

# Feeding the Family



**ZOLITA VINCENT**  
Food Editor

**HANDSOME CASSEOLE** — Brussels sprouts star in this handsome cheese-filled casserole. Recipe for Brussels Sprouts Au Gratin and suggestions for other ways to use these interesting popular "little cabbages" in our columns today.

**Brussels Sprouts Culinary Capabilities Beginning to Emerge**  
Into Full Bloom

The Brussels sprout is a baby plant ages go; it's only 400 years old while many vegetables and fruits date back to prehistoric times. The sprout's capabilities for culinary triumphs are just beginning to emerge into full bloom as more and more good cooks become aware of these flavorful little cabbages.

**Ways With Sprouts**  
The bright color, comely shape and distinctive flavor of this "mighty mouse" Brussels cabbage family has a high potential for exciting and exotic roles in menu-planning. Try them in ways like these:

—Boil gently or steam until just barely fork tender. Serve seasoned with butter, salt and pepper.

—Simmer gently in chicken or beef stock; season with poppy seeds, black pepper and butter or margarine.

—For a taste-tingling merger, saute cooked until just tender Brussels sprouts and fresh mushrooms in butter; season with thyme.

—Star cooked Brussels sprouts in casseroles or as a vegetable side dish with fresh lemon, mayonnaise, paprika and dairy cream or a sharp cheese sauce.

**Brussels Sprouts Get Casserole Au Gratin**  
A handsome casserole of Brussels sprouts and mushrooms delicately seasoned with ginger to accent the flavor of the cheese is a delightfully tasty surprise package to serve family and guests. Recipe makes 5 to 6 servings.

3/4 to 1 pound (1 pint basket) fresh Brussels sprouts  
Boiling water  
1/2 teaspoon salt  
1/2 cup Cheese Sauce  
1 cup soft bread crumbs  
3 tablespoons butter or margarine

Wash Brussels sprouts, remove wilted leaves and soak in a 1/2 inch water 20 minutes. Rinse and place in a saucepan with the water and salt. Bring to boiling point and boil 5 minutes without cover. Cover until crisp-tender 12 to 15 minutes. Drain, if necessary, and place in a 4-quart casserole, alternating with layers of Cheese Sauce. Mix bread crumbs with melted butter or margarine. Sprinkle over the top. Place in a preheated moderate, 350 degree, oven 30 to 35 minutes or until crumbs are brown.

**"Cheese Sauce.** Melt 2 tablespoons butter or margarine in a saucepan. Blend in 2 tablespoons butter or margarine in a saucepan. Blend in 2 tablespoons flour. Gradually stir in 1 cup milk and cook over medium heat until medium thickness, stirring gradually. Add 1/2 cup sharp cheddar cheese, ground ginger, black pepper to taste, 1 tablespoon lemon juice

**New Formaldehyde Plant to Be Built**  
SALEM (UPI) — A new formaldehyde plant with a rated capacity of 125 tons per day will be constructed in Springfield by the Borden Chemical Company, it was announced Wednesday.

The joint announcement was made by Gov. Mark Hatfield and A. R. Marusi, the company's president.

The new plant, scheduled for completion in mid-1964, will be Borden Chemical's second formaldehyde plant at Springfield. The new facility is expected to cost \$50,000.

American Indians used ptarmigan as a medicine. There are about 1,000 different kinds of rats. About 5,000 trucks enter or leave New York City every day.

# Retirement of Able Workers May Cost U.S. Industry \$20 Billion

Chicago today at a similar seminar. He said he founded the approximation on assumptions that 4 million workers could be drawn back into jobs, and that each year each worker remains idle represents a loss of \$5,000 per year in product or services he might have produced. Corson has served as assistant executive director of the Social Security Board, a director of the U. S. Employment Service, and chairman of the Municipal Manpower Commission. May He Replaced  
In his discussion of the prob-

lem presented by the aging or about-to-retire worker, he said he felt that a questioner might have good reason for asking whether the production is really just, since the older workers may be replaced by younger ones, capable of more; and he said he believed the gross national product is increased by the replacement of older workers by younger.

