

### Mechanical Chopsticks Late Invention

Tokyo—A U.S. Air Force officer has invented what he hopes will be the biggest thing in Oriental cuisine since the fortune cookie: mechanical chopsticks.

They should be a boon to the Westerner who finds himself in an Oriental restaurant with neither the expertise to use chopsticks nor the nerve to ask for a knife and fork.

But Capt. George A. Dawes of Okmulgee, Okla., is thinking big. His invention, called "E-Z Chops," is aimed first at the tourist trade and then at the Japanese, 95 million potential customers.

And there's the rest of the Far East, too. "We are not anticipating a revolution in eating in Japan for another 15 years," Dawes told UPI.

"My Japanese friends are deft enough with regular chopsticks. But they've told me my invention would be excellent for small children. And we're coming out with a junior model.

"Imagine a child who has been started on mechanical chopsticks being told he is big enough to use the regular ones. He is going to say, 'No, thank you, I want my E-Z Chops.'"

**Has Patent**  
Dawes, material management officer at Fuchu U.S. Air Force base, has a Japanese patent for his invention and is applying for an American one.

He and his friends, American and Japanese, have formed a company to market E-Z Chops here and abroad. An initial order of 20,000 sets is in process of manufacture.

They will be distributed through a Tokyo department store and through wholesalers, mail order and restaurant supply houses in the United States and other countries outside Japan.

They will retail for about 35 cents in Japan and roughly half again as much elsewhere because of customs and shipping charges.

They work on something like the pincer principle—one of those obvious ideas nobody had thought of before.

**Steel Spring**  
The plastic chopsticks are connected at the handle end by a piece of spring steel. This keeps the tips separated when not in use but together when pressure is applied to pick up a bite of food.

to please any cat...



all tuna  
liver'n meat  
chicken  
fish  
meaty mix  
kidney'n meat

6 Dr. Ross CAT FOODS

### "Your grandchildren will grow up under Communism!"

—says NIKITA KHRUSHCHEV



Will the Soviet threat come true? Will your grandchildren live under Communism? Forget God? Salute the Soviet flag?

"Never!" you say. But are you sure? How can you oppose Communism? One sure way: Help Radio Free Europe. What does it do? It broadcasts the news of freedom to 79 million people behind the Iron Curtain. It helps keep them from turning to Communism. It poses a major obstacle to the Russians starting a war. But Radio Free Europe depends on individual Americans for its existence. Will you help? Give a dollar? Give 5 dollars . . . or more?

Give Now To: **RADIO FREE EUROPE**

The American People's Counter Voice to Communism

Use the envelope your newspaper boy leaves for a generous contribution to **RADIO FREE EUROPE**

MEDFORD MAIL TRIBUNE

### The Medical Roundup

by *Walter Alvarez*

Emeritus Consultant in Medicine  
Mayo Clinic  
Emeritus Professor of Medicine  
Mayo Clinic  
(Register and Tribune Syndicate, 1963)

#### Types of Muscular Dystrophy

Recently in a release from the A.M.A. experts, a report was given on the so-called muscular dystrophies, or diseases in which the muscles—often of a child—get weaker and weaker. A description was given of the research work done by Dr. Robert M. Dowben, a professor at the Northwestern University Medical School in Chicago.

Dr. Dowben thinks that muscular dystrophy is due to a change in the extremely thin walls of the muscle cells, which allows the all-important protein to escape faster than it can be rebuilt. A treatment was suggested, in which two drugs would work together, tending to slow the degenerative process of the muscular dystrophy.

There are four types of muscular dystrophy in which there is an increasing weakness and wasting of muscles. These diseases are not catching; they are chronic, and they tend to progress. Gradually, more and more muscles are affected, and the patient becomes less and less able to walk. It is estimated that more than 200,000 persons in the United States are today suffering from these diseases.

Fortunately, in recent years, chemical tests have been devised which enable a physician to make a diagnosis earlier than was formerly possible.

**Called Progressive**  
The first of the four types is called progressive muscular dystrophy. This makes its appearance in childhood, and it usually is boys who are affected. Women are rarely affected, but when they are carriers they can transmit the disease to their sons.

In recent years, chemical tests have been devised which enable a physician to make a diagnosis earlier than was formerly possible.

