

# WORK SMARTER — NOT HARDER

By BERNICE STRAWN  
Oregon State University

We've just finished talking to more than 2,000 of you Oregon homemakers about your laundry problems. You have been telling us laundry isn't a simple matter these days. We agree—it's really a science.

Unfortunately, there just wasn't time to answer all of the questions at these laundry clinics sponsored by the Extension Service in seven counties. We'll share with you some of the questions which come up over and over again.

Dacron and cotton shirts get yellowish. How can I get them white again?

The brighteners in most detergents work better on cotton than on Dacron and other polyester fibers. Try one of the blue all-purpose detergents (not the dishwashing liquids or powders). These contain a different brightener which is effective on man-made fibers.

Thoroughly dampen the shirts with water, then soak in full strength liquid detergent for 15 to 20 minutes. Next put them in the washer and launder in hot water.

The fabric will be more wrinkled with hot water and require some touch up pressing this time, but you'll only need to use this treatment occasionally. These shirts may also be bleached if you wish. Always launder these shirts in the machine. They'll never come clean with three jiggles up and down in a wash basin.

How can I keep white nylons white?

Wash white nylons only by themselves, not even with white cottons. Don't try to sneak in a pastel garment. White nylon picks up the slightest trace of color. In rare cases, colored labels on garments have released enough dye to cause discoloration. Check to make sure

there are no such labels on your nylons. Either liquid or powdered bleaches can be used on nylon.

If nylons are already dingy, you can restore the original whiteness with a color remover. This chemical is available in small packages at drug and variety stores.

Perspiration odors in athletic outfits are hard to get out. What can I do?

Soak for 30 minutes in a deodorant such as you would use for diapers. There are several products of this type in the supermarket. Then put the clothes in the washer with about 1 1/2 times the amount of detergent you usually use. Add hot water if fabric will stand it and wash. If adding this much detergent produces too many suds, try a low sudsing product.

## Dancers To Hold Brush-Up Events

All those interested in round dancing are invited to the Country Square north of Talent Wednesday nights, March 6 and 13 for brush-up round dance sessions. The dances scheduled will be on the program for the Southern Oregon square-up to be held at Southern Oregon college March 16-17.

Mr. and Mrs. Floyd Workman will be instructors and more information may be had by calling the Workmans at 535-1150.

## Return

Wilderville - Mr. and Mrs. Darwin Ingalls have returned after spending three months in San Antonio, Tex., with their son-in-law and daughter, Lt. and Mrs. James Turner. The Turners are moving to Sacramento, Calif., where Lieutenant Turner will be stationed at Mather Air Force field.

## Style Show Saturday

"Cafe de la Fashions" will be the theme of the benefit card party and style show to be given Saturday, March 9, by Alpha Rho chapter of Beta Sigma Phi. The party is planned for 12 noon at Rogue Valley Country club.

Reservations may be made by calling Mrs. William Kennedy, 779-1440, or Mrs. Gerald McGrew, 773-3170.

Models will include Mrs. Alvin Hopper, Mrs. Robert Goodman, Mrs. Ralph Dipple, Mrs. Clarence Leffler, Mrs. William Kennedy, Mrs. Vernon Craft, Mrs. William Tyler, Mrs. Roger Note, Mrs. McGrew, and Miss Barbara Lees. Burelson's store will provide the clothing.

Mrs. Emil Knutson will sing, accompanied by Mrs. Glen Scott, and John Lusk will entertain with organ music.

## Chapter Names Award Winner

Mrs. Kenneth Oliver, 808 Stewart avenue, Medford, has been named 1963 "Miss Congeniality" of Alpha Lambda chapter, Epsilon Sigma Alpha International sorority. The award was presented by Mrs. Robert Rae, Grants Pass, who was Miss Congeniality of 1962, at the February business meeting held at the home of Mrs. Jack Houston.

Mrs. Oliver, a native of Portland, has lived in the valley one year and has been active in Epsilon Sigma Alpha for eight years. She is a past president of the Portland Area Council, was charter president of Delta Xi in Portland, past president and charter vice-president of Beta Mu in Salem and helped form and was charter secretary of the Salem City council of Epsilon Sigma Alpha.

