

They'll Do It Every Time
By Jimmy Hatlo

7-26

VISITING THE OLD WORK-A-DAY WORLD TO FIND THAT THINGS ARE NOT WHAT THEY USED TO BE...
JANE AND A BIT TOP BY MARIE D. JASON, 35 JEFFERSON ST., COHASSET, MASS.

The Family Council

Editor's note: The Family Council consists of a judge, a physician, three clergymen, three editors and a woman's editor. Each article is a summary of a family disagreement presented to the Council. The Council deals with problems, major and minor, encountered by guidance counselors and social workers. Edited by Mrs. Alma Denny. (Copyright by General Features Corp.)

Morton R.—I'd like to know where my mother disappears to each morning.

Mrs. B. R.—I'll tell, but don't let him try to stop me.

Morton R.—I support my 74-year-old mother in her own Bronx apartment. She held on to a job in a bake shop by lying about her age until I took over a year ago and she promised to stay home and take it easy. The other day I called her at 8:30 a.m. and got no answer. I went to her place and found it empty. No one had seen her leave. I waited around and was about to call the police when she returned around 3:30. She won't explain.

Mrs. B. R.—My son can't get it through his head that I can't bear doing nothing while I have two good hands and feet. I'm not ready to vegetate. I intend to continue going where I went that day. I've been slipping off that way because I knew he'd never consent. At 7 a.m., I walk to a nursing home where they let me help dress and feed the patients. After breakfast I write letters for those whose hands shake and read to those with poor eyesight. Yes, I'm a volunteer aide.

The Council: "Not by bread alone," says the Bible (and that covers a roof and some cash, too) does one live. Even though you've provided the creature comforts for your mother, Morton, she can't really "take it easy" for she's uneasy on two counts. She feels useless and she feels isolated. In one courageous coup, she remedies those aches. What she does for the incapacitated unfortunately in the nursing home is more than balanced, in her mind, by what they do for her. . . . In a report on healthful aging,

PUC Levies Fine On Hermiston Man

Salem—UPI—Harold Wilkins, Hermiston, has been ordered to pay \$4,200 in penalties for operating his truck commercially while licensing it as a farm vehicle.

The penalty was levied by Public Utility Commissioner Jonel C. Hill as a part of his crackdown on truckers who pose as farmers to avoid paying state fees charged to commercial operators.

PUC investigators said Wilkins had been using his truck and trailer combination to haul baled hay from a farm near Echo to the Pendleton Grain Growers' Feedville terminal.

Last week Hill fined two other Umatilla county truckers \$3,000 for using farm plates to avoid the license fees.

The Medical Roundup

by *Walter Denny*
Emeritus Consultant in Medicine
Mayo Clinic
Register and Tribune Syndicate, 1963

Prayer For Growing Old Gracefully

Some years ago I read a prayer for the aged which, as I remember, went something like this: Dear Lord, I realize that I am growing old. Help me to keep from getting too talkative. . . .

Help me to watch the faces of those about me so that I will know when I have said enough. Help me to keep from developing the monologue habit. Teach me to listen as well as to speak. Help me to get quickly to the point of my story and then to quit. Help me to avoid giving a biography of all the persons whom I mention. Help me to avoid giving minute details about everything.

Help me to realize that if I am to have young friends, or even old friends, I must not drive them away by long recitals of my discomforts and hardships and the injustices that have been done to me. May I never speak of the ingratitude of my children; may I never describe my backache—except to my physician.

Help me to see that, if I am to keep my old friends and find new ones, I must be friendly, and I must make it worthwhile for people to come and see me and chat with me. As we visit, I must give them some pleasure and some mental stimulus, or they will not come back. Help me to have a real interest in my guests, sympathy for them, and concern over their problems. Teach me to listen patiently to their tales of woe. Help me to keep up some correspondence with my relatives and my friends.

Help me to keep from getting the idea that I can—and must—direct the lives of those about me. Help me to mind my own affairs and not to tell other people what to do. Help me to keep from being bossy. Help me to see that I will be lucky if I take care of my own life wisely.

Social Activities Of Middle Teens Confuse Parents

By DAVID NYDICK
UPI Education Specialist

The social activities of children in the middle teens sometimes are confusing to parents. A general understanding of their usual social behavior and needs will help adults to realize what should and should not be expected.

For instance, Ann, an attractive 16-year-old high school student, has been a successful scholar and is quite active in extracurricular activities. Her mother has been concerned about her social development.

Is the girl growing up too fast? Should she be going out on dates, attending dances, and be so interested in boys? The girl is concerned constantly with her appearance. She also has shown an extremely strong interest in various causes and supporting the underdog.

These are typical characteristics of the desires of a girl in her middle teens. She takes an increasingly broader view of national and international affairs. She is searching for prestige among her peers and within the school. Her interests become more adult. She will gain satisfaction as a spectator at lectures and concerts. She becomes more dignified and displays increased self-control.

Her needs follow similar direction. She should be treated as an adult member of the family. She should be allowed to go to dances and on dates. Naturally, reasonable restrictions are in order. A dance should be properly chaperoned. Dates should be in groups with properly planned entertainment.

What about a boy of this age? His social interests and needs are very much the same. Physically, he has caught up with the girls. He still will be interested in sports as an active player. He will want to develop a strong

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STAR GAZER
By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars.

To develop message for Saturday, read words corresponding to numbers of your Zodiac birth sign.

ARIES	24-29-37-48	24-29-37-48	24-29-37-48
Taurus	25-38-52-57	25-38-52-57	25-38-52-57
Gemini	19-27-35-47	19-27-35-47	19-27-35-47
Cancer	15-27-35-47	15-27-35-47	15-27-35-47
Leo	30-34-45-53	30-34-45-53	30-34-45-53
Virgo	16-17-36-40	16-17-36-40	16-17-36-40
Libra	49-55-57	49-55-57	49-55-57
Scorpio	41-50-66-71	41-50-66-71	41-50-66-71
Sagittarius	2-15-22-33	2-15-22-33	2-15-22-33
Capricorn	18-32-48-68	18-32-48-68	18-32-48-68
Aquarius	12-21-23-26	12-21-23-26	12-21-23-26
Pisces	14-20-28-42	14-20-28-42	14-20-28-42

Persons who have pain caused by nervousness will want to read Dr. Alvarez' little booklet, "Triumph Over Nervousness." You can get a copy by sending 25 cents and a self-addressed, stamped envelope with your request for it to Dr. Walter C. Alvarez, Dept. MMT, Box 957, Des Moines 4, Iowa.

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Southwest Heat Wave Continues

By United Press International
A heat wave continued to burn the southwest today. Fair weather prevailed over most of the nation.

The temperature stood at 91 at Phoenix, Ariz., and 103 at Blythe, Calif., early today.

The mercury reached between 100 and 110 in many parts of the Great Plains and portions of Utah and Colorado Thursday. The highest recorded was 117 at Blythe.

Most of the moisture that fell was in the southeast, which had been hard hit by storms the past few days. At Winston-Salem, N.C., 1.46 inches was recorded. At Apalachicola, Fla., 1.03 inches fell.

A half inch of rain fell early today at Devils Lake, N.D.

The northeast had 90 degree temperatures forecast again today. A reading of 97 at Albany, N.Y., Thursday tied a high for the day set in 1939.

LIKES GOLDWATER
Waynesboro, Ga. —UPI—The Burke County Democratic Party Executive committee urged in a resolution Thursday that Americans "regardless of party" support Sen. Barry Goldwater (R-Ariz.) for president.