

WORK SMARTER — NOT HARDER

By BERNICE STRAWN
Oregon State University

Many parents are concerned because their children seem to like desert better than their vegetables. Mrs. Roberta Frasier, family life specialist for OSU Extension service, suggests that if this is true in your family, take a look at what you've been teaching.

If you've used dessert as a reward for eating all the food on his plate or all his vegetables, he'll value it highly.

If this isn't what you want to teach—take a different approach. Let him have his portion of dessert whether he eats all his vegetables or not. This will de-emphasize it. He will be better off in the long run, especially if dessert is well selected.

Barbecue clean-up may not be as glamorous as cooking and eating, but there are ways to cut it short.

Pick up grills and spits with asbestos mittens as soon as cooking is finished and wipe quickly with a large cloth soaked in cold water. This will remove most of the

grease and burned food particles. Give it a final washing later in soapy water.

Dump left over coals in a bucket of water or put in a tightly covered can to smother them. These coals can be re-used.

You'll need soap or detergent, but nature will provide the scouring agent. Add small pebbles to suds and shake to loosen food stuck to deep jars or pots.

Smudge on the outside of cooking utensils comes off with a mixture of sand and suds rubbed with a cloth. As a preventative, you might also rub a bar of soap on the outside of the pan before cooking.

For ideas on foods to cook outdoors, write for our free Extension bulletin, "Outdoor Cookery for the Family."

Slate and flagstone patios become dull with wear and weather. Use a penetrating sealer designed for exterior use. This will give luster and make it look like new.

Scrub the sealer into the slate or flagstone with a flat brush. Wipe in and take off surplus with a non-linting cloth.

This finish is moisture resistant, forms a tough coating, and helps prevent sanding off of mortar between the pieces. These surfaces can be scrubbed with soap and water, don't need waxing.

Recorder Players Attend Festival

Jacksonville — Mr. and Mrs. Dalton Brown and Max Bauer, Lake Oswego, have left after being in the valley to attend the Peter Britt Garden Music Festival. The trio makes up the Festival Pipers Recorder Consort.

Though the group plays non-professionally they do furnish impromptu entertainment for parties and clubs.

Last week end they were featured at the Britt festival shell during intermission. Most of the music furnished by the musicians dates from the thirteenth to the twentieth century.

Guests

Hornbrook — Recent guests of Mrs. Bertha Bradley have been her sisters, Mrs. J. W. Terrill, Sacramento, and Mrs. E. T. Roeder, Richmond, Calif., and her niece, Mrs. G. C. Morrill, Woodland, Calif.

Visitors

Montague — Mrs. Bill Jespersen and two children of Mariposa, Calif., recently visited here with her parents, Mr. and Mrs. Wayne Spencer. Mrs. Jespersen will be remembered as the former Donna Spencer.

Jewelry Has Touch Of Gold

By United Press International

There's a golden touch, genuine, to much of the new jewelry. The Jewelry Industry Council reports growing popularity of gold, whether 14K, 18K, even 20K. Many of the new pieces feature traditional leaf, flower or geometric patterns, but some plain gold is being shown also in modern design using Florentine, brushed or polished gold for added effect.

The influence of Mrs. John F. Kennedy on fashion is chronicled anew in a publication called "Sixty Years of Fashion," tracing the changes from 1900 to 1960 in major facets of women's apparel. The publication, from the book division of Fairchild Publications, N.Y., cited the First Lady's influence particularly on dresses, coats, hats and furs. The dress: two-piece with overblouse effect, sleeveless, in brilliant solid colors. The coat: collarless, with a high-waisted, flared princess line. The hat: the pillbox. The fur: small leopard coat, with fitted, slightly flared silhouette.

Look for a lot of military look in fall and winter knit costumes. Military touches include brass buttons and epaulettes.

Cotton terry cloth turns out to be a summertime favorite for everything from beachwear to patio dresses. The new terries come in a variety of colors and prints as well as the classic white.

Much of the new fall millinery is a revival of the Garbo slouch hats. These are soft brimmed felts that are tucked deep down to one side or comfortably fastened with a chin tie.

Calendar

Thursday

6 p.m. — Royal Neighbors of America, home of Mrs. Carl Pearson, 118 Clark st.

7 p.m. — Medford Altross club, garden at the home of Mrs. Fred Rankin, 18 Richmond ave.

7 p.m. — Table Rock entertainment and auxiliary, IOOF hall, Medford.

Friday

12:30 p.m. — Southern Oregon Advertising club, Brave Bull restaurant, 1206 North Riverside avenue.



Dr. C. Easton Rothwell, president of Mills college, Oakland, Calif., and Mrs. Rothwell recently visited the Oregon Shakespearean festival in Ashland. In addition to seeing production of the 1963 season, Dr. and Mrs. Rothwell were greeted by two members of the Festival company who are students at the college. Miss Laina Donker, Medford, (at right) is assistant to the festival photographer and Miss Judith Offord, Berkeley, Calif., (second from right) is assistant to the festival dance choreographer. (Smith photo)

Baked Spinach Adds Flavor to Outdoor Meals

Outdoor meals are enjoyable events. Make them even more pleasant by complementing foods cooked over the charcoal grill with one dish bringing piping hot from the kitchen.

Gourmet Baked Spinach is a delightful accompaniment to grilled ham steaks or barbecued chicken. This elegant spinach casserole blends hard-cooked eggs with the spinach in a creamy sauce. Buttered corn flake crumbs and sharp cheese combine to complete the dish with a crisp topping.