He, and others in the seminar, said that the trend to early retirement may not only cut it but may grow; and nearly all agreed that changes in technology in the pressures of modern competition present industry with a growing challenge in the training of older workers in new skills.

Dr. Joseph S. Kopas, training coordinator at Republic Steel Corporation, noted that technological progress "keeps eroding the current skills of older workers and at the same time technically upgrading the jobs."

Neither course is simple, Kopas said. Technology has become so much an entire share of modern jobs that separating skilled and unskilled work requirements on a single task is almost impossible. On the other hand, older employees are not always interested in vocational and technical training, or have found training programs ineffective.

Kopas said that in meeting the problem, it has been found that a system of voluntary enrollment and attendance on the part of older workers own time, in small classes with other members of their own department, has been successful. Instructors have been trained to instruct the employees and guide them through their jobs, and older workers own time, in small classes with other members of their own department, has been successful.

**Corporation Accused Of Monopoly Attempt**  
WASHINGTON (UPI)—American Cable & Radio, Corp., a subsidiary of International Telephone and Telegraph (ITT), has accused the American Telephone & Telegraph (AT&T) of attempting to monopolize international communications. American Cable Radio pro-

tested to the Federal Communications Commission Tuesday against AT&T's request for authorization to furnish non-voice communications to Europe for all its customers and to lay a deep sea communications cable between the United States and Britain.

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# Creator of Secret Agent James Bond Dresses Like His Character

By ROBERT NUSEL  
London Press International (UPI) — As he stood there, dressed in a tuxedo, the tall man in the dark suit was not looking like a secret agent James Bond, holder of the rare double-cipher number 007, which entitles its bearer to kill in the performance of duty.

His suit fitted well, too well in fact for even an extra-tall Beretta automatic in a charcoal skin holster hidden under the armpit. His shoes were certainly hand-made but on close examination too soft in the toes to be steel-tipped (for kicking out in emergencies, naturally).

But this was definitely not James Bond for the good reason that it was Ian Fleming, the British journalist who says he created his famous fictional secret agent — and gained a world-wide audience that includes President Kennedy.

All Things Possible  
In the world Fleming has created with the skill of his pen all things are possible, all characters are believable — at least for the moment — no matter how bizarre. This is a tribute to the sure instinct of his writing and to a trick of weaving the improbable within a solid framework of solid, practical information.

The second, "From Russia With Love" has now opened to a typically enthusiastic notice. Fleming approved the star who portrays Bond, Sean Connery. But they do not resemble each other in any way. Fleming's nose looks as though he had started his career with a left hook in his face instead of a silver spoon in his mouth. It is not, to be tactful, film-star photogenic; although at 5'6 1/2 inches, he added Donat Russian. But along came the war and someone remembered that he was regarded as the reigning beauty of England. He had a typically upper-class education at Eton, which he disliked and later Sandhurst. Military Academy — the West Point of Britain. From there he went to the universities of Munich and Geneva where he learned fluent German and French.

# BEEF STEAK SALE!

SWIFT SELECT TENDER AGED BABY BEEF!

<b>SIRLOIN STEAK</b> 69¢ lb	<b>T-BONE STEAK</b> 79¢ lb	<b>Porterhouse STEAK</b> 89¢ lb
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THESE STEAKS ARE TRIMMED THE WAY YOU LIKE TO BUY THEM!

**WHOLE TRIMMED BEEF LOIN**  
Some of All The Steaks Cut and Wrapped FREE  
For Your Locker, Approximately 30-35 Lbs. You Save a Bundle on This **69¢ lb**

**ARMOUR'S COLUMBIA BRAND—Cut From Light Lean Sides**  
**THIN SLICED BACON** 3 LBS \$1

Swift Premium Fryer Parts — Fresh  
BUY THE PIECES YOU LIKE THE MOST!

