



Gingerbread houses have been used for "keeping Christmas" by many generations and no doubt are as popular today as they were in the long ago. Easily prepared, these cakes make gay holiday centerpieces and are fun to eat as well.

### Gay Gingerbread Houses Add to Holiday Spirit

What adds to the holiday spirit more than a real honest-to-goodness gingerbread house? It is so easy to prepare and for the holiday table it is a gay centerpiece.

Ingredients needed are one cup shortening; four eggs; four cups sifted all-purpose flour; two teaspoons baking soda; one teaspoon cinnamon; one-half teaspoon salt; two cups sugar; one cup dark molasses; two teaspoons ginger; one teaspoon allspice; one cup buttermilk.

Cream together shortening and sugar. Add eggs, one at a time, beating after each. Add dark molasses. Sift together flour, baking soda, ginger, cinnamon, allspice and salt; add alternately with buttermilk to creamed mixture. Grease and

### Toastmistress Club To Install

Mrs. W. G. Beard will be installed as president of the Medford Toastmistress Club Wednesday, December 18, at 7:30 p.m., at the home of Mrs. W. G. Beard, 1702 Ridgeway Avenue.

Other officers to be installed are Mrs. Kenneth V. Phillips, vice president, and Mrs. Dennis E. Garcelon, secretary.

Three speakers will be introduced at the meeting by Toastmistress Mrs. Phillip Mrs. C. E. Goodwin, Mrs. Glenn Clymer and Miss Veda Brower will speak on the theme "Quiet Thoughts."

Mrs. C. H. Redmond will act as topic mistress.

Mrs. Alfred Babcock, Mrs. Richard Wodke, and Mrs. Elizabeth Lund, members of the Grants Pass Toastmistress Club, were guests at the December 11 meeting. Other guests that evening were Mrs. Frank Proulx and Mrs. Oliver Guss.

**Sports Binocular**

Not much larger than a pack of king size cigarettes yet carrying lots of magnifying punch is a super sports binocular with an optional yellow filter that penetrates fog and evening haze. (Watrous & Co., 110 East 23rd St., New York, N.Y.)

### School to Give Annual Program

ASHLAND — The high school chorus and orchestra will present the annual Christmas program Tuesday, December 17, at 8 p.m. in the high school auditorium. Sacred music, instrumental numbers and choral selections are included in the program that is open to the public without charge.

**Olympic Towels**

The firm which has been selected to design and produce towels for the U.S. Olympic team for 1964 has been given permission to produce a facsimile version for household use. The terry towel is in red, white and blue stripes with the Olympic insignia of lighted torch and laurel wreath printed at both ends. Also lettered on are: "Tokyo 1964 . . . Innsbruck 1964" (Morgan-Jones, Inc., 404 Fifth Ave., New York, N.Y.)

A new metal cleaner removes emulsified grease from electric frypans and other aluminum cooking utensils. The compound is "painted" on and is safe to use on any aluminum cooking surface. (Metal Klean, Sunbeam Corp., Chicago.)

## Nylon's 25th Anniversary Is Noted

NEW YORK (UPI)—A golden haired tow named Shirley Temple was the movie queen of the day. Fiorello LaGuardia was the fiery little mayor of the nation's largest city.

It was the year Douglas (Wrongway) Corrigan flew from Brooklyn to Dublin. It was the year Hitler invaded Austria.

And, it was the year a Wilmington, Del., industrialist stood before an audience at the New York Herald Tribune forum and announced the news of "a new word and a new material", nylon.

The man was Charles M. A. Stine, a vice president of DuPont, developers of the first fiber to come strictly from the test tube. Rayon, ahead of it, is a fiber made by forcing a solution of modified cellulose through minute holes and drying the filaments. The year of nylon's birth publicly: 1938. The fiber was to provide the impetus for today's mammoth man created fiber industry, amazing in the number of materials available and the uses to which they are put.

### 25th Anniversary

This year, observing its 25th anniversary, nylon itself is being produced by 112 companies in 120 plants and in 38 countries.

