

The Medical Roundup

by *Walter Alvarez*

Emeritus Consultant in Medicine
 Mayo Clinic
 Emeritus Professor of Medicine
 Mayo Clinic
 (Register and Tribune Syndicate,
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How To Avoid Inoperable Cancer of Stomach

The recent experience of Pope John—whose continued guidance this world so greatly needed—has added force to my life-long contention that if a man past middle age would prefer not to be told someday that he has a cancer of the stomach to a big for removal, there is one thing that he must not do: he must not wait until he gets a stomachache or a hemorrhage—then it will probably be too late. He must go every year, no matter how well he feels, to get his stomach and bowel X-rayed.

I admit that this is a nuisance, and personally I hate it; but I am alive today because for the past 35 years I have practiced what I have preached. One day, three years ago, when I was feeling very fit and having to watch my weight, an X-ray examination showed that I had a cancer of the large bowel. Fortunately, it was still so small that it could all be removed, and today I feel fine.

For awhile in a couple of university medical schools, an effort was made to get many middle-aged people to come in every year for a free X-ray examination of their stomach. This type of clinic was given up, as I remember, largely because when a small beginning cancer was found in a man's stomach and he was urged to be operated on right away, he generally refused, saying he felt perfectly well.

Wanted to Wait
 He wanted to wait until he felt ill, and had perhaps an anemia, some indigestion, some pain, or some loss of weight. He could not be convinced that by the time he had those symptoms, the chances would be that no surgeon would operate on him; his cancer would have spread into his

liver, and perhaps into his whole abdomen. I hate to seem too pessimistic, but these are the facts. At the Mayo Clinic, we in the gastroenterologic section used to say that if we saw 100 persons with cancer of the stomach, 50 were inoperable, and could only be sent home. X-ray treatment would not help them. In the cases of the other 50 persons, we would ask a surgeon to look into the abdomen, but we knew that in half of these cases, the surgeon would see in a minute that he could not do anything, and would just close the abdomen.

In the cases of the remaining 25 patients, the surgeon would remove the tumor, but even then, he would know that in many cases, he would be unable to remove all of the cancer.

Since detecting cancer early is important, Dr. Alvarez has included a list of 19 danger signals in his 25-cent booklet, "What We Know About Cancer." You may get a copy of the booklet by sending 25 cents and a self-addressed, stamped envelope with your request to Dr. Walter C. Alvarez, Dept. MMT, Box 957, Des Moines 4, Iowa.

Brandenburg Gate Curtains Ridiculed

Washington—UPI—The State Department has ridiculed the huge red curtains hung by Communist authorities to block President Kennedy's view into East Berlin.

Department press officer Richard I. Phillips said Thursday the hanging of the curtains between pillars of the Brandenburg Gate during Kennedy's visit to West Berlin was a "shamed-face action."

Kennedy-Goldwater Contest Seen as 'Good for Country'

Washington—UPI—Interior Secretary Stewart Udall feels a 1964 contest between President Kennedy and Sen. Barry M. Goldwater (R-Ariz.) "might be a healthy thing for the country."

The resulting battle for the presidency would be "an old-fashioned campaign between conflicting political concepts, something we haven't had for some time," according to Udall.

The interior secretary, a liberal Democrat from Goldwater's state, told a news conference Thursday that the Republican party might do well to nominate the conservative GOP senator.

Udall said selection of Goldwater "would pit a true conservative—a nominee carrying a conservative banner—against our President and the record he has made."

He said Goldwater "apparently represents the view of the party," and nomination of such a candidate by the Republicans would be something the GOP "hasn't done in 20 years."

Address Young GOP
 Udall's comments came while the senator was in San Francisco to speak to the national Young Republican convention, which has demonstrated strong backing for Goldwater.

Sen. Hugh Scott (R-Pa.) meanwhile told a news conference Thursday that whoever

seeks the GOP nomination "will find it desirable and even necessary" to have the backing of former President Dwight D. Eisenhower.

Republican National Chairman William E. Miller also said at a Senate hearing he hoped there would be another series of televised "great debates" between the Democratic and Republican candidates next year.

Miller testified in favor of suspending the "equal time" provision of broadcast laws to make this possible. Kennedy already has said he will debate the GOP candidate on television as he did with Vice President Richard M. Nixon in 1960.

Declines Senate Race
 Udall's comments on Goldwater's candidacy came when he was asked whether he planned to run for the Senate against the Republican senator next year.

