

# Your Money's Worth

By SYLVIA PORTER  
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### KENNEDY'S OLIVE BRANCH TO BUSINESS

The Democratic administration of President Kennedy is now cooperating with and trusting the U. S. businessman to a degree unprecedented in modern times — and this goes not only for the previous Democratic administrations of our era but for the Republican administration of President Eisenhower as well.

This may seem a shocking claim in view of the news last week that a federal grand jury has reopened a broad probe into steel pricing practices. Coming on the heels of a round of selective steel price increases, this has been widely interpreted as another attack on the industry. But the fact is that the grand jury has been collecting information on steel pricing policies for more than a year and a half, it finally felt it had enough data to proceed with its investigation and the timing is strictly a coincidence. The fact is that probes of this sort are a continuing thing and there is nothing unusual about them.

The fact is that the White House did not order a stepping up of this inquiry. The fact is that Kennedy was really rocked by the response to his crackdown on steel in the spring of 1962, wants no part of a repetition.

Still because of the new inquiry and the memory of the brawls early in his administration, the "anti-business" label again is being pinned on Kennedy. It is not warranted. Rather, Kennedy has been extending an olive branch to industry and here's proof across-the-board.

### On Prices and Profits:

All Kennedy is saying about the recent steel price hikes is that he is "concerned" that they "may stimulate other price increases which will affect adversely our competitive position abroad. . . ." As President, he couldn't say less. Any new price upsurge would spur a new wage spiral, revive the evil of inflation. It also would add to the government's buying costs, thus swell the budget deficit.

### As for profits,

Kennedy has been repeatedly praising their role as crucial to the U. S. economy's growth and the administration has taken major steps to bolster profits of U. S. businessmen.

### On Taxes:

In 1962 Kennedy offered individuals zero in tax cuts but he fought for and won tax concessions for businessmen running to over \$2.5 billion a year. In the late 1950s, Eisenhower wanted to give businessmen similar tax relief but he retreated simultaneously. In short, Democratic Kennedy accomplished for business what GOP Eisenhower couldn't.

Now the White House is pushing a tax bill that would give individuals big breaks and businessmen plenty more too. The top corporation rate would be cut from 52 to 48 per cent, the top individual rate would be slashed from 91 to 70 per cent, small corporations would get the juiciest tax cuts of all.

### On Expense Accounts:

The first proposals for expense account curbs were rough but the White House backed down fast when it heard the howls. As finally passed, the curbs were greatly modified and Internal Revenue Commissioner Caplin has ordered the IRS agents to go after only "abuses . . . the fellow who is really on a frolic. . . ." We don't want to be in a position of trying to interfere with legitimate business activity.

### On The Budget:

The spending lid is on. No new programs will be in the next budget, increases will be due primarily to expenses built into programs already voted by Congress. The spending curbs may not satisfy businessmen but Kennedy is certainly listening to their demands.

### On Interest Rates:

The administration actually has been ahead of the Federal Reserve System on moves to boost interest rates in order to protect the dollar. If a GOP administration dared say what this Democratic administration has been saying about interest rate levels, the cries of outrage would be deafening.

Of course, there's opposition by businessmen to government and by government to business and properly so. If this ever disappears, our private enterprise system will have disappeared and we will be in the dreaded "corporate state." But to accuse Kennedy of being anti-business today is almost akin to accusing Senator Goldwater of being pro-Communist.

# Feeding the Family

ZOLITA VINCENT  
Food Editor

### Handouts for Holdups

Come Halloween (and some not so we) will soon be on the prowl. Loot bags continue to be the big idea nowadays. Time was when the treat was eaten on the premises, but today the loot-bag trend continues and the youngsters tote the loot home while munching sundry goodies along the way.

Supermarkets carry a wide variety of already packaged Halloween treats ready for quick distribution. Many enterprising young mothers will make and decorate large cookies for wrapping in transparent wrap and handing out. Apples, jellybeans, colored marshmallows, chocolate and orange donuts or other items youngsters go for really should be wrapped individually to protect late-comers in case a few of the early-comers hands have become a little grubby en route.

Once wrapped, pile the sundry items high on a tray on porch (with a guard) or on a hallway table. Let the little monsters (factually charming children) take their pick.

Apple cider, chilled and served in small paper cups (have a waste basket hand), is especially nice for washing down the goodies our costumed friends have been gormandizing on as they travelled along.

### Olive Stuffed Celery

Give a bit of crunchiness to party bits or luncheon menu by stuffing celery like this: Cut one half cup pitted ripe olives into small pieces. Blend one-third-cup package cream cheese with two tablespoons mayonnaise. Add olives, one tablespoon finely chopped green onion or chives; salt to taste and add just a dash of tabasco sauce. Mix well. Stuff celery stalks and chill until ready to serve. Cut into two-inch lengths or into bite-size crescents by slicing celery slices slantwise.