She served on committees for state and international conventions and is now education director for Alpha Lambda chapter. Mrs. Oliver is the mother of three children and is active in Cub Scouts and other civic projects.

## Music Recital Set Thursday

Music students of Mrs. Leslie Boardman will be heard in recital Thursday, March 7, at 7:30 p.m. The event will be held in the sanctuary of First Methodist church, West Main at Laurel street. The public is invited to attend.

Those performing will be James Blakeway, David Carpenter, Anne Jewett, Susan Edwards, Kathleen Harkin, and Jo Anne Longmore, pianists; and Mrs. Leo Taylor, organist.

Guest soloist will be Loren Stafford, who will play the French horn. Mrs. Boardman will accompany her brother at the piano. Following the program, refreshments will be served.

## Dill Will Give Brisk Flavor To Pot-Roast

Dill seed can become a tangy addition to meats as well as the pickles it often seasons.

Here both dill seed and dill pickle juice flavor a hearty beef pot-roast. The resulting fresh, brisk flavor certainly adds pep to your meal. You'll have a penny-pincher's dinner to entice many an appetite.

Reba Staggs, noted home economist in the meat field, gives an important clue to pot-roast preparation: Never hurry the cooking. Slow simmering in a tightly covered, heavy utensil produces a wonderfully tender, juicy meat dish.

## Beef Dill Pot-Roast

Three to four-pound beef arm or blade pot-roast; one-fourth cup flour; one tablespoon salt; one-fourth teaspoon pepper; three tablespoons lard or drippings; one teaspoon dill seed; one-fourth cup dill pickle juice; one-fourth cup water; flour for gravy if desired.

Combine flour, salt and pepper. Dredge pot-roast in seasoned flour and brown in lard or drippings. Pour off drippings. Sprinkle dill seed over meat. Add dill pickle juice and water. Cover tightly and cook slowly three to three and one-half hours or until meat is tender. Thicken cooking liquid with flour for gravy, if desired. Six to eight servings.

## In California

Prospect - Mr. and Mrs. David Richey were in Portland, Calif., last week end to visit Mrs. Richey's parents, Mr. and Mrs. Robert Williams. The Richeys left their three sons with their grandparents for a longer visit.

When you serve cold artichokes as salad or appetizer, offer a seasoned dip or mayonnaise with them or marinade them several hours or overnight in a sharp oil dressing.



Mr. and Mrs. H. W. Mangold and their two sons, Thomas, 3, and Christopher, 19 months, recently arrived in Medford from Columbus, Mo., and are living at 11 Highland drive. Mrs. Mangold is the former Dolores Wilkinson, daughter of Mrs. Clatous McCredie, 726 South Keeneway drive. Mr. Mangold is now on the staff of Haskins and Sells. Mrs. Mangold was formerly on the faculty of the University of Missouri as instructor in the school of social work.

## Grand Court Plans Session

Portland-The Grand Court, Order of the Amaranth, in Oregon, will open its 36th annual session Thursday, March 7, in the Portland Masonic temple. Mrs. William Aplanalp, Portland, grand royal patron and Gerald R. Laurens, Portland, grand royal patron, will preside.

The session will be called to order at 8 p.m. by Mrs. Marion C. Kretsinger, Portland, and Jay B. Hewitt of Eugene, both past grand patrons and patron. William Aplanalp, grand marshal, will preside during the opening ceremonies. Mayor Terry Schunk of Portland will extend the welcome to delegates. The state heads of other Masonic groups will be introduced. A sizeable check will be presented to the Shrine hospital for the Amaranth cast fund and to the Alberta-Kerr nursery shoe fund.

A banquet will be held Friday at 5:45 p.m. at the Aero club in honor of Mrs. Worth Skelton, Denver, Colo., supreme royal matron and Otis J. Truex, Tarzana, Calif., supreme royal patron.

Following the banquet, fun night will be held in the Temple beginning at eight o'clock. The Al Kader Shrine chanters and Oriental band will present a musical program. All courtesy addenda will also be presented.

Election will be held Saturday morning, March 9 and in the afternoon the supreme royal matron and patron will give their addresses. Saturday evening public installation of new officers will be held in the sunken ballroom of the temple.

