

# Social Events ♦ Women's News

## New York Psychiatrist Recommends Gardening

By GAY PAULEY  
UPI Women's Editor  
New York - (AP) - Horticulture can help toward a happy, well-adjusted mind says a New York psychiatrist who has his plant shop for work rehabilitation of disturbed adolescents. Dr. James Fries, 36, a native of Lone Rock, Wis., some 50 miles west of Madison, is a combination of practicing psychiatrist and horticulturist. The physician sees gardening as one medium for acting out the therapy for the disturbed.

"A doctor in his office can tell the patient about the patient's emotions . . . about those of others," he said, in an interview. "But there have to be other ways to point these out, other than by telling."

**Teach Responsibility**  
"Teaching the matter of responsibility, for instance," he continued. "It is difficult in therapy. Yet horticulture is one way of taking care of important details. To teach that one DOES have to put drainage in the plant container. To teach that one DOES NOT over-water or under-water. To teach the customer how to care for a plant."

He told of two adolescents he is helping by giving them work in his plant shop. They failed on one small detail - and ended up explaining the reason in court.

A woman customer refused to pay her bill, Fries said, because she insisted she should have been warned by the two youths who delivered a plant that a pot of greenery should not be placed directly on a rug. Moisture had damaged the floor covering.

"We had assumed our customers knew such routine things in plant care . . . That a pot will 'sweat,'" he said. "But by the time we all had told it to the judge, they'd learned a lot more about matters of responsibility. The judge ruled in the woman's favor."

**Was 4-H Member**  
Dr. Fries, a slim, medium-built man with dark hair and dark eyes, began his horticultural career officially by winning a 4-H club prize for a

rock garden at the Richland County, Wis., fair. He was 10 at the time.

He is one of the exhibitors at the annual 46th International Flower Show at the New York Coliseum, running through March 17. The show is co-sponsored by the Horticulture Society of New York and the New York Florists Club and proceeds go to research and educational projects in horticulture.

Dr. Fries' exhibit will include 2,000 cacti, which he said are "native to the Western Hemisphere from the North Pole to the Andes Mountains."

Fries began his medical career when the U. S. Navy gave examinations during World War II to recruit potentials for professional training.

The Navy sent him to Dartmouth College and after the war, he completed training for his M. D. at Stanford university.

**Grows Cactus**  
His re-interest in horticulture began with finishing a New York City apartment - "I found by trial and error that what would grow in the Lone Rock wouldn't grow in the dry air of the big city," he said.

He started with cactus because he found this plant highly adaptable to city dwellings.

Two years ago he opened his "The Potting Shed" shop, which now offers more than 500 varieties of green - no flowers - ranging from a small cactus costing 25 cents to a bamboo palm for \$500. Now, mornings are spent with the plants; afternoons, with the patients.

## Round Dance Lessons Slated

Lessons in round dancing will be given Wednesday, March 13, at the Country Square, Talent, from 8 to 10 p.m.

"Peggy" and "Golden Gate Waltz" will be taught and several other dances will be reviewed. The Floyd Workmans will instruct; further information may be had by calling the Workmans at 535-1150.



## Succulent Scallops Add Variety to Lenten Menus

The Lenten season presents no menu problems to the housewife who is familiar with the versatile scallop. In recent years the popularity of this succulent Atlantic ocean shellfish has grown by leaps and bounds with menu planners, and for several good reasons.

First of all, scallops seem to be an all-family seafood. Strong preferences and prejudices that sometime apply to other seafoods (even within the family circle) don't seem to apply to scallops. Nearly everybody likes them. Few people dislike them. And legions are those who grow ecstatic at their very mention.

Perhaps the reason for this is the scallop's delicate flavor. It is not fishy. Yet it has an unmistakable nutty tang that tells you it comes from the sea.

Undoubtedly the biggest reason for the scallop's booming popularity is the endless variety of delightful ways they can be served. They can be broiled, baked or fried. They room broth, vegetable juice are delicious in casseroles, stews and chowders. Here's a recipe with a Spanish flavor that brings out the best in scallops:

**SCALLOPS ESPAGNOLE**  
Two pounds, scallops, fresh or frozen; one can (8 oz.) broiled mushroom crowns; one cup thinly sliced celery; one-half cup chopped onions; one-fourth cup vegetable oil; one-half cup whole stuffed olives; one package (10 oz.) frozen peas; one-half teaspoon saffron; one-fourth teaspoon Tabasco; two teaspoons salt; two cans (12 oz. each) vegetable juice; one package (14 oz.) precooked rice.  
Defrost scallops, if frozen. Drain mushrooms; save broth. Cook celery, onions and mushrooms in oil until celery and onions are soft but not brown. Add olives, peas, saffron, Tabasco and salt. Combine mush-

## Calendar

Calendar notices and news for the society section of The Mail Tribune must be submitted in writing and deadline for the Sunday edition is 1 p.m. Friday. Deadline for the weekly calendar is 9 a.m. of the day of publication and for week day news is 5 p.m. the day before publication.

**Wednesday:**  
7 p.m.-Auxiliary of Jackson County Medical society, Topflight room of Rogue Valley Country club.  
8 p.m.-Faith circle, Women's association, Central Point Presbyterian church, home of Mrs. B. W. Mushaney, 103 Windsor Way.

8 p.m.-Roxy Ann Home Economics club, home of Mrs. Irene Shirley, 2681 East McAndrews rd.

