



SCREAMS OF DELIGHT—Even the stereo that will be displayed at the Hi Fi Show probably couldn't catch the scream of delight of Susan Arnell (C) as she was selected as the Bay Area's "Most Decorative Woman," and crowned by Jim Logan (rear), producer of the Decorator's and Hi Fi Show, which runs in San Francisco from March 8 to 10. Smiling through their tears are runnersup Linda Beller (L) and Carol Ann Marracini (R). (UPI)

School News

McLoughlin Jr. High

Edited by Theresa Edwards, Dianne Clark, and Margaret Gemmaehlich

The FHA all-school dance was held recently. Live music was furnished by the Clansmen. The king and queen were Ken Curtis and Judy Barnum. Eighth grade prince and princess were Dan Kime and Cathy Bradford. Seventh grade prince and princess were Jeff Jones and Cheryl Erickson.

Smallpox vaccinations were offered recently. Several ninth grade girls assisted. They were Edie Reinking,

Sandra Edberg, Karen Smith, Katie Cook, Teresa Hepker, Rosalie Park, and Betty Zawadski.

A homemaking assembly was presented for all students recently.

Georgia Mitchell, Judy Heuners (seniors), Sue Olson (junior), Karen Sanborn and Holly Fornbrook (sophomores) from Medford High school modeled clothes which they made in homemaking. The following ninth grade girls also modeled garments: Janice Lampkin, Linda Broker, Linda Taylor, Karen Spafford, Patti Adair, and Marilyn Peters. Ilene Mitchell spoke

about the cooking department.

All ninth grade boys toured the high school shop department. They were accompanied by Lee Harter and Bob Radcliff. They visited the machine shop, the wood shop, the metal drafting shop, and auto shop at Medford High school.

There is now an art exhibit in the display case in the main hall. Students whose displays are being shown are Darrell Owens, Ron Hale, Mike Glogowski, Julie Hoxworth, Dave Michelson, John Ingram, and Bob Gordon.

The third issue of the Junior Quill, school newspaper, was issued recently. Co-editors were Cheryl Bramhall and Barton Speegle. Assistant

editors were Kathi Dauchy and Billie Sue Graber. Sports editor was Lloyd Clark, and exchange editors were Teresa Hepker and Dianne Clark.

The Junior Quill staff is made up of 36 ninth graders. Six issues are published each year. Mrs. Sherril Harshbarger is adviser.

Twelve students went to the Linfield Speech Tournament in McMinnville. McLoughlin had two students who placed against students from the entire state. Tom

Hampson tied for third in interviews, while Carole Pesenti was third in after dinner speaking. Miss Sandra Lien is the students' advisor this year.

Bulldog wrestlers finished second in the Southern Oregon tournament with a score of 67 points, behind Klamath Falls with 69. McLoughlin district champions are Don Giles, John Pruitt, Salvador Esquivel, and Jim Hettings. George Dunais came in second, and Otto Ryn and Martin Pemberton were third place winners in their divisions.

MORE MONEY SEEN

Salem - (UPI) - Counties will get more money from boat licenses if a revised Marine Board budget is passed. Ways and Means Subcommittee Chairman Beulah Hand (D-Milwaukee) said Friday.



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Shortening	Velkey 3-lb. can	59c

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Palmolive Soap	Pink & Green Reg. bars	3 for 37c
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Super Suds	Heavy duty detergent. 40-oz. pkg.	59c
Vel Liquid	It's Mar-VEL-ous 22-oz. bottle	69c

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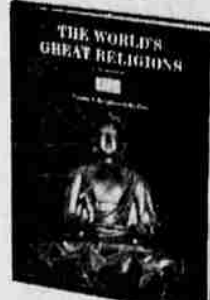
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The Medical Roundup

by

Walter Alvarez
Emeritus Consultant in Medicine
Mayo Clinic
Emeritus Professor of Medicine
Mayo Clinic
(Register and Tribune Syndicate, 1963)

Hodgkin's Disease

Hodgkin's disease is a very peculiar one which, in some ways, behaves like an infection. I have seen some of the patients run a fever for weeks. In other ways, the disease behaves like a cancer which is widely scattered from the start. It differs from ordinary cancer in that commonly it occurs in a young man, or occasionally a young woman, between the ages of 20 and 30 years.

