

Women's Fall YMCA Programs To Open

Mrs. Ruthe Gerety, women's program director for the Medford YMCA, announced today that the fall women's "Slim and Trim" program is now under way, with women participating each Monday, Wednesday and Friday morning.

She added that a special open house will be conducted throughout the week of October 7 and all facilities will be open to the public on Monday, October 7; Wednesday, October 9, and again on Friday, October 11 from 9:30 a.m. until 12 noon. Women in the area are invited to take their "gym" clothing, sneakers and swim suits and participate in this regular Y program on those dates.

Beginning on Thursday, October 10, working women will have a "Slim and Trim" program from 7 until 9:30 p.m. Mrs. Gerety extended an invitation to all women interested in this program to attend this first session as guests of the YMCA.

beginners and intermediate swimmers. Mrs. Nunley has been a volunteer in the YMCA program for the past two years, having done extensive instruction in the young peoples program.

Lifesaving Class
On Wednesday morning Mrs. Charles M. Darling will conduct a senior lifesaving class for women with more advanced abilities. Mrs. Darling has worked in the women's program during the past two years, teaching at all levels as well as the Mom and Tot classes.

On Fridays there will be Mom and Tot classes at 11:30 a.m. Instructors for this program will be Mrs. Bruce Mc-

Twirlers Club To Make Dance Plans Tonight

The Twirlers of Medford Square Dance club will make plans for a subscription dance to be held Saturday, October 5 when they meet this evening at 8 p.m. in the home of Jack Petterson, Route 4, Box 462, Carpenter Hill road, Medford.

The dance will be called by Don Poling, in the home of George Ray, Route 1, Box 271, Old Stage road, Central Point, beginning at 8:30 p.m. The admission price is the purchase of a subscription to the Oregon Federation News, the Oregon square dance paper.

All interested square dancers are invited. Finger foods will be served for the potluck refreshments.

The Twirlers are co-sponsoring a beginners' class with the Twisting Teens club, Sundays from 7 to 9:30 p.m. Instructor is Dennis Ray.

The last open evening will be Sunday, October 6, in the Ray home. All persons interested in learning to square dance are invited.

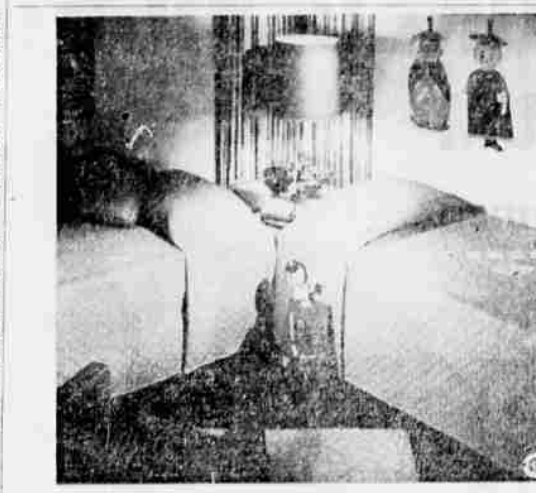
Women's News

Garvey, who spent the last summer instructing for the Medford park and recreation district, and Mrs. Truman C. Puchbauer, a new addition to the staff, having received her lifesaving training during the Y program last spring and her Red Cross water safety instructors certificate at Ashland this summer. In this program mothers will be working in the water with their pre-school children.

The Swim and Stay Fit 50-mile swim is being continued this fall, with Mrs. Roy Wilkes handling this phase of the swimming program. Several individuals have completed the fifty mile swim since it was initiated at the Y last December and are now working towards the 100 mile mark. New participants are entering the program almost daily.

Mrs. Gerety indicated that several new programs are currently under consideration for inclusion in the women's program and will be announced at a later date.

She urged valley women to take advantage of the one-week open house at the Medford YMCA by stopping in for exercises, a swim and refreshments.



A sitting room look in a limited area is created by pushing beds against the wall and covering them with subtly textured cotton bedspreads. Toss pillows repeat colors of the striped curtains and make lounging comfortable. Happy plus of the bedspreads is their easy upkeep. They go right into the washer and dryer, back to the bed without ironing. By Morgan-Jones, they are available in 16 decorator shades.

