

DENNIS THE MENACE



... AN' PLEASE TELL THE ANGEL THAT WATCHES OVER ME TO KEEP HIS EYES OPEN TOMORROW...

The Medical Roundup

By

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Painful Periods in Girls

Many mothers write to say that a daughter has so much pain each month that she has to lose a day or two from work. In a recent article, Dr. J. C. Warren and Sarah Cheatum of Kansas City, Kan., say that they have found ovarian hormones of several types helpful in treating dysmenorrhea (abnormal or painful periods). A drug like stilbestrol, given in doses of three mg. a day for 24 days can suppress ovulation (the putting out from the ovary of a tiny ovum, or egg-like cell). On the 24th day of the girl's menstrual cycle, some progestin (a different type of hormone) is given by mouth and then, perhaps, four days later, the girl has a painless period. The giving of the stilbestrol is started again on the third day of menstruation. Some 90 per cent of the patients have been helped with this type of treatment. Often, after from four to six months, the treatment can be stopped and the improvement continues.

They do not often go down into the southern states.

These storms can be distressing to persons who have trouble with their lungs and joints. The rarity of severe storms in the Southwest might improve the health of some people.

Nodes on Fingers

Very common in women past middle age are little knobs on the last joints of several fingers. Around 100 years ago, Dr. Herberden became famous simply by asking in an article "What are those little knobs that develop near the ends of women's fingers as they grow older?"

Now Dr. Robert M. Stecher of Cleveland, Ohio, says that they can be inherited; the knobs represent a form of "osteoarthritis," or arthritis in which there are changes in the ends of the bones that make up a joint. It is strange that nearly all the persons who have these little sized nodules on their joints are women. One-half of their daughters are affected in the same way. As Dr. Stecher says, for a man to be affected, his mother must have the disease and his father must be a carrier. Fortunately, these little nodules seldom give a woman much difficulty. Only very rarely have I seen one of the little nodules break open and discharge a fluid. Usually there is no need for any treatment.

If you suffer from allergies you'll want to read Dr. Alvarez' booklet, "Asthma, Allergy and Hay Fever." To obtain your copy send 25 cents and a stamped, self-addressed envelope with your request to Dr. Walter C. Alvarez, Dept. MMT, Box 957, Des Moines, Iowa, 50304.

Moving South

Many people with lung trouble, or bad sinuses, or arthritis, write to ask if I think they should move from a Northern state down to the Southwest. Usually, my answer is that it would be advisable for persons with asthma, sinusitis, bronchitis, or frequent colds to consult an allergic cause. If so, and the distress in their nose is due to an allergic cause. If so, and the allergist can determine what the cause is—such as ragweed pollen—then he can tell where, in the United States, relief can be found.

Doctor Warns on Birth Control Pills

WIMBLEDON, England (UPI)—A British doctor warned that the use of birth control pills instead of other contraceptive devices could lead to a dangerous venereal disease epidemic.

Dr. Ernest Claxton, assistant secretary of the British Medical Association, said in a lecture, "oral contraception gives no protection against disease, and if it comes into widespread use there could be a dangerous epidemic."

Carols To Be Allowed In Beaverton Schools

BEAVERTON (UPI)—The board of directors of the Beaverton school district Monday night adopted a policy which says teaching about Christ should be confined to the home and church.

But the policy does not rule out singing of Christmas carols or Nativity scenes at the schools. An earlier proposal had led some persons to believe they would be ruled out, but officials said this was not the intention.

France Impressed By Takeover of Reigns by Johnson

PARIS (UPI)—President Johnson's swift, smooth takeover after President Kennedy's death has deeply impressed Frenchmen. Many are asking whether things would go as smoothly here in case of the sudden death of President Charles de Gaulle.

In fact thinking among French politicians now is that the office of vice president might be a useful institution some day—but not as a potential successor to a president of the prestige and personality of De Gaulle.

However, De Gaulle himself has given serious thought to the problem.

Amendment Voted Last October, after the second near-miss assassination attempt against him, he got the nation to vote approval of a constitutional amendment providing that France's presidents in future would be elected by direct vote

of the whole French people instead of by a limited college of some 50,000 "notables."

De Gaulle's theory was that a president elected by the nation as a whole would enjoy greater prestige than one chosen by a limited electoral college.

So, as things stand, if De Gaulle died suddenly tomorrow, there would be a three-to-five weeks' period during which France would be without a president.

