



WORK SMARTER — NOT HARDER

By BERNICE STRAWN
Oregon State University

Working wives—have you considered these minutes slicers? Slash away dust catchers in your S (for sentiment) file and save cleaning. Use a bulletin board to remind others in the family how they can share responsibilities and work together. Replace worn clothing with the "no-iron" type whenever possible. Use range-to-table dishes such as casseroles, and appliances which do the cooking at the table.

Controversy over the flammability of Acrlan carpet has come to our attention. We

checked reliable sources and find there's been some misinformation on the subject.

Acrlan is slow burning and no more of a fire hazard than cotton or rayon. The Civil Aeronautics Authority which has rigid standards for materials used in planes, approved Acrlan carpet and found it to be two to three times less flammable than their standard requirements. Fire prevention organizations have stated there is no fire hazard from normal use of this carpet.

The National Fire Protection association lists the real potential fire hazards in the home as curtains, bed sheets, faulty wiring and heating systems, combustible materials near exposed fires, faulty chimneys and cooking equipment. No mention is made of carpets.

Is added coloring on oranges harmful if peelings are used in marmalade, candied peel? Virginia Weiser, OUS Extension nutrition specialist, says these are safe to eat. Producers are required to stamp "color added" on artificially colored fruit. The U.S. Food and Drug Administration keeps close tabs on these food additives. A few years ago, some colorings were banned and new ones substituted which have government approval.

Oily soil in nylon has always been hard to get out. Research home economists at Ohio State university have found one type of bleach helps do the job. It's safe for all fabrics. Chemically this is known as a mono-per sulfate type. You can't buy it by that name but our new OSU Extension Service bulletin, "Be a Better Buyer of Bleaches," will give you the trade names for each of the three types of bleaches and tells how to use them. Write me at Oregon State University for your free copy.

Piano Recital Held Yesterday

Piano pupils of Mrs. Olaf Olesen and Mrs. Frank Glonning were presented in a recital Sunday afternoon at the Girls Community club.

Pupils participating were Cindy Bennett, Lynn Chris, Gail Ingram, Kathy Kelsner, Allan and Gretchen Ousterhout, Lorinda Poindexter, Patty Ricken, Andrea Roberts, Karla Sanders, Jim Steele, Carolyn Steele, and Karen von Stein.

Darcy Poindexter was a guest and assisted her sister in a piano duet.

Barbara Glonning, a vocal student of Sister Miriam Joseph, St. Mary's school, sang two songs, "Little Sir Echo" and "Heigh Ho, What a Lovely Day!" accompanied by her mother, Mrs. Glonning.

The piano was furnished through the courtesy of the Lusk Piano house, Medford.

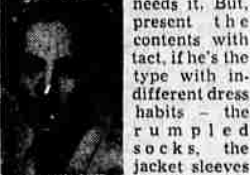


Several employees of Sacred Heart hospital received service pins during a tea given last week in observance of National Hospital week. Sister Theresa Louise is pictured here as Miss Phoebe Dorian pins a 15-year service badge on Mrs. Ann Brooks, RN. Miss Dorland also received a 15-year pin in recognition of her work as a hospital cook. Sisters of the staff were hostesses for the tea, which about 100 attended.

Executive Man's Dress Rated by Secretaries

By GAY PAULEY
UPI Women's Editor

New York - (UPI) - If there's a man in your life, read on. And clip this section if you decide he needs it. But, present the contents with tact, if he's the type with different dress habits - the rumpled socks, the jacket sleeves



Gay Pauley so long the coat looks like it isn't his, the shoes which haven't been shined since they came from the store.

A lot of people are paying attention these days not only to feminine chic, but also to the well-dressed man.

At the moment on this desk are the results of a rating of executive dress by Today's Secretary, a publication which questioned the girls Friday, plus a report from a clothing executive that wives frequently consider their husbands something less than Beau Brummels, and comment from a male fashion analyst on some of the rights and wrongs of men's wear.

Rate Well
The secretaries mostly rated their bosses as well turned out. Some wives thought their husbands awful dressers. To Perkins H. Bailey, the analyst and executive editor at Men's Wear, a trade publication, one of the worst style sins is the leg-show-hairy calf above the socks.

