



WITH FOLK DANCERS—Mrs. Nina Khrushchev, center, wife of the Soviet Premier, has broad smile as she dances with Montenegro folk dancers in Cetinje, Yugoslavia. Friday, Khrushchev has his family with him on his two-week work and rest visit to Yugoslavia. (UPI)

Plumb Shifty-Eyed

West's Wife Says New Plunging Neckline Creations Won't Sell

Washington — (UPI) — Earlier this summer there was an interesting bit of news from Paris concerning one of the famous fashion designers. This designer, who is so famous I have forgotten his name, was reported to be featuring extremely revealing necklines in his new fall creations.

If two or more women are present, it is impossible to avert one's eyes. The entire room becomes a sea of knees. Usually shift. It has been my expectation that the summer would bring success. During the summer, women usually shift into shorts. When that happens, their knees are not as disconcerting as when they are wearing skirts. It's not an ideal situation, but I can live with it. This summer, however, many women did not shift

into shorts. Instead, they shifted into shifts. A shift, as you know, is a loose fitting garment that only touches the body in four places. Sometimes the wrong four. But that is not its main drawback. What makes a shift intolerable is that it not only fails to cover the knees, it is split up the side as well. For someone already in the throes of a knee complex, the effect is shattering. It has made me plumb shifty-eyed.

Although delicately phrased, the account I read conveyed the impression that he was bringing a significant portion of milady's rib cage into the public domain.

When I called this to the attention of my wife, who is an authority on such matters, she told me it would never become fashionable. Naturally I asked why not.

"Because," she said, "fashions are set by women who can afford to buy originals, and too many rich women are flat-chested."

Favorably Endowed
Since her own rib cage is more favorably endowed than my bank account, it may be that she was just being catty. But I devoutly hope that she correctly called the shot.

Having been through a rather trying summer of ignoring women's knees, I simply am not in condition to spend the winter overlooking their rib cages.

Somewhere there is a portrait of a lady, also so famous I have forgotten her name, whose eyes appear to follow you no matter from what angle you view the painting.

This same optical illusion, as I have pointed out before, occurs in women's knees.

Time after time I have been accused of staring at their knees, whereas actually their knees are staring at me. It is all very nervewracking.

Hurricane Beulah Will Miss Land

Miami — (UPI) — Hurricane Beulah, the season's second tropical storm, ran a speedy but harmless course southeast of Bermuda today and weathermen said she was no threat to land areas.

The latest advisory located the 105-mile-an-hour winds around Beulah's center at latitude 29.6 north, longitude 60.5 west, or about 325 miles southeast of the British resort.

Gales extended 250 miles from the hurricane's center in the northeast semicircle and about 150 miles to the southwest. Beulah was moving in a northerly course at nearly 12 miles an hour which would send her "well to the east of Bermuda today," the Miami Weather Bureau said.

The Medical Roundup

by *Walter C. Alvarez*
Emeritus Consultant in Medicine
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(Register and Tribune Syndicate, 1963)

RESTLESS LEGS

In a recent article, Dr. R. J. Popkin of Los Angeles wrote of the restless legs which some of my highly nervous patients have been complaining about for the last 30 years. As Dr. Popkin says, Ekblom wrote on this subject in 1945.

I am sorry to say I found but little help in Ekblom's work. Several men have blamed the syndrome on an interference with the circulation in the veins of the legs, but I have not gained this impression. Popkin says Benadryl in a dosage of 50 mg. at bed-time, will help half of the patients, but Dr. N. B. Nordlander recently said that Benadryl can sometimes provoke attacks of restless legs.

One can combine Benadryl with a barbiturate. Tranquilizers and sedatives and quinine have been used, but most of my patients say they get very little, if any, help from such drugs. A few of my patients are helped by codeine, or codeine plus aspirin. Popkin admits what is true, that most persons with restless legs are very resistant to all kinds of treatment.

Persons with "restless legs" may complain of strange feelings in the legs — feelings of crawling insects, or cold, weakness, "pins and needles," burnings, and pain. The distress can come during the day.

Whenever I see a person in the office with legs that are twitching, I have electroencephalograms made, and sometimes they show peculiar "spikes and seizure discharges" similar to those of epilepsy. In such cases, I try some Dilantin, and sometimes it works well.

There are several types of gaiter about which the person who suspects thyroid trouble should know. Dr. Alvarez tells about them in his booklet on the subject. You may get a copy of it by simply sending 25 cents and a self-addressed, stamped envelope with your request for it to Dr. Walter C. Alvarez, Dept. MMT, Box 957, Des Moines 4, Iowa.

Hoffa May Seek National Contract

Washington — (UPI) — Teamsters' President James R. Hoffa prepared Saturday to draw up demands for a nationwide trucking contract covering 450,000 drivers, mechanics, warehousemen and clerks starting early in 1964.

More than 200 teamsters' officials were called to a two-day meeting at union headquarters here this week to confer on the wage-benefit package to be sought from an estimated \$14,000 employers.

Hoffa, who has conducted area-wide negotiations for the past three years to get greater uniformity, was said to be optimistic this time about obtaining a single national pact.

The teamster chief, a target of corruption charges who still faces two federal indictments in alleged jury-rigging and fraud cases, hotly denies that he will ever call a nationwide trucking strike, however.

Oregonians Leave For Demonstration

Portland — (UPI) — A bus carrying 38 passengers left here Sunday for the civil rights demonstration in Washington, D.C., on Wednesday.

The riders, both Negro and white, will represent Oregon at the demonstration.

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