

Man Forfeits Bail On Disorderly Charge
 Frank Gugino Jr., 31, resident of a downtown hotel, was lodged in city jail early Sunday on a disorderly conduct charge.
 Gugino forfeited \$50 bail when he failed to appear in municipal court this morning.
 The man was arrested about 12:50 a.m. on the complaint of a Yellow Cab driver, whom Gugino reportedly struck several times.

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Local and Personal

Remodel Residence—The Medford building department has issued a permit to Herb Osborn to remodel a residence at 410 Newtown st. at an estimated cost of \$2,000.

To Meet—Pythian club will meet Tuesday, Oct. 8, at the home of Mrs. Jay Cochran, 63 Bush st., Ashland.

Appointed Representative—John B. Foust, Roseburg, has been appointed a representative of the Connecticut Mutual Life Insurance company for the Roseburg-Medford areas, company officials have announced. He is a graduate of Southern Oregon college.

Attend Conference—Mr. and Mrs. Raymond S. Wise have returned from San Francisco where they attended a three day conference of west coast representatives of Northwestern Mutual Life Insurance company. Wise is the local district agent.

Named Officer—Lanny Parsons, son of Mr. and Mrs. James



COTTON PICKER—Bobby Faye Gammel of Eudora, Ark., above, won the title of queen of the National Cotton Picking contest at Blytheville, Ark. (UPI)

The Medical Roundup

by *Walter C. Alvarez*
 Emeritus Consultant in Medicine
 Mayo Clinic
 Emeritus Professor of Medicine
 Mayo Clinic
 (Register 3.42 Tribune Syndicate, 1963)

Why a Painful Heel?
 In a recent article, Dr. Michael V. Simko of Bridgeport, Conn., discussed the painful heel. He said that there usually is a dull aching pain under or around the heel, perhaps with pain when the person puts his weight on the heel. There may be feelings of tiredness in the leg, and perhaps much fatigue in the foot.

In such cases a podiatrist (foot doctor) thinks of a bursitis around the heel, a tumor of the bone, a bad case of flat foot, a foot strain, a heel bruise, or an arthritis. These sore heels tend to come more often in persons past 50, and probably in persons who have always been somewhat "rheumatic."
 About 80 per cent of the patients are overweight, and this is easily understandable, because overweight adds to the bruising strain on the heel bone (os calcis). Also, as one would expect, most of these patients do a lot of standing during the day.

Interestingly, in a series of such persons studied with the x-ray, there seldom were signs of arthritis or disease of the bone. However, in some there was what is called a "spur" on the main heel-bone. This is a small, sometimes sharp projection. Many physicians are tempted to operate and cut off the spur, but experts say that this is not likely to do much permanent good.
 Dr. Simko suggests using heat in the form of an electric lamp or a hot-water bottle. Most helpful may be a sponge rubber heel pad stuck into the shoe. Some men try ultra-sonic waves, which can relieve pain.

Obituaries
VICTOR I. EAKIN
 Funeral services for Victor Isaac Eakin, 70, of 917 West 11th st., who died Saturday, will be held at 10 a.m. Tuesday in Conger-Morris downtown chapel. The Rev. John Iig of Sacred Heart church will officiate. Committal will be in Siskiyou Memorial park.

Mr. Eakin was born Oct. 1, 1893, in Sioux City, Iowa, and had lived in Medford for 31 years, having been employed for many years as a fireman at the Medford Corporation power plant. He was married May 4, 1927, in Chicago, to Margaret M. Kessler, who survives. He was a veteran of World War I, having served from Aug. 31, 1917, to June 5, 1919, as machinist's mate first class, in the U. S. Navy.
 Survivors besides his wife include two sons, Victor I. Eakin Jr., Medford; and James T. Eakin, Seattle, Wash.; two daughters, Mrs. Sylvia Coggins, Medford; and Mrs. Anna G. Fuhrer, Medford; 11 grandchildren, and seven great-grandchildren. A son, Cpl. Edward R. Eakin, preceded him in death in 1950.

Funeral services will be held at 10 a.m. Wednesday in Conger-Morris downtown chapel. Committal will be at 2 p.m. Wednesday in Mt. Shasta Memorial park.
SHIRLEY A. LOUCKS
 Miss Shirley A. Loucks, 18, of 808 West 11th st., was fatally injured Sunday morning in an automobile accident near Shady Grove. Funeral services will be held at 9:30 a.m. Wednesday in Hillcrest Memorial chapel on the North Phoenix rd., with Conger-Morris Funeral directors in charge of arrangements.

