



### The Medical Roundup

by *Walter Alvarez*

Emeritus Consultant in Medicine  
Mayo Clinic  
Emeritus Professor of Medicine  
Mayo Clinic  
(Register and Tribune Syndicate, 1963)

#### Heberden's Nodes

Many a middle aged woman (almost never a man) wonders about the unsightly little nodules which she has on the joints near the ends of several of her fingers. One glance and the doctor knows that what she has are "Heberden's nodes."

Interestingly, if one reads Dr. Heberden's original comment made some 100 years ago, one finds that all he said was, "What are these nodules that women have near the ends of their fingers?"

What is said is that today we doctors still don't know much more about the nodules than Heberden did. The disease seems to be a special, mild form of localized arthritis, which probably will never bother the woman very much. In only a very rare case will a little fluid form in a nodule and then it has to be removed perhaps through a hypodermic needle.

#### Tying Fallopian Tubes

A man writes to say that he is very anxious to know what happens when a woman's "tubes" are tied; he wonders if after the operation his wife will retain all of her old affection for him. The man evidently has so little idea of the structure of a woman's body that he seems to fear that the tying of her tubes will have the same disastrous results as would be the removal of her ovaries.

Actually, the tying of a woman's tubes should have

no detectable effects on her interests and feelings. All that the operation can do is to make it impossible for her to have children. The fallopian tubes come off of the upper end of the womb and run out toward the ovaries.

When a woman ovulates, a tiny microscopic ovum (like an egg) leaves the ovary; it is picked up in the trumpet-like outer end of the nearby tube, and is then carried into the womb. If, on its way through the tube, it has been fertilized by a spermatozoon, it will become fastened to a spot on the wall of the womb where, if all goes well, in 9 months it will have developed into an infant, ready to be born.

Many women are sterile because some disease has caused their tubes to become closed. When perhaps a woman is seriously ill with tuberculosis, or a very bad heart, or very bad kidneys or a mental breakdown, and a pregnancy could put an end to her life, she and her husband may ask a surgeon to cut the tubes across and then tie the cut ends together in such a way that no ovum can ever get through.

On rare occasions, we physicians see a woman who, after having had this operation performed, wants it undone. After having recovered her health, and having lost her first husband, she may have married another man who now much wants to have a son and heir. A surgeon can open up the tubes, but he cannot promise to do so good a job that the woman will be able to bear a living child.

A needless hysterectomy is an operation which some

### Forum Series Is Set at Stanford

Five members of the international "who's who" in liberal arts and education will speak at Stanford university, April 11 to 25 in a forum series on "The Revitalization of the Liberal Arts," sponsored by Stanford Today and Tomorrow.

The series is being presented in cooperation with the Associated Students of Stanford university. Student chairman of Stanford Today and Tomorrow is John Frohnmayer, son of Mr. and Mrs. Otto J. Frohnmayer, 1656 Spring st.

The forum's purpose is to "critically examine the role of liberal education—its progress, prospects and responsibilities."

The five speakers will be Paul Goodman, Edmund G. Williamson, Henry Steele Commager, Prof. W. H. Cowley, and Frank H. Bowles.

Following the public lectures, open seminars will be held. Three of the visitors—Goodman, Williamson and Bowles—will be guests-in-residence at Stanford dormitories, where they will lead informal discussion groups.

#### LONG HIKE, SHORT LEGS

Norton Fitzwarren, Eng., UPI — Antony White, 7, got home at 2:30 a.m. Monday after being gone for 16 hours and walking 15 miles.

"I've always liked walking, and it was a nice day for it," he said later.

women later wish could be undone, too. If you want information on this subject, send 25 cents and a stamped, long, self-addressed envelope with your request for Dr. Alvarez' booklet, "Menopause and Hysterectomy." Address Dr. Walter C. Alvarez, Dept. MMT, Box 957, Des Moines 4, Iowa.

