

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars

To develop message for Thursday, read words corresponding to numbers of your Zodiac birth sign.

APR 21	1 Keep	31 Coin	61 To
APR 22	2 Circulate	32 Down	62 A
APR 23	3 You	33 Of	63 Trust
APR 24	4 New	34 Change	64 Big
APR 25	5 Money	35 Treat	65 Good
APR 26	6 Shop	36 Putting	66 Time
APR 27	7 You	37 In	67 In
APR 28	8 Move	38 Equipment	68 Challenge
APR 29	9 No	39 Household	69 And
APR 30	10 Your	40 A	70 Your
MAY 1	11 For	41 Solitude	71 Determine
MAY 2	12 Have	42 Good	72 Your
MAY 3	13 Try	43 May	73 Moods
MAY 4	14 A	44 Perfect	74 Middle
MAY 5	15 Move	45 Time	75 Inspiring
MAY 6	16 Roofing	46 Macking	76 Of
MAY 7	17 Need	47 To	77 Low
MAY 8	18 Plumbing	48 Opportunity	78 And
MAY 9	19 Wearing	49 Study	79 The
MAY 10	20 Appear	50 Enters	80 Eye
MAY 11	21 Living	51 Diet	81 For
MAY 12	22 Or	52 Yourself	82 Stream
MAY 13	23 Don't	53 It	83 Head
MAY 14	24 Or	54 Will	84 Savors
MAY 15	25 True	55 Or	85 Garden
MAY 16	26 Someone's	56 Honor	86 Supplies
MAY 17	27 Electrical	57 Promise	87 Repair
MAY 18	28 Rest	58 Word	88 You
MAY 19	29 Consider	59 Conclude	89 Up
MAY 20	30 Period	60 Today	90 Now

Good Address

4-H NEWS

Straight Stitchers

The Straight Stitchers 4-H club had a Valentine party recently at the home of the leader, Mrs. Nellie Sanderson, mother of the leader, arranged games and refreshments. Prizes were awarded to the winners in the games.

Spoons and Needles

Last meeting of the Spoons and Needles 4-H club was held Feb. 14.

Two parents brought their sewing machines and the girls sewed with thread. A party followed work on various projects.

The next meeting will be held at the home of Mrs. Wieskamp Feb. 28.

Terril Sue Woodcock, Reporter

Grange News

Upper Applegate

Upper Applegate Grange met on Friday, Feb. 22, at 8 p.m. in the hall on Big Applegate rd.

House Bill 1110, which would require cattlemen to fence their range along several miles of Highway 270, was discussed by Agricultural Chairman Martin Grier.

An article, "Thank God for America" was read by Education Chairman Mildred Reedhead.

Home Economics Chairman Edna Sawyer announced that a rummage and baked food sale will be held in Medford. Mrs. Ethel West, ways and means chairman, announced a dance to be held at the hall on March 9. The Grange and community will present "Mother Goose Rides Again," written and produced by Mrs. Sawyer, at the Ruch school March 30.

All of these projects are to raise funds for a new floor at the Grange hall.

Mrs. Florence Lance, musician, presented the Grange with printed copies of the opening and closing songs. Members were reminded to take their suggestions for new meeting nights in the form of written resolutions to the next meeting March 9. They will be voted on April 12.

Mr. and Mrs. Cecil Kee of Shady Cove Grange were guests. Mr. Kee spoke about Grange life insurance and also reminded young Grangers that a special drill team of young people is being planned by Cecelia Kee, Jackson county Pomona Youth chairman.

A lecture program was presented by Martin Grier, assisted by Mrs. Grier at the piano and by Robert Scott and Jim Winningham. Several radio style audience participation contests were held featuring education, music and fun.

Refreshments were served by Grace Buck and Pearl and John Byrne. Mrs. Byrne decorated the tables with Ming trees mounted in driftwood planters and hung with red paper cherries. She used red cut out hatchets at each place setting in honor of Washington's birthday.

Central Point Grange

"Pruning Roses and Shrubs" will be the title of a talk by John McLoughlin, preceding the regular meeting of Central Point Grange Friday, March 1.

The program will start at 8 p.m. and any interested persons in the community are invited to attend.

McLoughlin is with the Oregon state extension service and is interested in the beautification of farm and rural homes.



