

## Lynda Bird Johnson Likes Scandinavians

(Editor's note: Lynda Bird Johnson, 19-year-old daughter of Vice President and Mrs. Johnson, accompanied her parents on their recent 15,000-mile trip to Sweden, Finland, Norway, Denmark and Iceland. Lynda Bird records her impressions in the following dispatch written for United Press International. She is now beginning her sophomore year at the University of Texas.)

By LYNDY BIRD JOHNSON  
Written For UPI

There couldn't be any salmon left in Scandinavia: I ate it all. Not that I'm gung-ho for salmon, but it goes with every meal from Iceland to Finland. After so long, it seems to start swimming upstream.

I confessed this to a group of Scandinavian college students I met. They understood completely. In fact, they feel the same way about American fried chicken after they ate it twice a day on a three-week trip through the United States.

We agreed that this is, after all, a minor difference we can easily overcome. The big thing was that we felt friendly enough to tell one another and still be on good terms.

In the 15,000 miles I traveled through Sweden, Finland, Denmark, Norway, and Iceland, I visited with hundreds of students, many of whom had been part of the American field service program which brought them to the United States for their senior year in high school. Now they were back in their own countries for college, but eager to talk about the United States and the things they had learned living with American families in Boston, Mass., Texas, to Boston, Mass.

Miss Informality Most  
They seem to miss most pizzas and American informality.

They were eager to return the hospitality they had received in my country and show me their Viking ships on their campuses. National and international politics was a favorite subject just as it is at the University of Texas where I am a sophomore. I envied their ability to speak several languages, as well as their vast knowledge of European history.

These are ancient lands. Many of their universities are several hundred years old. Some of the farms I visited to meet Four-H students from the United States have been growing crops for 10 centuries. Iceland has the oldest parliament in the world, established hundreds of years before America was discovered.

But these lands have modern ideas, initiative, and — I felt over and over — that they look to the United States, as Thomas Jefferson once said, as "the world's best hope."

One student sympathetically told me "We can choose our friends but not our neighbors." Her country borders Russia.

**Organized Club**  
In Iceland there is organized a pro-American club of students which is set up for the public purpose of supporting the North Atlantic Treaty Organization of which Iceland is a member. This isn't always easy because Iceland, with only 180,000 people, has its own critics of its NATO membership. In fact, we walked through Communist student mobs gathered in front of the hotel with scattered signs against NATO membership, against the United States, really against everything. But they were quite obviously in the minority.

One of the unforgettable sights of Scandinavia was the outpouring of pretty blonde children everywhere. My father is the first U.S. vice president or president in office to visit these countries in our 175 years of

national history. Their parents, who had known war, had brought their children to see him.

The people poured onto the street to welcome us — not us, so much as our flag. They shouted "Amerika" "Kennedee" or "Johnson" — and once or twice I heard a "Lynda."

It is a great honor to help represent your country abroad. I like the Scandinavians so much better for having met their suttens. I hope some of them feel the same way about the United States because of me. In fact, the more I think about it, the more I wouldn't mind having a serving of salmon.



## Red Snapper, Cheese Is Tasty Combination

Fresh red snapper commonly is available in the Rogue Valley area. Usually economical in price, it has been particularly so this fall.

A new way to serve this delicious, nutritious and satisfying seafood, is Red Snapper Parmesan, developed by home economists in the test kitchen of the U. S. Bureau of Commercial Fisheries.

**RED SNAPPER PARMESAN**  
Two pounds red snapper fillets or other fish fillets, fresh or frozen; one cup sour cream; one-fourth cup grated Parmesan

cheese; one tablespoon lemon juice; one tablespoon grated onion; one-half teaspoon salt; dash Tabasco; paprika.

Thaw frozen fillets. Skin fillets and cut into serving-size portions. Place in a single layer in a well-greased baking dish, twelve by eight by two inches. Combine remaining ingredients except paprika.

Spread sour cream mixture over fish. Sprinkle with paprika. Bake in a moderate oven, 350 degrees F., for 25 to 30 minutes or until fish flakes easily when tested with a fork. Serves six.

## Teacher Attends Society Session

**HORN BROOK** — Mrs. Alice Rutledge drove to Dunsmuir, Calif., last Saturday where she attended a breakfast meeting of Delta Kappa Gamma, national society for women educators, held at the Oak-La motel. Mrs. Rutledge teaches first grade in the local elementary school.

## CORN-AVOCADO SALAD

Assemble a handsome winter salad quickly. Drain whole kernel corn, mix with a little instant minced onion, chili powder and salt and pepper to taste, and spoon into California avocado halves. Garnish with strips of pimiento for a dish that captures the feel of Mexico.