A questionnaire sent to secretaries brought 381 replies. To the question, "does your boss dress well?" 336, or 88.2 per cent said yes. Ten per cent said no, the rest said

or sometimes, and one secretary reported her boss looked like an unmade bed. A few brushed off the question of hair grooming with the cruel comment, "he hasn't any."

Just what are the characteristics of the well-dressed man? Bailey listed them as "natural, responsible, orderly, well-groomed."

"Not," he said, "the fashion plate or the all fashioned-up look."

Individuality Noted
He indicated individuality was one strong factor—if the man is sure of himself. He mentioned one wealthy man who breaks the rules on formal wear and wears red socks.

For the office, he suggested black, navy, gray or dark brown hosiery, but for outdoors, pattern and color are right.

"Shoes should always be shined," he said. "You'd be amazed at those that aren't."

"A too long jacket detracts from a man's height. It should just cover the seat."

"I hate to see a jacket sleeve end in nothing. There should be a little cuff showing—half an inch to an inch."

"A necktie should not destroy the personality of the wearer, but choice of tie depends on the color of the shirt, the color of the suit, the occasion, individual taste."

"Trouser length should break at the instep, not stack up on the feet."

The word honeymoon came from the term "honey mouth." In ancient Europe, the bride and bridegroom were required to drink mead—a kind of wine made from honey. The prescription: drink it for 30 days to assure fertility.

Mornay Sauce Flavor Secret For Fish Dish

An easily prepared and tasty manner in which to prepare a variety of fish is "Fish Fillets Mornay." The secret of the flavor is the mornay cheese sauce, named for the French leader, writer and statesman, Philippe de Mornay.

Cooking time is from 20 to 25 minutes in a 350 degree oven. This recipe will make six servings.

Fish Fillets Mornay

One and one-half pounds fish fillets, such as sole, pike, ocean perch and others; salt and pepper; six tablespoons butter; two tablespoons finely minced onion; six tablespoons flour; two cups milk; one-half cup shredded American cheese, or if preferred a more sharp variety.

Arrange fish in a well-buttered shallow baking dish in a single layer. Season with salt and pepper. Melt butter in a saucepan, add onion and cook and stir until transparent, not brown. Add flour and blend.

Add milk stirring constantly and cook until smooth and thickened. Add cheese and stir until melted. Season with salt to taste and spoon over fish.

Bake in 350 degree oven 20 to 25 minutes or until fish flakes easily with a fork. Sprinkle with minced parsley if desired, and serve at once.

Visit Father

Mr. and Mrs. Bren H. Starcher, 1870 Stage Road south, were in Blue River, Ore., yesterday to be with Mr. Starcher's father, Clarence Starcher, who observed his 92nd birthday anniversary May 17. Yesterday afternoon a group of friends honored Mr. Starcher at a picnic held at the home of Mr. and Mrs. Jack Kilgass, Nimrod, Ore.

Before painting the house, paint the top few inches of the ladder in the same color. Then when you lean the ladder against the painted siding, it won't leave marks.

Mistletoe Club Luncheon Slated

Mistletoe club of Royal Neighbors of America lodge plan a covered dish luncheon meeting Wednesday, May 22, at 12 noon in the Girls Community club.

The group recently was entertained at the home of Mr. and Mrs. Alvin Lehman, 2055 Sunset drive. Mrs. Lehman was assisted by Mrs. Thomas Mee.

Soap Under Nails Keeps Out Soil

New York - (UPI) - Attention, novice hayseeds - don't suffer garden nails.

Scrape your fingertips deeply into bar of soap to fill up the space between the nail and skin. Soil won't have a chance to mar your hands with an ugly brown nail line. The hardened soap washes out when you wash your hands.

Calendar

Calendar notices and news for the society section of The Mail Tribune must be submitted in writing and deadline for the Sunday edition is 1 p.m. Friday. Deadline for the weekly calendar is 9 a.m. of the day of publication and for week day news is 5 p.m. the day before publication.

Monday:

6:30 p.m. - Men of Unity, Unity church, Holly and Haven sts.

7:15 p.m. - Warren Assembly, International Order of Rainbow for Girls, Jacksonville Masonic hall.

7:30 p.m. - Parents Without Partners, upstairs room at Girl Scout Headquarters, 209 South Oakdale ave.

7:30 p.m. - Ruth Esther Wesleyan guild, First Methodist church, Wesley hall.

