



The first showing of prints done by photographers of this area opened recently at Rogue Gallery, 220 West Main Street. The pictures are all by members of Southern Oregon Photographic Association, and many were present for the reception at the gallery which opened the show. Pictured above are (left

to right) Mrs. C. A. Parlier, Edward J. Klimko, a past president of the association, and Warren Walker. The public is invited to view the exhibit, and the gallery hours are 12 noon until 4 p. m. Tuesday through Saturday.

News About Today's Woman

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Question of Where Food Dollar Goes Answered

A new year is just over the horizon. Many a household will contemplate how they can hold expenses in line so they can buy something other than necessities during the next 12 months. One question many a family asks is, where does the food dollar go when it is left behind at the checkout counter in the food market? Between the consumer and the producer there are several "middlemen" the retailer and wholesaler, the assembler, the transporter, the processor and the packager. Each one expecting some monetary return for his work. These additional services have added to the cost of marketing food and have been a major factor in the steady rise of cost from nine billion in 1940 to 42 billion dollars in 1962. Over 50 per cent of this increase in cost has been in higher wages and salaries, freight rates and more expensive equipment and supplies.

Leftover Turkey or Beef Can Make Special Menus

Turkey Amandine
Almonds are a perfect addition to leftover turkey dishes that are generally mild-flavored and soft-textured. Generously sprinkle the tops of the dishes with roasted diced or toasted slivered almonds, or add whole toasted blanched almonds to creamed turkey and roll in pancakes or spoon over waffles.

Next-Day Turkey
That leftover turkey will disappear with gusto when served in avocado half-shells. Combine diced turkey, chopped celery, sliced ripe olives and slivered almonds with your favorite salad dressing. Cut avocados lengthwise into halves. Remove seeds and skin and sprinkle with lemon juice. Mound salad into avocados and serve with hot soup and muffins.

50 Plus Club Holds Election

Mrs. Kenneth Bowker was elected president of the Medford Fifty Plus Club at the group's meeting last week. Mrs. Aletha Jones was elected vice president. Mrs. Bertha Zonzales, secretary and Boyd Cline, treasurer.

The new slate of officers will begin their term in January. The next club meeting is announced for Friday, December 27 at 12:30 p. m. in St. Mark's Episcopal Church Guild Hall, Fifth Street and North Oakdale Avenue.

All interested senior citizens are invited to attend the club meetings which offer entertainment including group singing, readings, dancing and carols. The meetings close at 4 p. m. Those who attend should take sack lunches. Coffee will be furnished. Further information may be obtained from Mrs. Bowker, 664-1022.

With Parents
HORN BROOK—Mr. and Mrs. Richard Van Orman were to arrive from Corvallis, Ore., to spend the holidays with her parents. Postmaster and Mrs. Wayne Cummins. Also expected for Christmas day were Mr. Van Orman's parents, Mr. and Mrs. Marion Van Orman, Winston, Ore.

Dust painted walls or walls covered with washable paper or fabric from the floor up. A light, sturdy mop with flexible head for getting into corners is perfect for the job.

Medical Care Costs Listed For Families

Families are spending more for medical care each year but they're putting a greater value on good health. Mrs. Alberta Johnston, Oregon State University extension specialist, reports Bureau of Labor figures as a guide to Oregon families in planning for health needs.

If Oregon families spent at the same rate as the national average, they spent about \$345 per family in 1960 on medical care compared to \$197 in 1950. The proportion spent for medical care varies from family to family depending on family size and income. Almost three out of four families now use health insurance to "smooth" out variable costs for medical care for protection against the big bills.

Hospitalization insurance has increased in the United States from 51 per cent of the population being covered in 1950 to 75 per cent in 1961. Families are buying more inclusive health insurance including surgical, medical and major medical. In 1950 "major medical" was just beginning and by 1961, one out of five persons had this type of coverage.

Medical care costs have increased faster since 1957-59 than any other items in the consumer price index, says Mrs. Johnston. A dollar spent for medical care in 1950 buys about 65 cents worth of care now. Medical care now takes about six per cent of family spending compared to five per cent of what the family spent in 1950. But real incomes of families increased 35 per cent during these same ten years.

Development in medical science, new drugs, improved diagnostic procedures, use of a "team" approach in disease treatment, and new surgical procedures, are responsible for increased costs.

Californians Visiting Here

The Misses Linda and Bonnie Lowry are in the valley for the holidays as houseguests of their grandparents, Mr. and Mrs. Bert B. Lowry, Fern Valley Road. They also will visit their brothers, Douglas and Bert Lowry of Medford.

Miss Linda Lowry is employed at Stanford University in the linear accelerator center on an Atomic Energy project, entitled Project M.

Miss Bonnie Lowry is a sophomore student at San Jose State College.

Electa Club Installations Are Conducted

Mrs. F. L. Ryde was installed chairman of the Electa Club during recent ceremonies in the Girls Community Club. Installed at the same time were Mrs. H. M. Olson, vice chairman and Mrs. Carrie Walters, secretary-treasurer.

Mrs. Frank Root was installing officer.

The annual Christmas party also was conducted.

Corsages were presented the officers by the retiring chairman, Mrs. Esther Coleman. Tables were decorated in the holiday motif.