Officials agree this could have created a dangerous situation a year and a half ago when the Secret Army Organization (OAS)

threat was at its height. Today, it is generally felt, the nation could weather such a crisis without a major upheaval.

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4-H News

Wagner Creek Achievement awards were presented to members of Wagner Valley 4-H Clubs by Karl Slack, assistant cashier of the First National Bank, Phoenix

Branch, at a recent dinner meeting. National awards were presented to Lorna Fowler for achievement, and Mark Wright, forestry. Farm Bureau awards were given Bill Bagley, poultry and Miss Fowler, forestry. County record book awards went to Bill Bagley, poultry, intermediate; Miss Fowler, forestry, senior; Mindy Hackett, "groom your room;" Marcia McGary, easy meals; and Mark Wright, forestry, junior.

Books

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WESTERN HISTORY THE OLD TRAILS WEST by Ralph Moody—The author of the well-known "Little Britches" tells the human story of all the major trails that led to the development of the west. Many maps and old prints. \$6.95

MARK TWAIN'S SAN FRANCISCO Contains his best writings about the city in which he lived and wrote approximately 100 years ago. \$6.95

THE GOLDEN FRONTIER by Herman Francis Reinhart—Recollections of an early-day prospector who mined in California and South and Western Oregon, and hauled freight with teams and wagons all over the west. \$6.00

WESTWARD VISION: THE OREGON TRAIL by David Lavender—A new and excellent entry in the American West today series, which is a distinguished historical enterprise. \$8.95

WESTWARD TILT: THE AMERICAN WEST TODAY by Neil Morgan—A well-known reporterial talent observes the population explosion in the west. A new many conclusions: "San Francisco is a miserable failure!" \$6.95

COVERED BRIDGES OF THE WEST by Kramer Adams—A guide to covered bridges in Washington, Oregon and California, illustrated with photographs. Includes several in near-by areas \$5.95

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First year awards were presented Ed White, Joe White, Leslie Welburn, Mary Welburn, Kathy Turpin, Anne Skjaerlund, Karen Richey, Jeanette Quinn, Charles Miller, David Logan, Debby Kidson, Don Enloe, Mary Commons, Dale Birkland.

Second year awards were given Mark Wright, Margaret Redding, Don Quinn, Jim Nunley, Karen McGinnis, Marilyn Marsh, Debbie Marsh, Sharla Mankins, Donna Kidson, Mary Sue Emerson, Anne Dube, Mitch Burrell, Mindy Burrell.

Receiving third year awards were Bill James, Judy Boettcher, Dennis Creel, Pat Davis, Douglas Day, Joan Dube, Karen Dill, Dana Morris, Christine Moon, Don Marsh, Kathy McGinnis, Marcia McGary, Patty Zapell, Carolyn Young, Neva Morris.

Fourth year awards were taken by Jackie Tuggle, Linda Rasmussen, Mindy Hackett, Glenda Daugherty, Mike Davis, Mary Campbell, Kenneth Boettcher.

Fifth year awards went to Sam James, Kenneth Harris, Louise Herzog, Sharon Boettcher and Billy Bagley.

The seventh year award went to Steve Chapman; eighth year, Kathy Zapell and Lorna Fowler, and ninth year, Linda Sommer, Renee Johnson, Faye Chapman and Chip Buntington.

During elections Steve Chapman was elected president of Wagner Valley 4-H Clubs; Mary Sue Emerson, vice president; Allene Harris, secretary; Cathy Turpin, treasurer; Judy Campbell, reporter; Mr. and Mrs. Quinn, community leaders.

Desert Pearls The Desert Pearls 4-H Knitting Club met recently in the home of our leader, Mrs. James Dunn. All members were present.

We made knitting boxes and everyone got started on their knitting. Final plans were made for our Christmas party, Dec. 14. We invited our mothers. Gina Krambeal, president, adjourned the meeting. Louise Humphrey, Reporter

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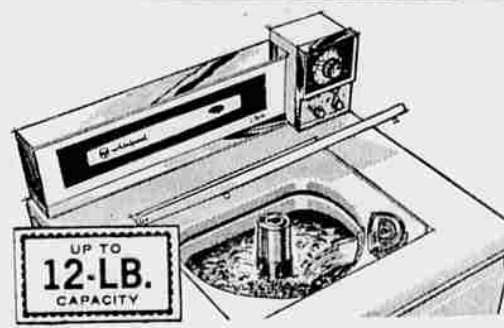
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