

News About Today's Woman

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Half World's Population Said Poorly Nourished

CORVALLIS — Up to half of the world's present population, some 1.5 billion persons, are undernourished, malnourished or both, according to Dr. Hazel K. Stiebeling, who for 20 years was the chief home economist of the U. S. Department of Agriculture.

Of these, 400 million have too little to eat. Some are starving. Others in less desperate straits are adjusting their lives to below-normal food intakes, the nutrition expert said.

"The young do this by slow or stunted growth and by reducing their physical activity; older persons by lowered work output and reduced creativity," she explained.

Dr. Stiebeling was the keynote speaker at a two-day "Advance in Nutrition" conference at Oregon State University. This conference is one of four scheduled throughout the year to celebrate the 75th anniversary of the OSU School of Home Economics.

Lunch Program

School lunch programs based on food donated by the United States now reach 40 million children in 91 countries. The school lunch is often the only real meal the children get during the day, she said.

"Not only does the school lunch program increase the learning rate of the children, but it also encourages many to go to school in the first place," Dr. Stiebeling emphasized.

School attendance in rural Bolivia and Peru, for example, has nearly doubled since the school lunch program began.

Some \$341 million worth of food was donated to governments during the past year. And children, she continued, received three-fourth of all the commodities donated under the Food-for-Peace Program.

Dr. Stiebeling called for assisting the people of underdeveloped countries — "not necessarily by providing the fish, but by showing them how to fish."

As for giving food away, Dr. Stiebeling said "it isn't easy." It is not cheap for the giver, nor is it entirely free to the recipient. Some countries are afraid to accept much food, lest it handicap the development of their own agriculture.

Obesity and dental caries are two of the "trouble spots" in today's nutrition.

Nutrition researchers are challenged to develop and apply nutrition knowledge that will help extend expectation of life at age 50, just as they so "notably help extend expectation of life at year one."

The major problem of ultimate consumers in this country is to select food in the market with discrimination and to use it wisely. In countries where two-thirds of the world's population live, such a situation is "but a dream," Dr. Stiebeling said.

Shower Given For Bride-Elect

CENTRAL POINT—A shower honoring Miss Beverly Jean Todd was given November 22 at the home of Mrs. Paul Evers, 833 Laurel Street, Central Point. Miss Todd and David R. Burns have set their wedding for Thanksgiving night at First Baptist Church, Medford.

Members of Community Bible Church of Central Point were invited to the shower, and about 50 guests attended. Mrs. Evers was assisted by Mrs. Don Pfaff and Mrs. Russell Thompson.

Among the guests were Miss Todd's parents, Mr. and Mrs. R. Angus Todd, 12 Ashland Avenue, Medford, and the parents of her fiance, Mr. and Mrs. Dale Burns, 2241 Dellwood Avenue, Medford.

Children's Illnesses Surveyed

WASHINGTON—The average American boy or girl has three episodes of acute illness a year, and one out of five has at least one chronic condition.

"This is one of the significant findings in the first national survey in the child health field since 1945-46, when the Children's Bureau, the American Academy of Pediatrics and the Public Health Service joined forces to study children's health needs," Mrs. Katherine B. Oettinger, Chief of the Children's Bureau, Welfare Administration, said today.

The Children's Bureau has released the findings in a publication entitled "Illness Among Children," which is a synthesis of national health data relating specifically to children culled from information gathered from the National Health Survey in extensive household interviews largely conducted in the period July 1959-June, 1961.

Paralysis, blindness, orthopedic, visual, hearing and speech defects account for an appreciably larger proportion of chronic illness among children of low income families.

Forty per cent of the chronic cases do not receive medical attention as often as once a year, and 10 per cent never reach a doctor.

Exciting well newborn infants, almost 17 per cent of the patients in general hospitals are children under 15, about one-fourth of whom go there for tonsilectomies.

Copies of "Illness Among Children" is available from the Superintendent of Documents, U. S. Government Printing Office, Washington, D. C., at 35 cents a copy.

Activities Announced By Parents

"Broadening Horizons" is the goal of the local chapter of Parents Without Partners' and recent activities have had this goal in mind. Recent events include a meeting at which a panel of teenagers spoke, a Thanksgiving dinner and attendance of two members at a Family Life Conference in Salem last Saturday.

Here are some of the other findings:

Although dental caries are the most common physical defect among school children, one-half of the children under 15 have never been to a dentist; and of the remaining half, a sizeable proportion are not receiving adequate care.

