

Jaycees to Install Car Seat Belts

Operation Seat Belt III, sponsored by the Medford Junior Chamber of Commerce, will be held Saturday and Sunday, Sept. 21 and 22, in the Shopping Center parking lot behind Newberry's Store.

Hours announced for the free installation of seat belts are 9 a.m. to 6 p.m. each day. Car owners will be offered the seat belts at a nominal price with the installation without charge, to be arranged by the Medford organization.

Announcing the project, the Junior Chamber of Commerce listed a series of reasons why "smart drivers use seat belts." The list leads with the endorsement of the American Medical Association, the U.S. Public Health Service, National Safety Council and others. Under the "why" of installing seat belts, the sponsors give three reasons: "they contribute to driving comfort and pleasure. They save lives and they reduce injuries by more than one third."

The Medical Roundup

by *Walter Johnson*

Yearly Physical Check-up

At the last meeting of the American Medical Association in Atlantic City, Dr. Thomas M. Peery, Chief of Pathology at George Washington University School of Medicine, in Washington, D.C., set up a special laboratory which gave a free examination to 1,504 of the attending physicians. About 4 out of 5 showed some abnormality in their blood or urine. Many had more than one abnormal finding. In a number of cases, the finding did not indicate active disease then present, but it certainly could warn the physician to get checked again within six months or a year, and perhaps in the meantime to go on a reduction diet, and take off a lot of fat.

A total of 17 analyses were performed on material from each doctor — including tests of blood chemistry, analysis of urine, blood counts, and a look at the blood cells. Most of the doctors were men between the ages of 30 and 65.

The commonest abnormality found (in 13.9 per cent) was too much serum cholesterol. Such a finding could make it easier for the doctor to get a heart attack. In the cases of 174 of the doctors, the increase in the level of cholesterol was so marked that the man concerned had to be warned to cut down on the amount of animal fat in his diet.

Blood Sugar Found

Some 21 per cent of the doctors had a measurement of blood sugar which was suspiciously high, and which suggested that someday the man might get diabetes, especially if he did not start dieting. Some 21.6 per cent of the doctors showed an elevated blood uric acid, which suggested that someday they might get an attack of gout.

Thirteen per cent of the doctors had an elevated blood urea nitrogen, which suggested a failing kidney function. The important point I am trying to make is that it does pay to get a yearly check-up and to find out if there are a number of danger signals ahead. No Cure in Sight For Common Cold

Often I hear people say that if we doctors were worth our salt, we would quickly find a cure for the common cold. For many years, strenuous efforts were made to isolate the "virus that caused" colds; eventually, a few years ago, ways were found of growing "the virus." But then it was discovered that there are some 20 types of viruses that can cause a cold, with a runny nose, a sore throat, some discomfort, a little cough, but usually no fever.

Obviously, this multiplicity of viral causes adds tremendously to the difficulty of making a vaccine. Even if we doctors could quickly now make a vaccine to combat every one of the 20-odd viruses, we might not be much better off than we are today because when a man came in with a cold, we would not know which vaccine to give him. It would take several days to "culture the man's throat" to find out which virus was causing his sniffles, and by the time we knew that, the cold

would be gone. Some persons may ask, "But wouldn't it help to know what type virus was causing the colds all over the particular city, at that particular time? Possibly yes, but our experience with influenza viruses has shown that by the time our manufacturing drug houses can make much "influenza vaccine A," for the U.S.A., virus B may have taken over. Many Brief Illnesses

Persons may then ask, why not make one polyvalent vaccine, which would protect against all of the 20 cold viruses? But I understand that the difficulties in the way of doing this are likely to be great. Another difficulty in the way of using vaccine is the fact that there are many brief respiratory illnesses that look like a cold, but are due to some one of another group of viruses, perhaps of the influenza-producing group.

Finally, there is another great difficulty, and this is that the viruses of colds do not seem to build up in the human body any great amount of immunity. To illustrate: during the first 30 or 40 years of my life I usually had four severe colds a year. This showed clearly that, at least in my body, a cold did not produce any immunity worth talking about. If severe colds do not leave any immunity, a vaccine is not likely to do half as well.

Persons who wheeze a good deal when they have a cold and who are abnormally susceptible to attacks of bronchitis may later develop pulmonary emphysema (a shortness of breath). Dr. Alvarez has prepared a booklet on this subject which you may obtain by sending 25 cents and a self-addressed, stamped envelope with your request for it to Dr. Walter C. Alvarez, Dept. MMT, Box 957, Des Moines, Iowa 50304.

