

KIMMY SAYS—

Editor's note: This column is written by a Medford teen ager who has chosen the nom de plume of "Kimmy." Other teen agers in the area—and, who knows, perhaps even parents baffled at their offspring's behavior—are invited to write to "Kimmy," in care of the Mail Tribune, for suggestions or advice on manners, dress, behavior and similar subjects.

Dear Kimmy: What is the proper thing to wear on your first date?

Sue: Dear Kimmy: The first and most important thing to think about is "Where are you going?" Your first date will probably be to a show, a group party, or possibly a sports event. If you are going to the show, a simple school dress, sweater and skirt ensemble or a blouse and skirt would be most appropriate. A party, unless it's a special occasion and the invitation says "formal," would just require one of the above items just mentioned. Remember! You are not to be like Cinderella EVERY time you go out. As for a sports event, it depends on the weather and whether or not you want to participate or simply watch. Wear something simple and something that looks good on you. Have fun, Kim.

only young once. Hold on to it for as long as you can. Starting right now are going to be one of the most fun phases of your life. Always remember this: A natural looking face is the prettiest. I agree, you may need a little make-up on your face, but don't overdo it. Look natural, Kim.



Small Worlds Around Us
By Lynn W. Watkins
Register & Tribune Syndicate, 1963

Each Creature Must Hurry, For There's So Little Time

The cruising hawk took one final turn over the meadow before heading for home; he wanted to be there before dark. As fierce as he is supposed to be, he knows better than to be abroad at night. To save some precious time the bird, like the passengers in the man-made plane that often violates the hawk's solitude, flies crosswise, straight as the crow is supposed to fly, toward an unseen destination. Beneath the smooth working wings of the homeward-bound hawk, and the far-flying airplane, the night air of the field and forest begin their nightly activities. Each in its own way must hurry; each must budget its time, for the night, like the previous day, will not last forever.

In order to face the next day with a full and satisfied stomach, each has to hurry in the way of its kind; each must conserve what time there is. Time will drag heavily for the day creatures while they wait on the night; each will be ready and anxious to take up tomorrow what had not been accomplished yesterday.

Waits for the Day

The butterfly, whose time is limited terribly, hangs suspended under the branch of a tree, waiting out the same night that hurried the day-hunting hawk for home. The flimsy insect may fly again in the sun, but soon it must lay its eggs. Then a pitifully little interval of time will elapse before the caterpillar is hatched and air-born. No longer will it be able to sustain itself in flight. On the hostile earth it will beat out its life, and there on the ground the ants will be waiting to devour its lifeless body.

The ants will be in a hurry too. Hit by tiny bit they must separate the soft parts of the butterfly's body from the hard parts, carry the flesh to the same nest where ants, still unborn, will eat and be nourished by it. To the ants, time is important. In fact, to them, as to all the rest of creation, it "is of the essence."

Owl is impatient

The great horned owl opens its yellow eyes about the time the hawk arrives at its sleeping perch. And the butterfly ascends itself from the tree limb. Hours without food have whittled the big bird's appetite to a keen edge. He is impatient with the way the time has dragged. He knows that with the night the mice, rabbits and other little things will be "up and stirring." All the members of the night shift will be out, at the same time as the owl.

The flying squirrel peeks out of the hollow in the old tree stump, it is time to feed and glide from tree to tree. He, like all the rest, will have to hurry. Time, that elusive method of measuring the passing of the days and hours, catches up and passes the little creatures. All must hurry while there is time, for most are destined to enjoy it for but a little while. None of them, like the rest of us in this living world, can measure what there is left of the night or the day.

The bird, homeward bound, does not know what he will find when he gets there, or if he will live to spend another tomorrow. The cruising hawk on its way to its favorite sleeping tree, or the man in the high-flying plane, or the living, moving creatures below, all hurry.

For to all of them, as to us, there is so little time.

Dear Kimmy: I am 13 and my mother won't let me wear eye shadow to school. Is it right or do you think it is all right to wear it?

Confused: Dear Kimmy: What do you think school is a day time nightclub? No! I agree with your mother all the way. Probably the reason you want to wear it and think it is all right is because "all the other girls are wearing it" and you want to wear it. You are like all the others and not being a "square" is a hard thing to do. You will not be a square. Have you ever heard some other kids talk about it and how cheap it looks? Boys don't like it either. Don't try to grow up so fast. You are still a child.

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Feeding the Family

By ZOLA VINCENT
Food Editor

Luscious Strawberries, Cream Are Flavor-Mais De Lune

Now is the season of rejoicing in ruby-red strawberries which are pouring into local markets at their peak of perfection. Many devotees say that this is nature's finest creation. Strawberries have been cultivated only since the 18th century when Charles V grew them in the Royal Gardens at the Louvre.

Today the strawberries of California are world-renowned for availability the year-round. They are at harvest peak, however, throughout May and June; available in good supply throughout July. The Pacific Northwest also grows a notable strawberry crop, their season's peak being a bit later.

