ARMY CHALET — The Salvation Army chalet, like the one shown above, is a new means of service to the public in the area. It is a clothing drop box which will be located at various shopping marts in Medford, Ashland and Grants Pass. Salvation Army officials said there is a real need for any discarded items that may be used by less fortunate families and individuals.

Hoffa Plugs on Favorite Themes

NEW YORK (UPI) — Teamster President James R. Hoffa Sunday plugged away at his two favorite themes—the validity of a nationwide contract, and the alleged villainy of Robert F. Kennedy's Justice Department.

Hoffa said that the nationwide contract his union is seeking would mean no more of a stranglehold on the nation's economy than the control already exercised by major auto and steel corporations.

He charged that the Justice Department was persecuting the Teamsters because the attorney general could not dominate them.

Easiest Doll

7382

by Alice Brooks

This miss is sure to delight a child. Use straw yarn or rug cotton for hair.

Beginner easy, even if you have never sewn a doll! Pattern 7382: directions for doll made of man's size 12 sock; pattern for jajamas.

THIRTY - FIVE CENTS (coins) for this pattern — add 15 cents for each pattern for first-class mailing and special handling. Send to Alice Brooks, Medford Mail Tribune, Needlecraft Dept., P. O. Box 163, Old Chelsea Station, New York 11, N. Y. Print plainly NAME, ADDRESS, PATTERN NUMBER.

206 HANDICRAFT HITS in our big, big, new 1964 Needlecraft Catalog, out now! See toys, fashions, crewelwork, heirlooms, gifts, bazaar hits—everything to crochet, knit, sew, weave, embroider, quilt, smock. Send 25c right now.

The Medical Roundup

By Walter Alvarez

Emeritus Consultant in Medicine Mayo Clinic
Emeritus Professor of Medicine Mayo Clinic
(Register and Tribune Syndicate, 1963).

Fatal Heart Attack

I recently read a statement which I think should bring great comfort to all those thousands of women who spend their days grieving and wondering how they might possibly have saved the life of their husband when one day he fell to the ground with a severe heart attack. Perhaps firemen came and gave oxygen, or perhaps he was rushed to a hospital in an ambulance with the siren screaming, but on arrival he was found to be dead.

I always feel so sorry for such unhappy women that, whenever I meet one, or I get a letter from one, I take some time to explain to her that if her husband had collapsed while surrounded by a dozen eminent heart specialists at one of their annual conventions, he could not have been saved. The chances are that he was dead when he fell out of his chair, or he was in a state of such severe shock that no one could have brought him back to consciousness.

Twice in the past few months a man collapsed a few feet away from where I was standing in a hotel lobby. When, a few seconds later, I reached him, he had no pulse and his breathing had stopped. In both cases there was a firehouse a block away, so in a minute the men arrived with their apparatus for resuscitation, but it had no effect.

Now, I read the answers given by a couple of experts to a physician who asked the AMA, "What can be done for a man who has had a terrible heart attack and has gone into shock, with a cold wet skin and marked pallor? Is there any drug which, if used quickly, is likely to save his life?"

Drug Could Do Harm

Some physicians, when called to see such a person, will inject what is called an adrenergic blocking agent, but the expert writing in the journal of the AMA said that, in his opinion, such a drug has no place in the treatment of a severe heart attack; it could even do harm.

The doctor went on to say, "Unfortunately, there is at present no satisfactory treatment for the severe shock associated with the sudden plugging-up of a good-sized artery in the heart." He said also that some doctors think that injections of "sympathomimeticamines" will help, but several "studies have shown that such treatment rarely, if ever, helps." He feels that the giving of drugs designed to narrow the blood vessels "can accentuate shock."

All of which suggests strongly what most of us physicians know from sad experience, which is that if a man's heart has been so severe as to destroy the function of much of his heart muscle, and to throw him into a state of severe shock, he is likely to die immediately, or in a very short time, no matter what is done for him. If only a small segment of his heart muscle has been damaged and he is not in shock, he will recover without any treatment.

The important points for the grief-torn wife to remember are these: that her husband probably died instantly; and, if he lived for a few minutes, no treatment could have saved him.

Histamine Headaches

Some years ago Dr. Bayard Horton, then of the Mayo Clinic, described a type of severe headache which tends to come in the early morning hours. It wakes the victim and may cause him to walk the floor for a couple of hours; then it may go away for 22 hours, until next morning. Some persons will have a spell of such headaches for a few months, and then will go free for a while.

Usually, these headaches are not helped by any amount of aspirin. In the past the best treatment has been desensitization to histamine. In some cases the sufferer is migrainous, and then he may be helped by taking quickly a couple of pills containing ergotamine in some form. Patients might try also the new drug (methysergide maleate) which in some cases will keep migrainous headaches from coming.