Construction Slated On Dormitory at OTI

KLAMATH FALLS (UPI)—Construction on the first dormitory for the new Oregon Technical Institute will start here Oct. 1. The \$214,717 unit will house 326 students. Construction on the radioactive isotope laboratory is being delayed until after the Oct. 15 tax referendum election.

H. Halvorsen, Spokane, has the main contract on the dormitory structure.

Glamor 'n' Warmth



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Neuberger Cites Milk Radioactivity In Plea for Treaty

By A. ROBERT SMITH, Mail Tribune

WASHINGTON Correspondent WASHINGTON — The level of Strontium 90 in Oregon milk last spring exceeded the permissible level set by an international radiology agency, Sen. Maurice Neuberger told the Senate this week in urging ratification of the nuclear test ban treaty.

Mrs. Neuberger said there was no way to estimate the health effects of this amount of radioactive poison and acknowledged that authorities disagree. But the senator made it plain she sides with those who regard this as a dangerous risk.

Stressing the desirability of protecting the current population and future generations against the dangers of radioactive fallout from atmospheric explosions, the Oregon senator said: "Somewhere between 50,000 and 200,000 children will be born in the world with gross birth defects, directly attributable to fallout from atomic testing."

She called these "conservative estimates" given to the Senate Foreign Relations Committee in hearings on the treaty by Mathew Meselson, a Harvard biology professor representing the Council for a Liveable World.

She quoted another witness, Dr. Daniel Deykin of Boston, representing Physicians for Social Responsibility, as testifying that "the total estimated serious genetic defects will be 17 million with about 150,000 expected to occur in the first generation."

Leukemia Deaths Seen An estimated 400 American children alone will die of leukemia this year due to atomic testing, Mrs. Neuberger said. Such estimates, she continued, don't take account of "local hot-spots such as in Utah and Nevada, where radioactive iodine 131 from the Nevada test site appeared in far greater quantities than had been previously suspected. In my own city of Portland, Ore., Strontium 90 levels in milk in May and June exceeded the 'permissible' level set by the International Commission on Radiological Protection. At this moment the results

Father of Dionnes Stung by Article

CALLANDER, Ont. (UPI) — Olivia Dionne, 59-year-old father of the Dionne quintuplets, said Thursday his daughters had held their parents up to public ridicule for financial gain.

"If it wasn't for financial gain, what was it for?" he asked after reading a magazine story in which his daughters wrote they had a "painfully unhappy childhood" because of their parents.

Dionne said the four surviving quintuplets would be 30 years old next May "and after all these years they suddenly hold us up to public ridicule and dishonor. I really can't understand it."

Dionne admitted that he and his wife, who recently celebrated their 38th wedding anniversary, might not have been the best parents.

"Undoubtedly we made our mistakes, but our conscience is clear," he said.

PORTLAND (UPI)—Leaders of the Oregon and Portland Councils of Churches are calling on member churches to observe Sunday as a "day of mourning" for victims of last Sunday's Birmingham, Ala., church bombing.

Americans spend more than \$9 billion per year for alcoholic drinks.

Jackson Co. Sheriffs' Reserve Presents at NATIONAL GUARD ARMORY WED., SEPT. 25 2 Shows—7:00 & 9:00 P.M.

WELCOME TO Annual Stamp Show of the Southern Oregon Philatelic Society Saturday, Sept. 21 12 to 9 p.m. Sunday, Sept. 22 10 to 8 p.m. Over 100 interesting exhibits. 229 No. Bartlett Admission Free!

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Hatfield Regrets Cancellation of Kennedy's Visit

SALEM (UPI) — Republican Gov. Mark Hatfield Thursday expressed regret at the cancellation of President Kennedy's scheduled Portland visit.

"I regret the series of circumstances which have led to the president's cancellation of his announced visit to Portland. 'I trust his visit to Tongue Point will bring an announcement of definite plans for the utilization of that facility.' Two weeks ago Hatfield wired the President and said "On behalf of all citizens of our state I welcome you and offer any facilities or courtesies which would enhance your visit." Hatfield is scheduled to be in Washington, D.C., Sept. 26 to address a metropolitan government conference. He is expected to return immediately to Oregon.

The governor earlier wired the White House and offered to assist or participate in the President's visit to Oregon. The White House expressed its thanks, but no arrangements for the Oregon governor's participation have been announced.

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