

# Feeding the Family

By ZOLA VINCENT  
Food Editor

## America's Favorite Dessert Gets Top Party Billing

It is Ice Cream Festival time for America's favorite dessert. In restaurants, ice cream combined with other desserts is the main attraction. It lends a festive air to the many affairs of June—the graduations, bride's showers, weddings, anniversaries, bon voyage parties, church socials and every other type of party, formal or informal.

Ice cream in varieties, flavor and color combinations beyond enumerating await your choosing, packaged and ready in frozen foods area of your favorite market and also ready for hand packing at your favorite ice cream store.

The half gallon carton is far away the most popular with many manufacturers putting that good cold stuff also in gallons.

Ice cream and cake, cookies or petit fours? Cake a la mode? Popular Toppings

Ice cream topping suggestions include chocolate, syrup, caramel, maple syrup, honey, frozen, canned or fresh fruit in season—nuts, chopped, whole and toasted—coconut, shaved semi-sweet or sweet chocolate. Or top it with any favored berry or other preserves or with cake, cookie or macaroni crumbs.

**Tempting Coolers**

**Cola Cooler.** For each serving, fill glass two-thirds full with a cola drink and top with scoop of vanilla ice cream. Do not stir.

**Strawberry Punch.** Hull and sieve two cups of strawberries, reserving a few for garnish; stir in one-third cup sugar; chill. Add two cups milk and one-half pint strawberry ice cream; stir until ice cream is partially melted. Pour into glasses. Garnish with whole strawberries. Four servings.

**Honolulu Punch.** For each serving, combine two-thirds cup chilled pineapple juice and one generous scoop of vanilla ice cream; beat to a froth with rotary beater.

**Refreshing Buttermilk Is National Favorite**

For ages past, cooling, thirst-quenching, health-building buttermilk has been a favorite drink of peoples throughout the world. Americans have long valued its superior qualities as a beverage and as an ingredient that gives tenderness and taste appeal to pancakes, waffles, biscuits and many other baked items.

Most of that good buttermilk is enjoyed "as is" but it also can play a leading role in blending with certain fruit flavors. For instance: Buttermilk, orange juice and a mere trace of sugar makes a delicious drink.

Add a combination of orange and grapefruit juice to buttermilk.

Buttermilk in combination with applesauce is a delightful surprise.

A frosty tomato-buttermilk soup is achieved by combining equal amounts of condensed tomato soup and buttermilk with a dash of Tabasco sauce of Worcestershire.

**Strawberry Whip**

For a distinctive strawberry gelatin whip, add a fillip of buttermilk, like this: Dissolve one package strawberry flavored gelatin in one cup boiling water. Chill until it is almost set. Beat with rotary beater until light and foamy. Add one cup buttermilk gradually, beating after each addition until well blended. Pour into four to six individual moulds; chill until set. Unmold and serve topped with whipped cream.

**Whip Cream Topping**

What's new among whipped creams? Whip cream topping, dear to ice cream parlors, first appeared in sufficient quantity for counting back in 1952; attained peak of popularity in 1955; dropped and is now steadily climbing upward as pressurized containers attract consumers. More than 621,000 gallons of whip cream topping was manufactured in our coastal states last year.

**Spotlight Beams On Dairy Products**

Dairying is very big business in our state. Our landscape is dotted with dairy farms and milk-processing plants. Our markets offer an abundance of milk in all its forms, each packed with nutrients essential to buoyant health and energy. Milk in all its forms is an outstanding food value.

Every member of the family needs milk every day. Nu-

tritionists are emphatic that children need a quart of milk a day to meet energy demands of work and play. The half gallon size is the better buy.

There's cream, half and half coffee cream, whipping cream, dairy sour cream and ice cream for further glamorizing the abundance of strawberries and other fresh berries and fruits as they come into market.

June finds ice cream specials all over the place for satisfying the demand for America's most popular dessert and as refreshment for June festivities of all kinds.

**Beef Bonanza Continues.** Versatile beef of top quality. Now's the time to restock the freezer as well as to serve this favorite frequently.

Treat the family to savory barbecued beef, steaks, roasts. Plan a really big post roast for enjoying hot one meal, cold another with a horseradish sauce. Pot roast makes good sandwiches, too.

**Other Meats.** Pork, both fresh and smoked, is featured in many markets and there are lamb specials for the looking. Turkeys and broilers-fryers continue at bargain prices. Season of excitement in fresh

**Fresh Produce.** Now is the produce departments. There's an increasing abundance of sweet corn, celery, green beans. Bunched vegetables, beet, carrots, chard, collards, mustard, radishes, spinach, green onions and watercress beckon. Cabbage cauliflower, cucumbers, eggplant, onions, peppers, potatoes, squash variety, tomatoes, both large and small make meal planning easy. Lettuce and romaine were never greener, crisper nor more inviting for daily salads.