**Pain in the joints** probably is caused by some form of arthritis. If you want detailed information about ARTHRITIS AND RHEUMATISM, send 25 cents and a self-addressed, stamped envelope with your request for his booklet of that title to Dr. Walter C. Alvarez, Dept. MMT, Box 957, Des Moines 4, Iowa.

**Law Controversy Appears Settled**  
Yreka—The controversy over law enforcement in Siskiyou county now appears settled after the county board of supervisors Tuesday approved a compromise work schedule and pay raise plan for the sheriff's department.

The proposal puts sheriff's deputies on a 44-hour work week, gives them about a 10 per cent pay raise effective July 1, and provides deputies, jailers and the bailiff with an \$8 per month equipment allowance.

Board Chairman W. A. Barr and Supervisor William Ealy opposed the plan because it sets up a 44-hour week for deputies while other county employees work a 40-hour week.

Sheriff Al Cottar had complained that his men were working 50 to 55 hours a week while being paid for only 40. He asked for either a raise for his men, or more deputies to carry the increased work load.

The resident deputies at Happy Camp, Tulelake and Mt. Shasta, whom Cottar called into the main office a few weeks ago after he was denied his request, will now be returned to their posts, it was announced.

**Woolworth Building Observes 50th Year**  
New York—America's first skyscraper, the Woolworth building is celebrating its fiftieth anniversary.

The 60-story building, rising 792 feet and one inch above the street, "is so tall," people said in 1913, it gives you a crick in the neck to look up at it. Today it is considered one of the country's architectural classics with its gothic lines, flying buttresses, gargoyles, a lace-in-stone exterior, and three-story vaulted entrance arcade. The building is still headquarters of the F. W. Woolworth Co.

**Subscribers**  
To report improper or non-delivery of the Mail Tribune in Medford, phone 772-6141; Ashland call at 416 Bridge st., or phone 482-3002; Yreka, phone Victory 3-2800 before 6:45 p.m. daily and 10:20 a.m. Sunday. If regular delivery arrives shortly after you call please notify office, thus eliminating special messenger service.

### Builders Prepare For New Growth Expected by 2000

By JOHN H. MILLER

United Press International

Washington — Eighteen miles west of Washington, surveyors are driving stakes into the gently rolling countryside of Northern Virginia.

Twenty miles northeast of the capital, surveyors are driving stakes into the green farmlands of Maryland.

They are building cities. It's a response to America's population explosion. By the year 2000, the population of metropolitan Washington is expected to double. The builders are getting ready.

The Virginia community is called Reston. It will cover 10 square miles and 75,000 persons are expected to be living there by 1980.

The new town in Maryland is called Crofton. One-fifth the size of Reston, it is forecast 15,000 will call it home within five years.

**Reston Has Answer**  
Reston's developer is New York realtor Robert E. Simon Jr. "Reston," he explained, "is the possible solution to the twin dangers generated by America's enormous population increase—unsightly suburban sprawl and haphazard urban spread."

Crofton is being built by Crawford Homebuilders, Inc., of Washington. It is a subsidiary of the Crawford Corp. of Baton Rouge, La., which developed such residential areas as New Orleans' Gentilly Woods and Pontchartrain Park.

Planner Buford M. Hayden beams at the thought of Crofton.

"We hope to make this one of the best planned towns in the country," he said. "You can't do good planning on a small piece of ground. Crofton is large enough to let us do a balanced community."

**Large Enough**  
If Crofton is "large enough," Reston is enormous. It will spread itself across 6,800 acres as compared with Crofton's 1,600.

Simon "conservatively" estimates his new city's ultimate value at over \$500 million. Crofton, five times smaller, could be worth \$100 million.

Reston builders are halfway through construction of one of five golf courses and are getting ready to fill a 35-acre artificial lake and decide how the roads will wind through the trees.

Construction of 250 town houses, a lakeside village center and a 14-story apartment house will start in August. Houses will cost between \$20,000 and \$50,000 but there will be apartments within reach of average folks making \$5,000 a year.

Described as a "city-in-the-country," Reston one day will have 25 schools, including at least one college, and more than 30 churches.

Developer Simon predicts that Reston will be a bustling complex of homes, industry, commerce and recreation by 1965.