Recently, Dr. Horton reported that in 105 out of 190 patients with histaminic head pain, relief had been obtained with a new drug which, at the time, was known only by its laboratory number, PT-9. It was given in daily doses ranging from 2 to 25 milligrams. Thirty-five of the patients were no better, and 5 were worse. In 39 cases the treatment was not given long enough for an adequate trial. In some cases the medicine began by aborting the headaches, and then lost its efficacy. Curiously, the drug has a tendency to abort head colds and to relieve angina pectoris (heart pain).

Any drug which will even occasionally help this very severe type of headache is worth trying.

One common form of headache is called migraine. If you have symptoms which suggest migraine headaches, you will want to read Dr. Alvarez' helpful booklet about it. You may obtain it by sending 25 cents and a self - addressed, stamped envelope with your request for it to Dr. Walter C. Alvarez, Dept. MMT, Box 957, Des Moines, Iowa 50304.

NEW LATCH LAW

WASHINGTON (UPI) — Under federal law, newly manufactured refrigerators shipped in interstate commerce must be equipped with safety devices so that an entrapped child can free himself.

But, cautions the U. S. Children's Bureau, this law does not protect the child who plays hide and seek in abandoned older refrigerators lacking the inside latch. Safety experts recommend that all who discard older refrigerators remove the doors first to prevent children from killing themselves.

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars.

To develop message for Tuesday, read words corresponding to numbers of your Zodiac birth sign.

Good — Adverse — Neutral

POWERFUL PLUNGER CLEARS CLOGGED TOILETS in a jiffy!

NEVER AGAIN that sick feeling when your toilet overflows
'TOILAFLEX' Toilet ALL-ANGLE Plunger
Unlike ordinary plungers, Toilaflex does not permit compressed air or messy water to splash back or escape. With Toilaflex the full pressure plows through the clogging mass and swishes it down. Can't miss!
• DESIGNED TO FLEX AT ANY ANGLE
• RECESSED RIM TRAPS AIR & WATER
• CENTERS ITSELF, CAN'T SKID AROUND
• TAPERED TAIL GIVES AIR-TIGHT FIT
Get the Genuine 'Toilaflex' $2.65
AT HARDWARE STORES EVERYWHERE

WE HAVE the Genuine Warp's FLEX-O-GLASS
• CRYSTAL CLEAR
• CUT, TACK, SEW or SEAL
• HUNDREDS OF USES INDOORS & OUTDOORS
Only 29¢ Lin. Ft. 36 inch wide
ACME HARDWARE
10th & Central 772-5201

WE HAVE THE GENUINE Warp's TOP QUALITY WINDOW MATERIALS
HOLD IN HEAT-KEEP OUT COLD
FLEX-O-GLASS
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BIG PINES LUMBER COMPANY
32 W. 6th 773-5333

Sinclair Harsh Toward Goldwater

PORTLAND (UPI) —Author Upton Sinclair, 85, who ran for governor of California in 1934, had few kindly words for capitalists in a lecture stop at Reed College Friday night.

The author of some 60 books and 1500 articles described Sen. Barry Goldwater, R-Ariz., as "very rich man."

"He is the representative of the rich and if he is nominated I shall get down on my knees and pray to the heavens for his defeat," Sinclair told reporters.

"If he is elected president, I'm afraid I'll have to pack up my bags and move to the North Pole."

He explained Goldwater's following among the middle and lower income classes by saying that "the masses are still ignorant." He added that people still "believe everything the capitalistic press tells them."

Sinclair, who now lives in Monrovia, Calif., told an overflow crowd of 700 at Reed's Botsford Hall about his long fueds with the Armour, Rockefeller and Ford families.

Sinclair's nephew, Fred Hard, is an English instructor at Reed.

LEIGHTON BUZZARD, England (UPI) — Frank Wheeldon, a 26-year-old real estate agent, won a five-pound ($14) bet Sunday by riding the 35 miles from here to London on a 100-year-old wooden pedal cycle.

The Family Council

Editor's note: The Family Council consists of a judge, psychiatrist, three clergymen, three editors and a women's editor. Each article is a summary of a family disagreement presented to the Council. The Council deals with problems, major and minor, encountered by guidance counselors and social workers. Edited by Mrs. Alma Denny. (Copyright by General Features Corp.)

Mr. R. V. — He lied to us about owning a big business.

Ellen C. — He had to find some way to impress my folks.

* * *

Mr. R. V. — When we first met Bill he talked about his family's fleet of trucks in Virginia, told us he was to manage the garage, and was building a beautiful home. After the wedding they stalled us off for a year, but last Labor Day we drove down. Bill just works in a service station. The lavish check I gave them to furnish their home is used up, but there's no home, just a rickety furnished flat. I hate to see Ellen living that way. I can get Bill a real job up North here.

Ellen C. — I knew my folks wouldn't understand. We tried to hold them off until things improved, but now the truth is out, I want my father to see my side. I was 25 when I met Bill. For years Dad had been saying, "When are you getting married? Look at your friends. You're the last one left." Since I really loved Bill, I joined him in puffing up his credentials. We had a big wedding, receiving substantial gifts. I still love Bill and know that those "lies" will be realities.