MARGARET D. MCKIM
 Mrs. Margaret D. McKim, of 3652 South Pacific highway, died Sunday in a local hospital. Funeral services will be held at 10 a.m. Wednesday in Conger-Morris downtown chapel. Committal will be at 2 p.m. Wednesday in Mt. Shasta Memorial park.
ALBERT A. DIXON
 Private funeral services for Albert A. Dixon, 75, route 1, box 399, Gold Hill, who died Sunday in a local hospital, will be conducted Tuesday at 2:30 p.m. in the Chapel in the Trees mortuary, within Siskiyou Memorial park. Officers of Medford Elks lodge will officiate. Private cremation services will follow in Siskiyou Memorial crematorium.

Mr. Dixon was born Oct. 31, 1887 in Denver, Colo. He had been a resident of Oregon for the past 69 years, and a resident of this community for the past 26 years. In January, 1943, he was married to Alice B. Hastings, who survives.
 He had owned and operated a rock and agate shop near Rogue River for 15 years, prior to his retirement. Mr. Dixon was an honorary life member of the Elks lodge in McMinnville.
 Survivors besides his wife include three sons, Albert Dixon, Gilroy, Calif.; Charley E. Dixon, Bremerton, Wash.; and Frank Dixon, St. Petersburg, Fla.; one sister, Mrs. Hulda DeVaughn, Portland; and 6 grandchildren and 6 great-grandchildren.
 Those who wish may donate to the Elks Oregon State Eye clinic, Frank Hise, Corvallis.
 Funeral arrangements are entrusted to Siskiyou Funeral service, directors of Chapel in the Trees mortuary.

Fire Damages Gold Hill Home
GOLD HILL—A residence at the corner of Fifth st. and First ave. here was extensively damaged by fire Sunday night.
 The occupant, James H. Kalista, was napping on a davenport when he awakened at about 9 p.m. to find the room engulfed in flames. He escaped without injury.
 Five volunteers with the Gold Hill Fire department responded to extinguish the fire. It caused extensive damage to the interior and roof of the one-story structure.
 The house is owned by John Sutton of Gold Hill. Kalista is a brother of R. L. Kalista, Gold Hill city councilman.

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Vocational, Community Colleges' Enrollment Up

SALEM—Oregon community colleges and vocational technical schools at the end of the first week of registration have recorded a 12 per cent increase in lower division collegiate enrollments, according to Dr. Leon P. Minear, state superintendent of public instruction.
 Additional late registrations are expected to boost totals by at least 200 students, it was noted.
 Students registering for college transfer courses total 1,077, compared to 961 last year, and 1,938 for vocational-technical courses compared to 1,869 last year.

The bulk of enrollments in these institutions has been in evening vocational courses. Dr. Minear pointed out. Registration for these courses, which enrolled 5,115 last fall, will not be completed before this week.
 To date Treasure Valley college, Ontario, is leading with a 45 per cent increase and Salem Technical school is second with 39 per cent rise.
 The enrollment by school shows: Blue Mountain, Pendleton, 98 in lower division collegiate, 129 vocational technical; Central Oregon, Bend, 300 and 83; Clatsop, Astoria, 173 and 85 and South Western, North Bend, 300 and 101 and Eugene, 413; Portland, 659; and Oregon City, 87, vocational training only.

Family Council
 Editor's Note: The Family Council consists of a judge, a psychiatrist, three clergymen, a newspaper editor, a women's editor, and two writers. Each article is a summary of an actual case history. The Council reports on problems that have been dealt with by responsible agencies and counselors.
 (Copyright 1963—General Features Corp.)
Jane F.—Now that he's retired there's no living with him.
Conrad F.—No matter what I say, she says the opposite.
Jane F.—You'd think it was my fault that Connie is idle, the way she snaps at me. I know he has no one else to gripe to, but 24 hours a day of his touchiness is more than I can stand. If I compliment a neighbor's taste in neckties, he asks what's wrong with mine? When I say I didn't get to my sewing, his comment is: I didn't stop you. To get some peace, I'm taking a job.
Conrad F.—Instead of joining me now when I need her, Jane acts as though she'd rather not come near me with a 10-foot pole! If she'd stop acting as if I get in her way, we'd be able to work out a way to enjoy this period of our life. But when I suggest travel, she says it's boring. When I say let's loaf, she prefers to work. Why can't we agree?