Non-white children receive considerably less dental care than white; farm, less than rural non-farm; those from low income, much less than those from high income families.

More than 74 out of every 1,000 children have hay fever, asthma or some other allergy, and more than 34 out of every 1,000 are afflicted with chronic sinusitis, bronchitis or some other respiratory ailment. These two groups of conditions account for more than half of the almost 33 million school days lost because of chronic conditions.

Respiratory ailments accounts

Dance Planned In Eagle Point

An open hoedown square dance will be held Saturday, November 30, at the Eagle Point Community Hall. Dancing will start at 8:30 p. m. with polka refreshments to be served later in the evening.

Callers for this special event will be Bryon (Buzz) Dibble, who calls for the star promoters, Art Shoemaker, caller for the Ramblin' Rogues and Ed Cavin, caller for the Derby Hoedowners. An open dance has no club sponsorship and everyone is welcome.

Pocahontas Lodge Dinner Planned

A potluck dinner at 6:30 p. m., Friday, November 29 is planned by Weatonska Council, Degree of Pocahontas. The event will be held in the Redman Hall on Apple Street.

Committee members are Mrs. Jack Thomas, Mrs. William Kingslien and Mrs. Lyle Brown. Members who have birthdays in November will be honored and an attendance prize for the month awarded.

A council meeting will be conducted at 8 p. m.

On November 20th over 40 members and their guests attended a pre-Thanksgiving dinner at the Rehabilitation Center in Medford. Honored guests were Mr. and Mrs. Clyde Richardson. Mr. Richardson is the director of the Center.

Double Potting Helps Plants Kept Indoors

Plunging clay-potted house plants in planters and gardeners is just as easy indoors as it is outside — and far healthier for your plants because the roots do not become waterlogged. Put about an inch of pebbles at the bottom of your jardiniere, then set the clay pot on top. Fill space between pot and planter walls with sphagnum and peat moss. The even drainage of moisture from porous clay containers will be slowly dissipated by the peat moss interlining, to sustain the humidity preferred by many popular foliage plants.

Optometric Auxiliary To Meet

PORTLAND—Under the chairmanship of Mrs. James L. Clunes, Albany, more than 100 women comprising the Oregon Optometric Association's Auxiliary are planning to welcome several hundred more wives of Pacific Northwest vision specialists to Portland during the annual three-day Congress of Optometry at the Multnomah Hotel, December 8-10.

Mrs. J. Earl Larson, Millwaukie, is planning the Congress annual silver scholarship tea, with Mrs. Gordon T. Lind, Hillsboro, assisting. The 2 p. m.-4 p. m. function will be held on Sunday, December 8, at the home of Dr. and Mrs. Richard C. Reed, 3580 S.W. 70th Avenue, under sponsorship of the Portland District Optometric Society Auxiliary.

Proceeds from the tea are given each year to the optometric scholarship fund of Pacific University in Forest Grove, home of the Northwest's only institution of higher learning for potential vision specialists. Every three years, accrued proceeds are given to an outstanding student.

Monday afternoon, December 9, in the Multnomah Hotel's Rose Bowl, attending wives will be entertained by the Oregon Auxiliary's Board of Directors at a noon "Holiday Elegance" show of fur fashions.

Monday evening, wives will join their husbands for a semi-formal dinner-dance at the Multnomah. State Auxiliary members will also staff a hostess room in the hotel during the three days of convention. Delegates are expected from every one of the 55 Oregon cities in which there are OOA members, and from Washington, Idaho, Montana, California, and Canada.

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Young People Honored Guests

CENTRAL POINT—A recent surprise party honored Miss Sandra Guereger and Emmitt Glass on their birthday anniversaries. The party was given by Mrs. Ralph Glass, mother of the honored man. She was assisted by Mrs. Leroy Hammerly, Medford, Mrs. Owen Triggs, Central Point, and Mrs. Geraldine Driskell, her daughter from Redding, Calif.

Music and games were the diversions and refreshments were served.

Guests included Mr. and Mrs. Lorenzo Miller and daughter, Denease, Medford; Gary Asher, Miss Penny Taylor, Miss Drenda Kohms, Mr. and Mrs. Glenn Guereger, Eugene and Lessa, Miss Winter Denman, Rick Tidemann, and Mr. and Mrs. Triggs and Rockie, all Central Point; Bill Longmire, Medford; Mrs. Driskell's daughter, Rhonda and Teresa, and Aleta Glass.

Mr. and Mrs. Ralph Glass, formerly Asland residents, now live at 5974 Harris road, Central Point.



