

Mental Treatment Program Needs Are Aired by Doctor

Salem—The day that Oregonians say "we are willing that you spend the money on this—just spend it economically," then a comprehensive mental treatment program will sprout and grow in Oregon.

This is the prediction of Dr. Jack R. Ewalt, professor of psychiatry of Harvard medical school who addressed legislators and over 200 lay people at a recent dinner meeting here sponsored by the Mental Health Association of Oregon.

Dr. Ewalt's prediction is based on the phenomenal growth of mental treatment services in his home state, Massachusetts where he supervises the Mental Health center. In the past seven years mental treatment clinics have exploded from 7 to 28, hospital internes in mental health have jumped from 10 to 100, tuberculosis among hospital patients has been eradicated, a massive research program is underway, and mental treatment is available everywhere even in prisons, to those before probation boards, and entangled with the courts.

Describes Survey
"In this country, the reservoir of the untreated mentally ill is unfathomable," Mr. Ewalt admits. He described a person to person survey he supervised. Thousands were asked "Did you ever have so many troubles you felt you might have a nervous breakdown?" One in four answered "Yes." Of those answering "Yes" one in seven sought help.

"That's the trouble with the clinics," Ewalt confessed.

"You improve one patient and two more show up. So—you do not save money. The one you treat may cost you a thousand dollars to get him back on his feet and able to take care of himself. But, if you put him away in a mental hospital, he will cost you from \$15,000 to \$17,000 for every ten years he lives."

The public must get away from magical thinking warned Ewalt.

"It is normal for the two, three and four year olds. It is not becoming for adults."

When the public says it wants competent mental treatment, then it must be

educated, inculcated, and secured if good mental treatment is to be made available to all who need it in Oregon.

It is up to the people to pressure their legislators, their county and city fathers to provide the cash for the programs the people need.

"Create only those agencies you can adequately staff, and keep the programs at local level so that the mentally ill can be treated and improved in their own communities," he pleaded. Financial help may come

from federal level, Dr. Ewalt points out. President Kennedy's program would establish mental health centers for all kinds and ages of patients to get the treatment they need. It is proposed the federal government pay 75 per cent of the costs the first year; by the fifth year the clinics would be 100 per cent locally supported. Experience shows this is good business.

Dr. Ewalt recited that in 1948 the Federal government put up three million dollars for mental treatment, the states, one million. By 1963, the federal ante is between five and six million, the states

over 100 million. What can communities do now? Train teachers, ministers, lawyers, judges, policemen to detect the symptoms of mental illness. Set up local mental treatment clinics either as independent units or as departments in public health centers and local hospitals.

"You will get these clinics when you local mental health association, your local psychiatrists, psychologists health association, your local school people, labor leaders, management groups, clergy, lawyers, judges, make up their minds about what is needed and that they are

going to have it," Dr. Ewalt told an audience representing almost every section of the state.

Hutchinson, Kan. — Marian Walters, 11, last Saturday won a new bicycle from the Optimist Club in a bicycle safety week program. Tuesday, she fell off the bicycle and broke her right leg.



ACQUITTED—Newburgh City Manager Joseph McD. Mitchell, accused of taking a \$20,000 payoff for a real estate favor, peers into a New York court room to see if the jury is back. When the Supreme Court jury did return, it acquitted Mitchell, along with Lawrence Demasi Jr., of charges that they took a bribe from Stephen and Joseph Wahrhaftig of Monticello, N.Y., in return for changing Newburgh's zoning laws to allow construction of an apartment house. (UPI)

Reporter Weapon For News Truth

New York—UPI—The weapon that has always conquered government attempts to manage news is the competent reporter, backed all the way by publishers and editors, the American Newspaper Publishers Association was told today.

Herbert Brucker, editor of the Hartford Courant and newly elected president of the American Society of Newspaper Editors, told the publishers that managed news was nothing new in this coun-

try and elsewhere. "What comes as a shock is to find such a concept of news not only applied here, but also endorsed officially as a positive good," he said. "Indeed, that is all that is new about managed news in this country today — not the all-but-instrinctive government resort to news managing, but the open defense of it as a patriotic virtue."

Brucker's address on "managed news" was prepared for delivery at the final session of the 77th annual ANPA convention in the grand ballroom of the Waldorf-Astoria hotel.

Cows Often Injured By Swallowing Metal

Fargo, N.D. — Since cows don't chew their food thoroughly, they often swallow screws, nails, pins, pieces of wire and other bits of metal.

These usually end up in the second stomach, the "honeycomb," sometimes referred to as the "hardware bucket," where they can cause painful injury or death, according to the North Dakota State university college of agriculture.

Per capita use of paper and paperboard in the United States in 1962 reached a record high of about 450 pounds, some 13 pounds over 1961.

Russia Expected To Veto Proposal

Geneva—UPI—Western delegates to the 17-nation disarmament conference predicted privately today that Russia will reject the latest Anglo-American nuclear proposals although they represent a significant compromise.

They said the proposals appeared to reduce Western demands on the number of on-site inspections in Soviet territory but the Russians probably will stick to their present limit of "two to three" inspections a year.

United States and British ambassadors in Moscow were understood to have offered Khrushchev a minimum of 30 international on-site inspections over a period of seven years.

There was no official confirmation of the report, which would mean a major reduction in the Western demand of no less than seven inspections each year.

Such a reduction would be in line with the new Western thinking in which major reliance for policing a test ban is placed on stations outside Soviet territory.

University of Georgia Negro Student Honored

Athens, Ga. — Hamilton Holmes, one of the first Negroes admitted to the University of Georgia, has been elected to the Phi Beta Kappa honorary society.

The university announced Wednesday that the pre-medical student's high academic standing made him eligible for the honor.

Holmes was admitted to the university under court order in January, 1961.

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Fill out your entry blank now. Send it along with any box top or bag bottom of any size or type of Aunt Jemima Pancake Mix or printed words "Aunt Jemima" on a plain piece of white paper. Sweepstakes open only to residents of the states of Washington, Oregon, Idaho, Utah, Wyoming, Montana, and Nevada. Sweepstakes void where prohibited, regulated or taxed.

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