* * *

The Council: If Mr. V. had made the inspection trip to Virginia before the wedding, probably the only difference would have been the size of that "lavish" check. We doubt it would have prevented the wedding. Ellen was already in love and in cahoots with Bill to sell her Dad a "bill of goods," under the code of All's-Fair-in-Love . . . After Mr. V. gets over the shock and hurt of being "taken in," he might follow Ellen's suggestion and view the marriage from her corner. She'd been goaded toward marriage and loved Bill, but knew her father would frown at his modest station. So, honest with each other, the pair lied to Mr. V. Now, whether in Virginia or up North, with or without help from Mr. V., Ellen and Bill must chart a realistic course. No more lies, just modest wishes diligently pursued.

Mobilheat "Oil To Burn"
S&H Green Stamps
MEDFORD FUEL CO.
Phone 772-2111

3 MORE BIG DAYS!

These Prices — and the Grocery, Appliance and Non-Food Prices from Thursday's Ad — Are Effective Thru Wednesday, Nov. 13

BIG Y SHOPPING CENTER

OPEN EVERY DAY 9 A.M. to 9 P.M.

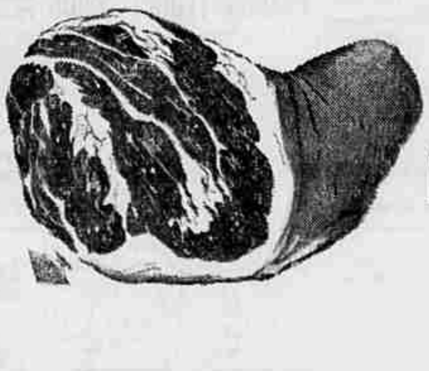
WE GIVE AND REDEEM SILVER DOLLAR STAMPS

BIG 'Y' King of Tarts BAKERY
Not Fresh Daily . . . FRESH HOURLY!
Loaded With Fruit Blueberry Muffins 49c dz
Mincemeat Pie ONLY 49c ea
RASIN DONUTS OLD FASHION ... Doz. 49c
LEMON MERINGUE PIE FLAKY CRUSTED ... Ea. 49c
DATE NUT BREAD TRY IT TOASTED ... 15-Oz. Loaf 29c

PICTSWEET FROZEN FOODS
PEAS, 10-oz. pkg.
CUT CORN, 10-oz. pkg.
CUT BROCCOLI, 10-oz. pkg.
MIXED VEGETABLES, 10-oz. pkg.
PEAS & CARROTS, 10-oz. pkg.
CORN, CREAMED STYLE, 10-oz. pkg.
W. K. CORN, 10-oz. pkg.
YOUR CHOICE 8 FOR $1

USDA CHOICE Chuck Steak 49c lb.

FRESH PICNIC STYLE PORK Roast lb. 27c



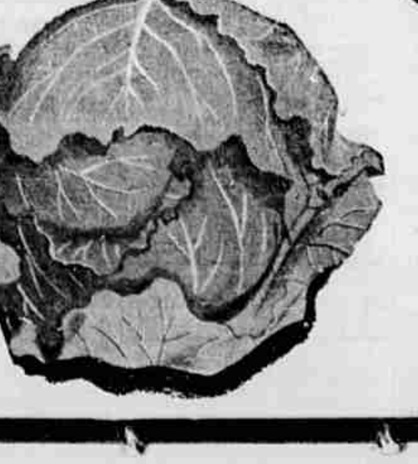
USDA CHOICE RIB STEAKS ... lb. 69c
CHOICE CUT PORK STEAKS ... lb. 49c
Country Style Pork SAUSAGE ... lb. 39c
USDA Choice Beef SHORT RIBS ... lb. 29c

PET OR SEGO CANNED MILK No. 1 Tin 10c
JORGENSEN'S—ALL FLAVORS ICE CREAM ½ Gal. 59c
BIG Y BRAND PEANUT BUTTER 44-Oz. Jar 88c
SNODRIFT SHORTENING 3-Lb. Tin 57c
STOKLEY'S OR COTTAGE TOMATO SAUCE 8-Oz. Tin 5c

Enriched Flour Crown Unbleached 25 lb. bag $1.49

COTTAGE VEGETABLES
GREEN PEAS
CUT GREEN BEANS
W. K. CORN
C. S. CORN
TOMATOES
303 Tin ... 9 FOR 99c

SHASTA JUICE
ORANGE
GRAPE
APPLE
TIKI PUNCH
46-Oz. Tin ... 4 FOR 97c



Fresh Green Cabbage lb. 5c

APPLES Jonathan & Newtown lb. 9c

Caramel—(Thick with Caramel) APPLES ... each 5c
Sweet & Juicy Valencia ORANGES 4 lb. bag 59c