

Social Events ♦ Women's News

PTA Holds Installation

Montague - Ward Foster was installed president of the Montague Parent Teachers association in a candlelight ceremony, held recently. A past district president, Mr. Karl Olovson, McCloud was installing officer.

Other officers seated were Mrs. Gene Breceda, first vice president; Mrs. Robert Lightle, second vice president; Mrs. Albert Clement, Secretary - treasurer; Mrs. Ward Foster, historian; and Joe Burch, Jr., auditor.

During the business session conducted by the retiring president, William Frost, reports were heard from Mr. Foster and Don Gordon, pertaining to the purchase of baseball back stops, which are being bought from funds sent from the Montague Rotary club and the PTA unit. Gene Breceda, president of the Shasta Valley Community club was given a check for close to \$800, the club's share of the proceeds from the annual spring show held early in March. The annual production has been jointly sponsored by the PTA and the community club for the past three years.

Lester Newton, Montague school superintendent announced that the anticipated enrollment for next term is close to 300 pupils and that the calendar will be the same as that of Yreka High school, with the reopening to be on September 3. There will be a three day vacation the week end of October 7 for Teacher's institute, which will be held in Weed, and a two-week vacation at Christmas. Graduation this year will be at 7:30 p.m., Tuesday, May 28 in the multi-purpose room of the Montague school.

Entertainment for the evening was a group of dances, presented by Mrs. Alice See, who conducts the classes in Montague. Mrs. Clement and daughters, Caroline and Christine, sang.

The first grade won the room prize for the evening. Refreshments were served by the executive board and the room mothers of the first grade.

Bakers' cheese is a skim-milk cheese very much like cottage cheese but softer and finer-grained. The curd may be salted with about one percent of salt or it may be left unsalted.

Touch of Egghead Aids Reading Food Labels

By WILLIAM T. PLUNKETT
New York-TM-Food shopping housewives who did some homework in high school and college chemistry find the knowledge gained a handy assist today in managing the family fare and food funds.

"Monosodium glutamate," "diglycerides," and other food chemical terms, printed on the labels in the grocery, bakery and meat sections, are easy reading for knowledgeable shoppers going through supermarkets.

"Glutamate," the food enhancer, is a big item. Food packers use an estimated 30 million pounds a year.

Other tongue-twisters frequently met include: monoglycerides, humectants, calcium propionate, lecithin, sorbic acid, nitrates and antioxidants, all merged into the one term of "additives," which play an important role in the nation's food supply.

Prevent Spoilage
They act to prevent spoilage and boost the keeping quality, flavor, color, texture, cooking quality and nutritional value of food.

The alert shopper looks for assurance that the "additives" are safe. If the shopper is NOT familiar with food chemistry terms, this assurance is guaranteed from one source—regulations in the U.S. Food, Drug and Cosmetic act.

By law, chemicals must be printed on labels by the common, or usual name. The term salt, for instance is used on labels rather than the chemical term—sodium chloride. Salt has been added to food perhaps longer than any other chemical. Salt was used by ancient men to preserve the flavor of meat.

Chemical terms, difficult to pronounce, are used where no common or usual name exists for many additives.

"Monosodium glutamate" is a chemical used in certain foods to bring out the flavor, particularly in combination

prepared foods—chicken pie, for instance.

Mold Inhibitor
Calcium propionate is a mold inhibitor used for bread. Anti-oxidants prevent rancidity in fats. Sorbic acid retards the growth of surface bacteria in cheese.

Emulsifiers, such as monoglycerides, diglycerides and lecithin increase the "surface activity" of fats by breaking the fat into tiny droplets so that it creams easily and mixes with water.

Nitrates and nitrites are curing agents for meats that help retain a typical red color in cured meats. Coloring agents are used for such products as frozen desserts, gelatin puddings, marachino cherries and kindred products.

Humectants are used to prevent drying of shredded coconut. Firming agents are used for crispness in pickles.