Nice additions to this menu are crusty parsley-buttered French bread, sliced tomatoes and a fruit medley for dessert — watermelon and cantaloupe balls, blueberries and sliced peaches — served with old-fashioned sugar cookies.

GOURMET BAKED SPINACH

Two 10-ounce packages frozen chopped spinach; two tablespoons minced onions; three tablespoons butter or margarine; three tablespoons flour; two cups milk; three hard-cooked eggs, finely chopped; two teaspoons salt; one-fourth teaspoon pepper; one-eighth teaspoon nutmeg; two cups corn flakes or one-half cup corn flake crumbs; one-half cup grated Cheddar cheese; two tablespoons butter or margarine, melted; paprika.

Cook spinach according to directions on carton; drain thoroughly. Cook onions in butter until transparent. Stir in flour. Add milk gradually, stirring constantly. Cook until thickened, stirring occasionally. Fold in spinach and eggs; season with salt, pepper and nutmeg. Spread in greased shallow baking dish.

If using corn flakes, crush into fine crumbs. Combine corn flake crumbs with cheese and butter; sprinkle over spinach. Sprinkle with paprika. Bake in moderate oven (375 degrees F.) about 20 minutes, or until lightly browned. Yield, six servings.

Fresh spinach may be substituted for frozen spinach, if desired.

Talent Couple Home From Trip

Talent — Mr. and Mrs. Glen Ellis returned home recently after a week's camping trip. They spent some time at the Lava Beds National Monument, in northern California, and returned home by way of McCloud, Calif.

WWI Groups Attend Event In Grants Pass

Several members of the Medford barracks, WWI Veterans and auxiliary were in Grants Pass last week to attend ceremonies which observed the tenth anniversary of the auxiliary to the Grants Pass barracks.

Charter members of the group were honored. Special guests were Mrs. Hazel Kincaid, past president of the Camp White auxiliary, and Mrs. Hazel Vander Mark Rawls, past vice president of that group, both Medford. They were in charge of the 1953 ceremonies which instituted the Grants Pass auxiliary.

Mrs. Vera McKinney, Coos Bay, presented a corrected charter to the organization during the anniversary ceremonies.

Mrs. Thyra Lewis Curry, past department president, gave a resume of the institution of the group.

Others from Medford at the recent event were Mr. and Mrs. A. C. Lucas and Mr. and Mrs. Thomas Edsel. Guests also were there from Roseburg, Eugene and California.

Home Nursing Book Now Is Available

Washington — (UPI) — One of the family's best friends in matters of health for the past 50 years has been rewritten and brought up to date.

It is the American Red Cross Home Nursing textbook available either at book stores or through local Red Cross chapters. The paperback book is divided into two major sections — one, the theories of disease and health, and the second, practical instructions on how to meet family and community health needs.

Californian Returns Home

O'Brien — Mack Ewing has returned to his home in Pine Grove, Calif. He and his brother, Charles, have spent most of the summer at the home of their grandparents, Mr. and Mrs. Charles Ewing. Young Charles is still a guest at the Ewing home.

Furniture Trend To Traditional

By MARGERY McELHENY

United Press International
Chicago — (UPI) — Contemporary American furniture, once brashly-painted and angular, has acquired a built-in neatness, graceful lines and a beautiful facade.

The last decade has been the "most productive in the history of American furniture designs," said Sanford Wallack, designer for Basic-Witz.

Interviewed during the International Home Furnishings Market here, Wallack said new designs for small rooms meet the need for storage, growing families and beautiful furniture.

The bright paints and boxy lines of modern have been discarded in favor of softened contours, fine cabinet woods and touches of the traditional in moldings, inlays and hardware.

Clinical Look Gone

The clinical look has been dropped, even though functional assets of contemporary have been preserved, such as built-in neatness in cabinet interiors with specialized compartments for jewelry, shirts, dividers, and odd-size items like handbags.

The last 10 years also have given homemakers permanent collections of furniture so

new pieces can be added as an adaptation of the open stock china plan.

To get maximum use of rooms, furniture has climbed walls the last decade. The vertical movement has brought a wide array of taller furniture along with shelf and cabinet wall arrangements.

This upward trend, said Wallack, takes up comparatively little floor space.

"After all, in small rooms, the only place left for furniture to go is up," he said.

To get maximum use from furniture, designers now are emphasizing appearance so bedroom and dining furniture can be used in foyers and even in living rooms.

Cabinets and chests with simplified molding treatment, rich inlays and contrasting

woods may be pegged for the bedroom, but often can be used in the living room, as well.

"Fine woods and inlays have brought to modern furniture the warmth and richness it lacked so long," Wallack said. Moldings, inlays, and antique hardware, all once strictly traditional accents, now are being used in contemporary

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These four volunteers of the Jackson County chapter, American Cancer society, were among those who assisted with the annual Tomlin Memorial cancer lecture series held last week end at Rogue Valley Country club. The volunteers are (left to right) Mrs. Ray W. Black, Mrs. Robert Pellkofer, Mrs. R.A. Richards and Mrs. John Brandenburg.

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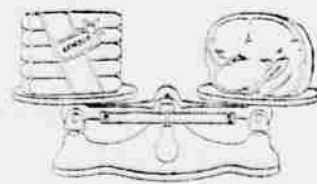
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