



BIRD TAKES COOLER—A starling pauses for a cooling drink at Lincoln Park fountain in Chicago. A high of 94 degrees shattered records for the day and the weatherman predicted more of the same. (UPI)

Small Worlds Around Us
 By LYNN M. WATKINS
 (Register and Tribune Syndicate, 1963)

Soothe Your Aching Feet With Sifted Spider Ashes?
 Well now, it's back to the primitive, back to the slippery-elm bark, sassafras tea, mustard plasters, salt pork, common salt, turpentine, and all the many low-cost, home remedies our grandmothers used for the relief of the common cold.

We figured we had it made, that the common cold had nearly been erased by antibiotics to the limbo of the dodo bird. But not so says no lesser an authority than the federal Food and Drug Administration who have put the skids under about half a hundred of the so-called sure cures and the misery accompanying the common colds by stating that the wonder drugs are not so wonderful after all. "Antibiotics contained in those medicines have no effect whatsoever on the common cold," they say.

Folklore Medicine
 Of course just about everybody that has had a cold and tried the "cures" knew all this a long time ago, but we kept on taking them to the tune of about two billion dollars a year. That should have cured something, but it didn't. So now it's up to us to separate the folklore medicine from the superstition, for at times they sort of ran together, but perhaps some had a little merit.

There was one very good thing about grandmother's medicines: they didn't cost much and they couldn't hurt you. Her wonder-cure for a sore throat was a thin slice of salt pork on which was sprinkled a film of black pepper. The peppered side of the pork was placed against the ailing throat and held in place with a flannel cloth. Some housewives of the old school used lard. The potency of the lard could be increased by the addition of a few drops of turpentine.

House were pretty cold back in grandmother's time. Whether that was the reason is beside the point, but serious chest colds were common. The suggested remedy in extreme cases was an onion poultice. A mess of onions was cooked until mushy, then bound in a cloth sack and placed on the ailing chest while still as hot as the patient could endure.

Again the flannel cloth covered the entire mess, and the patient, smelling to high heaven, was put to bed.
 A more drastic method, but not as smelly, was a mustard plaster. The patient was comfortable for a little while until the mustard began to blister the skin, then, to get the full measure of relief, he ripped off the burning poultice and endured the least cold in blistered comfort. At the end of the blister, neither did he develop an allergy.

Spider Ashes
 A couple of drops of camphor or turpentine in a spoonful of sassafras was thought to be helpful. Sassafras tea, sipped hot and in generous amounts, would drive out the chill from a body. Slippery-elm bark had its followers. Sage tea or a strong, hot, solution of ginger, steeped in water, sent the blood coursing.

Grandmother always claimed that the wearing of red flannel underwear would keep one from catching cold, but once the cold started, she resorted to home remedies. There was a thin borderline between folk medicine and superstition, and she readily slipped over into the latter. She maintained that swallowing a live spider would cure a fever. And spiders were good in other areas too. She said a "spider burned and the ashes sifted into the shoes, would help aching feet." Of course that was pure superstition, but she had faith and most of her family survived and there wasn't an antibiotic in the place.

Workshop Held For Dystrophy Drive Workers
 A workshop meeting for local volunteers in the annual drive of the Jackson County chapter of the Muscular Dystrophy Association of America was recently held here under direction of George Brand of Portland.

The workers met in the Rehabilitation Center for the Blind at the Jackson county fairgrounds, and mapped out the preparatory work for the drive, which will be held in November.

Howard Lage, director of the Jackson county chapter, assigned responsibilities to the following: Mrs. Ann Ford, secretary; Mrs. Betty Gould, treasurer; Mrs. Mary Browne, patient service chairman; Bill Hedrick, march chairman; Bob Collins, cannister chairman; Ralph Eitel Sr., publicity and special events chairman; Don Carlon, publicity; and John Duffy, coordination.

Expresses Confidence
 Brand, district director, expressed confidence in the Jackson county chapter and gave a report of the regional meeting in the Portland regional headquarters, at which chapters of Oregon, Washington and Idaho were represented.

There are wheel chairs, car top lifts, and Heyer floor lifts available at the Muscular Dystrophy clinic maintained in Portland, it was brought out at the meeting.

Persons wishing additional information relative to the association program and those wishing to help with the drive for funds are asked to contact Lage at 772-6705 or Hedrick at 773-1640.