Consumer protection against harmful additives is guaranteed in the Food, Drug and Cosmetic act, with amendments of 1958 and 1961, reports Ruth Hodgson, marketing economist, with the New York state extension service.

Program Closes Sewing Classes

Hornbrook - To conclude two terms of sewing instruction under the adult education program of the College of the Siskiyou, Weed, Calif., several members of the classes from Hornbrook and Hill recently held a joint meeting in the Hill schoolhouse.

Modeling articles of clothing they had made in the classes were Mrs. Frank Cardoza, Mrs. Lawrence Breceda, Mrs. Edward Smith and Mrs. Ardon Burns, Hornbrook, and Mrs. M. F. Cavin, Mrs. Kenneth Brower, Mrs. Italo Marin and Mrs. Remo Trinea, Hill.

Mrs. Gene Breceda, Montague, also modeled, wearing a yellow wool suit made for her by her husband's mother, Mrs. Lawrence Breceda.

Mrs. Edith Foster, Yreka, teacher of the sewing classes, was in charge of the program and presented a series of colored slides relative to sewing. Refreshments were served.



Mrs. Gene Breceda, Montague, Calif., (left) and Mrs. Frank Cardoza, Hornbrook, were among the women who modeled clothing at a recent program given at the Hill schoolhouse to mark the end of adult sewing classes given under the adult education program of the College of the Siskiyou, Weed. The women had made the clothing they wore.

Dedication Announced

Central Point - A cemetery plaque provided by William H. Harrison Women's Relief corps, will be dedicated at the Central Point IOOF cemetery Memorial day at 10 a.m. The ceremony will be conducted by Chaplain Ira D. Canfield of the Medford Veterans of Foreign Wars post.

The plaque is designed as a memorial to the soldier dead of all wars. Women of the corps will conduct a short memorial service as well.

Reports on the plaque and dedication ceremonies were made at the last meeting of the corps, held at the home of Mrs. Wallace McDowell. Luncheon was served. Mrs. Osa Pence was guest. Mrs. Frank Smith, corps president, conducted the meeting.

The charter was draped in memory of Mrs. Elizabeth Jack.

Color bearers of the corps suggest that members wear small American flags on June 14, Flag day.

Next meeting of the corps will be a cookout June 18 at the Veterans' Administration domiciliary, White City. The corps members will take cakes for dessert.

Security Club Meeting Slated; Honor Birthdays

Security Benefit club members will conduct a social meeting Wednesday, May 29, and no business session will be held, officers have announced. A potluck luncheon will be served at noon and women are to take salads, hot dishes and desserts.

Entertainment will be provided by the Arthur Murray School of Dance and dancing will be conducted from 2 to 4 p.m.

The group meets each Wednesday from 11 a.m. to 4 p.m. in the Pythian building with a noon luncheon. All interested persons are invited.

Honored during the birthday observance last Wednesday were Charles Miller, Mrs. Pearl Spackman, Mrs. Fred Corbin, Mrs. Nell Gibson, Mrs. Paula LeBaron and Conrad Lubec.

Memorial Plans Made By Group In Jacksonville

Jacksonville - Memorial day ceremonies were planned by members of the auxiliary to Centennial Post 100 of the American Legion during their meeting May 24 in the Jacksonville Community hall.

Installation plans also were made and reports were given on Poppy day sales.

Members of the auxiliary and the post met May 26 in the Jacksonville cemetery for a workday.

New members at the Friday meeting were Mrs. Rose Dillon and Mrs. Leatha Cantrall, both of Medford, and Mrs. Herbert Coffman, Central Point.

Camp Fire Girls Receive Pins

Pahidaka Junior Hi group completed requirements for group torch bearer rank and received certificates at a grand council fire May 22. Receiving their individual torch bearer pins were Linda Luman, sports; Tina Boe, conservation; Joy Huntmann, nature lore; Joy Huntman, scribe.

