford YMCA.

A committee from the class is planning a reunion for next summer, and plans for the event will be discussed at the gathering.

## Officer, Wife Phoenix Visitors

PHOENIX — Lt. and Mrs. Charles Cosky left yesterday for San Diego, Calif., where the officer is on duty at the United States Naval Air Station. He is a pilot.

The couple spent Christmas day with Mr. and Mrs. Otto W. DeJarnett; Lt. Cosky is the son of Mrs. DeJarnett.

## Miss Sue Jahn On Holiday Visit

Miss Sue Jahn is spending the holidays with her parents, Mr. and Mrs. Norman E. Jahn, Foot-hills Road, Medford. Miss Jahn is attending Valparaiso University in Indiana and will return there to start classes January 6. The student was yell queen last year for Medford High School.

## Here

Miss Sandra Arant was in Medford this week to spend Christmas with her parents, Mr. and Mrs. Howard Arant, 137 Brookdale Road. Miss Arant, a graduate of the University of Oregon, is now employed in the counseling service office of the university.

## Many Students On Vacation

Midshipman Ralph Lobdell, student at the United States Naval Academy, Annapolis, Md., is in Medford to spend the holidays with his parents, Mr. and Mrs. Vincent Lobdell, 1007 Murray Avenue.

Also here is Lynn Hales who is with his parents, Mr. and Mrs. James W. Taylor, 1548 South Ivy Street, Medford. Young Hales, a graduate student, is attending Stanford University, Palo Alto, Calif., and working toward his master's degree in history.

Miss Susan Garner, daughter of Mr. and Mrs. Walter Garner, 2075 Old Military Road, is also home for the holidays. Miss Garner is a sophomore at Willamette University in Salem, and will return there to start classes January 6.

Miss Sue House, daughter of Mr. and Mrs. Richard House, Corning Court, is among students home for the holidays. Miss House is a freshman at Pacific Lutheran University, Tacoma, Wash.

## Dinner Planned By Pocahontas

Weatoka Council, Degree of Pocahontas, will have a covered dish dinner tonight at 6:30 o'clock at the Redman hall on Apple Street. The committee will be Mrs. Ben Ashton, Mrs. Mary Fredricks and Mrs. Robert Ayers.

Past chiefs will preside over the meeting which will be held at 8 o'clock. Presiding in the officers' chairs will be Mrs. Lewis Thompson, Pocahontas; Mrs. Roy Thompson, Wenonah; Mrs. Laura Wicker, prophetess; and Walter Wilson, Powhatan. A card party will follow the meeting.

## Daughters Here For Christmas

Mr. and Mrs. Keith Archer and small daughter, Sandra Lee, Buena Park, Calif., expected to leave this morning for Springfield, Ore., after spending Christmas here with Mrs. Archer's parents, Mr. and Mrs. Jerry R. Smith, 1033 Reddy Avenue. In Springfield they will be guests of Mr. Archer's parents.

Also with the Smiths for the holidays is their younger daughter, Jeri, a senior at Oregon State University. She will practice teach at Hoover School here for the winter quarter, and return to Oregon State University for the spring quarter and graduation.

## Family Visits In Jacksonville

JACKSONVILLE — Mr. and Mrs. Donald L. Hulshizer and daughter, Karen Jean, Fairbanks, Alaska and Hillsboro, Ore., left today after being overnight guests at the home of Mr. Hulshizer's brother-in-law and sister, Mr. and Mrs. Paul G. Bulkin, 607 South Oregon Street, Jacksonville.

The visitors are en route to Lake Tahoe area to spend the holidays skiing.

The Bultins entertained for the guests at dinner. Also attending were the hosts' daughter, Mrs. Richard A. Foran and daughter, Michele, Eagle Point.

## Rebekah Meeting Postponed One Week

GOLD HILL — Because of the New Year's Day holiday which conflicts with the Jan. 1 meeting of Amethyst Rebekah Lodge, the next regular session has been postponed until Wednesday, Jan. 8, at 8 p.m. On that date Mrs. Daniel Stewart will be hostess for the group.

Mrs. Paul Thompson will be hostess for the Wednesday, Jan. 15 meeting.

## Harvard Student Here on Vacation

Michael Whinlan, son of Mr. and Mrs. Edward M. Whinlan, 1908 Westlund Drive, Medford, is spending the Christmas vacation with his parents. He is a freshman at Harvard University, Cambridge.

## Do You Know These Driving Rules?

HARTFORD — A lady auto mechanic in Santa Monica, Calif., teaches a class at the YWCA called "Powder Puffs and Pistons." In a series of weekly sessions, she acquaints her pupils with the workings of the innards of a car, and at the end of the ten week course, each of the "graduates" understands the mysteries of an automobile engine and can deal efficiently with many minor car emergencies.

"Y's all over the country are organizing similar courses in response to growing interest on the part of women drivers. Jean Kinkead, women's consultant to Travelers Insurance Companies says, "We women spend so much of our lives in cars today that our chances of running into car trouble are naturally multiplied. Knowledge of certain 'first aid' measures should accompany us on our journeys. A friendly garage mechanic will

help us learn them if our 'Y' has no auto mechanics course."

Miss Kinkead believes that all women who often travel on their own should understand the following procedures. (1) How to change a tire safely. (2) What safety measures to take if you must abandon a car on the highway. (Carry railroad signal flares in the trunk. Their brilliance offers the best possible protection for oncoming cars.) (3) How to cope if you're involved in an accident. (See that the injured receive immediate medical attention. Note the exact time and exact circumstances of the accidents — weather, speed, etc. Do not make any statements regarding the accident to anyone but the police. Write down the names and addresses of the driver and occupants of the other car, as well as the license and registration number of the other car, its make, model and

year. Find out the name of the other driver's insurance company.)

