

The Medical Roundup

by *Walter Johnson*

Anemia Due To Lack of Iron
I recently re-read an interesting article by Dr. Ernest Beutler, chairman of the Department of Medicine of the University of California, Los Angeles. He is one of the most prominent blood specialists in the world. He is distressed over the fact that almost always when we doctors see a patient with a secondary anemia, which is due to some loss of blood from the body, we seldom give the much needed iron. We give every effort either to find a cancer somewhere in the digestive tract, or else to make sure that none is present.

As Dr. Beutler says so truly, some people can walk around comfortably with only half of the iron in their blood that they should have. I remember well the strongly built farmer's wife with often-bleeding piles, who one day came into my office with a hemoglobin (red coloring and iron-containing matter in the blood) reading of only 50 per cent of normal. When I said, "You must be miserable with that," she said, "Why no, I am as healthy and strong as I ever was."

Her anemia was not producing symptoms. A physician with a big practice, one day years ago, said to him on a sardine tin and noticed that his blood was watery. Next day he had his hemoglobin measured, he found he had less than half of the normal amount. He told me that with this tremendous anemia, he had not felt at all ill. An X-ray study showed that he was losing blood from a big but symptomless cancer in his large bowel. It was quickly removed by a surgeon, and it never returned.

Because of such observations, I disapprove of the habit many of my fellow physicians have of saying to a woman who has perhaps 65 per cent of the usual amount of hemoglobin in her blood, "You are anemic and must have iron shots several times a week."

Usually a good laboratory man can tell, on glancing at a stained blood smear, whether the person before him has a secondary or a primary (hereditary) anemia.

Dr. Beutler maintains, as other blood experts do, that in the presence of a secondary anemia, prescriptions for liver extract, vitamin B-12, cobalt, folic acid or ascorbic acid, special diets, fresh air, sunshine are of no value in hastening the return of the amount of hemoglobin (red pigment) to normal.

Dr. Beutler says that liver extract is "totally ineffective in the treatment of iron deficiency." Usually, when we physicians do give iron, we combine it with B-12, which is not needed. A diet rich in iron probably will not be enough to relieve the patient.

There are some few patients who cannot handle much iron by mouth, and then it may have to be injected. When the patient can take his iron by mouth, Dr. Beutler prefers this way of giving it. He feels sure that the giving of it hypodermically, as so many of us physicians do today, is rarely indicated, because this does not cause the iron to

accumulate in the blood any more rapidly than when it is taken by mouth. If the patient takes iron in pill form for a few weeks, he does not feel any better, and the thing for the doctor to do is not to change to injections of iron, but to study the person again to see if the cause

Two Hospitalized As Autos Collide

Klamath Falls — Two persons were hospitalized here Saturday following a two-car collision in California 18 miles south of Tulelake. California officers said a car driven by William Hayes, 56, Portland, and one driven by Ray M. Jones, 38, Empire, Ore., collided. Jones and Mrs. Janice Hayes, 48, were hospitalized. Hayes suffered head, chest and back injuries and Mrs. Jones a fractured leg, lacerations and contusions. Hayes was treated for minor injuries.

Generally Fair Weather Prevails Following Storms

By United Press International. Generally fair weather prevailed over the nation today after a week end of heavy rains in the East, tornadoes in the South and 90-plus temperatures. Washington got 2.10 inches of rain during the 24 hours ending Sunday night, and Baltimore, Md., received 3.35 inches during a similar period. Lightning struck the home of Joseph V. Charyk, head of the new Space Communications Satellite Corp., knocking part of his brick chimney into the backyard.

Three Uninjured as Boat Strikes Rocks

Depoe Bay, Ore. — A 17-foot outboard boat struck the rocks at the south entrance to Depoe Bay channel Sunday but three Salem residents escaped without injury. Aboard the craft were David Vaneck, 26, his wife, Letti, and Vaneck's father, Joe Vaneck, 52. The Coast Guard said a breaker hurled the boat against the rocks as it was on its way out of the harbor. The occupants remained aboard until a line was tossed to them. They were helped ashore after securing the vessel to the rocks.

Some Think Architect's Position At Capitol Should Be Abolished

By DIC KWEST. Washington — There is generally a right way and a wrong way to approach a problem, although many people apparently are not aware that they have a choice. With all due respect, I submit that Sen. Paul H. Douglas (D-Ill.) was the wrong way to try to abolish the architect of the Capitol.

