

The Black Muslims—III

Crimes of White Man to Be Avenged By God, Leader of Muslims Preaches

By H. D. QUIGG
UPI Correspondent

America will pay. The crimes of the white man will be avenged. The black man is the original man, the father of civilization. The bourgeois Negro leaders don't know this, and they don't want us to tell you."

Thus spoke Malcolm X, east coast leader of the Black Muslims in a public address.

"The white man gave you

Jesus — and Jesus is all you got.

"The white man killed us culturally, killed us spiritually. Twenty million people don't know their names, don't know their culture . . .

"God will make their planes fall out of the sky. Make their ships sink."

Threatens Whites

To the white man: "Your little babies will get polio . . . Your stock market plummets . . . God is after you! God is repaying you!"

Malcolm X knows well the vices of the white man. In the Harlem where he is making the streetside speech, he once was "Big Red," and he was well integrated with the white man.

"No one," he says, "drank more alcohol or smoked more reefer than I did when I was a Christian.

"I sold dope in Harlem. You can't get dope, prostitutes, in Harlem without the consent of the police department. And organized crime is running rampant here. Our school girls are becoming prostitutes . . . Our high school boys are becoming fairies . . . Am I right or wrong?"

A massed yell: "Right!"

Forego Vices

"The followers of the honorable Elijah Muhammad don't drink alcohol, engage in reefer smoking, or tobacco smoking.

"He stopped us from using profanity, from being rude and loud. He teaches us to obey the law, and to respect the law officers as long as they respect themselves . . .

"He teaches us to take a hot bath once every 24 hours . . . to keep a clean body, clean mind, clean speech, clean behavior, clean home, and clean community. He teaches his followers to clean up whatever community they are in.

"First elevate the morals of our people. Once that is done, we don't have to wait for the white man to elevate us — we'll elevate ourselves.

"Our children never see us drinking, taking dope, argu-

ing — and automatically juvenile delinquency is eliminated."

Blasts Integration

"You don't want integration?"

"Mr. Muhammad teaches us that integration is only a trick on the part of the white man

today to lull Negroes to sleep, to lull them into thinking that the white man is changing and actually trying to keep us here."

As for the Rev. Martin Luther King:

"Any Negro who teaches other Negroes to turn the other cheek in the face of attack is disarming that Negro of his God-given right, or his moral right, of his natural right, of his intelligent right to defend himself. Everything in nature can defend itself, and is right in defending itself, except the American Negro."

The Medical Roundup

by *Walter Conway*
Emeritus Consultant in Medicine
Mayo Clinic
Emeritus Professor of Medicine
Mayo Clinic
(Register and Tribune Syndicate, 1963)

Why Did A Wife Blow Her Top

Many a time I have been asked, as a physician, to do some marriage counselling, and one of the questions sometimes put up to me by a husband is, "Why did my wife explode so violently when I hardly said anything to make her mad?"

When I asked the wife what had gone so wrong, she said that for a year, she had managed to hold in and say nothing when her husband greatly annoyed her, perhaps by picking his teeth at table, or noisily snuffing up his nose like a horse, or spitting on the floor, or making loud noise while eating.

Then came the morning when she just lost control, and with this, all of the long-accumulated and pent-up wrath pouring out of her on to the unfortunate offender's head. It surprised him so because he did not realize how long the storm had been gathering.

Sometimes the cause of the explosion seems so silly, as in the case of a woman I know who one morning said she was going to divorce her husband—a good friend of mine whom I had always regarded as a friendly and easy-going man. When I asked her what had made her so angry at him, all she could think of to complain about was that he would not use a washrag "like any sensible person should."

Another woman one morning exploded in wrath at her prosaic banker husband. When I asked, "Why the storm?" she said that she could not stand it any longer. A year before, when he married her, he had told his secretary to phone a florist and leave an order for red roses to be sent every Friday. When the roses kept coming she became more and more angry about them because she knew that they brought her no message of thoughtfulness or love from her husband. If he had walked to a florist and chosen some violets for her because he remembered that she adored violets, she would have been made very happy.

Smouldering Resentment

Another husband came in to ask me why his wife had exploded violently, and talked of divorce, when all he had done was to send her some red roses. On asking the wife what had gone wrong, I learned that, first, the man, though very sweet and kind, was so absent-minded and so lacking in any of the instincts of a lover that she had always felt some smouldering resentment against him; and second, she had told him many times that she hated red roses because all they did was to remind her of her very unhappy and distressing first marriage.

Naturally, the same sort of thing can happen when a man explodes over some little thing his wife does almost every day to annoy him, like always chattering at him when he is trying to hear over the radio what the day's baseball scores were!

All of which means that for a man just to love his wife is not enough; he must love her acceptably — so as to make her eyes light up with pleasure. Also it is well when the wife can be appreciative; unfortunately, some women never are.

Spur on the Spine

Thousands of people, when they have their spinal column X-rayed, find what looks like a spur or a parrot's beak on the front edge of a number of their vertebrae. Sometimes there is a small mass of bony material, like a buttress, splinting two of the vertebrae together.

When, some 50 years ago, I began to see these deformities, I would often say to the person, "Surely, once upon a time you must have had an awful backache," but soon I learned that many of the possessors of big spurs could not remember ever having had any trouble with their back. Either they were insensitive to the pain, or else, in many cases the inflammation, or the change in body chemistry that made the spurs did not produce pain. In some cases, in answer to my question, the person would tell me that he had once had a terrible time with lumbago.

