



Mrs. C. L. Miller, a hostess for the annual show of Medford Rose society, is pictured here holding one of the entries, a Tropicana rose grown by Mrs. Richard Travis. Mrs. Travis is one of the society's active members and the specimen shown here won a blue ribbon.

New York—A new packing process that makes frozen fish and seafood look, cook and taste like fresh can also be applied to frozen meat, says the firm that developed the process.

A spokesman for the packer, Gorton's of Gloucester, Mass., said the "brining" process retains valuable nutrients that ordinarily are lost when frozen fish loses liquid during defrosting. This "drip loss" runs as high as 20 percent of the weight of the fish, he added.

Philatelic Society Members Win Medals

Clyde Smith, member of Southern Oregon Philatelic society, won a gold medal for first place in the United States and the Washington Philatelic society cup for the best United States exhibit regardless of section for his exhibit at the 23rd Annual Pacific International Philatelic exhibition held in Tacoma, Wash.

His exhibit was entitled "United States Expositions." Since he is not a member of the American Philatelic society, he was not eligible for the society's award for the best United States exhibit, which is given to individual members. While the local society is a member of APS, many members are not individual members, it was explained.

This is the second year that Mr. Smith has won the Washington State cup.

Other winners at the exhibition were Mr. and Mrs. Russell Herbert, who won a silver medal for second place in the novice class for their exhibit on "Famous Italians With Biographies." The exhibit was five frames (30 pages).

Films Shown
 "It's Just a Postage Stamp," a film describing the work needed in designing, printing and selling a postage stamp; and "Dutch Miniatures," another film showing the stamps

of The Netherlands and the scenes portrayed in them, were the program of the local society at their June meeting. The group was guests of Dr. and Mrs. W. D. Giles at the Rogue Valley Manor. After the program in the Manor theater, the group adjourned to the lecture room for the business meeting and a report on the recent international exhibition.

Children Arrive For Vacation

Hornbrook — Renee and Piper Stickney, San Mateo, Calif., are spending a few weeks here with their grandparents, Mr. and Mrs. Floyd Burns. They will remain until their mother, Mrs. Juanice Stickney returns from a vacation in New York, Miami and Bermuda.

Also here for several weeks are Jan and Sherri Hebb, Bakersfield, Calif., who are with their grandparents, Mr. and Mrs. Dwain Hamner, and their great-grandmother, Mrs. Hattie Holland. They will remain until July when their parents and two sisters, Mr. and Mrs. Galen Hebb, Gale Lynn and Lori, come north for their vacation.

Before threading a needle, rub the end of the thread with a piece of soap. Twist and let dry. It will go through the eye of the needle much easier.

Set an electric fan under pleats to blow away moisture and wrinkles.

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Mrs. Russell Herbert was club delegate to the exhibition which is sponsored by the Northwest Federation of Stamp clubs. Dr. Giles was one of the judges and Mr. Smith was alternate delegate. The PIPEX show was held in the Hotel Winthrop, with the Tacoma Stamp club as host. It was reported that 92 exhibitors entered 454 frames in the show.

Refreshments Served
 Following the business meeting refreshments were served in the tea room by Mrs. Mabel Houck, Mrs. John Shortridge, Mrs. Adolph Sterton and Mrs. Irene Cordier. Guests at the meeting were Mrs. David C. Cutting and her son Tom Cutting; William A. Stilling and Dr. Harper J. Hibbe, Grants Pass; Earl Chachere, Mrs. William White, Ralph Moore, William Walwyn and Eric de Place.

The executive meeting of the society was held on Monday, June 10, at the William White home, 1103 Queen Anne avenue. The July meeting will be a week late, on July 11, due to the July 4 holiday. It will be an indoor picnic, with friends and members' families invited to attend.

Ashland Bethel Conducts Installation Ceremonies



Miss Helen Colwell (Locke photo)

Ashland — Ceremonies June 8 in the Masonic temple marked the installation of Miss Helen Colwell as honored queen of Bethel 22, International Order of Job's Daughters. Miss Colwell is the daughter of Mrs. Maxine Colwell, 147 Laurel street.

Mrs. W. R. Brown, Bethel guardian, and William E. Weber, associate guardian, opened the meeting and Miss Kathy Zimmerlee, retiring honored queen, conducted the installation.

