

COMPUTER COOKING
NEW YORK (UPI) — The computer has moved into the baking business. A commercial cake baker is using a digital computer to direct the mixing, baking, warehouse storage and shipping of cakes, reports Electronics, a trade publication.

MUSIC DIRECTOR DIES
EUGENE (UPI) — Weston Brockway, 53, director of vocal music at South Eugene High school, died Sunday of a heart attack.

Court Records

MEDFORD MUNICIPAL COURT
Wayne Roy Taylor, disobeyed traffic signal, \$5.
Elbert Clarence Williams, disobeyed stop sign, \$10.
Jack Leslie Chastain, defective equipment, \$10.
Ineba Evelyn Owen, no operator's license in possession, \$5 suspended.
Gary Lewis Hendrix, violation of basic rule, \$10.
Loren Lee Fleming, violation of basic rule, \$25.
Sandra Lee Smith, violation of basic rule, \$10.
John Humbert Bean, disobeyed stop sign, \$10.
John McPhee Durkin, improper lane usage, \$10.
Jeanne Salade, violation of basic rule, \$10.
Danny Thomas Aldrich, violation of basic rule, \$10.
Nona Ruth Campbell, violation of basic rule, \$10.
Marguerite Marie Esley, disobeyed traffic signal, \$10.

DISTRICT COURT
Thomas Jones Conning Jr., violation of basic rule, \$10.
Wilbur Kenneth Lake, failure to stop, \$15.
David Lynn Hurd, disobeyed stop sign, \$7.50.
Cecil Loren Johnson, overload, \$5.
Donald D. Boise, no operator's license, \$5.
Mary Kathryn Rice, no operator's license, \$5.
Walter Philip Kan, violation of basic rule, \$25.
Richard D. Wofford, failure to stop, \$15.
Donald William MacPherson, truck speeding, \$10.
Fred Wilson Schotte, no vehicle license, \$5.
Herrell Robert Raymond, overload, \$22, overweight, \$15.
William John Howe, failure to stop, \$15.
Maynard Wayne Talley, disobeyed traffic signal, \$7.50.
Faye Tris Knebel, no operator's license, \$10.

CIRCUIT COURT
Nona Irene Keys vs. Garry Lee Keys, divorce complaint.
Sandra J. Simpson vs. Donald A. Simpson, divorce complaint.
Jo Ann Katzenbach vs. Charles Arthur Katzenbach, divorce complaint.
Elaine Krause vs. Laurel Krause, divorce complaint.
Sonia Lee Garrett vs. Dean W. Garrett, divorce complaint.
Kay Pearce vs. William T. Pearce, separate maintenance complaint.
Nina Lorene Gregory vs. Harold James Gregory, divorce complaint.

MARRIAGE LICENSE APPLICATIONS
Walter Richard Spawr III, 900 Whitman st., Medford, and Barbara Joanne Taplett, 919 Dakota st., Medford.
Darrell LaVerne Pallas Jr., 3410 North Pacific highway, Medford, and Sharron Jeanette Lyon, 240 1/2 Central ave., Medford.



SHIP DEDICATED—Mrs. Edmund G. Brown, wife of the governor of California, is handed a microphone by Adm. Floyd B. Schultz for the formal dedication of the USS Sacramento at Bremerton, Wash. The new ship is the largest and most powerful auxiliary ship built for the Navy. It is a combination of a tanker, ammunition and supply ship and was built at the Puget Sound Naval Shipyard at Bremerton. (UPI)

'Leisure Village' Has Eye for Needs Of Senior Citizens

NEW YORK (UPI) — Dream of retirement? To many persons perhaps the dream of ideal retirement includes a home of their own, smaller and easier to care for, less expensive to maintain than the one they raised the family in; a leisurely yet full life in a pleasant environment; facilities for indoor and outdoor recreation yet convenient to shopping and other community facilities.

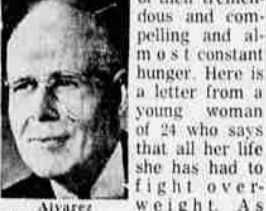
All of this within easy reach of family and old friends. Not everyone wants to pull up stakes and head for far places when the big day finally arrives. Some look forward just to doing, in familiar surroundings, the simple things they'd always wished they had the time to do.

Model for Village
It's a dream such as this that's the model for a new "leisure village," a community for senior citizens in Lakewood, N. J., being built by Robilt, Inc. Sixteen model units went on display recently in the village which, when completed, will contain 4,000 one and two-story garden patio homes, and a complex of recreational buildings, community halls, medical center and outdoor areas worth some \$75 million.

The Medical Roundup

by *Walter Talley*
Emeritus Consultant in Medicine
Mayo Clinic
Emeritus Professor of Medicine
Mayo Clinic
(Register and Tribune Syndicate, 1963)

Stout People and Hunger



I doubt if thin people can conceive of the suffering that some stout persons undergo because of their tremendous and compelling and almost constant hunger. Here is a letter from a young woman of 24 who says that all her life she has had to fight overweight. As she says, in her last high school year, her weight shot up to 147 pounds, which was bad for a girl only 5 feet, 5 inches tall. Somehow she managed to take off 30 pounds so as to get back to 117. She then looked very well.

only some 30 per cent of his patients have received great benefit from the operation; 40 per cent had partial benefit, which means that a remaining 30 per cent were not helped. I certainly hope that the operation proves to be useful, but in cases like this I prefer that my patients not be used as the guinea-pigs.