Use Color in Dorm Decoration

Whether it's away to college or day-hopping from home this fall, college girls want their bedrooms to look like the all-purpose room it has to be—a place for studying, sleeping, and entertaining.

It doesn't take much study to turn a drab dormitory room into an attractive one-room apartment. The National Cotton Council advises. You can do it with bold use of color, clever arrangement of furniture.

Since beds are the major pieces of furniture, build a decorating scheme around them. Keep in mind that they'll be doing double duty as couches—so arrange them as you would couches, pushed up against the wall and preferably in a corner. If it's possible to eliminate headboards, place the beds at right angles to the corner with a table in between. Add a col-

lection of toss pillows for comfortable lounging as well as important accents in your color scheme.

Choose Sturdy Materials
In choosing a bed covering, look for a style that's not only attractive but sturdy and long-wearing. Toss pillows and long-spreads look better and will survive wear and tear more satisfactorily than fussy types. Since the walls of most dorm rooms are painted a dull, uninteresting shade, try one of the new strong shock colors that are so "in" this fall. They won't show dirt as quickly as pastels and, when they do get soiled, you can machine-wash and dry them and return them to the beds without ironing.

If the walls are a shade of institutional gray, for example, make your beds the best-dressed in the dormitory by covering them with spreads in fall's No. 1 fashion color—cranberry. Add toss pillows and accent rugs in shades of pale pink or blue. Light green walls? Watch them come alive when you use bedspreads in an exciting shade of avocado, pillows in lemon yellow or gold. Add spice to tan walls with rich pumpkin-colored spreads; rich brown pillows.

It's easy to find just the color you're looking for in spreads. One major manufacturer offers tailored styles in as many as 16 different shades.

New Blankets
Another bedcovering that wins collegiate honors is the cotton thermal blanket, new this fall in a bold block-printed design that's pretty enough to double as a bedspread. Based on the same principal as thermal underwear, these blankets provide warmth in winter, coolness in summer. Economical and lightweight, they can be washed and tumble-dried like a towel, need no ironing.

If you use a printed bedcovering, repeat the colors used in it for your draperies, pillows, and wall decorations.

Once you've selected bedcoverings and draperies, give some thought to accessories. These are the little touches that can make or break the atmosphere. Best of all, they can be long on color and cleverness, short on cost. You can use colorful travel posters, for example, that pick up other room colors. They're inexpensive and sometimes even free. If you're a record collector, make a handsome wall montage from record jackets at no additional cost. Floral prints, landscapes, or animal pictures can be dramatized with mats in bright accent colors. Use a simple dime store frame and make mats from a desk blotter purchased at the college bookstore.

Maps Decorative
Framed wallpaper, fabrics, or world maps all make good-looking wall pieces.

Other accessory tips to remember: dime store apothecary jars filled with sour balls or cookies can be a nibbler's delight as well as a decorative touch. Pots of ivy or philodendron don't require that you be a "green thumb" gardener and

stores and the only care they require is an occasional dusting. Above all, have fun decorating your room. You'll find the rewards are impressive: more cheerful and individual surroundings, plus an upgrading of morale.



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Robes

Calendar

Calendar notices and news for the Medford section of The Mail Tribune must be submitted in writing and deadline for the Sunday edition is 10 a.m. Friday. Deadline for the weekly calendar is 9 a.m. of the day of publication and for week day news is 3 p.m. the day before publication.

