

A Rose and a Peanut

Billy Convinces Congressmen Boiled Peanuts Are Vegetables

By DICK WEST

Washington - (UPI) - I don't care what anybody else says about it boiled peanuts, me and old Billy like them. Me and Billy think that boiled peanuts are the best things a person can put in his mouth. To me and old Billy they are plumb scrumptious.

I got kind of riled, and I imagined Billy did too, at some of the things they said about boiled peanuts on the floor of the House of Representatives this week.

But they were Yankees mostly, so a body doesn't have to pay them no attention. What does a Yankee know about good eats?

Billy, he's a congressman from Florida, Name's D. R. Mathews, but most folks call him Billy.

He brought up this bill to exempt boiled peanuts from acreage controls. Billy explained that a boiled peanut isn't really a peanut. Billy said it's a vegetable.

"If boiled peanuts were air conditioned they would taste like artichokes," Billy told his colleagues. "If boiled peanuts were deli fed, they

would taste like swamp cabbage."

Since boiled peanuts are vegetable, Billy, a peanut farmer oughtn't to have to count them in with the rest of his peanuts under his government planting allotment.

I had a little trouble following his reasoning, but Billy put it over all right. The House passed the bill by voice vote. That Billy is a great talker.

What got me was the way some of the other Congressmen acted when Billy passed around a few boiled

Greyhound Driver Receives Awards

Greyhound driver L. F. Linton, 116 Elm st., Medford, was presented a safety award certificate, a new safe-driver uniform insignia, and a gold watch for an established record of 750,000 miles of safe driving during 10 years.

The awards were authorized by Stan A. Ossman, director of safety for Greyhound's 11-state western division.

"Linton joins a long and growing list of Greyhound drivers whose safe driving records cover from 5 to 25 years, and longer," Ossman noted.

peanuts for them to sample.

Some of them came out of the cloakrooms gagging and making faces. Rep. Harlan Hagen (D-Calif.) said he fed one to a pigeon on Capitol Hill and it wouldn't eat it either.

"Many people eat these things and many survive," comment Rep. Robert Dole (R-Kan.) dolefully.

If, as Gertrude Stein once wrote, "a rose is a rose is a rose," then it follows that "a peanut is a peanut is a peanut," Dole argued.

Shucks, if I didn't know the difference between a rose and a peanut I wouldn't admit it. The next thing you know somebody will be claiming that a rose is a vegetable, too.

What a lot of people don't understand is that boiled peanuts are a delicacy, like caviar. Not just every Tom, Dick and Harry fancies the eggs of a virgin sturgeon, and it's the same way with boiled peanuts.

To enjoy boiled peanuts, you've got to have an educated palate. Their briny pungency and soggy texture can only be appreciated by persons with sophisticated taste buds.

But if your gastronomic apparatus is properly tuned, boiled peanuts are one of the delights of this earth. Right, Billy?

They'll Do It Every Time By Jimmy Hatlo



Changes Made in Museum Personnel

Eugene - Dr. J. Arnold Shotwell, associate professor of biology and geology at the University of Oregon, has been named director of the university's Museum of Natural History. He is an expert in paleontology.

Dr. Shotwell, who has been at Oregon since 1947 and has been assistant director of the museum for the past two years, replaces Dr. Luther S. Cressman, former head of the anthropology department and museum director, who retired last month.

Four other changes and promotions in the museum staff have also been announced. David L. Cole, former curator of the museum, has been appointed curator of anthropology and has been promoted from instructor to assistant

professor of anthropology. Dr. Wilbur A. Davis, assistant curator of anthropology, also has been promoted to the rank of assistant professor of anthropology.

Dr. Jane Gray, former research associate in the museum and an authority on fossil leaves and pollens, has received the title of curator of paleobotany with the rank of assistant professor.

Dr. Laurence R. Kittleman, adjunct assistant professor of geology, has been named curator of geology. He is an expert on fossil sediments.

Washington - (UPI) - The first destroyer escort equipped with missiles joins the fleet today with the launching of the USS Brooke at Seattle, Wash.

4-H NEWS

Lens Lookers

The Lens Lookers 4-H club held a meeting at the home of Mrs. J. R. Wilson, the club's leader recently. During the meeting, the club had a discussion on a field trip.

Toward the end of the meeting, all members learned a little on the composition of a picture while judging some pictures. Later the meeting was adjourned. Mrs. J. R. Wilson served refreshments.