There are no magic secrets to weight reduction — so none are mentioned in Dr. Alvarez's booklet, "Weight Control." You may like to have a famous doctor's comments about this important subject. You may obtain his booklet by sending 25 cents and a self-addressed, stamped envelope with your request for it to Dr. Walter C. Alvarez, Dept. MMT, Box 957, Des Moines, Iowa 50304.

Sen. Kennedy Urges Resolution Support

BELGRADE (UPI)—Sen. Edward M. Kennedy (D-Mass.) Monday urged legislators from 59 nations to support a resolution condemning racial segregation, which he called "legally wrong, morally wrong, and bad for humanity."

The President's youngest brother defended the administration's civil rights record and said the United States would solve its Negro problems as it did those of other minority groups, including his Irish ancestors.

"Neither I nor the President of the United States would hold the positions we do if America had not taken down the sign that said 'no Irish need apply,'" he said.

South Viet Nam's Mme. Ngo Nhu, an outspoken critic of administration policies toward her regime who met Sen. Kennedy for lunch Saturday, remained in the background today, contacting delegates and giving them her side of the Vietnamese Buddhist dispute.

News About Servicemen

DECORATED

Capt. Frank J. McKeown, son of Mr. and Mrs. Frank J. McKeown, 516 Willamette ave., has received the U. S. Air Force commendation medal for meritorious service for duty as personnel and administrative officer for the 1907th Communications squadron at March Air Force base, Seattle.

RECEIVES MEDAL

Army Pfc. John E. Shaefer, son of Mrs. Nellie H. Vanderpass, 340 Granite st., Ashland, was awarded the good conduct medal while serving with the 14th Quartermaster battalion near Hanau, Germany.

COMPLETES COURSE

Army Pvt. Daniel T. Remson, son of Mr. and Mrs. Earl E. Remson, Pitt Star route, Butte Falls, has completed a five-week basic aircraft maintenance course at the Aviation center, Fort Rucker, Ala.

COMPLETES TRAINING

Pvt. Barbara Elyse Eskew, daughter of Mr. and Mrs. James O. Eskew, route 4, Medford, has completed eight weeks of basic military training at the Women's Army Corps center, Fort McClellan, Ala.

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But since then she has suffered so much from violent hunger that she has had first to stuff herself, and then to stick her finger down her throat so as to vomit all of the food. She admits she doesn't like this practice, it makes her feel ashamed, it makes her disposition unbearable, and it disgusts and outrages her mother. The girl not only devours most of the food that comes into the house, but she is constantly raiding the refrigerator. Her parents with whom she lives are angry with her because they feel she is wasting too much money on food. Actually she has none left for clothes, which is sad. Her work is deteriorating, and her memory is terrible.

She says that of course she would very much like to handle the situation in a different and better way, but she feels that, for her, this is impossible. She says that even on 900 calories a day she can gain a pound and a half. She can't bear the thought of becoming a fat woman. Another woman of this type writes me to say that her hunger is "terrifying." All day and half the night she can think only of food.

Almost Impossible
I realize how foolish it is to say to these people, "Stay on a 1,000-calorie diet." For them it is almost impossible. I have known a number of people who weighed between 300 and 400 pounds, and with my help, took off perhaps 100 pounds; but then, in a few weeks, they went right back to their original weight. I know a taxi man who weighs 400 pounds, and he always carries around with him a bag of sandwiches which he keeps eating, even while he is at work. His hunger is unbearable.

I remember well a woman who came into my office weighing 320 pounds. Her mother and three sisters were almost exactly like her in build and weight. As she said, it was hard for her to reduce because when she and her sisters went to her mother's house, that lady loved nothing better than to watch her daughters eat, and promptly cooked for them a big dish of fat pork sweet-breads.

Occasionally, if a stout woman can fast for a few days, eating nothing, she can develop changes in her blood which will so knock out her appetite that soon she will have no trouble living on but little food. I have seen this happen, and of late some physicians are relying on this mode of reducing.

Treatment for Asthma
A number of people have been asking me where to go to get the new operation for asthma. They have read reports which made them hope that a real cure has at last been found. In this operation the little carotid body, which helps to regulate blood pressure, is removed from the neck. During the last year, since a paper on this appeared in the Journal of the American Medical Association (June, 1962) I have been asking my friends who specialize in allergy what they think of it. So far, all of them have said they were reluctant to try it and were waiting for reports to come in from men they know and trust.

Now, I learn from a letter in the New England Journal of Medicine by Dr. I. W. Bailit, secretary of the Council of the New England Society of Allergy, that his group of experts do not see any reason why the operation should work, and they do not feel that the value of the procedure has been sufficiently proved. They suspect that much of whatever benefit is obtained comes from the drug, ACTH (like Cortisone), which is given daily after the operation.

Dr. Richard H. Overholt, in an answering letter, stated that

A word to the wives....

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