### Super-Simple

9061 SIZES 14½-24½



by Marian Martin

Look slim, smart in this easy-sew sundress with wide shoulder straps to conceal bra. Ideal anywhere. Doubles as jumper with blouse.

Printed Pattern 9061: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ requires 3¼ yards 39-inch fabric.

FIFTY CENTS in coins for this pattern—add 15 cents for each pattern for first-class mailing and special handling. Send to Marian Martin, Medford Mail Tribune, Patter Dept. 232 West 18th St., New York 11, N. Y. Print plainly NAME, ADDRESS, WITH SIZE AND STYLE NUMBER.

FREE OFFER! Coupon in Spring Pattern Catalog for one pattern free—anyone you choose from 300 design ideas. Send 50 cents now for Catalog.

### Spring Hit

7211



by Alice Brooks

Ideal for all year wear—lightweight, so elegant with contrast trim in crochet.

Quick-knit jacket in tear-drop stitch, so easy to do, yet so effective. Use mohair or worsted. Pattern 7211, sizes 32-34, 36-38; long or ¾ sleeves.

THIRTY-FIVE CENTS (in coins) for this pattern—add 15 cents for each pattern for first-class mailing and special handling. Send to Alice Brooks, Medford Mail Tribune, Needlecraft Dept. P. O. Box 183, Old Chelsea Station, New York 11, N. Y. Print plainly NAME, ADDRESS, PATTERN NUMBER.

1963's Biggest Needlecraft Show stars smocked accessories—its our new Needlecraft Catalog! Plus over 200 fresh-to-you designs to knit, crochet, sew, weave, embroider, quilt. Plus free pattern. Send 25 cents now!

#### COME AGAIN, PLEASE

Washington—UPI—A Boeing Co. technical publication recently carried this paragraph: "Equally as important as adequate packing design is the proper instruction of personnel in the art of retaining the original packing provisions throughout the full transport operation up to the time of actual installation." Boeing's own translation: "Save the wrappers."

### LOG ENDS

Quick Delivery  
MEDFORD FUEL CO.  
5 & H Green, Stamps  
PHONE 773-2111

### Family Council

Editors Note: The Family Council consists of a judge, a psychiatrist, three clergymen, a newspaper editor, a woman's editor, and two writers. Each article is a summary of an actual case history. The Council reports on problems that have been dealt with by responsible agencies and counselors. (Copyright 1963—General Features Corp.)

Mrs. V. M.—I'm finished being an "anytime" baby-sitter. Nancy R.—She says that to me, but not my brother.

Mrs. V. M.—We have two married children, a son and a daughter. They each have their own two, with one in each family still in diapers. And they look at me as a Johnny-on-the-spot baby-sitter. There are times when all eight barge in, demanding to be fed, and then they leave the little ones and go shopping or to the drive-in movies. My husband is no help. He urges them to come, eggs them on, and then dozes in front of TV the whole time without lifting a hand.

Nancy R.—My mother threatens to quit baby-sitting for us, but I'm sure her threats apply to me, not my brother. He's her favorite and she'll never refuse him. I think what she's really after is money from us. Once she told me to pay her what I'd pay a stranger. I told her I'd rather give the money to a stranger, that a grandmother shouldn't ask for pay. But I'll hand over money if she makes my brother do the same. His bunch eats her out of house and home.

The Council: Mrs. M. is right to protest against running a drive-in "service-station" for her children. She's reminding them that she's a person, not another labor-saving gadget. As for Grandma, he'd stop being so generous with the invitations if Grandma slipped out the back door, while the parents were waving Ta-Ta from the front one. She can find a neighbor's TV to watch while hospitable hubby scrambles eggs and unscrambles babies. Certainly Mrs. M. would respond in the clutch, as any normal mother. But routine baby-sitting must be at her invitation, by previous arrangement, with the right to say No to two out of three requests. After paying others to baby-sit, Nancy may appreciate that her mother's assistance is beyond price.