### Delightful Orange Drink

Pour one-half cup fresh or reconstituted frozen orange juice over one scoop favorite fruit sherbert. Fill glass to top with soda for a refreshing drink.

### Freezing Tips for Lunch Packers

Whether you are the lunch packer who prepares the lunch or the lunch packer who totes it to school or work, here are three handy sandwich freezing tips to keep in mind:

Freezer "hardies" that will maintain their flavor and texture include sliced or ground meats, fish, chicken, peanut butter and cheese. Sliced or chopped olives, dill or sweet pickles may be added to any of these.

Cheddar cheese, cottage cheese and all dairy products are abundant; inviting their use in menus daily. Cheese Festival Month continues, so look for specials.

Apples Delight. Jonathans, the brilliant red apples with patches of straw color and the popular Red Delicious are increasingly in supply. They're a big Halloween specialty. Keep eating apples chilled, ready for applesnatchers of all ages.

Other seasonal fruits include cranberries, enough of which are bogged down to make this the third largest crop on record. Grape varieties, pears, bananas, lemons, oranges and grapefruit continue about the same . . . as do pineapples, papayas and avocados. Pomegranates and quince are interesting change of pace fruits.

Vegetable bins offer new season artichokes, beans, carrots, celery, corn, cauliflower, cucumbers, eggplant, lettuce, green peppers, onion, potatoes, tomatoes, squash.

### TRANSLATOR'S ROMANCE

BIRMINGHAM, Eng. (UPI)—Barbara Carpenter, 22, an English girl who reads no Italian, and Ezio Screti, 25, an Italian who reads no English, were married Sunday.

This followed a two-year postal courtship involving 700 letters — every one of which had to be read by translators.

To prevent filling from soaking bread, spread all bread slices generously with butter or margarine. Do not freeze mayonnaise, salad dressing or crisp vegetables. The mayonnaise and dressing will separate and the vegetables lose crispness and change flavor. Add vegetables to thawed sandwiches just before serving.

### Filletts of Sole Get Anchovy Sauce Topping

There is an abundance of sweet-tasting filletts of sole in our markets. Pan-fry or broil them quickly, handling as little as possible. Top with this savory Anchovy Sauce:

Cream one-fourth cup (one-half stick) butter until soft; add two teaspoons minced parsley, one-half teaspoon salt, dash of pepper, one teaspoon anchovy paste, one teaspoon prepared mustard and one and one-half tablespoons lemon juice. Beat until fluffy. Spread on hot fish fillets or steaks just before serving.

### Hamburger Care

Ground beef is more perishable than most meats; store ground beef loosely covered in coldest part of refrigerator as soon as you get it home from the store. Loosening wrapper lets the cold air in and the meat doesn't get that stale odor and taste.

### Pork, Shrimp, Poultry

Headline List of Pleasures

Pork supplies are increasing right along joining the good values in beef and lamb. It must be remembered that pork has a comparatively short storage life and that means a very few days in the refrigerator and only three to six months in the freezer. A good marketing tip is to include pork sausage links or patties regularly on your shopping list. An excellent breakfast meat, sausage goes into gravies, casseroles, and vegetable dishes to give them added flavor distinction.

### Shrimp Fiesta time is now.

This colorful, delicate princess of the seafood family can be used so many ways . . . in cocktails, with dips and dunks, in main dishes, soups, salads, seafood chowders. Such thinking reminds us of other well-priced bounty from our coastal waters including halibut, fillet of sole, swordfish, sea bass, salmon, cod fillets, scallops, oysters and crabs. Fish sticks are a year round good buy as is canned tuna.

### Thrifty Poultry Buys.

Choose chicken or turkey for a low-cost symbol of opulence. More economical than many meats, it provides generous quantities of protein. Stew it, roast it, broil it or whatever and when well seasoned and nicely served it will grace any table in high style.

It is true that a single leaf doesn't produce much energy, but when you consider the millions of leaves that fall each autumn you can see the possibilities.

I also meditate on ways to make use of leaves after they have fallen. Leaves burn well, so why couldn't they be compressed into briquettes and put on the cookout market in competition with charcoal?

If someone wants to try that, I know where they can pick up a lot of leaves — cheap.

Another bright potential is the use of leaves as a breakfast cereal. Crumpled up in a bowl with a little cream and sugar, they would make a mighty appetizing looking dish.

Leaves might not be nutritious or flavorful, but that is no drawback. Almost every cereal you buy nowadays has nutrition and flavor added.

Finally, labor unions perhaps could use leaves as a substitute for featherbedding.

I trust that someone in au-

# Several Ways To Care for Bursitis Patients Studied

By DELOS SMITH  
UPI Science Editor

NEW YORK (UPI) — It will be a comfort although a small one to the occasional but innumerable victims of bursitis to know medical science is far from being of one mind on how to deal with it.

Dr. J. Drennan Lowell, a teacher of orthopedic surgery at Harvard Medical School, listed a dozen possible ways including "manipulation" which means flinging the affected arm or leg about no matter how much it hurts.