8 p.m. - Olive Rebekah lodge, IOOF hall.

8 p.m. - Medford High school orchestra concert, High school auditorium.

Tuesday:
9:30 a.m. - Westminster Presbyterian church circles: Ruth, with Mrs. Theodore Bars, 332 Windsor ave.; Elizabeth, with Mrs. Scott Davis, 1914 East Main st.; Martha, with Mrs. Lee Ellsworth, Rogue Valley Manor.

10:30 a.m. - Applegate Home Extension unit, home of Mrs. Norval Moore.

10:30 a.m. - Sams Valley Home Extension unit, home of Mrs. Donald Elder.

1 p.m. - Medford Ladies of Elks, Elks club lounge.

1 p.m. - Red Cross Community Service club, Red Cross center, Hawthorne ave.

1:30 p.m. - Christian Women's Fellowship, home of Mrs. Ernest Gleason, 2684 Crater Lake highway.

O'Brien Group Makes Crescent City Trip

O'Brien - Mr. and Mrs. Lester Archer and their granddaughter, Kathy Tissue, accompanied by Betty Millard, traveled last week to the beach at Crescent City, Calif., in observance of the granddaughter's birthday.

Her home is in Seattle, Wash., but she has been in Kerby with her grandparents since enrolling in the spring terms at school. When school closes she will return to Seattle.

Table Sale Used As Beauty Treatment Experts Declared

Chicago - (UPI) - The budget-minded homemaker can use salt for a number of beauty treatments, beauty experts report.

Begin your day by adding a brisk salt rub to your morning bath. Simply draw a warm bath, relax in it for five minutes until the pores are open, then massage with generous applications of dry table salt until your body tingles.

For a facial, mix salt and olive oil in equal portions and gently massage the face and throat with long upward strokes. The olive oil soothes while the salt removes impurities in the skin. Follow with a gentle face washing.

Puffy eyes due to tension or loss of sleep can be soothed by applying cotton pads, moistened in a solution of a pint of hot water and one tablespoon of salt.

Soak red, wrinkled hands for five minutes in a basin of warm water with three tablespoons of salt added. This whitens and smooths the hands. Follow with an application of hand lotion.

There's even a salty hint for aching feet. After the next shopping day, dissolve a handful of salt in a warm foot bath. Soak your feet and then massage gently with moistened salt. After the massage, rinse in cool water and dry.

These Values Are Too Good to Last!



Starts Today!

Buy Several at these Prices

SAVE \$1.96!

SALE Sarong BRAS!

• Criss-cross Strapless Bra	Reg. 5.95	NOW	\$3.99	You Save \$1.96
• New Sarong Criss-cross Bra, with Straps	Reg. 3.99	NOW	\$1.99	You Save \$2.00

With "stretch-ever," the Long-life elastic

Pick's APPAREL

112 EAST MAIN STREET
Next Door to Robinson Bros.

Need vacation money?

Get an HFC Traveloan

Wishing won't take you places... but an HFC Traveloan will! So take that vacation now. Borrow confidently—repay sensibly. Phone or come in.

Cash You Get	MONTHLY PAYMENT PLANS			
	24	30	36	48
\$100	\$5.90	\$6.72	\$10.05	\$18.46
200	11.81	13.44	20.09	36.92
300	17.71	20.16	30.14	55.38
500	29.85	32.97	49.64	91.66
1000	53.89	62.21	95.64	179.96
1500	77.87	90.38	140.57	266.36

This table shows sample loan plans. You can borrow any amount up to \$1,500 and arrange monthly payments to fit your need.

HOUSEHOLD FINANCE

Corporation of Medford

128 East Main St., 2nd Floor—Phone: 773-5301

Hours: Mon. thru Thur. 10 to 5:30—Fri. 10 to 7 P. M.

A great gift for the Graduate!

SALE

vacation special
nylon tricot pajama
by Seamprufe

3.99

regularly 6.00

A vacation bonus for travelers and for just plain smart shoppers! Seamprufe's famed "Globe Trotter" pajama in nylon tricot is specially priced once-a-year for this event. In Crystal Pink, Blue Mist or Pool Aqua. Sizes 32 to 38.

If Your CREDIT is GOOD
It's GOOD at PICK'S!