Members of the club had a field trip at Lithia park in Ashland. Several pictures were taken of the zoo, waterfalls and other subjects. John Truly, Reporter

The Medical Roundup

by *Walter Alvarez*
Emeritus Consultant in Medicine
Mayo Clinic
Emeritus Professor of Medicine
Mayo Clinic
(Register and Tribune Syndicate, 1963)

Dizziness in Older People

Dr. Henry L. Williams of the Mayo Clinic for years has made a special study of dizziness and particularly that which goes with Meniere's disease, a disorder of the inner ear. As he says, although dizziness seldom indicates a disorder of major importance, it can occasionally be a warning of some serious disease, perhaps of the brain - usually hardening of the arteries with what I call "little strokes." Hence, each patient suffering from dizziness should have at least one good examination. As Dr. Williams says, dizziness is more common in old persons than in young ones.

The most important thing is to find out first what the person means by "dizziness." Sometimes he means that either the room seems to be spinning around, or he feels that he is spinning around. This often is associated with disease in the balancing mechanism in the ear. Persons with hardening of the arteries and a "little stroke" are more likely to suffer from brief spells in which they lose their comfortable sense of proper position in space.

Some persons will feel very dizzy on suddenly changing position - as when quickly getting up from a bed. This can happen to young healthy persons, and it can happen to old-

er persons who are in good health. Usually the sensation passes in a moment, perhaps as soon as the blood pressure in the brain rises.

Occasionally, there will come a decided dizziness if the head is moved in a quick way or held in a certain position. This can be due to a hardening and narrowing of a certain artery in the neck which supplies the brain with blood. Interestingly, Dr. Williams says that Meniere's disease is rarely, and possibly never, seen in a person with high blood pressure.

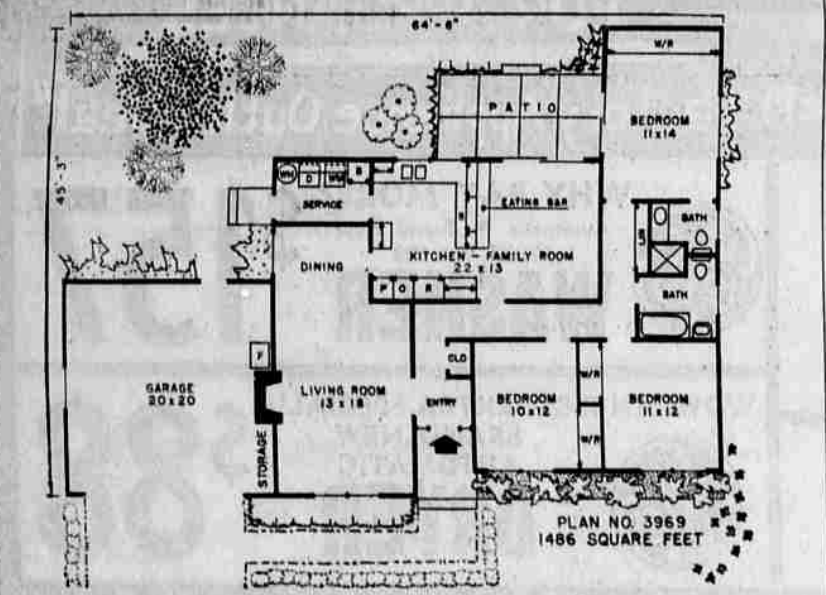
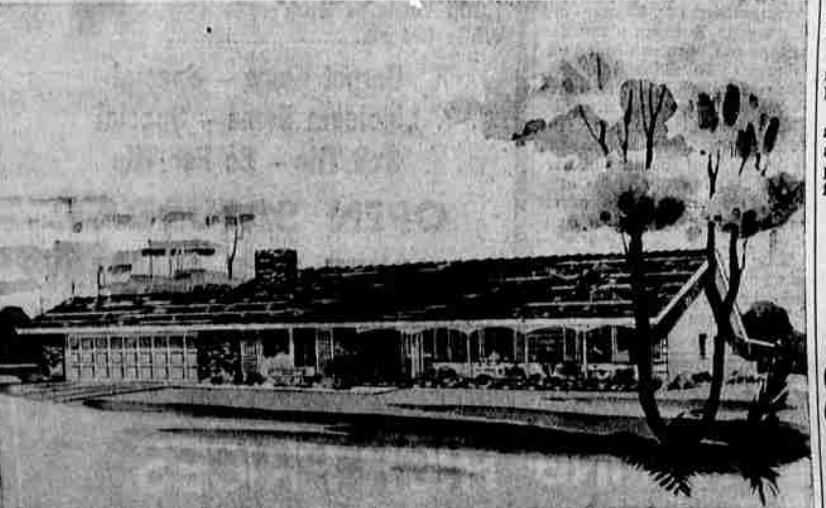
Dr. Williams feels that the fundamental difficulty in all cases of dizzy spells is that for a while, part of the ear or the brain is not getting quite enough oxygen. To open up the blood vessels in the ear

so as to get more oxygen, Dr. Williams still uses nicotinic acid - his favorite drug. He also uses capsules of a "flavonoid" drug (a vitamin P-like substance) 2 capsules three times a day for weeks.

