

LEGAL NOTICES SUMMONS (Suit to Quiet Title) No. 61-798-E IN THE CIRCUIT COURT OF THE STATE OF OREGON, FOR JACKSON COUNTY THE CITY OF GOLD HILL, OREGON, a municipal corporation, Plaintiff,

The Medical Roundup by Walter Alvarez

EMERITUS CONSULTANT IN MEDICINE MAYO CLINIC EMERITUS PROFESSOR OF MEDICINE MAYO CLINIC (REGISTER AND TRIBUNE SYNDICATE, 1943)

Laymen's Names for Vague Diseases Women ask, "What can I do for my poor circulation?" and I cannot offer a single suggestion, because I have no idea what the person's symptoms are. I am not sure what has made her think that she has poor circulation. It is a layman's term, not a doctor's.

Perhaps she has the cold white fingers of Raynaud's disease, or the cold feet that "run" in certain families. I cannot guess. Another woman asks "What can I do for too much acid in my system?" Again, I can only guess what she has. Actually, I am pretty sure there is no such disease. Perhaps she has heartburn, or occasionally when she belches she can taste some acid gastric juice. Other persons ask, "What do I do for acid indigestion?" And again, that term means nothing definite to me. It is a layman's term. I suspect that in these cases, too, the person has either heartburn, due to the regurgitation of acid gastric juice into his gullet, or he has a purely nervous burning of the skin over his upper abdomen.

Another question that I can't answer is, "What do you do for a male menopause?" I could never believe there is such a thing, and I now find reports of research work that gives us strong evidence against the idea. If one measures the amount of female hormone in a woman, one finds a sudden marked drop around the age of 50, when the "change" comes and the woman's ovaries shrink markedly. In men, measurements of the amount of male hormone slowly diminish between the ages of 30 and 85 years. At no time is there any sudden "falling off." Also there are no sudden physical changes such as occur in women, and the giving of much male hormone to men aged 50 usually has no effect. A few physicians say that the injection of huge doses will produce some improvement.

Grandmother's Idea Usually I am puzzled when a grandmother writes that she feels sure the irritability and poor sleep of her grandchild are due to worms. Unless at night she can find pin worms on the child's buttocks, she chances are she is wrong. An expert laboratory man, studying the child's bowel movement, can tell if worms' eggs are present.

A grandmother writes asking me about her grandchild who, she thinks, is "tongue tied." That, again, is an ancient area, and I doubt if there is much truth in it. People stutter, not because their tongue is abnormally tied to the floor of their mouth, but because they are too shy about meeting people.

Another common question that I cannot answer is, "What shall I do about my catarrh?" Often from the woman's letter I have only a vague idea what she means. Perhaps she has a sinusitis. All I can do is to suggest that she go to a good nose specialist who can look in and see what the trouble is. She can also get her sinuses X-rayed to see if any of them contain pus.

All that some of these "catarrh" people have is a post-nasal drip, and this usually is a psychic trouble. The person feels a little mucous going down the back of her throat. But this is harmless and most people ignore it. If I sent the woman to a good nose specialist he will tell me that there is no pus in the nose and no sign of a sinusitis. The only thing I can then do is to tell the person not to worry about the drip. Often she is terribly worried simply because someone has given her the idea that if the small amount of white mucus is swallowed, it will poison her. Actually, as soon as the little bit of mucus reaches the stomach, it is digested and that is the end of it. It is digested just as a bit of white of egg would be digested.

Layman's Term Another question often asked me is, "What shall I do for eczema?" And again, I cannot answer because eczema is a layman's term; I doubt if it means much to a skin specialist. If he were to look at the eruption on the person's skin, he would give me any one of 20 or 30 special names for it, and for each one he would probably use a different treatment.

This vagueness or lack of meaning of many terms accounts for the fact that often I cannot answer a letter that has reached my desk. It distresses me to disappoint nice people, and especially those who have written 10 or 15 pages but often all I can do is to say, "Go and see a nose specialist, or an ear specialist, or a throat specialist, or a skin specialist, and find out what is wrong. Until that is done, it is silly to attempt treatment."

If you are approaching menopause, you'll want to read Dr. Alvarez' informative booklet "Menopause and Hysterectomy." To obtain your copy send 25 cents and a large self-addressed, stamped envelope with your request to Dr. Walter C. Alvarez, Dept. MMT, Box 957, Des Moines, Iowa, 50304.