The interior secretary said he had no such plans. "I am very happy where I am. I am not expecting a change in my status here," he said.

Goldwater's Senate term expires next year, and he has said he will announce his intentions sometime early in 1964.

Scott called Eisenhower the head of the GOP and said an endorsement from the former president would prove valuable to anyone hoping to win the nomination. He intimated Eisenhower would be active in the 1964 GOP campaign, but refused to say what part the former president would play.

Lists Candidates
 Scott listed eight GOP candidates he said might run for president: Goldwater, Gov. George M. Romney of Michigan, Gov. Nelson A. Rockefeller of New York, Sen. Thurston B. Morton, Ky., Gov. William M. Scranton of Pennsylvania, Gov. Mark O. Hatfield of Oregon, Gen. Lucius Clay and former NATO commander-in-chief Gen. Lauris Norstad.

Regarding Scranton, the Pennsylvania senator said he believed the governor "prefers to limit his activities to a favorite son status" to keep the state delegation independent until it decides on a national candidate.

In Harrisburg, Pa., Thursday, Scranton denied that a favorite son role for himself would be designed to prevent Goldwater from winning the Pennsylvania delegation.

Minuteman Hits Atlantic Target

Cape Canaveral—UPI—A sleek, swift Minuteman, the "instant ICBM" that forms the backbone of the nation's continent-based missile striking force, streaked more than 4,000 miles to a target in the Atlantic Ocean Thursday night.

Minutes after the rocket blasted from its underground launching site, the Air Force said the firing was a "complete success."

More than 100 nuclear-tipped Minuteman rockets already are in firing position at underground launching sites throughout the United States. Eventually, the nation will have 900 of them on station.

BUYS SOVIET SCRAP

Tokyo—UPI—The Yomiuri newspaper said today the Soviet Union has contracted its first postwar sale of scrap iron to Japan, undercutting American prices by \$2-\$3 per ton.



'MISS DRAGON BOAT'—Ruth Lee, 20, chosen "Miss Dragon Boat" by the Chinese Women's Benevolent Society in New York, displays a 2,000-year-old hand-carved porcelain and ivory boat which will be presented to Jacqueline Kennedy in Washington. (UPI)

Campgrounds Open In National Forest

All campgrounds are open on the Applegate, Butte Falls and Union Creek Ranger districts with the exception of the South Union Creek, which will not open this summer due to construction work, the Rogue River National Forest service reported today.

All trails in the Applegate and Union Creek districts are open, but high elevation trails in the Butte Falls Ranger district are still covered with snow drifts.

The trail into Blue Canyon is open and stream fishing is improving as the water is going down and clearing. Fishing is described as "slow" in Willow lake, and "fair" in all waters of the Applegate region.

Travel is not recommended on the Parker Meadows rd. from the Blue Rock junction to the Black Bear rd. The forest service advises motorists to check at the ranger station before entering any of the back roads.

In the Applegate district all roads except Glade Creek, Yale Creek and Elliott Creek are open. Logging traffic is heavy on Sturgis Fork, Thompson Creek and Squaw Creek rds. and light on Middle Fork and Beaver Creek rds. All roads in the district

are dusty, the rangers report, advising extreme caution.

There is still snow at an elevation of 6,500 feet on the Union Creek Ranger district and the fishing in streams in the Union Creek resort area is listed as "fair to good."

Some fish have been planted in Union Creek and in Rogue river near Union Creek. The resort and Beckie's Cafe are open from 7 a.m. until 10 p.m.

Freeway Planned In Douglas County

Salem—UPI—The State Highway Commission Thursday announced plans to reconstruct the Pacific Highway—Interstate 5—from Roberts Mountain to Myrtle Creek in Douglas county.

The proposed construction is 9.18 miles long.

Plans call for revising of interchanges at Clarks Branch rd., Dillard Highway, Boomer Hill rd. and Myrtle Creek. The highway will be built to full interstate standards with four lanes of divided roadway and will connect at both ends with interstate projects already completed, the commission said.

Manslaughter Guilt Declared at Dalles

The Dalles—UPI—A Wasco County Circuit Court jury found Jake George Gross guilty of manslaughter Thursday in the April 14 death of Frank Edward Finnegan at a ranch east of Wasco.

Gross was charged with first degree murder, but Judge Edward H. Howell instructed the jury not to consider that charge because the state failed to show sufficient evidence of premeditation.