## Superintendent To Be Speaker

Dr. Leonard Mayfield, superintendent of Medford public schools, will present and explain the school budget to the Medford Coordinating committee of Parent-Teacher associations when it meets Thursday, March 7. The meeting will be held in Hoover school at 1:15 p.m.

All interested PTA members are welcome to attend.

## Rose Society Publishes Guide

Columbus, O.—The 1963 issue of the American Rose Society's "Guide for Buying Roses" is off the press and now available. The society will send copies to those requesting one if a large self-addressed stamped envelope or a five-cent stamp accompany the request.

This guide contains the latest ratings of the top roses reported by several hundred raters over the nation. Included in the guide is the average height, the color classification by registry, and a separate listing of the top high roses by color.

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## Eighty-Third Anniversary Is Observed

Yreka - The eighty-third anniversary of the founding of Stella chapter, Order of the Eastern Star recently was observed during a dinner and party. About 100 persons attended. A shower was held for the temple kitchen.

During the business session, conducted by Mrs. Mayme Hammer, worthy matron, and Thomas Watt, acting worthy patron, Mrs. Hammer announced the appointment of Mrs. Watt, Mrs. Harry Scamell, Mrs. Frank Sellstrom and Mrs. James Dow, to the ways and means committee.

Mrs. Kay Morford, district deputy grand matron, was honored. It was announced that Mrs. Morford's official visit to the chapter, her home one, has been postponed from March 1 to April 5 to enable her to attend various district conventions in the southern part of California. She also displayed hospital gowns, made by members.

Associate matron, Mrs. Robert Jenott, provided a decorated birthday cake in honor of the order's birthday.

Mrs. Gertrude Johnson, committee chairman, was assisted by Mrs. Alvin Lewis, Mrs. Alta Hudson, Mrs. Marguerite Hayden, Mrs. Jean Rae and Mrs. Hartsel Gray.

## Party Observes 87th Birthday

Central Point - Mrs. Arthur Mead was honored by the Berean Sunday School class of the Community Bible Church and the staff of the McCue Nursing home on the occasion of her 87th birthday, February 27.

Mrs. Mead, who takes an active interest in church work, is a long-time resident of this area. She has lived in Oregon since 1920 and in the Rogue valley since 1924.

Mrs. Oscar Minnick provided two birthday cakes, which were served by Mrs. Bernice McCue, Mrs. Gerald Love and Helen Rhymer.

## Phoenix-Talent PTA to Elect

Phoenix - A program on physical education and health, and election of officers will be held at a meeting of Phoenix-Talent Parent-Teacher association to be held Thursday, March 7. It is set for 8 p.m. in the Phoenix High school gymnasium.

Two recommendations of the executive board will come up for action. One proposes that only four meetings of the unit be held during the year, and the second that four vice-presidents, one to represent each school, be elected. Refreshments will be served and a room provided for the care of small children.

## Annual Election Set For PTA

Election of officers will be held at the monthly Washington Parent-Teacher association meeting Friday, March 8, at 2:30 p.m.

Teaching techniques in music in the grade schools will be explained by Mrs. Jean Dyrud, a sixth grade teacher at Washington.

Coffee will be served before the meeting and teacher consultations may be held after 2 p.m. Baby sitting will be furnished for pre-school children.

## Church to Hold Annual Dinner

Central Point - Central Point Presbyterian church has planned the annual potluck dinner for Thursday, March 7, at 6:30 p.m. at the church. Those attending are to take food for the meal, and table service. Anyone interested is invited to attend.

## Return

Prospect - Mr. and Mrs. Victor Chapman have returned from Sanger, Calif., where they spent two weeks with Mrs. E. L. Mead, Mrs. Chapman's mother who is 89 years old.

## Past Officers Are Honored; List Projects

Twelve past presidents of Lincoln school Parent Teacher association told of projects undertaken during their terms of office during the Founders' day meeting of the unit recently.

Mrs. Ethel Florey, 1932-33 term president, started school the first day in the first grade when Lincoln school was opened in 1906.

Mrs. Florence Laing was in office in 1925-26. Her children and grandchildren were graduated from the school.