Morse Asks Check On CIA Operations

WASHINGTON (UPI) — Sen. Wayne Morse (D-Ore.), Monday called for Congress to create a watchdog group to keep a check on the operations of the Central Intelligence Agency.

"I have been disturbed for a long time about the unchecked power of the CIA," Morse said. He denounced what he called "creeping police state powers."

The Oregon Democrat said "it is an ugly fact that we have a creeping police state power developing within this democracy. He added it was not safe for a democracy to have any agency with vast powers over which Congress has no check."

Opposition Voiced on Request For Business in Zoned Area

Opposition to a request for a cattle hauling operation in the North Central Point zoned area was voiced by residents of the area in a public hearing Monday afternoon before the board of adjustment of the Jackson County planning commission.

The matter was taken under advisement by the three-member board to be presented to the commission at its regular meeting at 8 p.m., Wednesday, Oct. 9, in the courthouse auditorium.

Howard Pruitt, Eric Ave., Central Point, is seeking the permission to operate the Pruitt Livestock Hauling company. Ron James, lawyer, stated that the operation does not conflict with the residential - farm zone classification, calling it an "appropriate use of the land."

Has Seven Trucks He explained that the land included three large buildings which are being used for hay storage and truck repair. The firm has seven trucks in operation with a \$50,000 payroll. James charged that his client would suffer substantial property loss if the variance was denied.

A petition, signed by 73 residents of the zoned area in opposition to the request, was presented by Art Friesen, route 1, box 20B, Central Point, whose property is southwest of the Pruitt operation.

While other members of the audience of more than 30, persons spoke in opposition to the request, Friesen detailed objections to the cattle hauling operation.

Residents are afraid that the commercial firm will cause other businesses to come into the area, defeating the purpose of the zoned area, Friesen explained. Nearly all who spoke for or against the variance request, stated that they favored zoning and did not want it changed.

Friesen showed photographs of trucks operating on the narrow street and damaged newspaper boxes which had been side-swiped by a truck. He explained that 12 children in the area wait for the school bus at that corner, sometimes by the boxes.

Principal objection was to manure on the street and the area where the trucks are washed. Mrs. Charles Rosecrans, Highway 99, commented on water running from the trucks as they left the Pruitt property, called it "liquid filth."

Has No Objection John Bohner, who owns property on three sides of the Pruitt

The Family Council Hold Second Meet

Editor's note: The Family Council consists of a judge, a physician, three clergymen, three editors and a women's editor. Each article is a summary of a family disagreement presented to the council. The council deals with problems, major and minor, by offering guidance, counselors and social workers. Edited by Mrs. Alma Denny. (Copyright by General Features Corp.)

Debbie T.—I want her to stop buying the children's clothes. Mrs. C. T.—This is my big pleasure and my only extravagance.

Debbie T.—Hints don't seem to work with my mother-in-law. I just have to say it plain: I wish she'd stop sending expensive outfits for our youngsters. This may look like biting the hand that feeds us, but the garments are usually impractical, wrong size, wrong color, wrong style. Besides we can't afford the accessories that go with such splendor. I'd like to dress the kids simply, like their playmates.

Mrs. C. T.—I enjoy shopping. And since my own needs are slight, my great joy is to browse through the children's wear counters in the big stores. My late husband left me a modest income and I'm sure he'd approve of my purchases for our 6-year-old grandson and his little sisters, 3 and 2. We never had little girls of our own to dress up. My son and the kids love

the brother-and-sister suits I got in Florida. The Council: Part of Debbie's plaint is valid. They're her kids and she has her own taste, her own ideas on how to deck them out. Grandma can consult her, take her along, send her the money—that is, find ways to include her in the purchase rather than go over her head and impose a pre-selected wardrobe on her and the children. Also, she prefers that the youngsters not strut and preen in finery so conspicuously out of the price range of neighboring families. But part of Debbie's position is sheer pout and petulance, a fear that Mrs. T. may "buy" her way into the children's affection, winning out with her champagne over the beer served by their parents. Certainly she can find ways for Mrs. T. to enjoy her grandchildren, to adorn and gaze at them, too. Invite her to send a few dress-ups she simply can't resist, but to put the bulk of those sartorial simoleons into a camp, college, travel fund.