<b>BREASTS</b>	<b>Necks and Backs</b> ..... 10c lb.
<b>LEGS</b>	<b>Wings</b> ..... 23c lb.
<b>THIGHS</b>	<b>Giblets</b> 38c lb. <b>Livers</b> 58c lb.

**MILD CHEDDAR CHEESE** — Any Size Piece **39¢ lb.**

**OREGON FOOD STORE'S FAMOUS LEAN GROUND BEEF** **39¢ lb.**

**LEO'S PREPARED - READY-TO-EAT MEATS**  
**SLICED BEEF — CORNED BEEF — SPICY BEEF — TURKEY** 3 pkgs. \$1.00  
Free Demonstration Friday & Saturday at Medford Stores, Taste Before You Buy!

**GERBER SPECIAL!**

Strained ..... 10 for \$1.00  
Modilac ..... 5 for \$1.00

Pull On Pants 3/\$1.00, Bibs 2/\$1.00  
Snap On Pants 2/\$1.00

Junior ..... 8 for \$1.00  
Juice ..... 10 for \$1.00

FREE PLASTIC TUMBLER With Purchase of 3 Pair Pants

**MODISS Sanitary Napkins** Regular \$1.59 48's

**COFFEE ALTA** Drip or Regular 2-lb. Tin **89¢**

**Oregon FOOD STORES**

MEDFORD—Westgate Center  
MEDFORD—13th and Central

We Reserve the Right to Limit Prices Effective Thru Sunday, Nov. 3

# ICE CREAM SNIDER'S Square Cartons HALF GALLONS 49¢

<b>PEANUT BUTTER</b> SNACK TIME 3 lb. jar <b>89¢</b>
<b>TEA BAGS</b> TREE TEA 48 Bag Count <b>49¢</b>
<b>NESTLE'S QUIK</b> CHOCOLATE DRINK Family Size <b>79¢</b>
<b>CHOCOLATE CHIPS</b> NESTLE'S 12 oz. Bag <b>39¢</b>
<b>FROSTING SUGAR</b> G&H PURE CANE 13 oz. Pkg. <b>2 for 49¢</b>
<b>BISKIT MIX</b> FISHER'S 40 oz. Pkg. <b>29¢</b>