NEW WORLD—Baby Matschie's tree kangaroo observed its new world from the pouch of its mother. It is the third of the rare species to be born at the San Diego, Calif., zoo. (UPI)

School News

St. Mary's High

Editor, Mary Ann Carnegie; Reporters, Mary Remenier and Barbara Lewis

A formal reception was held recently in the all-purpose room for Mother Mary Mark, supervisor of the Holy Names in Oregon. The Marian Choir sang three selections: "Great is the Lord," "Poor Man Lazarus," and "Ballad for Americans" with Tim Darland as soloist.

Jim Calhoun, student-body president gave the welcoming address, after which Mother Mary Mark spoke. She related to the students the many opportunities available in the modern world and encouraged each student to take advantage of them.

Phoenix High school was a guest at St. Mary's recently. Gary Moncl directed the talented group in band selections and various songs.

A girls barber shop quartet, "The Triple Trio," a piano solo, and a girls trio entertained. The musical ended with an invitation to return a performance.

Nine students became members of the National Honor Society in an induction ceremony recently. New members are Sandy Cook, senior; Pat Fellers, Annette Burich, and Douglas Vakoc, juniors; Mary Carol Leavens, Michelle Ely, Marilyn Potter, Tara Hill, and Anne Parsons, sophomores.

Guest speaker for the induction was Dr. Alvin Fellers, director of student activities at Southern Oregon college. Dr. Fellers stressed preparation as a key to life and a plan for success. Charlotte Sokolowski, president of the local chapter of National Honor Society, presided at the ceremony and introduced Dr. Fellers.

Membership in the society is based on scholarship, character, leadership, and service.

All students who attain the required average, 3.6 for sophomores, 3.3 for juniors, and 3.0, are rated by the faculty for the other qualities.

Illinois Valley High

The Girls Athletic association of Illinois Valley High school held its annual soiree recently in the school gym. Chairman Beverlee Frost and her committee selected "Moonlight and Roses" as their theme for the occasion.

Kathi Basham and Terry McNaught, juniors, were voted king and queen and were crowned during the evening by GAA president Linda Olsen and her escort Larry Pelletier.

Princess and prince candidates were Cheryl McGhee and Martin Pickle, seniors; Connie Robinson and Greg Petch, sophomores; and Delecia Robin and Charles Hoover, freshmen. Miss Robin and Hoover renewed a tradition, as her brother Mike Robin and his sister Ardene Hoover, now married, were princess and prince candidates during their freshman year at Illinois Valley high.

Mrs. Robert Hines of the sponsoring PTA was present with club advisor Mrs. Lex Riggan. Miss Olsen was chairman of the decorating committee, which created a southern plantation atmosphere with a garland of roses entwined around the dance floor.

Sandra Beck headed the refreshment committee. Marge Smith directed the music. All proceeds from the dance will be added to the PTA scholarship fund.

Unmanned, trackless trains in a New Jersey drug firm run by radio signals from wires in the concrete floor. The system speeds warehousing.

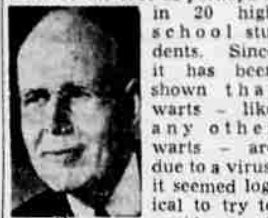
The Medical Roundup

by *Walter Alvarez*

Emeritus Consultant in Medicine
Mayo Clinic
Emeritus Professor of Medicine
Mayo Clinic
(Register and Tribune Syndicate, 1963)

"Plantar Warts" on the Feet

A large and often painful type of wart is found on the soles of the feet of perhaps 1



Alvarez

in 20 high school students. Since it has been shown that warts - like any other warts - are due to a virus, it seemed logical to try to avoid an epidemic of plantar warts in a school by excluding from locker rooms and showers and swimming pool all those youngsters who have plantar warts. According to one physician who tried this, the plan worked, but according to Dr. John F. Schmid of Duluth, Minnesota, who made a very thorough study of many hundreds of students in the schools of his city, the quarantine did not help matters, and hence it was given up.

Another study showed that people who have warts on their hands are not particularly likely to have a plantar wart, which suggests that the virus that produces the plantar wart does not come from the warts on the hands.

Fortunately, many persons appear to be immune to plantar warts; those with dry feet seem often to be immune, while people with soft moist feet are most subject to the infection. Curiously, the virus may live in the skin of a foot for months before it causes a wart.

It should be noted that not all big warts on the soles of the feet are true "plantar warts"; an expert can tell the difference. The physician may not be able to be sure of the nature of the wart until he trims off the top of it with a razor blade. Characteristic of the trimmed plantar wart is the presence of tiny red blood vessels.