Resident's objection, stating Pruitt purchased the property in June, 1963. The area has been zoned since 1959. They contend that Pruitt knew the area was zoned prior to the time he purchased it. James said Pruitt had contacted a local lawyer who asked the board of adjustment regarding the zoning. Members of the board denied having any record of such a request.

After the hearing had continued for nearly three hours, Edd Rowatree, board member, recommended that the matter be taken under advisement by the commission as a whole.

Pony of America Brought to Valley

By GLADYS BOULTER Evans Valley Correspondent EVANS VALLEY—Another Pony of America has been brought to Evans Valley by Mr. and Mrs. Richard H. Taylor.

The Taylors attended the Pony of America Show held in Deer Lodge, Mont. and purchased Tioga's Sentinel Warrior No. T-2144, from Mr. Arthur Weaver of Kalsipell, Mont. The little stallion is a double bred Pony of America, meaning that his sire and dam were registered POA.

Tioga is a yearling—48½ inches tall, weighing about 550 to 650 pounds. He is classified as the blanket type, a pony with dark forehead, a white blanket over the rear quarter where a variation of spots will appear as the pony matures. Their own variegated color patterns give distinction to these ponies.

Color Patterns There are six color patterns acceptable for registry. The blanket type such as Tioga (pictured) The Leopard, the light white bodied pony with spots of diamond, squaw, and teardrop shapes scattered over the entire body. The snowflake pattern is the dark bodied pony with white spots in varying degrees over the body. The frost, which is the white hair intermingled in the coat; as the pony matures, these often form blankets over the rear quarters. The roan must be marbled Appaloosa which as the varnish marks on the head, neck, elbow etc., along with strong Appaloosa characteristics, and the white bodied POA with various shaped dark spots over the rear quarters. All these patterns require the mottled skin, sclera around the eyes and a striped hoof is desirable. These ponies have a very tractable disposition, easily handled by children, and respond quickly to the situation at

Sinatra To Sell Gambling Interests

LAS VEGAS, Nov. (UPI) — Frank Sinatra, "ace high" in the singing department, has "low snake eyes" in the gambling world.

The singer, faced with revocation of his gambling license in this state of almost anything goes, said Monday he would sell his \$3.5 million in casino holdings.

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Ballot No. Stub To be torn off by member of election board

FACSIMILE BALLOT Special Election for State of Oregon To be held on Tuesday, October 15, 1963.

Mark a Cross (X) or a Check (✓) in the Voting Square After the Word "Yes" or After the Word "No". REFERRED TO THE PEOPLE BY REFERENDUM PETITION Title and Statement of Purpose

PERSONAL AND CORPORATION INCOME TAX BILL—Purpose: To increase state revenues. Abolishes federal tax deduction. Lowers personal tax rates. Provides minimum tax. Increases corporation rates. Effective on or after January 1, 1963.

ESTIMATE OF FINANCIAL EFFECTS: If Ballot Measure 1 (Chapter 627, Oregon Laws 1963) is approved by the voters, it is estimated that the increase in state revenue over that which would be provided by existing law from personal income taxes will amount to about \$24,750,000 per year or \$49,500,000 for the biennium and the increase from corporate excise taxes on income will amount to about \$350,000 per year or \$700,000 for the biennium, based on present levels of income. The Ballot Measure also authorizes a possible "speed-up" of personal income tax payments withheld by employers that would permit an increase in 1963-1965 revenues by \$14,000,000, without increasing the tax liability of the personal income tax payer.

If Ballot Measure 1 is defeated, expenditures in the 1963-1965 biennium will need to be reduced by approximately \$60 million below the level of appropriations made by the 1963 Legislature, or other revenues must be sought, or some combination of revenue increase and expenditure reduction totalling approximately \$60 million must be made in accord with the requirements of Article IX and XI of the Constitution of Oregon.

13 Wanted to Rent DAILY farm on 100 acres 17 years experience. 722-7411.

24 Miscellaneous For Sale TRIPLE Seal balls for roller tank valve. \$10 per box of 100. DR 2-4239.

23 Household Goods EARLY American set sofa. Seville recovered. \$12. 707-7568.

14 Business Opportunities TWO rooms for rent. \$100.00. Call to business.

FREE APPLES 1/2 bushel of small Grimes Golden apples free with purchase of 1 bushel of McIntosh apples at \$1 per bushel, this week only.

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