**Thursday:**  
7 a.m.-Pear Festival committee, Medford hotel.  
10 a.m.-Agate Home Extension unit, home of Mrs. E. L. Fredricks, 5695 Table Rock rd.

10 a.m.-Phoenix Home Extension unit, Phoenix Presbyterian church.  
10:30 a.m.-Howard Home Extension unit, home of Mrs. D. H. Steinmetz, 887 Swing lane.

10:30 a.m.-Willow Springs Home Extension unit, home of Mrs. Rinehold Boes, route 1, box 589F, Upton rd., Central Point.  
12:30 p.m.-Adarel Social club, Jacksonville Masonic hall.

12:30 p.m.-Medford Sojourners club, Girls Community club.  
**Pythian Girls**  
Pythian Sunshine Girls plan to meet Thursday, March 14.

## Mrs Gardiner Named Queen

Mrs. Murray S. Gardiner, 3777 Old Military road, was elected queen of Zuleima temple, Daughters of the Nile, at its stated meeting last week. She will be installed at rites to be conducted on Saturday, March 30, at 8 p.m., at Hedrick Junior High school, Medford.

Mrs. G. A. Barnhart, Gold Beach, was advanced to the office of princess royal; Mrs. Harold Cooley, Glendale, princess Tirzah, and Mrs. Clyde Carstens, Roseburg, was named to the office of princess Badoura.

Other elective officers, both of Medford, are Mrs. W. J. Moreland, recorder, and Mrs. Ralph McKay, banker.

Mrs. E. Ronald Rice, a past queen of the order, will serve as installing queen, and Mrs. Raymond Reter, a past queen, is general chairman of installation arrangements.

All members of the order and their escorts are invited to attend the installation ceremonies. Special invitations are issued by the newly elected queen.

## Country Club Cancels Dance

Rogue Valley Country club announced yesterday that the St. Patrick's day dance scheduled for Saturday night, March 16, has been canceled. A survey of members indicated that since schools are closed for spring vacation, large members planned to be out of the city and unable to attend the party.

## Gardners Plan Contest In Shasta

Montague - A "Beautification of Montague Contest" was the chief order of business with the Shasta Valley Garden club when it met at the home of Mrs. M. T. Robinson on Airport road near Montague recently.

Posters will be distributed soon explaining the details of the contest which will include cleaning, and beautifying the yards of anyone interested, members or not. The Garden club is sponsoring the event which is to start March 15 and end April 15. An anonymous donor is furnishing the cash prizes. Mrs. Edward Clement, club president and Jack Churchill, mayor.

## Rogue River PTA To Meet

Rogue River - Rogue River Parent-Teacher association will meet this evening at 7:30 o'clock in the grade school cafeteria. The nominating committee will give their report and the officers for this next school year will be elected.

Choral presentations will be given by the first, second and third grades. Mrs. Walter (Alyce) Archer's fourth grade will give a routine gymnastic demonstration.

Max Killingsworth, elementary school principal, will speak on a new arithmetic course. Mrs. Charles Kelly's kindergarten will present two numbers and Roy Headley, chairman for the annual Carnival which is to be held in April, will discuss the plans for it.

## Friend Is Guest In Hornbrook Home

Hornbrook - Visiting last week at the home of Mrs. Alie Tyrer was a friend, Mrs. Bronaugh Downing. Until the recent death of her husband, Mrs. Downing was a resident of Eugene, Ore., but is now making her home in Ashland with her mother.

Mrs. Ruby Stafford, a guest, was given a corsage. Mrs. Robinson served refreshments assisted by Mrs. Koutz and Mrs. Di Raver.

Mrs. Mable French gave a

## Workshop Set For Lutherans

Women of St. Peter's Lutheran church, Medford, and Grace Lutheran church, Ashland, will meet Thursday, March 14, in Medford for a Christian growth workshop.

"Deepening the Inner Spiritual Life" will be the theme. Lecturing will be the Rev. John Simon and the Rev. Albert Nickodemus. Sessions will convene at 9:30 a.m. and conclude at 3:15 p.m.

A new French line, says Women's Wear Daily, is red silk bra with black and gold embroidery.

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"Our old house is now our dream house since we modeled for all-electric living. We installed new color-matched kitchen appliances and many other electrical features including extra circuits for patio lighting and the additional electric helpers we plan to get. Since my husband and I both work we appreciate even more the convenience these features afford. We think electric service is our biggest value."

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## 54 ELECTRIC APPLIANCES

Here's what electricity does for the Carter family:

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- Vented Hood
- Water Heater
- Refrigerator
- Freezer
- Dryer
- Washer
- Dishwasher
- Radios—2
- Irons—2
- Vacuum Cleaner
- Mixers—2
- Electric Blankets—5
- Stereo-Radio-TV
- Combination Coffee Maker
- Coffee Warmer
- Toasters—2
- Fry Pan
- Waffle Iron
- Sewing Machine
- Power Saw
- Lighting
- Shavers—2
- Vent Fans—2
- Clocks—4
- Corn Popper
- Knife Sharpener
- Can Opener
- Heat
- Hair Dryer
- Barbecue
- Heating Pad
- Air Conditioner
- Garbage Disposer
- Tape Recorder
- Portable Typewriter
- Circulating Fan
- Space Heaters—2
- Rotisserie
- Outdoor Lighting

How many of these appliances work for you in your home?

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