The common type of cancer tends to come after the age of 40. Often the first sign of trouble is an enlargement of one or more lymph nodes, perhaps on the side of the neck. These nodes are neither tender nor painful, and they are fairly soft. Often, in the early stages of the disease, the patient doesn't feel ill, and he has no fever. Under the microscope, his blood cells seem normal.

One of the first things the doctor should do is to get an X-ray film made of the man's chest, because this may reveal a number of large nodes. In many cases, it is well to remove one of the lymph nodes from the neck and have sections made of it. When these are stained and exam-

ined by an expert on tumors, he can usually say what the trouble is.

In my experience, I have been much impressed with the fact that when a young man comes in with the early stage, with just a few large glands in his neck and his chest, X-ray treatment works beautifully. I have seen a person so treated remain well for more than 8 years.

The other type of patient I dread to see. Usually, he is very itchy all over, and he has a fever every day. He is losing weight and he is feeling sick and weak. He may have to stay in bed. Usually, when I ask this man about a previous spell of illness, he will say, "That's right. Some years ago the nodes enlarged in my neck and chest, and my doctor was worried, but without any treatment I soon got well, and the doctor guessed that I had something like an infectious mononucleosis."

Actually, what probably happened was that the man had his first spell of Hodgkin's disease, and now he is in the final one. In this later stage, treatment often fails to help.

Fortunately, today, with the powerful forms of radiation, some of the people who are treated early for Hodgkin's disease live for 20 years or more.

The Knee That Locks
Sometimes, while a person is walking or perhaps danc-

ing, suddenly one knee-joint seems to lock, so that for a while it won't bend properly. When this happens the person may be thrown to the floor.

A total of \$25.50 was realized from a cake auction with Alan Bray as auctioneer. Mrs. Hugh Shurtliff of the Boy Scout office, her husband and two daughters, Ellen and Kathryn, were guests.

On going to an orthopedist, the person may be told that he has a "joint mouse." This is a piece of tissue from the inside of the joint, which has become loose and which moves around in the joint cavity. If it gets pinched between the two bones, there may not only be locking, but considerable pain. The treatment, naturally, is an operation in which the joint mouse is removed.

In other cases, the cartilage, or gristle-like sort of pad on top of the lower bone in the knee joint, has loosened and may have to be sewed into place. Many football players have knee trouble because of an injury to the cartilage, or to a ligament - tough strong band - in the knee joint.

Occasionally, a person who has slipped on the ice or on a little rug, while making a tremendous effort to keep himself from falling, will tear one of the ligaments in the knee. An expert orthopedist will then have to decide whether to operate or to wait and see if the leg heals itself. Perhaps in six weeks or two months nature will repair the damage, and the person will again walk comfortably.

Sweating Hands

Many persons are bothered by sweating hands, and every year I see a number of secretaries who say that they can hardly do their work because their hands sweat so much that they get their typewriter paper wet. Such sweaty hands are, I think, always associated with a very tense nervous system. A sort of nervous storm come down the "sympathetic nerves" and keeps constantly stirring up the sweat glands in the palm of the hands.

Possibly if the person could learn to do her work and to live with less nervous tension all the time, her hands would become dry. Sometimes these sweaty hands are cold and clammy. Naturally, many of these people hate to shake hands with anyone. Their doctor might try Dibenzylamine, which tends to dry the hands. It must be taken with care.

Not all high blood pressure is equally dangerous. You may find reassurance in Dr. Alvarez's booklet, "High Blood Pressure." Send for it by enclosing 25 cents and a self-addressed, stamped envelope with your request to Dr. Walter C. Alvarez, Dept. MMT, Box 957, Des Moines 4, Iowa. (Released by The Register & Tribune Syndicate, 1963.)

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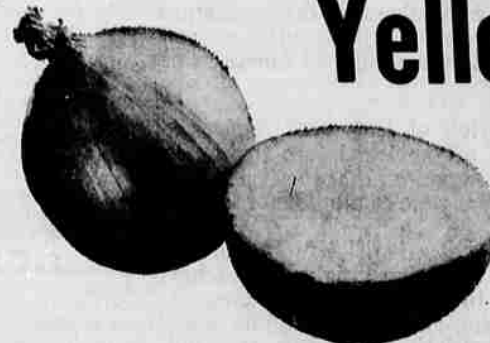
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