#### HOPES DASHED

Geneva—UPI—Russia Monday dashed hopes that the agreement on a Washington-Moscow "hot line" communications link would break the East-West deadlock in nuclear test ban negotiations.

**23.81 AVERAGE**  
**LOS ANGELES TO DETROIT**  
**BUICK SPECIAL**



This advertisement approved and the data certified true by the United States Auto Club

**Special 4-dr. sedan tops all Class D middle size cars with V-8 engines in Mobil Economy Run!**

Here's official proof of everything you've heard about the Buick Special V-8 with Dual Path Turbine Drive\*. It's a terrific performer—a shameless gas miser. Facts: it's beaten every V-8, big or small, three years running. This year, by at least 2.34 mpg! And with regular gas.

Of course, not everyone can get this winning gas mileage in everyday driving (Run drivers are trained

experts—the engines, finely tuned). But this rough, tough 2500-mile test proves how much real gas economy is built into every Special.

And the Special has lots more going for it. Like—choice of three smooth, snappy transmissions. An economical V-6, if you prefer (only Buick has it!). All thoroughly Buick. All amazingly low priced.

\*Optional at extra cost

**See your Buick dealer now for a record buy during Record Setting Days!**

**SKINNER BUICK-CADILLAC • 143 S. Riverside**

**Important as the**  
**air you breathe...**

**is the way you heat your home!**

Wrap your family in a blanket of warmth as clean and pure as a June day on a mountain top.

A simple piece of wire eliminates furnaces, flues, pipes, fuel tanks, fire... leaves your home free of fumes, odors, messy flame by-products...

Wire your modern home for comfort, convenience, safety. Install electric heat. Set the thermostat to the temperature your family enjoys. Forget it.

Once installed, you'll hardly know it's there.

But you *will* know that you have the cleanest, most comfortable home modern science can provide, thanks to the most modern of all heating systems... **ELECTRIC HEAT.**

**ELECTRIC**  
**HEAT** CLEAN AND CAREFREE AS ELECTRIC LIGHT!

### SUCCESS MINDED PEOPLE TAKE THE DALE CARNEGIE COURSE

In Effective Speaking, Human Relations, Leadership Training

See for yourself how you may develop and train these basic traits:

- SELF CONFIDENCE
- SPEAKING SKILLS
- HUMAN RELATIONS INSIGHT
- DECISION-MAKING ABILITY
- POSITIVE MOTIVATING ATTITUDES



**10 Ways the Dale Carnegie Course Helps Men & Women**

- Acquire Poise and Confidence
- Think and Speak on Your Feet
- Speak Effectively
- Control Fear and Worry
- Sell Yourself and Your Ideas
- Be a Better Conversationalist
- Be Your Best With Any Group
- Develop Your Hidden Abilities
- Remember Names
- Win That Better Job, More Income

Attend a **FREE**

**PREVIEW SESSION**  
**WED., APRIL 10th**  
**MEDFORD YMCA**  
522 West 6th  
**7:30 P.M.**

TOTAL COST TO OREGON KOREAN VETERANS **\$10.00**

### DALE CARNEGIE COURSES

Presented by J. R. Taylor—Associate Sponsor  
For Further Information — Mr. Taylor — or 773-5125

BEAVER ELECTRIC & PLUMBING SUPPLY  
BROOKS ELECTRIC  
COURT STREET ELECTRIC  
ELECTRONIC SERVICE  
ENLOE ELECTRIC  
FELDMAN & OLSON ELECTRIC  
HARRISON ELECTRIC  
MODERN PLUMBING (Heat Pump)  
NORPAC SUPPLY  
ROGUE ELECTRIC COMPANY  
RUSH ELECTRIC COMPANY  
TROWBRIDGE ELECTRIC

773-4549  
772-5209  
535-4135  
773-1971  
535-1269  
773-7751  
664-2091  
773-5368  
773-4645  
772-6603  
772-4960  
773-6241