THE COUNCIL: The grief in retirement comes from retiring from something and not to something. Limbo is no fun. And that's where Conrad dangles right now. The reason? Failure to plan ahead. And behind that mistake was a conflict in goals. Conrad's retirement, to Jane, loomed as—at worst—a nuisance, and—at best—a chance for her to do whatever she wished. But to him it was freedom from a schedule and full-speed-ahead for fun. And he didn't mean solo fun... And he can extract their heart's desire from the next stretch of years if Jane makes like a true wife. Can't she realize the despair, fear, confusion behind her husband isn't directed against her, but against the fates. She can support him emotionally while he charts a program of play first, then work and play, to bring him some of the satisfactions and reassurance he new lacks. Once his prestige returns, Conrad will be easier to live with. If Jane takes a job, it will be as part of the joint plan for doing what we want, not an escape.

BIRTHS
LYCETT—To: Mr. and Mrs. George, 2355 Camp Baker rd., Medford, Oct. 6, 1963, a girl, 7½ pounds, at Crater Osteopathic hospital.

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DARDANELLE
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DINING DANCING at its Very Best
 to Live, Smooth Music
 Salad Buffet Wed. thru Sun. at no extra cost with dinner
 Enjoy the atmosphere exuded by Soft Music, Candlelight, White Linens, and Fireplace in a lovely setting.
 Make Party Reservations NOW for Halloween, Thanksgiving & Christmas
 Your Favorite Beverages Always. INTERSTATE 5 at GOLD HILL OVERPASS
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ANN INGE—The West's Most Beautiful Harlem Dancer
 Appearing in 3 Shows Nightly
 Bringing Exotic Dances from the Far East
 and **Pepper Neeley** and **The "Merritones"**
 Filling the evening with the most danceable music in town. They play your kind of music and lend terrific background support to all 6 acts every night.
 All On the Same Big Bill at the Popular **HOTEL MEDFORD**

Over-the-Counter Western Stocks
 By United Press International

Bank America	64 1/2	67 1/2
Boise Cascade	30 3/4	32 1/2
Cal Pac Util	25 1/2	27 1/2
Con Freight	10 1/2	11
Cypress Mills	22	23 1/2
Equitable S&L	33 1/2	35 1/2
First National Bank	72 1/2	76
Jantzen	23 1/2	25 1/2
Mult. Kennels	4 1/2	5
N.W. Natural Gas	33 1/2	35 1/2
Oregon Metal	13 1/2	14 1/2
PP&L	26 1/2	27 1/2
PG&E	26 1/2	27 1/2
U.S. National Bank	88 1/2	92 1/2
Tektronix	21 1/2	23 1/2
West Coast Tel	23 1/2	25 1/2
Weyerhaeuser	33	35

Portland Livestock
PORTLAND (UPI)—Cattle 1750. Demand poor for slaughter steers and heifers; not enough sold for trade test; good-choice steers around 1200 lb. 24 with 8 out at 23; heifers good-choice around 850 lb. 23-75; utility cows 12-30-15; cutter 12-14; utility bulls 1100-1200 lb. 15-20-19.
 Cattle 400. Choice vealers 190-230 lb. 28-35; standard-good 280-300 lb. 23-27; good-choice 280-305 lb. feeder steers calves 26-28.
 Hogs 900. Barrows and gilts: 1 and 2 grade 180-220 lb. 17.25-17.50; sows 1 and 2 grade 300-450 lb. 15-16-15.
 Sheep 1200. Slaughter lambs choice, prime 90-100 lb. woolled 18; slaughter ewes mixed cull, utility, good 4.50-5.25, mostly 4.75; feeder lambs choice 70-80 lb. 14.50-16; 60-70 lb. 13-15-30.

Increase Noted in New Families Arriving Here

Another indication that the arrival of new families in Medford is continuing is noted this week in the report of Dorothy Sanborn, Welcome Wagon hostess.
 In the last three months Welcome Wagon made a total of 241 calls on new families in Medford, Mrs. Sanborn said. This is an increase of 56 calls over those made during the same period of time last year.
 Of this total, 58 of the recipients, or 24 per cent, were families moving north from California. These newcomers complain of crowded conditions and smog in southern California in listing reasons for coming to the Rogue River valley, according to the Welcome Wagon hostess.
 The same area is also represented in the flow of out of state job seekers, applying at the Medford office of the Oregon State Employment Service. The number of applicants has increased 20 per cent over last year and Los Angeles is the largest source; the San Francisco Bay area is second, Mrs. Sanborn said she was told by John J. Patton, manager of the Medford employment office.