**DiSalle Is Boss**  
The new Virginia city will be run by former Ohio Gov. Michael V. DiSalle. He will be fulltime "president" and chief executive officer.

Reston is the first full-scale, largely self-contained city on the perimeter of a large U.S. metropolitan area. Although it will have seven village centers and one town center, twice the normal area will be set aside for parks and open spaces.

Reston is the result of worried planners. Last year, the National Capital Planning Commission agreed that the metropolitan Washington's population would indeed double by the year 2000. The answer, they said, was to build new communities on six major corridors radiating from the nation's capital. Reston is the first.

Crofton will be located in the Washington-Baltimore-Annapolis "triangle."

**Stress Recreation**  
As with Reston, the accent

**Celestial Marksman Helps Chart Heavens**  
Teterboro, N.J.—A "celestial marksman" with an accuracy Annie Oakley never dreamed of has been developed to help chart the heavens for space traffic of the future.

The device, called a Fine Sun Sensor, was built by Ecliptic-Pioneer division, Ecliptic-Pioneer division, to make it possible for spaceborne detecting and sensing equipment to be aimed "with unparalleled accuracy" at selected areas of the universe, said R. F. Charlisle, engineering manager of the division's aerospace navigation, guidance and control program.

Charlisle said the sensor's accuracy "is comparable to a rifleman's hitting a dime at a distance of two miles."

Antoine Sax invented the first saxophone, first shown in 1851 at the Crystal Palace exhibition in London.

Canadian farms, like their U.S. counterparts, are getting fewer, bigger and more efficient.

will be on open land and recreation. There will be an 18-hole championship golf course and swimming pools, tennis courts, bridge paths, playing fields and picnic areas.

All there is to Crofton now are those few stakes marking the golf course. But starting this summer, homes will begin springing from the rich Maryland land. Plans call for 2,000 single family homes and 1,000 garden apartments.

Houses in Crofton will cost between \$18,900 and \$35,000. The community is modeled after contemporary towns in England and Scandinavia—with a touch of Americana. It will boast a wooded vil-

lage green ringed by colonial community buildings and shops, a colonial inn and an outdoor "theater in the woods."

In time, there will be a 125-acre international housing research center, 112 acres for light industry and an office park.

Reston, says developer Simon, was based on two convictions.

"First," he said, "people should be able to do things they enjoy near where they live. Secondly, many Americans want the stability of belonging to one community for a lifetime. They are tired of rootlessness."

### Court Records

DISTRICT COURT

Connie Baker, Phoenix, driving while under the influence of intoxicating liquor, \$150.  
Edo Ed Sariolomet, stop sign violation, \$7.50.  
Le Roy W. Beddingfield, failure to stop, \$7.50.

Agustus Sherman, making false statement of residence on license application, \$15.  
Stanley Gene White, violation of basic rule, \$15.  
Clarence Francis Conrad, over-length load, \$5.

Dale Richard Chamberlain, excessive noise, \$5.  
Duane I. Hutchins, over-length load, \$5.  
Fred Sherman Jones, leaking load, \$5.

Gerald George Matvey, violation of basic rule, \$25.  
Ted Melvin Adams, 521 Boardman st., driving while under the influence of intoxicating liquor, \$300.

Charles Henry White, violation of basic rule \$25.  
Lucile Ida James, stop sign violation, \$7.50.

Edgar Jack Storey, violation of basic rule, \$25.

Walter Michael Shandrich, no turn signal device, \$10.  
Donald James Savage, no muffler, \$10.

Wilfred Henry Warren, no vehicle license, \$5.  
Samuel Alva Black, violation of basic rule, \$10.

Jim Dean Roberts, no operator's license, \$5.  
Leona Dolores Cusic, no vehicle license, \$5.

Robert Daniel Richardson, over-length load, \$10.  
Kenneth Bruce Cogans, improper changing of lanes, \$10.

Garland Neeley Lorton, driving with prohibited method, \$25.  
Donald Lewis Coltrane, failure to stop, \$5.

Axel Albert Peterson, excessive overloading load, \$10.

### Refrigerator Raids Aid to Cold-Storage

Washington—(UP)—Don't worry about frozen foods thawing while Junior raids the refrigerator. Opening the outer door of a conventional refrigerator actually lowers the temperature in the cold-storage area, say household equipment specialists in the U.S. department of agriculture.