In the United States alone, the one miracle fiber is produced at the rate of 600 million pounds, at a value close to \$900 million. More than 19,000 persons are involved directly in its manufacture; an estimated 750,000 workers in thousands of business firms depend on it in one way or another for a livelihood.

DuPont says 11 years of research and \$27 million were spent in pioneering the fiber. The man whose research created it was Dr. Wallace H. Carothers, who died some 18 months before the first public announcement of the fiber was made, October 27, 1938.

Nylon is created from atoms in coal, air and water. And a lady who snagged her first stockings made from the fiber returned them to DuPont, noting a e d i l y, "obviously somebody put too much air in this pair."

Commercial production of the fiber did not begin until late 1939 and its early uses were for toothbrush bristles, fishing lines and surgical sutures.

But the real impact of the invention came with production of hosiery in 1939. The first stockings were sold to DuPont employees in February, 1939. And in October, 1939, a few went on sale through retail stores in Wilmington. In May, 1940, they went on sale in stores throughout the country.

**On Its Way**

The synthetic was on its way. A giant, shapely leg modeled by movie star Marie Wilson was used to advertise the hosiery in the Los Angeles area. The ad was 35 feet high and weighed two tons.

But nylon did not remain available to the public for long. With the beginning of World War II, nylon went to war, ear-

marked for parachutes, glider tow ropes, jungle tents, tarpaulins, and tire cord for heavy bombers and fighter planes.

Women were asked to turn their old stockings over to the scrap drive so they could be converted into yarn for military use. Those who did not still remember darning and re-darning to preserve one pair.

Nylon stockings became like shoe ration coupons and steak and butter, if you were unpatriotic but had a good supply you could make a killing on the black market.

In Tulsa, Okla., 60 girls were asked what they missed most during the war. Twenty said men. Forty said nylons.

The first post war nylons began to appear early in 1946 and the reaction often was riotous.

In Philadelphia, 15 foot patrolmen and five mounted police were on duty when a store offered nylons for the first time.

**Thousands Storm**

A Cleveland press headline read: "Thousands storm counters for nylons."

Reported the Los Angeles Times: "Robbers carry off nylons in safe."

Bob Hope noted in September nylons were due back by Christmas. He added, "I won't say the women are anxious, but this

is the first time congress ever got 50 million letters petitioning it to abolish October and November."

And so went the first 25 years. What of the next 25? DuPont said research prom-

ises nylon's future may surpass its past.

Recently the company announced "the biggest news in hosiery since stockings became nylons" — development of a

yarn with a special self crimping property which puts resiliency or "give" into stockings to give a new kind of leg flattery as well as great freedom of fit. Stockings of the new yarn will be available by early 1964.

"Shop at the Store Where You Park at the Door"

# Dempster's

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### New Bulletin On Food Facts Now Available

CORVALLIS — A new bulletin on "Food Facts Versus Fads" has been published by Oregon State University Extension Service. It points out some of the fallacies that may exist as the result of food quacks and faddists.

People are spending needless millions every year for special foods, vitamins or reducing formulas that will keep them "young, slim and healthy," according to the bulletin.

Copies of the new bulletin are available on request at county extension offices or by writing the OSU Bulletin Clerk, Corvallis.

Food faddists and quacks are apostles of pet ideas, it is noted. They partially quote authoritative information or misuse it to fit their purposes, the booklet reveals.

The bulletin contains answers to common questions about foods and nutrition as supplied by nutritionists, dietitians, research workers, and the Council on Foods and Nutrition of the American Medical Association.

According to the bulletin authors, food fads become popular when people want a simple answer to food and health problems. They want special foods that have magical properties. Unfortunately, it's not quite that simple, say nutritionists. Foods from the daily four food groups — meat, vegetable-fruit, bread cereals, and milk, are still the best way to assure a good diet, the bulletin emphasizes.

The bulletin discusses fallout in milk, dieting and other questions commonly asked about food supplements and special foods, cookery and storage, food additives and processing, weight control, and food safety and health. It also tells how to use the basic four food groups to plan meals for different members of the family.

To clean and polish copper bottom pans, sprinkle generously with table salt, pour on a teaspoon of vinegar and rub.