Bethel officers installed with the new queen were the Misses Kay Newton, senior princess; Tana Laird, junior princess; Patricia Lorton, guide; Jackie Petersen, marshal; Cindy Wright, chaplain; Diane Benson, recorder; LeLone Jackson, musician; Judy Fremd, Carolyn Shepherd, Laura Stahler, Sheri Swing and Donal Ann Brace, the five messengers; Mary Brostad and Linda Prescott, senior and junior custodians; Judy Bryant, librarian; Dian Murphy, treasurer; Kathy Hall and Mimi Barron, outer and inner guards; Ellen Craft, lady of lights, and Mimi Barron, soloist.

Installing officers assisting in the service included Miss Cathy Clark, guide; Miss Carol Bjork, marshal; Miss Betty MacDonald, chaplain; Miss Linda Lorton, recorder; Miss Sara Vandenberg, senior custodian; Miss Peggy Parson, junior custodian, and Miss Sue Connor, musician. Master Councilor Charles Calhoun represented the Order of De Molay.

Carries Crown
 Crown bearers Michael and James Morris and Bible escort Suzanne Reimers were cousins of Queen Helen. Trudee Lewis was narrator and members of De Molay chapter assisted in the coronation. "I'll Walk With God" was the altar solo sung by Mrs. Colleen Lewis, accompanied by Mrs. Glen Taylor.

Each of the new officers carried a small white Bible surrounded by pink rosebuds and the symbolic motif was carried out in decorations of a large cross of white against pink background and smaller ones along the sidelines.

Attending the ceremonies and introduced were many distinguished guests including Past Honored Queen Marlene Wickstrom of Idaho; Junior Princess Kathy Collingsworth, Bethel 38, Central Point, and Mrs. John Mills, past guardian of Bethel 22; Thomas Laird, past associate guardian of the Ashland Bethel, and Merritt Swing, associate guardian of Bethel 14, Medford. Also introduced were Mr. and Mrs. George Findlay, worthy matron and worthy patron of Alpha chapter, Order of Eastern Star. Mr. Findlay is Dad Advisor for De Molay.

Exchange Pins
 The exchange of pins between the retiring and incoming honored queens was followed by Queen Helen's introduction of her mother and her sister Ann to whom she presented corsages and in return was handed a new gavel. Scott Roberts, new master councilor, presented a gift from De Molay.

Miss Colwell introduced other members of her family who were her aunt, Mrs. Ruth Morris; her cousin Gene Morris and his wife and five children; two other cousins, Miss Gayle Morris and Mrs. James Reimers and daughter Suzanne of San Jose, Calif., and her grandmother, Mrs. H. C. Emery.

The newly installed officers conducted the closing ceremony and Miss Betty MacDonald pronounced the benediction.

A reception was held in the dining room where refreshments were served from long tables decorated with pink roses and streamers and centered with an elaborate cake which was cut by the new honored queen and served by members of her family. Miss Nancy Mott was in charge of the guest book. An evening of dancing concluded the festive occasion.

Quantity Coffee

The wise hospitality chairman will plan on 100 six-ounce cups of coffee for 50 people. Use two large coffee pots or kettles (9-quart capacity) and start with cold water. Mix 2 eggs, shells and all with 2½ pounds regular grind coffee. Divide into 2 cheesecloth bags and tie, leaving enough room for the coffee to swell.

Home economists with the Gas Appliance Manufacturers association recommend immersing the coffee bags into the cold water and bringing it to a boil over the giant burner on the gas range. Turn off the flame when the boiling point is reached and leave the coffee bag in the water until the desired strength is reached. This will take 3 or 4 minutes.

For the most effective use of fragrance, apply it to the skin where the pulse beats — behind the ears, in bend of elbow, at the wrist, temple, or base of throat.

Tension Once Was Beneficial

New Rochelle, N.Y. — (UPI) — Anxiety reactions—symptoms such as vomiting, headache or heart palpitations — are produced by a mechanism that protected primitive man's life but now serves mainly to plague life, reports Dr. Albert F. R. Andresen Jr.

The New Rochelle doctor, reporting in the "New York State Journal of Medicine," says primitive man's subconscious mind prepared his body physically for instant action.

Today, such critical moments are rare but the subconscious mind, reacting to

subtle threats which cannot be met with fight or flight, acts in the same old way.

Since there is no physical outlet for these tensions, they find expression in various physical upsets. Dr. Andresen noted.

A gravy boat does a better job of pouring hot jelly or jam into jars than a pitcher. The long spout fits almost any size jar and prevents spilling.

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