These three procedures are basic. Driving in snow and ice, of course, involves very special know-how. Miss Kinkead advises us to keep an emergency stock of food and other necessities on hand so that we need not risk life and limb sliding down to the store in bad weather. Safety experts at The Travelers, Miss Kinkead tells us, offer the following tips for making winter driving as safe as possible.

1. Before it snows, check your brakes. If wear on the linings is unequal, you're asking for some skids. Have snow - tires put on. Check your heater and defroster.

2. Carry a plastic ice scraper and snow brush in the glove compartment, as well as a can of one of the wonderful preparations that prevents ice from forming on the windshield. Keep chains, sand and a shovel in the car.

3. Drive with your low-beam headlights on in snow, rain or fog. (Be sure the glass on your headlights is wiped off occasionally.)

4. Don't tail-gate. Put lots of distance between you and the car in front of you.

5. Never brake suddenly. Apply your brakes gently with an on-and-off pumping pressure.

6. Don't over-steer. The resulting over-correction causes skidding.

7. If your defroster should fail, pull off the road immediately, and let the warmth from the car heater melt the ice on the windshield. Then apply some "de-icer" to the outside of the windshield.

8. Drive slowly.

9. Don't go out if you don't really have to.

## Cook's Tour

By Jeanne Lesem

NEW YORK (UPI) — Think small when you pack holiday turkey leftovers for the freezer.

Meal and portion-size packages and containers freeze quickly and safely, take less time to defrost for use, and create fewer space problems in packing a freezer or refrigerator-freezer.

These tips come from an Iowa manufacturer, Amana Refrigerator, Inc., which has other suggestions for solving the leftover problem. Samples:

—Slice, dice or chop cooked meat before packaging it so that it will be complete ready for use when you remove it from the freezer.

—Freeze packages or containers of leftover stuffing and gravy separately. Make the carcass into a rice broth, then freeze it in ice cube trays or pans. Cubes are especially convenient, when stored together in a heavy plastic bag; you can remove only as many as you need for one meal.

—Leftover cranberry sauce also freezes well. If you want to save cooked vegetables for a salad, marinate them in French dressing before freezing.

Can Be Sautéed  
Relishes and raw vegetables — carrot and celery sticks, for example — can be sautéed in a little butter or margarine, then frozen in muffin cups and stored in plastic bags. One portion adds flavor and nutritional value to stews, soups, and casseroles.

Leftover fresh fruit salad may be frozen if bananas are omitted. Add about 2 tablespoons of simple syrup (sugar dissolved in water) if the fruit is unsweetened.

Both mince and pumpkin pies can be frozen as is, wrapped in moisture and vapor-proof material. Frozen pie can be reheated for 20-30 minutes in a preheated 375 - degree oven. Freeze individual mounds of whipped cream or hard sauce on pans lined with waxed paper, then package for storage.

Chance Of Spoilage  
Such leftovers should not be held more than a week or two in the freezing compartment of a single door refrigerator.

But most can be kept safely and without quality changes for three months or more in a zero-degree freezer. Cooked vegetables begin to decline in quality after four to six weeks. Baked goods keep longer than the three-month period.

Packaging material should be moisture and vapor-proof. All foods should be wrapped or packaged tightly to eliminate air space. When freezing anything with liquids, allow 1/2-inch headroom in the container to allow for expansion.

Good wraps include coated and laminated freezer paper, plastic sheet film and bags (check to make sure they are not torn or punctured), and freezer foil. Lightweight household foil does not provide ade-



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## Leftovers Supreme

Turkey casserole exceptional is easy to make with frozen leftovers. Butter bottom and sides of a 2-quart baking dish. Cover with 2 cups of turkey stuffing. Top with 1 cup each of chopped cooked turkey and turkey gravy, another 2 cups another 2 cups of stuffing and another cup each of turkey and gravy. Dot with 1/4 cup of jelly cranberry sauce, cubed. Bake 30 minutes in preheated 350-degree oven. Serves 6.

## Calendar

Friday  
7:30 p.m.—Rogue Valley Orchid Society, Red Cross Building, 60 Hawthorne Ave.

Saturday  
8:30 p.m.—Star Promenaders, Roxy Ann Grange Hall.

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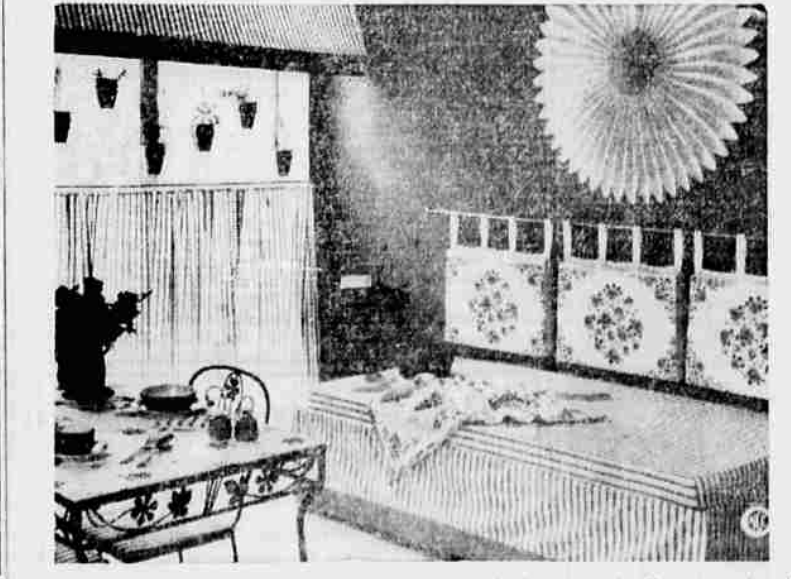
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