

# Some Teen-Agers Have Difficult Adjustment Tasks

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High school students need encouragement to develop fully in academic, emotional and social growth.

Teen-agers appear to have some truly difficult problems of adjustment. Even though teen-agers think they are adults and fight to be treated as such, they still are in need of guidance. A parent's method of working with children must change during the teen years.

Academically, high school students have major decisions to make. For some, high school will be the end of their formal education. They should be sure to acquire the kinds of skills which will help them in their vocation. For those who intend to go on to college, it is necessary that they take the courses and achieve the grades required for admission. In either case, it is advisable to take courses which will help the individual pursue his interests whether it be in literature or carpentry.

**Often Confused**

The emotional and social aspects of growing up are closely related. The teens are the years when the opposite sex becomes important. The teen-ager is often confused and perhaps frightened by his own thoughts and actions. There is a constant need for reassurance and understanding. The child needs guidelines to follow. He may raise objections but he basically wants limitations which help to develop a secure feeling. Naturally, standards must be realistic and reasonable. They should be flexible and should not become so stringent that the child feels trapped.

Some problems seem to occur most often. When should a girl start wearing makeup? How often should a teen-ager go on dates? How late should they come home? Should they go on single dates? What about going steady?

The answers to these questions vary with the circumstances. A parent and child should discuss them fully. It is important that the child understands the implications. This does not mean that the child makes the decisions. That is the parent's responsibility. The parent should not be a dictator on all questions, but he should not neglect his duty to set reasonable standards within which the child must stay.

**Many Activities**

There are many extra-curricular activities which are available. It is not intended that one child should participate in everything. Such activities as

band, orchestra, debating teams, dancing lessons, school newspapers, etc., are meant to meet the interests of particular children. The child should not over-

schedule himself, but he should plan his activities so that he has a variety of experiences. As children grow older, the tendency is to reduce exercise.

The schools have a physical education program, but this must be supplemented on the outside. The aim is to help a child grow in all areas.

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WASHINGTON (UPI)—Atty. Gen. Robert F. Kennedy is expected to go to New York Tuesday to attend the ceremony renaming Idlewild Airport in honor of his slain brother.

**Railroads Request Approval of Merger**  
WASHINGTON (UPI)—The Norfolk and Western and Nickel Plate railroads asked the Interstate Commerce Commission Thursday to approve their merger proposal as soon as possible. The railroads said that rejection of the merger or delay in ICC approval would block for years any further realignment of eastern railroads.

**WASHINGTON (UPI)**—Sen. Philip A. Hart, R-Mich., proposed Thursday that Cuban refugees in the United States be given permanent residence. The refugees, mostly in Florida, now have the status of temporary visitors.

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