On the serving committee were Mrs. Jennie Creager, Mrs. Maude Lovell, Mrs. Lora Stewart and Mrs. Frances Bean. Mrs. Leitha Jones distributed the exchange gifts.

Mrs. Coleman was presented a gift from the club by Mrs. Ryde in appreciation of her year of service.

At the next meeting to be held in January a covered dish luncheon will be served for members and guests.

Nutty Jewelry Is New

By United Press International
The nuttiest jewelry in town is made from walnut, peanut, filbert and almond "gems," designed by the Tintex Color Council, they're all homemade. Remove nut meat, dye shells, then glue the shells together again. Insert screw eye in shell and string on ribbons or chains. To dye, mix dye bath in small enamel pan and immerse shells overnight. For shiny finish, glaze with clear nail polish.

Those recent pictures of Nikita Khrushchev going on a hunt with a Tartar shepherd's fur casque show he's finally caught up with American fashion. Women's Wear Daily reports, Yankee doodle damsels have been wearing the likes of the hat for several seasons. One designer, Sally Victor, stocks it in lynx, lamb, mink and leopard.

New Italian designs show a slight shift in the bikini. It's on the beach to stay, but the tights are not as brief as they used to be. And a shirt, jacket or shift-to-match covers the bikini when it's not on strictest Sunday.

Little girl's dresses now go to great length — all the way down to shoe tops. They're spittin' images of the long at-home dresses boosted by dame fashion for the holiday hostess.

Calendar

Thursday 8 p.m. — Reames Chapter, OES, Medford Masonic Temple.
Friday 12:30 p.m. — Medford Fifty Plus Club, St. Mark's Episcopal Church Guild Hall, Fifth St. and North Oakdale Ave.
2 to 4 p.m. — Chi Omega Alumnae open house, Mrs. George L. Lewis, 2133 East Jackson Blvd.

In Redding

HORN BROOK — Mr. and Mrs. Arthur Blanchard and son, Jim, left Tuesday to spend Christmas in Redding, Calif., with a daughter and her family, Mr. and Mrs. Phil Hemstead.

Sister Visits

HORN BROOK — Arriving Sunday to spend Christmas with Mr. and Mrs. Robert Philips and sons, Bobby and Paul, were Mr. and Mrs. James Utley of Los Angeles. Mrs. Utley and Mrs. Philips are sisters.

Program Is Presented By McLoughlin Chorus

The McLoughlin Junior High School Chorus presented a Christmas musical program for the Women of Unity last Friday at the Unity church, Holly and Haven streets. The chorus is under the direction of Michael Johnson and the singers were accompanied by Virginia Peterson.

Crunchy Salads Made From Winter Pears

Winter pears can be dressed up into appetizing crunchy salads.

For this recipe use three ripe pears; lemon juice; two three-ounce packages cream cheese; mayonnaise; few grains salt; one-half cup cream, whipped; two cups diced celery; Iceberg lettuce; one-half cup chopped nuts.

Peel, halve and core pears. Sprinkle with lemon juice to prevent darkening. Blend enough mayonnaise into cheese to make it smooth and fluffy. Add salt to taste. Fold into whipped cream. Add celery. Arrange pears on lettuce cups. Top with cheese mixture and garnish with nuts. Makes six servings.

The program opened with the chorus singing "Alleluia Christ is Born" by Thompson. The Melodettes sang "Holy, Holy, Holy" by Schubert; and the Melodettes sang "Shepherds Awake" by Katherine Davis. A group of English carols were sung, and a spiritual, "Rise up Shepherd, and Follow." The program ended with the chorus singing "I Wish You a Merry Christmas." All members of the chorus were ninth graders.

Mr. Johnson was presented a gift from the Women of Unity, in appreciation for the program.

Important Days
Mrs. Clay M. Lee, program chairman, spoke on the important days in December. She reminded people to write the word "Christmas" in full, and not "Xmas," for Xmas leaves out "Christ."
Mrs. Edgar N. Terrill, Talent, president of the group, conducted a short business session. She announced that the Women of Unity presented the church with 100 place settings of china. She reminded members of the mid-winter cleanup sale to be held in the Eagle's Hall, January 29 and 31, by the coffee com-

mittee of the church, with Mrs. Wilbur E. Howell, chairman. A large basket of food and canned goods, including a turkey, was made up by Women of Unity, for a needy family. The Rev. Katharine Bosworth gave the devotionals. Her topic was "Christmas is Where You Find It." This was told through story, scripture reading and song. Mrs. H. H. Breese sang "Lullaby on Christmas Eve" by Melius Christiansen. She was accompanied by Vanita Browning. Members joined in singing Christmas songs. The church was in candle light for the devotions.

In Holiday Theme
The luncheon tables were centered with small decorated Christmas trees and other decorations were in the holiday theme. During the luncheon, Mrs. Terrill presented Mrs. Bosworth with a monetary Christmas gift from the Women of Unity.
Hostesses were Mrs. Jewell Parr, Phoenix; Mrs. Minnie Easton, Shady Cove; Mrs. D. N. Fryssher, Mrs. E. S. Robbins and Mrs. Henry Keplinger, Medford. Guests were Mrs. Geoffrey R.

Carrie Thanos, and Mrs. Hoyt Hay, Medford.
Mrs. Lee Cormany, Ashland, attended the guest book.
The next meeting will be Friday, January 24.

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