**Fruit Displays.** There are handsome luscious strawberries for eating now, for jamming, freezing or home preserving in other favored ways. Enjoy summer varieties of avocados. Sweet cherries and early peaches will be showing up increasingly along with golden cantaloupes. Papayas and pineapples are tropical treats.

## DEBBIE LOSES BABY

Burbank, Calif.—Mrs. Actress Debbie Reynolds and shoe magnate Harry Karl lost their expected baby Friday in St. Joseph's hospital. The child was to have been born in August. Doctors described Miss Reynolds' condition as good.

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# The Family Council

Editor's note: The Family Council consists of a judge, psychiatrist, three clergymen, three editors and a women's editor. Each article is a summary of a family disagreement presented to the Council. The Council deals with problems, major and minor, etc., entered by guidance counselors and social workers. Edited by Mrs. Alma Denay. (Copyright by General Features Corp.)

**Mrs. J. O.**—They're so hard on those kids, it breaks my heart.

**Neil O.**—They won't be as mixed up as we were, that's for sure!

**Mrs. J. O.**—Just because they themselves were brought up in a relaxed easygoing way, my son and daughter-in-law decided to be very strict with their own children, three pre-school-age boys. We used to go with Neil, but he just smacks his sons for any little misbehavior.

**Neil O.**—Does my mother notice that we hug and kiss and play with our kids a great deal, too? And we make it a point to praise them and give them little rewards constantly so that they know the difference between right and wrong. My wife and I remember being confused and worried by too much talk when we were children.

**The Council:** This old debate fits right into a new book on our desk and we'll share it pronto. It's by a practicing psychologist, Dr. Peter G. Cranford, and the title is, "Disciplining Your Child: The Practical Way." Down with permissiveness, says he. There are only two ways for a child to learn safe and wise behavior, since he's too young for reasoning: One is "natural" consequences; the other is imposed consequences.

tional or physical. Dr. C. is all for the latter as the more humane and effective. From toddler-age on he'd go along with Mr. O., with these specific tips: Punish with only one slap, reward with one trivial item (always on hand, like a stick of gum or a trinket), and let no time elapse between the act and the "judgment." By age 13, self-discipline is easy.

Do we agree? Only with the goal of giving small children firm direction to prepare them as social creatures. The actual technique sounds stiff. What happens when there is one in charge? How to be sure right is "right"? Will initiative be squelched? True love for one's child is the best guide, preventing both haphazard indulgence and brutal subjugation.

## Well-Child Clinic Set in Prospect

Prospect—Children from 6 months to six years are eligible to attend a well-child clinic June 12 from 10 a.m. to 3 p.m. in the Prospect Community hall.

Immunization will be offered. The clinic is held mainly for children not under regular health supervision by a physician.

Dr. A. Erin Merkel, public health physician, will be the examining doctor. Appointments can be made by calling Mrs. Lewis Lowe at 560-2089.

## Efficiency Expert



9145  
SIZES  
S-10-12  
M-14-16  
L-18-20  
by Marian Martin

Breeze through chores in this clever coverall that has stay-put shoulder straps, pockets concealed in side seams. Sew one, two, three.

Printed Pattern 9145: Misses' Sizes Small (10, 12); Medium (14, 16); Large (18, 20); Medium 2 1/2 yards 35-inch.

THIRTY-FIVE CENTS in coins for this pattern—add 15 cents for each pattern for first-class mailing and special handling. Send to Marian Martin, Medford Mail Tribune, Medford Mail Tribune, Pattern Dept., 232 West 18th St., New York 11, N.Y. Print plainly NAME, ADDRESS, DRESS with SIZE and STYLE NUMBER.

FREE OFFER: Coupon in Summer Pattern Catalog for one pattern free—anyone you choose from 300 design ideas. Send 50c now for Catalog.

## All-Year Flowers



7446  
by Alice Brooks

Pansies, roses, tulips to enjoy all year—they're mainly easy outline stitch.

Let flowers bloom on linens, blouses—choose deep colors for silhouette effect. Pattern 7446: transfer sixteen 3 1/2 x 4 1/4-inch motifs.

THIRTY-FIVE CENTS (coins) for this pattern—add 15 cents for each pattern for first-class mailing and special handling. Send to Alice Brooks, Medford Mail Tribune, Needlecraft Dept., P. O. Box 163, Old Chelsea Station, New York 11, N.Y. Print plainly NAME, ADDRESS, PATTERN NUMBER.

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## Science, Math Set For First Graders

Portland—The traditional "Three R's" will get a space age boost this fall when Portland five and six year olds begin learning arithmetic, algebra and perform simple scientific experiments.

The five-year experimental program to teach kindergarten and first grade children the foundations of science and mathematics, is a nationwide effort being supported by the National Science Foundation through the University of Minnesota.