The jury returned the verdict after six hours of deliberation. Howell set no date for sentencing but said it would occur within a week.

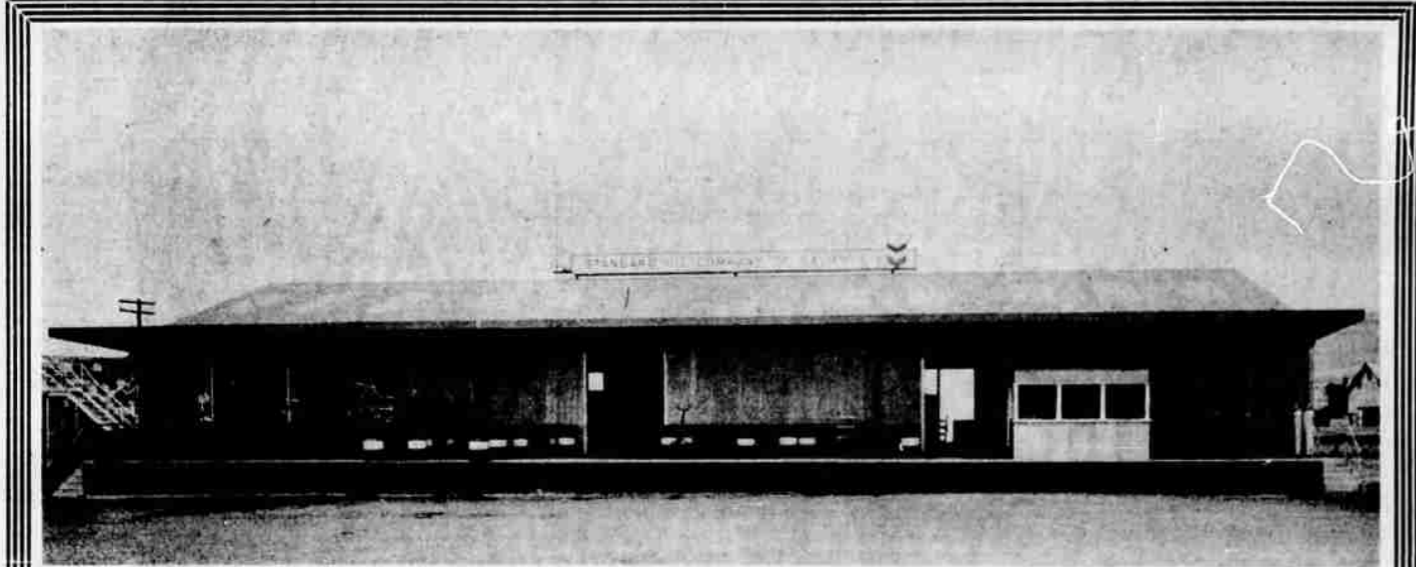
Finnegan was beaten to death in an altercation in a bunkhouse at the Fred Dornmaier ranch near Wasco. The trial was moved from Sherman to Wasco county after defense attorney Kenneth Abraham requested a change of venue.



INSPECTS SPHINX—Former Vice President Richard Nixon looks one of Egypt's sphinxes in the eye during a visit to the Antiquities Museum in Cairo. Nixon and his wife and daughters left for Athens as the next stop on their private tour of Europe and the Middle East. (UPI)



SHARES THE WEALTH—Mrs. Leona W. Hughes, bottom right, a grandmother who wants to see her grandchildren enjoy her wealth, left San Francisco via Pan American jet for a 60-day European vacation. Accompanying Mrs. Hughes were her daughter, nine grandchildren and a family friend, who will tour at Mrs. Hughes' expense—a \$17,000 trip. Mrs. Hughes' daughter, Mrs. Robert Leake of Sacramento, is the mother of eight of the children. (UPI)



OPEN HOUSE!

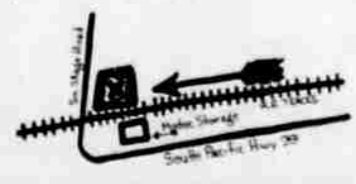
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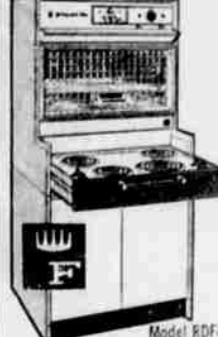


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