ACTRESS MARRIES

Las Vegas, Nev. — Actress Jo Morrow, 23, and Jackie Barnett, 42, a songwriter for Jimmy Durante, exchanged marital vows Sunday night in the Gold Room of the Flamingo Hotel.

Two Approaches

The title of architect presently is worn by J. George Stewart, a genial gentleman who goes about the Capitol puffing on a pipe and performing what he construes to be good works. The \$26 million new Senate office building, the \$20 million east front extension and the \$118 million new House office buildings are among the projects carried out under his aegis.

State TB Hospital Officer Takes Over

Salem — Dr. Robert D. Mitchell, 46, former assistant professor at the University of Oregon, took over today as chief resident medical officer at the State Tuberculosis hospital here. He replaces Dr. Robert E. Joseph, 56, who was discharged after the legislature placed the hospital under the administration of the state board of higher education. Joseph has joined the medical staff at Eastern Oregon State hospital at Pendleton.

The Family Council

What happens to my dreams of overnight guests, and peace and quiet in a hide-away all my own? I'm furious at this let-down. Mrs. G. A. — I can't turn my sister away while she's ill. Mrs. G. A. — My young sister lives alone in Chicago. She has been hospitalized for late August to correct an internal abnormality. I plan to call for her and bring her to our home to convalesce. Before entering the hospital she will quit her job, close her apartment, put her things in storage. Jenny must see that this is the way to be kind.

CELEBRATE with a COOK-OUT!

CUT-UP FRYERS

Manor House Grade A Flash Frozen

Pan-ready young fryers. Fresh frozen within minutes of processing.

29¢

Pound

POTATO CHIPS

Lunch Box 3-pack 49¢

1 1/4-oz. Pkg. 49¢

Be ready to enjoy the holiday out-of-doors! Plan for fun and good food around a barbecue! To help you prepare for this favorite summer pastime, we're featuring a tremendous variety of cook-out values in all departments throughout the store. Stock up now for outdoor and indoor meal needs at these low, low prices. Shop Safeway today!

Vienna Sausage	Libby's 4 oz. can	2 for 49¢
Sweet Pickles	Zippy, whole 22 oz. jar	55¢
Zippy Relish	For Hot Dogs, Hamburgers, 12 oz.	4 for \$1

Look At These Values!

Barbecue Sauce	Open Pit 18 oz. btl.	39¢
Canned Beverages	Cragmont, fruit flavors, 12 oz.	12 for \$1
Marshmallows	Fluff-i-est, 1-lb. pkg.	25¢
Coney Buns	or Hamburger buns, Skylark, 8 ct.	33¢
Sandwich Bread	Skylark, white or wheat, 22 1/2 oz.	35¢

Shopping Center Safeway will be Open July 4 9 A.M. to 6 P.M. WEST MAIN STORE WILL BE CLOSED They want to Barbecue Too!

Hams 79¢

Boneless Bar-S and Del Monte Sweetheart. Just heat and serve. 1 lb.

Franks 49¢

Safeway brand. Always fresh, tender and juicy. 1-lb. Pkg.

Lunch Meats 49¢

Assorted. Freshly sliced. 4 oz. pkg.

Breaded Scallops Captain's Choice 7 oz. pkg. 49¢

T-Bone Steaks U.S.D.A. Choice. Compare the trim! 98¢

Top Sirloins Boneless, waste-free, Choice beef \$1.49

SUGAR-SWEET, RED-RIPE Watermelons 69¢

Each

Be sure to include one of these beauties in your holiday fun.

Fresh, Crisp Celery . . . 19¢

Hamburger Size, Jumbo Yellow Onions 1 lb. 10¢

Ripe Red Havens Peaches 1 lb. 19¢

Sweet and tender, plump full kernels. Fresh Corn 5 ears 39¢

Beautiful Golden-Ripe Fruit Bananas 3 lbs. 49¢

Prices effective Monday, July 1 through Wednesday, July 3 at Safeway in Medford. Limit rights reserved.

SAFEWAY

Lemonade 10¢ (6-oz. can)

Scotch Treat frozen juice. Mix with water and serve.

SALADS 39¢

Lucerne, Cole Slaw, Health Salad, Macaroni Salad, Potato Salad. Pint Ctn.

Time to Stock Up!