Additional information about this subject is in Dr. Alvarez' booklet, "Head Noises and Dizziness." You may obtain it by sending 25 cents and a self-addressed, stamped envelope with your request for it to Dr. Walter C. Alvarez, Dept. MMT, Box 957, Des Moines 4, Iowa.

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Beach Comber Dress Optional
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Music by the Cosmopolitans
Elks and Guests Only!



This Week's Plan for Home Builders

By HIAWATHA ESTES

Your home doesn't have to be large to be spacious. Here is a medium-sized house that offers the advantages of an open plan. The kitchen and family room have been combined into one room as have the living room and dining area. Large sliding glass doors that open from both the family room and master bedroom add to this feeling of spaciousness and also offer an ever changing view of the rear garden.

Stationary glass panels matching the design of the front door are located on each side of the entry door.

From the wide entry, there is direct access to every area of the house. The beautiful brick fireplace is directly across from the entry and cannot help being the focal point of interest in this room. Wide windows offer a view to the front of the home while another window in the dining ell floods this area with sunlight.

Organized Kitchen
From the well organized kitchen meals can be conveniently served in the dining

at the family room eating bar and even outside on the patio. In addition to serving as the area for the enjoyment of informal family meals, the family room provides the logical center for games, TV viewing, hobbies and indoor headquarters for the children.

Laundry facilities, a broom closet and the water heater are in the service. The rear door opening from the service is only a few feet from the rear door of the garage.

The back-to-back bathroom facilities have been planned to save plumbing costs. The three-quarter bath with its huge shower and pullman lavatory opens directly to the master bedroom. The family bath is readily accessible from all areas of the home.

Bedrooms have been planned to supply plenty of wall space for furniture arrangement. A shoulder high window in the master bedroom will not interfere with the placing of furniture.

The simple roof design with its long eave overhang, the used brick veneer and low planter plus the louver shutters and horizontal wood siding all combine to provide an outstanding colonial exterior.

Complete working drawings for this plan can be purchased at the cost of \$7.50 for the first set and \$5 for each additional set when ordered at the same time. This plan will be available at these prices until Oct. 30. Please allow two to three weeks for delivery. The following home plan books are also available: Hallmark Homes, \$1; Award Homes, \$1; Town and Country Homes, \$1; Homes for Living, \$1; Homes of Distinction, \$1; Ranch and Modern Homes, \$2. All books a \$7 value, only \$3. Send all orders for either books or plans to Hiawatha Estes, post office box 104-T, Northridge, Calif.

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Use This Room as Your Club Room

NO LADIES WILL BE SEATED BETWEEN 11 A.M. AND 3 P.M.

STAR GAZER
By CLAY R. ROLLAN
Your Daily Activity Guide
According to the Stars
To develop message for Saturday, read words corresponding to numbers of your Zodiac birth sign.

ARIES MAR 21 APR 20 2-7-26-31 33-48-57	Taurus APR 21 MAY 21 36-39-40-43 44-45-46-49-50 51-52-53-56-59	GEMINI MAY 22 JUNE 22 19-22-23-30 33-43-54	CANCER JUNE 23 JULY 23 14-17-21-33 35-45-53	LEO JULY 24 AUG 23 11-18-28-29 30-32-34-35	VIRGO AUG 24 SEPT 23 4-11-24-25 26-27-28	LIBRA SEPT 24 OCT 23 5-25-44-47 55-59-64-65	SCORPIO OCT 24 NOV 23 1-15-30-34 37-40-43-44	SAGITTARIUS NOV 23 DEC 22 31-33-39-40 44-71-79-90	CAPRICORN DEC 23 JAN 20 6-10-13-34 37-45-57	AQUARIUS JAN 21 FEB 19 9-27-32-42 54-63-73	PISCES FEB 20 MAR 20 3-12-20-29 40-52-62-67
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