Unlike many of our seasonal coast crops, strawberries have no season of being recognized as "bargains." They are in such demand for freezing and for preserving in other ways, both commercially and at home, that their cost is not noticeably variable unless you carefully watch store ads or displays in hopes of catching an occasional big special.

Strawberries and Cream

Because of the special affinity of sugared fresh strawberries for cream, there is little doubt that most of them will be eaten in that manner by the general public. A pitcher of cream, or half-and-half—or a bowl heaped with whipped cream or dairy sour cream are considered perfection at mealtime or any other time.

Strawberry shortcake is favored by millions and here again, cream usually whipped, plays a major role in this desert production of choice.

Other suggestions include, just by way of reminder, strawberries on ice cream, in sauces and syrups, in pies and tarts, jams, jellies, custards, strawberries on ice cream, in cream, and on salads. A novel way is to serve them in the French manner, in white wine and sugar.

Strawberry Charlotte

Here is our Charlotte Russe as pictured you may use either fresh or frozen strawberries, thereby making this a year-round specialty. As elegant a dessert as your admiring family and friends are likely to see. It is very easily achieved with a strawberry gelatin base. Six generous servings.

1 package strawberry plus 2/3 cup sugar* or 2 packages (10-ounce each) frozen sliced strawberries, thawed
8 ladyfingers split
Water
2 packages (3-ounce each) strawberry gelatin
2 cups heavy cream
1/2 cup flaked coconut
2 teaspoons drained orange peel
1/2 teaspoon almond extract
*If fresh strawberries are used, the sugar and water sugar for one-half hour or so.

Arrange ladyfingers around sides of eight-inch spring-form pan. Drain strawberries; reserve syrup. Add enough water to strawberry syrup to make it's cup liquid. Stir and boil. Add gelatin and stir until gelatin is dissolved. Drain strawberries and discard liquid. Beat cream; gradually beat in gelatin mixture. Fold in strawberries and remaining ingredients. Turn into spring-form pan. Chill until firm. Unmold. Garnish with additional strawberries and 1/2 whipped cream, as desired.

Strawberry Smoothie

For two super "shakes," whip one cup chilled milk, one-half pint vanilla ice cream, one cup fresh or frozen strawberries and one-fourth cup honey in a chilled blender or other mixer. Shake until a beautiful pink color filled with fresh fruit flavor and loads of good nutrition.

Strawberry Lime Dessert Refreshing

This simplest of all molded desserts uses only lime gelatin, strawberries and sweetened whipped cream for eight delicious servings. 21. The possibility of 23. 24. 25. 26. 27. 28. 29. 30. 31. 32. 33. 34. 35. 36. 37. 38. 39. 40. 41. 42. 43. 44. 45. 46. 47. 48. 49. 50. 51. 52. 53. 54. 55. 56. 57. 58. 59. 60. 61. 62. 63. 64. 65. 66. 67. 68. 69. 70. 71. 72. 73. 74. 75. 76. 77. 78. 79. 80. 81. 82. 83. 84. 85. 86. 87. 88. 89. 90. 91. 92. 93. 94. 95. 96. 97. 98. 99. 100.

Family Council

Editor's note: The Family Council consists of a judge, a physician, a woman's editor, and two other members. It is a summary of an actual case history. The council has been dealt with by responsible agencies. (Copyright 1962, General Foods Corp.)

Jenny P.—The only place I can be sure to hear a kind word is in a bar.

Lorraine G.—That won't change her husband or rescue her marriage.

Jenny P.—I've been married 22 years to a man who acts as though I'm not around. I'm not a pretty woman, but my heart cries for love; kindness and understanding from my husband. He works in a bar and arranges his hours so we rarely meet, because I'm at a factory bench during the day. Home is a cold place, we're just strangers. I'm ready to try the bars just for a smile.

Lorraine G.—The trouble with my sister is that she's a jellyfish, never standing up for her rights. Louis married her, pretty or not, but she thought he did her such a big favor that he didn't have to take her out or be attentive like other husbands. So he quickly returned to his bar-room friends and got used to treating Jenny like a chambermaid... just someone to use. She should leave him flat.

The Council: This is one of those marriages which discontinue the possibility of a "living arrangement." But, being optimists, we won't subscribe to Lorraine's advice to end the union. Instead we bombard Jenny with questions and new angles: Since you permitted this wooden relationship for over twenty years without raising the roof, isn't it possible that Louis concludes you're content? A wife is often treated, if not as she deserves, then at least as she permits. Since you love him, your homework is to discover whether he really loves his wife and seeing indifference he has any real feeling for you. To do this you'll need the support and encouragement of your pastor, doctor, or a marriage counselor to get Louis' attention to (1) the harmful effect to your health of his virtual desertion; (2) the possibility of your leaving him; and (3) the importance of a few kind words at home daily. These are food and drink for the married. Only the rootless must seek them at bars.