The important point is that if, when the spurs are found, the patient has no backache — and especially if he never had any backache — the X-ray can be disregarded, like so much gray hair or other harmless signs of aging.

When a person with a severe backache comes in and I see spurs on his spine, I am sorry to say I cannot be sure if they are causing the

trouble — because I so commonly see them in people who have no distress. In such a case, I like to get consultations with neurologists, experts on arthritis, X-ray men and men who are expert in diagnosing the cases of backaches and in operating on ruptured vertebral discs.

Often the diagnosis of a ruptured disc is so difficult that even the experts cannot be sure what exactly is wrong. When they operate for a ruptured disc, they expect to work a cure in perhaps 85 per cent of the cases.

"I can usually be pretty sure that a man has ulcer if his hunger pain disappears the day he goes on a vacation," says Dr. Alvarez in his booklet on ulcers. You may obtain a copy of the booklet by sending 25 cents and a self-addressed, stamped envelope with your request to Dr. Walter C. Alvarez, Dept. MMT, Box 957, Des Moines 4, Iowa.

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STAR GAZER
By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars

To develop message for Thursday, read words corresponding to numbers of your Zodiac birth sign.

ARIES MAR. 21-20	1 Late	31 Down	61 No
Taurus APR. 21-20	2 Romance	32 And	62 And
3 Others	33 Use	63 For	
4 Just	34 To	64 The	
5 A	35 Something	65 Steeping	
6 Hours	36 Letter	66 Important	
7 Bit	37 Joyful	67 Past	
8 Happiness	38 Past	68 Or	
9 Cooperative	39 Sewing	69 Piece	
10 Wish	40 Thrills	70 Your	
11 Your	41 From	71 Education	
12 And	42 Keep	72 Per	
13 Somebody	43 Experiences	73 People	
14 Cf	44 To	74 Land	
15 A	45 A	75 You	
16 New	46 Deals	76 Sex	
17 Darkness	47 Plugging	77 Stones	
18 Projects	48 Dangerous	78 Plans	
19 Don	49 For	79 You	
20 Brief	50 Put	80 Today	
21 Adult	51 Watch	81 To	
22 Mothers	52 Times	82 Travel	
24 Before	53 Contract	83 To	
25 Or	54 May	84 Disturb	
26 Journey	55 Th	85 An	
27 Recused	56 Don't	86 Answer	
28 Popularity	57 Boy	87 Work	
29 Slow	58 Ideas	88 Partnerships	
30 Important	59 Surround	89 Progress	
31 Good	60 Adverse	90 Neutral	



Extreme fire hazard means more restrictions on where you go in the woods this summer!

This summer many of your favorite forest areas may be closed. The reason? Blowdown. More than 11 billion board feet of it stacked like kindling throughout Pacific Northwest forest lands by Columbus Day windstorms. That's almost enough wood to supply our nation with new homes for a full year. It also represents one of the greatest fire hazards in the history of our area.



These closures are essential. This year they will cover much broader areas than usual. But they are the only known way to hold the risk to a minimum. Where possible, access corridors to lakes and camp sites will be kept open, but only if they are reasonably clear of slash and blowdown.

Soon now, warm weather and low humidity will have dried this windfall to the danger point. The slightest spark — any source of flame — could ignite some of the worst fires on record. Foresters say that if a big fire gets started this summer, it may destroy thousands of acres before it can be stopped.

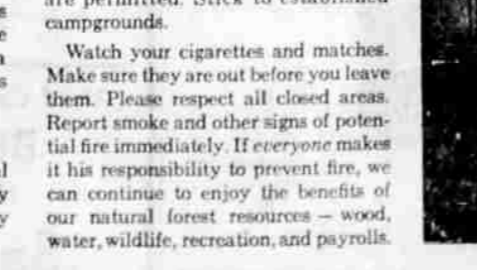
Fire Closures Essential

Because 90 per cent of forest fires are man-made, the most critical areas — both state and private — will be closed for the season by order of the state forester. Closures normally run from early July through September and sometimes longer.

Your Help Needed

This year fire prevention is everybody's responsibility. If you go into the woods anywhere, observe fire precaution rules carefully. Remember, the fire that never starts is the easiest to control. Never build a fire except in areas where they are permitted. Stick to established campgrounds.

Watch your cigarettes and matches. Make sure they are out before you leave them. Please respect all closed areas. Report smoke and other signs of potential fire immediately. If everyone makes it his responsibility to prevent fire, we can continue to enjoy the benefits of our natural forest resources — wood, water, wildlife, recreation, and payrolls.



A public service message from **Weyerhaeuser Company**

Another husband came in to ask me why his wife had exploded violently, and talked of divorce, when all he had done was to send her some red roses. On asking the wife what had gone wrong, I learned that, first, the man, though very sweet and kind, was so absent-minded and so lacking in any of the instincts of a lover that she had always felt some smouldering resentment against him; and second, she had told him many times that she hated red roses because all they did was to remind her of her very unhappy and distressing first marriage.

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4-H NEWS

Merry Mulchers

The next meeting of the Merry Mulchers 4-H Garden club will be at the home of R. A. Gheyson, June 27.

At our last meeting we discussed and selected club members to wash cars at Doug's Downtown Motors.

De Ann Troutman showed us a flower arranging exhibit. We then had a white elephant sale. The meeting was adjourned for refreshments.

Roger Pulaet, Reporter