These people are in occupations varying from unskilled labor to professional positions.
 Eight new doctors and one new dentist moved to Medford during the summer and are now practicing here. Welcome Wagon, in addition, has made 15 calls on retired people. It is just 20 years since some of these men were stationed at Camp White and they have remembered Jackson county as a friendly area, offering outdoor recreation. Mrs. Sanborn stated.
 Between January, 1960 and January, 1963, Jackson county gained 7,030 new residents and Medford's population was increased by 2,514, Mrs. Sanborn reported, quoting Chamber of Commerce figures. In the 241 homes called on by Welcome Wagon there were 493 children under 18 years of age.
 Mrs. Sanborn said that the Chamber of Commerce has received more than 5,000 inquiries from an advertisement run in Holiday, Sunset, Westways and Motorland magazines.
 Welcome Wagon has added a new hostess to the staff. She is Mrs. Jo Anne Overen, who is making calls in the Central Point area, representing Central Point merchants. She came here from Klamath Falls with her husband, Jerry Overen, who is with the Medford branch of the U. S. National Bank.
 Jane Buffington and Jo Anne Carey are continuing to assist Mrs. Sanborn in Medford.

Weather

FORECASTS
 Medford and vicinity: Partly cloudy tonight and Tuesday morning. Early morning patchy valley fog. Considerable cloudiness Tuesday afternoon and evening with chance of some rain. Low tonight 42-48. High Tuesday 65-70.
 Western Oregon: Partly cloudy tonight and Tuesday. Possible thundershowers extreme south part Tuesday afternoon. Patchy early morning fog. Low tonight 40-50. High Tuesday 60-70.
 Northern California: Mostly fair tonight and Tuesday, but considerable fog and low clouds near coast tonight and early Tuesday. Chance of some rain extreme north Tuesday. Little temperature change.

LOCAL DATA
TEMPERATURE: Mean yesterday 50; normal 50.
 Record low this date 31 in 1931.
PRECIPITATION: 24 hours to midnight 0.2; Midnight to 10 a.m. 0.
 Total this month .18 in. .12 in. below normal.
 Total since Sept 1 44 in. 46 in. below normal.
HUMIDITY: Lowest yesterday 49%; highest this a.m. 74%.
CITY
 Brookings 60 30 Tr.
 Crater Lake 40 30 Tr.
 Grants Pass 56 44
 Howard Prairie 56 44 03
 Klamath Falls 62 31 07
 MEDFORD 60 33 01
 Portland 60 33 01
 Seattle 66 47 07
 Spokane 61 38 07
 Yakima 66 38
 Eugene 67 51
 Red Bluff 79 57
 Sacramento 81 56
 San Francisco 74 60
 Los Angeles 78 61
 Phoenix 97 85
 Denver 84 73
 Chicago 94 84
 Miami Beach 82 76
 New York 81 78

Investment Funds
 Noon quotations on selected stocks:
 Fund 14.51 15.69
 Bullcock 11.87 12.98
 Colonial Ener 12.46 13.62
 Eaton Howard Stk 14.25 15.40
 Fidelity 16.83 18.19
 Fundamental Invest 10.15 11.12
 Group Sec—Avia-Zlec 7.79 8.43
 Group Sec—Com Stk 13.75 15.05
 Hamilton HDA 5.93 6.30
 Keystone B-1 16.85 18.30
 Keystone B-4 10.19 11.11
 Keystone K-2 3.23 3.82
 Keystone S-2 13.55 14.79
 Keystone S-4 14.93 16.29
 Keystone S-4 4.35 4.76
 Mass Inv Growth Stk 8.39 9.96
 National Growth 19.25 20.81
 TV - Elec 7.62 8.31
 United Accum 12.05 13.45
 United Income 12.66 13.84
 United Science 7.05 7.70
 Value Line Inc 2.38 2.88
 Variable 7.96 7.64
 Wellington 14.86 16.13

Two Firms Entered During Week End
 Thieves broke into Medford Tire company, 123 South Riverside ave., and Courtesy Chevrolet, 227 East Ninth st., sometime over the week end.
 Automatic vending machines in both firms were broken into, investigating officers said. No estimate of the loss was available.

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DINING DANCING at its Very Best
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 Your Favorite Beverages Always. INTERSTATE 5 at GOLD HILL OVERPASS
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