Zee Napkins	Assorted and white, 80 ct.	2 for 29¢
Aluminum Foil	Kitchen Craft 12", 125 ft.	33¢
Dixie Plates	White 9 inch disposable. Pkg. 10	19¢
Dixie Cups	for hot drinks. Pkg. of 15	39¢
Table Cloth	Picnic Time work saver.	19¢
Pancake Mix	Kitchen Craft 4-lb. pkg.	53¢
Biscuit Mix	Mrs. Wright's 40 oz. size	35¢
Dixie Cups	7 Oz. Pkg. of 48	59¢

Check these low shelf prices!

Cream of Rice	Hot cereal, 18 oz. pkg.	47¢
Mushrooms	Shady Oak, Pieces & Stems, 2 oz.	2 for 39¢
Chow Mein Noodles	La Choy No. 303 can	2 for 35¢
Soup Mix	Wyle's concentrated, 4 vty. 15 oz.	10¢
Minced Clams	Snow's Ideal for dips, 7 1/2 oz.	31¢
Alka Seltzer	Headache relief. Large size	44¢

CHARCOAL BRIQUETS

Satellite brand. Makes quick, hot coals for the best in barbecuing.

10-lb. Bag 49¢

Charcoal Lighter

Wizard Lighter Fluid.

Start Your barbecue fire the easy way. 32 oz. 59¢

Salad Dressing 29¢

Piedmont 32 oz. jar

Pork & Beans 3 for 49¢

Van Camp's No. 2 can

Ripe Olives 4 for \$1

Libby's, select Tall can

Grape Drink 2 for 49¢

or Orange Lucerne Half Gal.

Medium AA Eggs 3 for \$1

Cream O' The Crop Dozen

COFFEE 97¢

MJB BRAND 1-lb. Can

INSTANT 1 1/2 oz. 1.49 6-oz. jar 79¢

Plus the Added Bonus of GOLD BOND STAMPS

ICE CREAM 69¢

Delicious Flavors

Lucerne Party Pride

Cherry Vanilla, Peppermint Candy, Chic. Chip Almond, Chic. Marshmallow, Macadamia Nut, Butterflicker, Butterflicker Banana Nut, Vanilla, Chocolate, Maple Nut, Chic, Marble, Neapolitan, Butter Pecan

TOMATO JUICE 5 for \$1

Libby's 46 Oz. Can

Doctors Place Spleen in Body Of Colorado Boy

Denver — A 10-year-old patient at Colorado General Hospital had a new spleen today following an historic transplant operation performed during the week end. Both the boy and his mother, the donor of the organ, were reported in "fair" condition after surgery, but the youngster still faces a crisis, probably a month or two in hospital, when his body is likely to attempt to "reject" the spleen as foreign matter. The operation was the first spleen transplant in history. The mother and son are from Pueblo, Colo. They have not been identified.

Antibodies Depleted

Doctors said the boy was suffering from a disease which depleted the supply of antibodies in his blood. Antibodies fight infection, and because he did not have enough of them, he was chronically ill. A team of surgeons which has performed kidney and liver transplants here in recent months undertook the spleen operation. Their idea was that the new spleen, an organ which produces antibodies, would provide the boy with more immunity from infection.

Can Get Along

A normally healthy person like his mother can get along without a spleen because antibodies also are produced by other organs — the thymus gland and lymph nodes. In past transplant operations involving other parts of the body, a crisis period usually comes within 10 to 30 days after the surgery. A spokesman for the surgeons said it was possible that the boy's transplanted spleen would produce antibodies during that period which would attempt to "reject" the spleen itself. Powerful drugs will be used to try to prevent this.

Monroe Woman, 21, Killed in Crash

Corvallis — Mrs. Barbara L. Osborne, 21, Monroe, was killed early today when her car plunged off Highway 99-W about two miles south of Monroe and crashed into a tree. Mrs. Osborne was en route from Junction City to Monroe shortly after 2 a.m. when she lost control of her car after rounding a curve, police said. She died at the scene. It was Benton county's first traffic fatality of the year.

CATS GET IT ALL

Aberdaron, Wales — 89-year-old Miss Ada Tiley, 81, left all but \$140 of her \$182,000 estate for the treatment of sick cats. Her will revealed Sunday. "I feel very hurt," said Mrs. Tiley's niece, Mrs. Doris Williams, who cared for her aunt for the last eight years of her life, but was cut out of the will.