Three members of the Royal Philharmonic Orchestra of London are shown here as they prepared to depart for Eugene Monday morning after the orchestra had made an overnight stop here at the Medford Hotel. Shown (left to right) are Fred T. Petts, violinist with the orchestra for many years; Albert Plevsky, a violinist, and Neil Saggitt, violinist who formerly played with the BBC orchestra. About 70 of the more than 100-member orchestra, traveling in three buses, spent the night in Medford and left Monday morning for Eugene where they gave a concert that night under the auspices of the Eugene Civic Music Association. (Knackstedt photo)



This group from the Royal Philharmonic Orchestra of London posed in front of the Medford Hotel Monday morning just before boarding buses for Eugene where the orchestra gave a concert that evening. Shown are (left to right) Len Everett, Laurie Davis, a violinist, Leonard Salzedo, violinist; Michael Maxwell, business manager of the orchestra, and Edward Wilson, bassoonist. The famous orchestra, said the most widely traveled of any orchestra in the world, will conclude a nine-weeks tour of the United States this Sunday and then return to London. (Knackstedt photo)

Royal Orchestra Enjoying America

Members of the world's most traveled symphony orchestra, the Royal Symphony Orchestra of London, are enjoying their tour of the United States very much but are becoming rather weary of the constant strain of travel and concertizing. Several men, interviewed Monday morning after an overnight stay here at the Medford hotel, said that the nine consecutive weeks of the tour, which closes December 1, are beginning to take a toll and that everyone looks forward to returning home.

A concert was given in Eugene Monday night under the sponsorship of the Eugene Civic Music Association, and many local members went north for the event.

The musicians had already played in 30 cities. One of the men explained that the group, directed by Sir Malcolm Sargent, was acknowledged the most traveled orchestra in the world after completing a long tour of Poland, Russia, Germany and Czechoslovakia last year. The men in the group interviewed Monday said that they were warmly welcomed all over Europe, as they are in the United States.

Russian Halls Best

One ventured the opinion, seconded by others, that the most beautiful and best concert halls in the world are in Russia. It was also said that "music is cheap" in the Soviet Union, the explanation being that music scores and books, and most of the equipment needed for a musician is very inexpensive as compared to England. Concert prices are also low, it was said.

One man said that his main disappointment in the United States was a lack of fresh orange juice. He had spent considerable time with a cousin in New Jersey and ever since that time had been recalling the "wonderfully tasty fresh orange juice which my cousin squeezed fresh every morning with a gadget which hung on the wall." This time, the juice not only had only juice made from concentrates, but "When I ask for fresh juice in hotels and restaurants, they hardly know what I'm talking about." He had, however, been buying oranges from time to time and produced one from his coat pocket.

Another musician lamented the fact that he could not see more of this nation's scenic wonders, although he was thoroughly enjoying what has been available along the route made necessary by the concert schedule. He was sorry to have missed Niagara Falls, the Grand Canyon and Oregon's Crater Lake. A companion reminded him that everyone had enjoyed the trip from San Francisco to Medford—he had trouble pronouncing "Siskiyou," but remembered "Mt. Shasta."

Proud of Orchestra

The men are obviously proud of the orchestra of which they are a part, and reminded the reporter that it had been organized by the great Sir Thomas Beecham and that he had been its conductor for many years. One player made it plain that the orchestra is not the London Symphony Orchestra — there is such a group but it is now in England — and that the one touring the United States is the Royal Philharmonic Orchestra of London.

The orchestra's director had gone to Eugene Sunday, and a few members had chosen to travel up the California and Oregon coast by other means of transportation. The 70 members who stayed in the Medford Hotel Sunday night had mounds and mounds of luggage which each man seemed to be carefully watching to see that his own pieces were on his bus. "If you don't watch, its apt to re-

main in one city with you miles and miles away, don't you know," one said. "Some times even a man is left behind."

The manager, Michael Maxwell, closed his business with the hotel management scarcely in time to pose for a picture, and although courteous and friendly, refused to give any figures about what it costs to keep a hundred plus musicians on the road, or what the concert fees are.

To bring out the flavor of most cheeses, take them out of the refrigerator to reach room temperature before serving. Small pieces of cheese need about 15 minutes; large portions may take two hours.

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... to pay homage to a great and good man from Monday Next, November 25, to December 22, 1963 ...

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Message by Rev. Loyce C. Carver, Pastor
Music by Choir: "We Gather Together", "America the Beautiful", "Let the Mountains Shout for Joy"