Tenuya Group
Tenuya group completed requirements for trailseeker's rank and 14 girls received certificates May 22. Other activities of the year included two ceremonials, a nature trail hike in Lithia park and making Easter favors for Rogue Valley hospital.

Lynn Roethler, scribe.

Auxiliary Elects At Cave Junction

Cave Junction - Mrs. Vivian Deaton was elected president of the auxiliary to the American Legion post at a recent meeting of the group in the American Legion hall. Mrs. Lester Henry was elected first vice president; Mrs. Fred Salvage, second vice president; Mrs. Elwood Hussey, secretary; Mrs. Arthur Kellert, treasurer, and Mrs. Earl Sturgis, sergeant-at-arms. Mrs. Gilbert Clayton is the new chaplain.

Executive board members will be Mrs. Paul Peters, Mrs. R. T. Baldwin and Mrs. Hugh White. Refreshments were served by Mrs. Harper Mann and Mrs. Irene McCaslen. Legion members were guests.

Yogurt is fermented milk made by adding a bacterial culture to milk, usually partly skimmed. It is often enriched with nonfat dry milk, sometimes fruit is added. Yogurt is custard-like in consistency and acid in flavor. The calorie range for most of the yogurt sold in the United States is 120 to 160 calories for 8 ounces. The fine curd may permit yogurt to be digested more quickly than plain milk.

Cottage cheese (also known as Pot cheese, Dutch cheese, or Schmierkase) is the drained, washed, salted curd of skim milk. Creamed cottage cheese has enough pasteurized cream or a pasteurized mixture of cream with milk added so the milk fat is not less than four percent. Dry cottage cheese is the drained curd without added cream.

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Pretty Carolyn Jo Porter was the youngest of the hostesses who assisted at the annual tea which the Jackson County unit, Oregon Federation of Women's Republican clubs, gave last Monday afternoon at Topside, home of Mr. and Mrs. Alfred S. V. Carpenter. Miss Porter, daughter of Mr. and Mrs. Norris K. Porter, Old Stage road, took charge of the guest book. This proved something of a chore since about 125 guests attended the event. (Knackstedt photo)



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To Meet

Howard Garden club members plan to tour a Japanese garden Tuesday, May 28 at 10:30 a.m. The tour will be followed by a dessert luncheon at 1 p.m., and a business meeting. Mrs. John Crocker, Coker Butte road will be hostess for the luncheon and meeting.

Calendar

Calendar notices and news for the society section of The Mail Tribune must be submitted in writing and deadlines for the Sunday edition is 1 p.m. Friday. Deadline for the weekly calendar is 9 a.m. of the day of publication and for week day news is 5 p.m. the day before publication.

6:30 p.m. - Neighbors of Woodcraft, Eagles hall.
7:45 p.m. - Medford Rose society, courthouse auditorium.

Tuesday:
10 a.m. - 2nd Ward Relief Society, Church of Jesus Christ of Latter-day Saints, at church, 648 South Ivy st.
10:30 a.m. - Talent Federated Women's club, Talent City hall.
10:30 a.m. - Women's association, First Presbyterian church, at church.
12 noon - Griffin Creek Home Extension unit, home of Mrs. Paul R. Doe, 203 South Barneburg rd.
12 noon - Kiwanian Dames, home of Mrs. Eugene Orr, Old Military rd.
12:30 p.m. - Pythian Sisters Past Chiefs' club, home of Mrs. Don Ross, 1371 Ross ave.
1 p.m. - Women's groups of First Christian church: 1, with Mrs. L. R. Perry, 856 Pennsylvania ave.; 2, Church home, 3675 Madrona lane; 3, with Mrs. Charles Craver, 722 West 14th st.; 4, Mrs. Art Hotho, 1116 Dakota ave.; and 5, Mrs. Jack Huston.
1 p.m. - Howard Garden club, home of Mrs. John Crocker, Coker Butte rd.
1 p.m. - Travel Study Club, Oregon Federation of Women's clubs, fireplace room at Girls Community club.

SINGER MEMORIAL DAY SALE!

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