Ghanaian Doctor Requested To Move

ABERDEEN, Scotland (UPI)—Six neighbors of a Ghanaian doctor have asked him to vacate his apartment because his mixed-racial family "lowered the standard of the building."

Dr. Kwafo Saakwa-Mante, a Ghanaian surgeon doing graduate study here, had no comment on the petition. His English wife, mother of his three children, said "it is the color of my husband's skin that has started this petition. There are a lot of people in Aberdeen who are color-prejudiced."

Suspect in Death Of Twins Jailed

ENDERBY, B. C. (UPI)—Royal Canadian Mounted police in this community have arrested a suspect in connection with the brutal slayings of two teenage twin sisters.

The bodies of Diane and Doreen Ring, 15-year-old daughters of resort operator Victor Ring, were found Tuesday in bushland one mile from their home at Mabel Lake, 20 miles southeast of Enderby.

Police said the unidentified suspect would be charged with capital murder, which carries a mandatory death penalty. The girls had been missing since Monday afternoon, after they left a school bus to walk the remaining two miles to their home.

Diane's battered body, most of her clothes torn off, was found in bush 50 feet off a gravel road one mile from her home.

Doreen's body was found some time later not far from the spot where her sister was killed.

Maurine Neuberger Claimed Target of 'Concerted Venom'

WASHINGTON (UPI)—Sen. Maurine B. Neuberger (D-Ore.) said Tuesday she had been subjected to a campaign of "concerted venom" for suggesting withdrawal of tax exemption for the Daughters of the American Revolution.

In a speech prepared for Senate delivery, Mrs. Neuberger said she had been attacked with the implication that she was "a Communist, a party to the 'international anti-freedom conspiracy.'"

The Oregon Democrat said tax exemption for the DAR violated a 1934 law which prohibits such exemption to organizations "carrying on propaganda."

"It does not, I take it, constitute treason," she said of her insistence that the law be applied to the DAR.

Mrs. Neuberger said Life Line "treads a careful path of innuendo, implication, and false analogy" in attacking her, but had left it to individual letters writers "to fill in the blank spaces."

Letters which Mrs. Neuberger cited included one from a "public-spirited citizen" who wrote "You Jews run true to form. You attack everything American — along with the Communists — to promote the destruction of America and the final takeover."

"You don't like the DAR because you could never be eligible. Your ancestors probably got here about 1900, after the Christians built this country."

Mrs. Neuberger, who as a senator's wife once shocked the capital's more sensitive souls by modeling a bathing suit before press photographers, also cited a letter from a woman in Grosse Pointe, Mich., who wrote:

"Believe me, you look mighty small in the press, and smaller still to those who once thought you a gentleman."

Mrs. Neuberger said some of the attacks might be the result of a misunderstanding of her views.

In seeking to clarify her stand, Mrs. Neuberger noted that the DAR had circulated bulletins urging members to write senators in opposition to the nuclear test ban. At the same time, she said, similar bulletins in support of the test ban had been circulated by SANE, the national committee for a sane nuclear policy.

"The DAR speaks for the partisans of one camp," she said. "SANE speaks for many of the partisans of the other."

"But SANE," she added, "must rely upon taxable dollars to finance its activities, while the DAR enjoys tax-exemption."

All she was seeking, Mrs. Neuberger said, was that the IRS follow "the express policy of Congress that the treasury shall be neutral in national political debates."

Tito on Final Leg Of Visit To Mexico
 MEXICO CITY (UPI)—Yugoslav President Tito accompanied by President Afofo Lopez Mateos, was in the western provincial capital of Guadalajara, last official stop on his two-week visit to Mexico.

After two days in Guadalajara, Tito will go to the Pacific Coast resort of Acapulco for a week's vacation before flying to Washington.

Kennedy Asked To Give Aid To Cuba
 MIAMI (UPI)—A Cuban refugee organization has appealed to President Kennedy to give aid to Cuba, lashed since Friday by killer Hurricane Flora.

The following cable was sent to the President by the Association of Relatives for Freedom of Cuban Political Prisoners: "Mr. President: Please help in any way possible for humanitarian purposes and for Christian charity our Cuban people and thousands held in political prisons there who are deeply suffering the devastating effects of the hurricane."