**TOILET TISSUE** ZEE BRAND 4 ROLL PACK **29¢**

**COFFEE** Maxwell House 1-lb. Tin **49¢** 2-lb. Tin **97¢**

**Spaghetti or Macaroni** Best Bet 4-lb. Pkg. **49¢**

**Green Peppers** 4 for **19¢**

**CABBAGE** 5¢ lb

**CARROTS** 3 lbs. **25¢**

**APPLES** 8 lbs. **\$1.00**

**COOKIES** TRU-BLU Vanilla or Chocolate Creme 2-lb. Pkg. **59¢**

**PAPER NAPKINS** KITCHEN CHARM 60 Count Pkg. **9¢**

**EGGS "AA" LGE.** Strictly Fresh Dozen **47¢**

**MAYONNAISE** C.H.B. Quart **39¢**

**BANANAS** Fancy No. 1 Fruit — All Golden Ripe; Just Right for Delicious Eating **8 Lbs. \$1.00**

**NEW WINTER STORE HOURS** (Medford Stores) 9 a.m. to 8 p.m. **SUNDAY thru SATURDAY** **STARTING SUNDAY, November 3**

**ANTI-FREEZE** PRESTONE Permanent Type **GALLON \$1.49** SHIPMENT DUE IN FRIDAY MORNING

**Salad Dressing Cottage** Quart **33¢**

**Oregon FOOD STORES**

MEDFORD—Westgate Center  
MEDFORD—13th and Central

We Reserve the Right to Limit Prices Effective Thru Sunday, Nov. 3



**MAPLE BARS** EACH **5¢**

**DOUGHNUTS** Old Fashioned **49¢ Doz.**

**Chocolate CAKES** EACH **93¢**

**PAN ROLLS** FOIL TINS **19¢**

**CINNAMON NUT BREAD** 29¢



**MIX 'EM or MATCH 'EM**

Spinach Blue Sky-303	7 for 99¢
Tomatoes Del Monte	4 for 99¢
Tomatoes Blue Sky-303	6 for 99¢
Tomatoes Blue Sky-21's	5 for 99¢
Mixed Vegetables Del Monte-303	4 for 89¢
Tomato Juice Del Monte-46-oz. tin	3 for 89¢
Pickled Beets Tastewell Sliced-303	6 for 99¢
Tomato Sauce Del Monte-300	6 for 99¢
Applesauce Payette Valley-303	7 for 99¢
Applesauce Del Monte-303	4 for 89¢
Asparagus Dew Drop-300 tin	4 for 99¢
Pork & Beans Draws-21's tin	5 for 99¢
Green Beans Rose Valley Cut-303	8 for 99¢
Beets Vernal Diced-303	8 for 99¢
Hominy Drew-White or Yellow-300	8 for 99¢
Peas Del Monte-303	5 for 99¢
Peas & Carrots Del Monte-303	4 for 99¢
Blackeye Peas Draws-300	7 for 99¢
Sauerkraut Del Monte-303	6 for 99¢
Spinach Del Monte-303	6 for 99¢



AUTHOR AND ACTRESS—British author, Ian Fleming, creator of secret agent James Bond, poses on film location in the new Italian discovery, Daniela Bianchi, in Istanbul. (UPI)

**The Medical Roundup**  
By Walter Alvarez  
Emeritus Professor of Medicine (Regester and Tribune Syndicate, 1963)

**Artificial Kidney**  
Dr. Irvine Page has been saving late, that today, in every big city, terribly distressing problems are arising in regard to the treatment of persons with badly diseased kidneys. Here, for instance, is the record of a college student who has kidneys so defective that he is 19 years of age, it is obvious to his physicians that the only products of the body chemistry which normally are thrown out in the urine are piling up in his blood, and poisoning him severely. He is getting "dropsical," his blood pressure is going up, and under the strain he is failing, he has begged them to let me die when I hear they would not. They would probably put the problem up to me as theologians — and that I would have to see. Dr. Page asked the other day, in a splendid editorial, if he begged to be allowed to die in peace, and if a physician were to pull out the tubes, would the local district attorney indict him for murder? As Dr. Page tells us, already hospitals all over are planning to fit up a room in which an artificial kidney can be used. But oh, the headaches the machine is likely soon to cause! What will happen when several young people and their families are clamoring for the machine, and it is learned that the old person who has been using it for a long time cannot live without it, and actually should never have been hooked up to it?

**Brother Willing**  
An older brother says he is willing to give a kidney, but because he is one of the university's best football players, the coach insists that he must not go through a weakening operation. So now, the family has decided that a younger brother must give the kidney. But when he consulted the professor of medicine in the university, he was told that, as yet, the chances of a "foreign" kidney remaining in a man's body and functioning well for years are extremely small. The operation is likely to succeed only when one of two alike twins gives a kidney to the other twin. With this information, the young man refused to give a kidney; and this refusal has embittered him with his family; they criticize him and scold him.

**State Jobless Rate Increases**  
SALEM (UPI) — Oregon's rate of insured unemployment was up over last month, but down 20 per cent compared to a year ago, for the week ending Oct. 24. Employment Commissioner David Cameron said Wednesday.

**SARILEM FILED**  
SALEM (UPI) — Articles of Incorporation were on file Wednesday for Hutchins & Jarde Construction, Inc., Medford, signed by Duane Hutchins and Charles T. Clarke.