He had been asked to choose the one best way, on the basis of his scientific knowledge and experience with those now and then ornerly parts of anatomy, the bursas.

Although there is no statistical evidence, medical authorities believe there has been a great upsurge of ornerly bursas in the last few years.

They can't really explain it but many of the victims are weekend golfers, woodshoppers, do-it-yourselfers, and other males who think a Saturday and a Sunday of strenuous physical activity will make up for their physical sloth during the other five days of the week.

For those who are unsure, a bursa is a sac in bony prominences over which muscles and tendons move. It contains a fluid which looks like the white of an egg and when a bursa gets inflamed, oh brother! There's no pain quite as persistent and as excruciating.

In the current rash of bursitis victims, the bursa usually afflicted is the one where an upper arm merges with the shoulder. There is no comfort for them whether standing, sitting

or lying down and even the slightest arm movement becomes an ordeal.

Dr. Lowell was asked by the New England Journal of Medicine to instruct its readers on the best way to cope with it and make it go away as quickly as possible.

He puts the tender arms into slings and their owners into beds, in a sitting or a semi-sitting position. He gives them a pain-lessening drug and an anti-inflammatory drug (phenylbutazone) four times a day and otherwise doesn't touch them.

"The response in most cases is dramatic and occurs within 48 to 72 hours," he said.

During this period the arm is taken out of the sling for increasing periods and gentle exercises are started, first, swinging the arm as a pendulum, later, using the opposite arm to assist in bringing the affected one overhead or behind the back.

Almost never is it necessary to "manipulate" the arm, with consequent torment to its owner, in order to help the inflamed bursa, he said, and only rarely is it necessary to get to the bursa surgically to remove a calcium deposit.

He also rejected treatments with vitamin A, penicillin, traction, diathermy and ultrasound.



WASHINGTON (UPI) — One of the comic strips I read has a dog named Snoopy who spends his time watching leaves fall from trees. I should never read comic strips.

Their power of suggestion is so strong that now Snoopy's got me doing it. In fact, overdoing it. The plain truth is that I have become addicted to leaf watching.

Once a person gets hooked on something like this, it is almost impossible to kick the habit. Moreover, he must try to conquer it alone, there being no organization, such as falling leaf watchers anonymous, that he can turn to.

And no matter how hard he might try to hide his weakness, little tell-tale signs will give him away.

### Sure Sign

If you have a friend or relative who stands out in the yard at night with a flashlight hoping to see one last leaf fall before bedtime, you can be certain that he's a goner.

The terrible thing about a falling leaf fixation is that the leaf falling season is so short. Soon they will all be gone, leaving long, bleak months of nothingness ahead.

It is possible, of course, to hire someone to climb a tree and toss down some confetti, but it wouldn't be the same.

While waiting for the next leaf to fall, leaf watchers occupy the time with musing and meditation. I normally meditate upon what a shame it is for all of those leaves to go to waste.

Over the years there has been a lot of talk about using the great tides of Passamaquoddy Bay as a source of useful energy. Well, it occurred to me that there might also be a way to harness the energy produced by falling leaves.

### Has Possibilities

It is true that a single leaf doesn't produce much energy, but when you consider the millions of leaves that fall each autumn you can see the possibilities.

I also meditate on ways to make use of leaves after they have fallen. Leaves burn well, so why couldn't they be compressed into briquettes and put on the cookout market in competition with charcoal?

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Finally, labor unions perhaps could use leaves as a substitute for featherbedding.

I trust that someone in au-

thority will get to work on this right away. Autumn leaves can save the world!



"Hiya, Mr. Wilson! Bet ya didn't know it's RAININ' OUT!"



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## STAR GAZER

By CLAY R. POLLAN  
Your Daily Activity Guide According to the Stars.

To develop message for Tuesday, read words corresponding to numbers of your Zodiac birth sign.

<b>ARIES</b> APR 20 6-19-24-40 36-64-82-87	<b>TAURUS</b> APR 21 39-47-51-57 67-72-78	<b>GEMINI</b> MAY 20 4-18-29-34 48-50-58	<b>CANCER</b> JUNE 20 3-14-16-23 32-41-81-83	<b>LIO</b> JULY 20 13-27-36-44 52-74-77	<b>VIRGO</b> AUG 20 8-9-15-28 30-55-68	<b>LIBRA</b> SEPT 20 1-5-10-31 49-60-73	<b>SCORPIO</b> OCT 20 17-22-35-47 59-63-82-90	<b>SAGITTARIUS</b> NOV 20 7-12-20-46 53-70-80-88	<b>CAPRICORN</b> DEC 20 21-26-37-42 67-71-84-86	<b>AQUARIUS</b> JAN 20 11-21-25-29 58-61-75	<b>PISCES</b> FEB 20 23-42-54-62 63-76-79-89
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