Other past presidents there were Mrs. Irene Shirley, 1936-37; Mrs. W. R. Glass, 1941-42; Mrs. A. H. Puhl, 1944-45; Mrs. C. A. Stothers, 1946-47; S. J. Fagone, 1953 to 1955; Mrs. Laverne Bramhall, 1955-56; John Weber, 1958-59; Mrs. Fagone, 1958-59; Mrs. Max Weston, 1959-60 and Mrs. Glenn Stewart, 1960-61.

Among accomplishments of the unit through the years was the establishment of a school patrol through working with the police, assisted in building fund of YMCA, worked on the first basic school fund, helped get band uniforms, worked with the city to get stop lights at Edwards and Court streets, and Central avenue where school children crossed, built risers for the gymnasium, had singing groups, canned foods during the depression which had been given to them by farmers for the cafeteria, worked on the lunch program at home and serving at school for three cents a cup, built a play shed, established Dad's night and many others.

The past presidents were presented gifts by Mrs. Jean Bowers, this year's president, who also was graduated from Lincoln school, as well as her three children.

Guest speaker was William Ruck, coordinator for the Oregon school program. Room count was won by the third grade and mothers of third grade students served refreshments.

## College Women's Club Will Meet

Mrs. Ransley Miller will review the book, "The Rothschilds," by Eric Morton during the College Women's Club of the Rogue River Valley meeting Saturday, March 9 at 2 p.m. The session will be held in the Fireside room of the First Methodist church, Ashland.

Hostesses will be the Mesdames Frank Davis and S. H. Treichler. Mrs. Amos Willits will be social chairman.

## Jefferson PTA To Hold Election

Election of officers will be held at a meeting of the Jefferson Parent-Teacher association set for Friday, March 8, at 2:30 p.m. in the school gymnasium.

The school orchestra will play. Mrs. Joan Ely will speak about the Science Research associates reading program and John Finkbeiner will give a progress report, with demonstrations, on the physical fitness program.

Founders' day will be observed; a silver offering will be taken and refreshments will be served.

## Relatives Recent

### Applegate Guests

Applegate - Mr. and Mrs. Jerry Burrell and Mr. and Mrs. Elmer Snyder have had a recent guest Merle Cook, Ukiah, Calif. He is a brother of Mrs. Burrell and Mrs. Snyder.

Miss Joyce Haskins, Vancouver, Wash., was a guest recently of her brother-in-law and sister, Mr. and Mrs. Forrest Drake.

To Meet  
Medford barracks, World War I Veterans and auxiliary, will hold the monthly business meeting Wednesday, March 6, at 8 p.m. at the Girls Community club.

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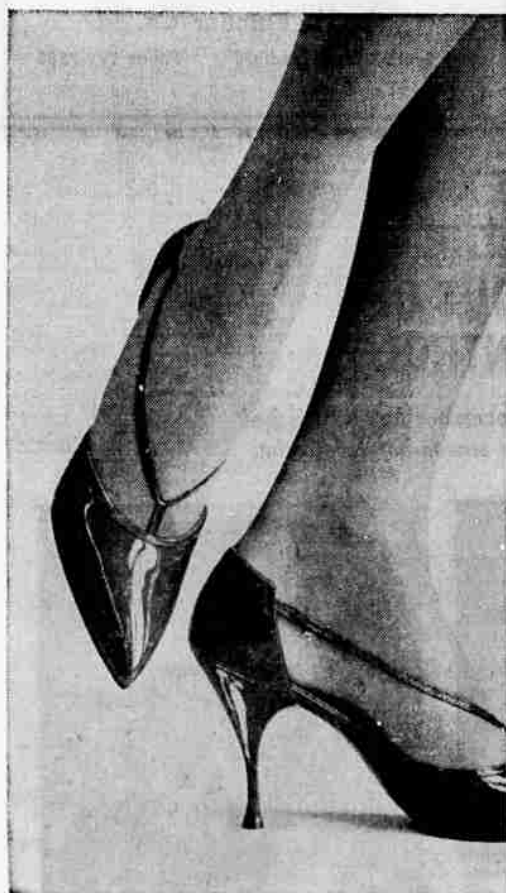
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