The reason? A rise in temperature in the general-storage space activates the thermostat. And, because the evaporator coils "surround" the frozen food gets the benefit of the lowered temperature in these coils.

**BE SURE—BUY THE BEST ALWAYS AT THE QUALITY MARKET**  
LOCALLY OWNED AND OPERATED SINCE 1940

**"Sigman's" Fully Cooked HAMS** (Bone In) **49<sup>c</sup>** lb

**"NEBERGALL'S" BONELESS FULLY COOKED HAMS** **89<sup>c</sup>** lb <sup>1/2 or Whole</sup>

**LEG 'O LAMB** "CHOICE" Sweet and Tender Well Trimmed **79<sup>c</sup>** lb

**Fresh Ground Beef** OUR GROUND BEEF IS THE BEST — ASK ANYONE — **39<sup>c</sup>** lb **10<sup>c</sup>** Pound Pkg. **\$3<sup>75</sup>**

**FRESH SPRING CHINOOK SALMON** . . . . lb. **\$1<sup>39</sup>**  
Extra Fancy Large Salmon From the Pacific

**HAM LOAF** Delicious Economical Tool **59<sup>c</sup>** lb

**OUR OWN DELICIOUS PURE PORK SAUSAGE** **2 Lbs. 89<sup>c</sup>**

**BONELESS BEEF ROAST** "CHOICE" Aged BONELESS BEEF ROAST Tips Rumps **98<sup>c</sup>** lb

**BONELESS PORK LOIN ROAST** Fancy Eastern Pork No Waste **79<sup>c</sup>** lb

**SWIFT'S PREMIUM Fresh Fryers** **45<sup>c</sup>** lb Large for Frying or Roasting

**"SHEEPHERDER" SOUR DOUGH ROLLS** Pkg. of 12 **49<sup>c</sup>**

**CHIFFON FACIAL TISSUES** 4 BOXES OF 400 **98<sup>c</sup>**

**ZEE WAX PAPER** 3 Jumbo 400' Rolls **\$1**

**CHEER** Giant Box **69<sup>c</sup>**

**PARSONS AMMONIA** QUART **27<sup>c</sup>**

**FLEISHMANN'S MARGARINE** 2 Lbs. **79<sup>c</sup>**

**FISHER'S FANCY MIXED NUTS** King Size Tin **79<sup>c</sup>**

**CAMPBELL'S TOMATO SOUP** 10 TINS **98<sup>c</sup>**

**MAZOLA OIL** Quart **59<sup>c</sup>**

**SWIFFING SHORTENING** 3-lb. Tin **55<sup>c</sup>**

**COCA COLA** New Jumbo 16-oz. size Ctn. of 6 **49<sup>c</sup>** Plus Deposit

New Wonderfully Different "Nalley's" Creole

**Meat Balls** 2 15-Oz. Tins **79<sup>c</sup>**

Folger's Coffee 1-lb. Tin **49<sup>c</sup>** 2-lb. Tin **97<sup>c</sup>** 6-Oz. Instant **89<sup>c</sup>**

"DOXSEE" WHOLE **STEAMED CLAMS** (In the Shell) LARGE 24-OZ. TIN **49<sup>c</sup>**

NEW COOKIES from Nabisco  
★ Pecan Shortbread  
★ Date and Nut  
★ Chiparoons **2 89<sup>c</sup>**

**EXTRA FANCY—ALL GREEN Asparagus** 2 lbs. **39<sup>c</sup>**

LOCAL GROWN

**DARK RED LOCAL RHUBARB** 3 lbs. **29<sup>c</sup>**

**BRIGHT GREEN ZUCCHINI** 3 lbs. **39<sup>c</sup>**

**TENDER CRISP CARROTS** (Fresh Bunches) 3 Bunches **29<sup>c</sup>**

NEW CROP (SIZE 138) — CALIFORNIA VALENCIA **ORANGES** 2 DOZ **75<sup>c</sup>**

**free! DELIVERY** Phone 773-7444

ED MILNE'S QUALITY MARKET

222 West Main Street NEXT TO POWER COMPANY CLOSED SUNDAYS