Portland State college is one of 19 institutions, and the only one on the west coast, participating in the Minnesota Mathematics and Science Teaching Project.

The project also involves upgrading teaching materials, subject matter and methods of training teachers, according to Dr. J. Richard Byrne, chairman of the steering committee.

An experimental class is planned this fall for elementary education majors at PSC. Simple scientific experiments and mathematics problems will be taught to selected classes of children from Portland public schools.

## Court Records

Metty Norene French, improper lane usage, \$10.  
Jean Andrew Mills, disobeyed traffic signal, \$10.  
Charles Truman Gault, failure to yield right of way, \$15.  
Johnnie Carl Shute, shooting on public highway, \$200.  
Robert Martin Barnett, violation of basic rule, \$10.  
Elbert Eugene Qualls, no muffler, \$5.  
John Kenneth Ness, no vehicle license, \$5.  
Lloyd Stephen Brers, failure to stop, \$7.50.  
Raymond Christopher Lomas, failure to drive on right side of highway, \$5.  
William Mathew Tharp, obstructed vision, \$3.  
Lewis Roses Rutherford, no vehicle license, \$5.  
Jack W. Baker, overload, \$150.  
Phyllis Ann Woods, violation of basic rule, \$15.  
Olive Ruben Hodges, overload, \$15.  
Christian Frank Wieskamp, improper left turn, \$5.  
Wilson Elbert Majors, overload, \$33.  
Curtis Howard Lockwood, violation of basic rule, \$10.  
Fred Norris, failure to stop, \$5.  
William Butler Henderson, failure to stop, \$5.

Kenneth Maurice Thurston, obstructed vision, \$10.  
Duane Lester Childs, violation of basic rule, \$25.  
Clarence Alan Starkey, violation of basic rule, \$25.  
Gordon Thomas Pathman, violation of basic rule, \$10.  
Thomas Ivan Hobbs, violation of basic rule, \$10.  
Walter Michael Luden, violation of basic rule, \$10.  
Charles Bryson LaCrosse, violation of basic rule, \$15.  
Violet Elizabeth Malaby, violation of basic rule, \$25.  
Donald Edward Jenkins, violation of basic rule, \$10.  
Fred Jonathan Warren, violation of basic rule, \$10.  
Sally Marie Taft, no vehicle license, \$5.  
Randall Lovejoy, failure to display current license tag, \$25.  
Ray Carroll Brooks, no rear view mirror, \$10.  
Anthony Rodrigues Garcia, no chauffeur's license, \$5.  
Mark Elijah Miller, no vehicle license, \$5.  
James William Miller, disobeyed stop sign, \$15.

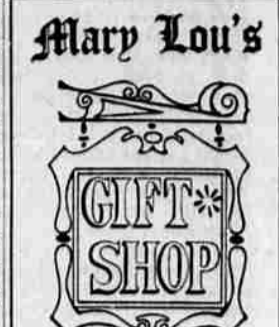
**DISTRICT COURT**  
Oris Miller Gupton, Talent, driving while under the influence of intoxicating liquor, \$500.  
Herbert Owen Hunt, obstructed vision, \$10.  
Robert Donald Fraser, truck speeding, \$10.  
James Raymond Rice, no vehicle license, \$5.  
Lloyd Stephen Brers, insufficient roadway clearance, \$5.  
Charles Truman Gault, failure to yield right of way, \$15.  
Johnnie Carl Shute, shooting on public highway, \$200.  
Robert Martin Barnett, violation of basic rule, \$10.  
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John Kenneth Ness, no vehicle license, \$5.  
Lloyd Stephen Brers, failure to stop, \$7.50.  
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**CIRCUIT COURT**  
Betty Mae Mealey vs. Robert D. Mealey, divorce complaint.  
Bonita LaRouge Haas vs. James Dale Haas, divorce complaint.  
Elyse E. Bates vs. Alonzo L. Bates, divorce complaint.  
Barbara Pasichnyk vs. Walter G. Pasichnyk, divorce complaint.  
Glenda Newton vs. William L. Newton, divorce complaint.  
Betty Jean Robertson vs. Joe Everett Robertson, divorce decree.

**MARRIAGE LICENSE APPLICATIONS**  
Jack Wesley Wilson Jr., Glendale, Ore., and Sally Jean Buchanan, Astoria, Ore.  
Jerry Charles McConnell, Fleet Weather Central, Naval Air Station, Alameda, Calif., and Wilma Kay Tibbets, 527 Mayfair ave., San Francisco, Calif.

## AGAINST TATTOOS

Barrow, England—(UPI)—Schoolmasters have asked the government to make it illegal to tattoo a child under 16 without parental consent. H. Cunliffe, headmaster of Rise-dale secondary school, said Thursday he was shocked to find seven boys in a physical training class had tattoos, including one with "a naked woman along his forearm."



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