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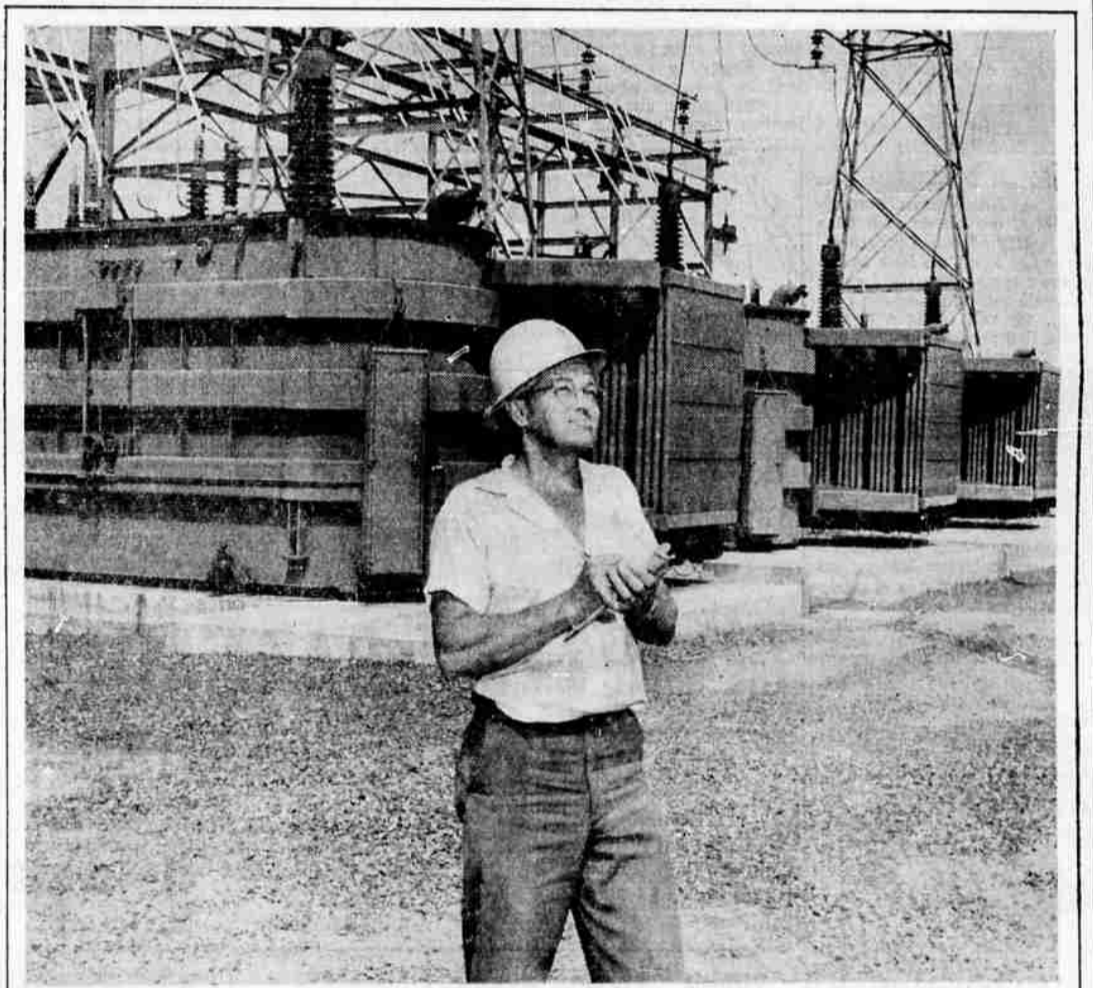
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Mail Land Sales Up for Discussion
 PHOENIX, Ariz. (UPI)—Mail order land sales and consumer protection are up for discussion at the Western Conference of Attorneys General here.

The question of whether to elect or appoint state legal chiefs topped discussion Monday.

"It is just as logical to allow the governor to appoint an attorney general as to allow a private individual to employ his own legal counsel," Atty. Gen. Allan G. Shepard of Idaho contended in support of appointment.

However, John J. O'Connell of Washington state, president of the National Association of Attorneys General, warned appointment instead of election could take away one of the important checks and balances in state government.



Among the responsibilities of Leslie W. Lingscheit, area operator dispatcher, is control of the power flow out of Lone Pine substation, helping to assure that the PP&L electric system serving Jackson County is operating at peak efficiency.

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