Dr. W. L. Macaulay of Fargo, N. D., says that many treatments for plantar warts are recommended in the books, and their multiplicity alone shows that no one of them is entirely satisfactory. Some physicians will just trim off the wart with a sharp scalpel or a razor blade. Some will burn the wart off, and some will eradicate it by injecting a solution of procaine under it.

Dr. Macaulay favors first trimming off the top of the wart, then painting it with trichloroacetic acid, which destroys the tissue, and later applying a 0.7 per cent solution of cantharidin in equal parts of acetone and the flexible collodion. For 5 days this is left in place, during which time the patient does not bathe the foot. If any of the wart remains, the treatment must be repeated. Later, the foot may be bathed for 20 minutes in a hardening and drying solution of one part of formaldehyde in 20 parts of water.

I do not recommend that the person try to treat himself. I would not treat myself - I'd get a physician or podiatrist to help me.

What the Blind Can Do

I have just read a remarkable release put out by the U. S. Department of Health, Education and Welfare, Office of Vocational Rehabilitation, Washington 25, D. C.,

which states that years ago about the only thing that a blind person might do to earn a living would be to tune pianos.

Now, however, if a blind person is ambitious enough, there are any number of lines of work in which he can make a living. For instance, a blind man in Virginia is single-handedly running a business which involves 2,000 hens that lay 50,000 dozen eggs a year. With this work he supports himself, his wife and their six children.

I can easily see how a blind person could be a good teacher or a telephone operator or a typist. I recently read that there are now 2,000 news stands operated by blind persons; a number of blind persons have learned Russian and other languages so that they can serve as translators or teachers of these languages.

I know an able woman who, when in her youth she lost her eyes, teamed up with a deaf woman. They would go to the public library and get the information needed for the blind woman to write a book. With such writing, she supported herself and brought up and educated a daughter.

The Child Who is Too Short Or Too Tall

I wish I could help the many people who write to ask what they can do to either make a boy grow taller or a tall girl stop growing. I am sorry to say I cannot find in the medical literature anything very helpful in regard to these problems. I did read recently a study which showed that some short boys pick at their food and hence do not get enough to eat. If they would only train themselves out of their finicky ways and eat plenty of good food, they might start growing well. But mothers must not fuss at them: if the boy wants to grow taller, let him work at it.

A while ago, a group of doctors met to discuss these problems of growth in children. Some suggested giving male and female hormones and thyroid substance, but most of the experts advised against this sort of thing. The giving of such female hormone to a girl might stop the growth of her long bones, but it could also jumble up her menstrual cycle and thereby do her harm.

Parents should know that around the age of 16, growth stops in the long bones of the legs, and hence, after that, the adolescent's height is not likely to change.

There is a wonderful "growth hormone" which is formed in the pituitary gland at the base of the brain, but unfortunately, Dr. Li, the expert on this subject, told us recently that the chemical is such a complicated one that the chances of putting it together in a laboratory are not good.

Parkinson's disease is a slowly progressive disease which arises in a certain part of the brain. It is characterized by a slowness of movement and a tremor of one or both hands. Dr. Alvarez, in his booklet on "Parkinson's Disease or 'Shaking Palsy,'" discusses causes and treatments of the ailment. You may obtain a copy of the booklet by sending 25 cents and a stamped, self-addressed envelope with your request to Dr. Walter C. Alvarez, Dept. MMT, Box 957, Des Moines 4, Iowa.

Forensics Club to Join Competition

Ashland-The Forensics club of Southern Oregon college will go to Linfield college Feb. 27 to join more than 700 other speakers representing 11 western states entering the Tournament of Champions.

Speaking events in the Feb. 28-March 2 event include after dinner, interpretive reading, oratory, radio, interview, salesmanship, impromptu, original poetry, debate and extemporaneous.

Representatives from SOC are Faye Palmerton, Rogue River; Karen Edgar, Coos Bay; Barbara Gysin, Phoenix; Bruce Lattin, Klamath Falls; Gary Watts, Ashland; Jim Manuel, Myrtle Creek; David Desmond, Ashland; Donald Benson, Eagle Point; Ruth Osika, Coquille; Joy Farnhurst, Ashland; Linda Hale, Hawthorne, Nev.; Jim Anderson, Portland; Carol Wensala, Ashland; Al Sherman, Jacksonville; and Carole Sandberg, Coos Bay.

More than 200 makers of notions participated in the recent National Notion and Novelty show in New York.



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