## Couple Visits At Burns Home

**HORN BROOK** — Guests recently at the home of Mr. and Mrs. Ardon Burns were Mr. and Mrs. Raymond Gunkle, San Bernardino, Calif. Mr. Burns and Mr. Gunkle are cousins. The visitors were en route to Eugene, Ore., for a visit with other relatives, and planned a return stop here on their way home next week.

## SNAPPY CLINGS

Thoroughly chill a can of cling peaches. At serving time, drain off part of the syrup and add carbonated lemon-lime drink. Plain cookies or toasted pound cake are a good go-along.

## Water Ouzel's Behavior Proves Interesting Topic

**EVANS VALLEY** — Birds, flowers and bulbs were the main interest for Evans Valley Garden club members when they met last week in the Enterprise Brouler hall. Mrs. Alfred J. Brouler, club president presided for the afternoon meeting.

Mrs. Budd Tucker, bird chairman for the group, spoke of the water ouzel, which she explained often is known as the "dipper," from its habit of dipping in and out of water throughout the day in quest of aquatic insects and larvae, its favorite food.

Described as a "chubby little six-inch gray bird" the water ouzel also is known for diving into swift mountain streams and walking on the bottom in search of food. Mrs. Tucker explained that "you won't believe your eyes when you see this stub-tailed gray bird nonchalantly walking along under water, not even the tip of its beak up as a periscope for air." She also explained further that its eyes have a waterproof transparent eyelid and its oxygen supply is ample enough to allow an extended, roaming among pebbles under water.

The males and females of this bird species are said to be "look alike."

Their song is described as having the tireless energy of a mockingbird and the sweetness of a wren, may be heard winter or summer. Their nests are frothy tumbles of moss clinging to rocky banks or midstream ledges, likely near to waterfalls where the spray will keep the moss fresh.

Three or more young birds are hatched in a brood and by later summer they may be seen in a stream dipping and diving for their own food.

The birds, the speaker explained, may be found anywhere in the western mountain coun-

try from Alaska to the Andes, wherever the tumbling streams are clear and cold and the rocky banks are green with moss. The "dipper" can be found any month of the year, for these birds stay near their nesting places the year round and are reluctant to leave good feeding grounds, the chairman of birds explained.

**Elderberry Fritters**  
Mrs. Ward McCulley, wild-flower chairman, discussed the elderberry shrub or tree, showing samples in different stages of growth. The speaker explained that many have heard of elderberry wine and jelly but few knew that the white blossoms of the plant could be eaten by dipping the blossom, after washing and picking excessive bits of stems away, in a batter used for making fritters. They are fried a golden brown, and served while hot with a sprinkle of lemon juice and sugar. Young tender shoots of the plant can be boiled and served as asparagus is served, she further noted.

Mrs. Ralph L. Weide, horticulture chairman, discussed the planting of moles, how to protect them from moles and gophers, and Mrs. Fritz Carlson told how, when and where to plant bulbs. Mrs. Carlson is chairman of the committee for "what to do next month."

Mrs. Robert K. Wales reported on the group's entry in Josephine county fair, and presented the treasurer, Mrs. Walter L. Russ, a check for the exhibits they entered. Mrs. Alfred J. Brouler is to be chairman of next year's fair committee.

Mrs. McCulley and Mrs. Aaron Capp were hostesses.

When making pancakes, heat the griddle while mixing the batter. To test, sprinkle on drops of water. If bubbles "skitter" around, the heat is right.

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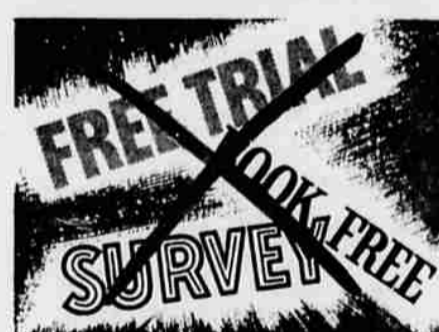
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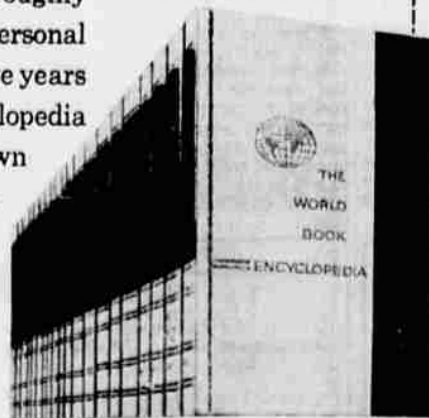
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