- Thursday**
6:15 p.m. — Christian Business and Professional Women, Rogue Valley Country club.
6:30 p.m. — Crater Garden club, home of Mr. and Mrs. Arthur Straus, Pine street, Central Point.
6:30 p.m. — Applegate Parent-Teacher association, at school.
7 p.m. — Mothers of Twins club, home of Mrs. John Pogue, Ruch.
7:30 p.m. — Bethel 69, International Order of Job's Daughters, Medford Masonic temple.
7:30 p.m. — Royal Neighbors lodge, Pythian building.
7:30 p.m. — Siskiyou Knife and Fork club, Caesar room of Mark Antony hotel.
8 p.m. — Adarel chapter, Order of Eastern Star, Jacksonville Masonic temple.
8 p.m. — Phoenix Neighbors of Woodcraft, Phoenix City hall.
8 p.m. — Twirlers, home of Jack Patterson, Route 4, Box 462.
Friday
12 noon — Fifty Plus club, St. Mark's Guild hall.
12:30 p.m. — Medford Christian Women's club, Rogue Valley Country club.
1 p.m. — Get Together club, Girls Community club.
2 p.m. — Wilson Parent-Teacher association, school cafeteria.
2:30 p.m. — Washington PTA, school gymnasium.
2:30 p.m. — Roosevelt PTA, at school.

Public Invited To Attend Sunday Afternoon Recital

The public is invited to attend a joint recital to be given by Mrs. Leslie Boardman, organist, and Mrs. D. G. MacDougall soprano, Sunday, October 6 at 4 p.m., in Medford First Methodist church, Main and Laurel streets. Mrs. Charles Adamson, pianist, will accompany Mrs. MacDougall's secular numbers.

No admission will be charged, it has been pointed out.

Mrs. Boardman was reared in Grants Pass where she was active in choral and ensemble work, accompanied groups and appeared as piano soloist. While attending Willamette university she studied pipe organ with Josef Schmelker and piano with Ralph Dobbs, receiving an award for being the most outstanding woman piano major in her class. She was senior scholar in music theory and held offices in Mu Phi Epsilon, national professional music honorary sorority. She also sang in the a cappella choir and the Salem Oratorio society.

Plays in Church
Since August of 1957 Mrs. Boardman has played the organ at First Methodist church, Medford, and has been heard in a number of programs. She also presented an unusual recital of wedding music. The past summer she accompanied the festival chorus in the Peter Britt Gardens Music festival.

Before coming to Oregon, Mrs. MacDougall was a resident of Philadelphia, where she studied voice and was active in church and civic musical affairs. She has been a church soloist since the age of 15 and for several years was soloist with the Mendelssohn club in Philadelphia.

Derby Hoedowners Set Friday Dance
DERBY—Edwin Cavin will do the calling for the Derby Hoedowners Square Dance club at their next session Friday, October 4 in Derby Community hall. Dancing will begin at 8:30 p.m.

Patluck refreshments will be served and all those interested in square dancing are invited.

Sausage Put-Together
Join in the fun of preparing different and unusual meals. Shape one and one-half pounds of bulk pork sausage into 12 patties. Cook them on both sides until lightly browned. Then combine unsweetened canned sliced apples with sugar and cinnamon. Place apple mixture in an 8-inch square baking dish. Arrange patties on top and bake in a moderate oven (350 degrees F.) for 30 minutes.

Local Student On Portland Symphony Board
Miss Kathleen Allen of Medford, a sophomore at Marylhurst college, has been named one of two college representatives on the Portland Symphony Orchestra advisory board.

As such, she will represent the orchestra on campus, making arrangements for ticket sales and promotion, and also meet with the board periodically to consider orchestra affairs.

Miss Allen, daughter of Mr. and Mrs. Eric W. Allen Jr., 40 Windsor avenue, is majoring in biology and music.

Fifty Plus Club Luncheon Set
The first Friday of each month is the date when Medford Fifty Plus club members meet for luncheon and each member brings a favorite covered dish. Coffee is furnished.

The October 4 luncheon will be served at 12 noon in St. Mark's Guild hall, corner of Fifth street and North Oakdale avenue.

Members from other Fifty-Plus clubs especially are invited. In addition to the luncheon a program of group singing, cards, music and dancing is planned. The meeting will close at 4 p.m.

Weatonka Council To Meet Friday; Election Slated
The next meeting of Weatonka council, Degree of Picochontas lodge is planned for Friday, October 4 in the Redman hall on Apple street.

Mrs. Alice Smith and Mrs. Ruby Hicks make up the refreshment committee.

The social committee for the month will be Mr. and Mrs. Walter Wilson and Mrs. Roy Thompson.

A special election to fill the office of collector of wampum is scheduled for October 18.

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