

Shrinks Hemorrhoids

New Way Without Surgery

STOPS ITCH — RELIEVES PAIN

For the first time science has found a new healing substance with the astonishing ability to shrink hemorrhoids and to relieve pain—without surgery.

In case after case, while gently relieving pain, actual reduction (shrinkage) took place.

Most amazing of all—results were so thorough that sufferers made astonishing statements like "Piles have ceased to be a problem!"

The secret is a new healing substance (Bio-Dyne®)—discovery of a world-famous research institute.

This substance is now available in suppository or ointment form under the name Preparation H®.

Ask for it at all drug counters.



PHOTO CREDITS

Page 14: UPI.
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MEDICATED OINTMENT RELIEVES

INTENSE ITCHING

Modern medicated relief from itch caused by acute dry skin, rash, psoriasis, eczema, and insect bites. Soothing emollients plus sulphur compounds and anti-microbial properties help heal skin, help prevent secondary infections.

Cuticura
OINTMENT

NO MONEY DOWN!



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JIM BEATTY:

The Miler Who



IN 1959, a slight, rather frail-looking 24-year-old restaurant manager from Charlotte, N.C., went to Philadelphia to see a track meet between the cream of American runners and jumpers and a similar team from the Soviet Union.

The young man's name was Jim Beatty, and he watched in dismay as the Russians ran away from the Americans in the distance races. Beatty had a special interest in these races; for six years, in high school and college, he had been one of the best of a mediocre crop of American distance runners.

Leaving Philadelphia that evening, a friend told Beatty: "You could have won today."

"I know I could," answered Beatty, "and I think I'm going to do something about it."

Three years later, when the AAU Track and Field Committee approved 56 American records, six of them belonged to Jim Beatty. Between that day of decision in 1959 and the end of the 1962 outdoor season, Beatty surpassed every established American record from 1,500 to 5,000 meters. In the process, he has become the nation's most articulate proponent of stronger American representation in the Olympic Games and has put the United States back in the forefront of the world in the distance races.

Beatty also won the AAU's Sullivan Trophy as the outstanding amateur athlete of 1962, and the U. S. Junior Chamber of Commerce named him one of the Ten Young Men of the Year.

All this has gotten to a "senior citizen" by American track and field standards—a guy who had given up running to go into business and who returned to it only at a considerable personal sacrifice. Jim Beatty's story is a dramatic example of what is required if the free nations are to challenge state-sponsored athletes of the Communist bloc.

Beatty's achievement requires a dedication on his part that would stagger most Americans. "There simply is no substitute for training," he says.

To him, training means reporting every morning at 5:30 to a track near his present home in Pasadena, Calif. He works out until 6:30—often in the dark. Then he goes home, showers, has breakfast with his wife, and heads for work at an insurance company at 7:30. When his working day ends at 4:30, he reports back to the track, where he runs until 7:30. His wife has dinner waiting for him when he gets home at 8 o'clock, and he's usually in bed by 10. Saturdays he works out for three hours and Sundays for two. This regimen goes on every week of the year.